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## Campus Announcements - January 11

1 message

**Office of Student Activities** <osa@cnu.edu>

Mon, Jan 11, 2016 at 9:44 AM

To: Association Office of Student Activities &lt;osa@cnu.edu&gt;

Bcc: students@cnu.edu

# Campus Announcements: Daily Digest

**Monday, January 11**

## [CAMPUS ACTIVITIES EVENT CALENDAR](#)

**TODAY** - No campus events today

### Upcoming Events

- Home Athletics This Week
- Pi Lambda Phi Fraternity's Cardboard Village
- Delta Sigma Theta Sorority, Inc. Founder's Day Dessert Reception
- TNT Trivia is Back
- Alpha Kappa Alpha Sorority, Inc. Founders' Day Celebration
- Alpha Kappa Alpha 2016 Ivy Week: Phirst Klass
- Rush Alpha Kappa Psi - Work Hard. Play Hard.

### Campus Programs and Announcements

- Intramural Sport Sign Ups and Officials Call Out Meetings
- Call for PLP Passport Destinations
- Upcoming RAD Classes

## Upcoming Events

### Home Athletics This Week

- Friday, January 15, Track vs. CNU Triangular
- Saturday, January 16 at 2:00pm, Women's Basketball vs. York College
- Saturday, January 16 at 4:00pm, Men's Basketball vs. York College

For more information, please visit [cnusports.com](http://cnusports.com).

### Pi Lambda Phi Fraternity's Cardboard Village

Come out and join in Pi Lambda Phi's Cardboard Village from 4pm Wednesday, January 13th to Thursday, January 14th. Brothers will be building homes out of cardboard boxes and spending the day and night outdoors in the dead of winter to get an idea of what our nation's homeless face every day. We will be collecting monetary and can donations for the VA

Peninsula Food Bank, so it would be greatly appreciated if you are able to donate. Anyone can participate in this event and join our brothers in the freezing cold (just bring your own boxes and warm clothing). If you have any questions please contact us at [brendan.player.13@cnu.edu](mailto:brendan.player.13@cnu.edu). We look forward to seeing you!

### **Delta Sigma Theta Sorority, Inc. Founder's Day Dessert Reception**

Join the Omicron Tau Chapter of Delta Sigma Theta Sorority, Inc. as we celebrate 103 years of sisterhood, scholarship, and service at our dessert reception on January 13th at 7:13pm in Freeman 101! Hope to see you all there!

**Attachment**

### **TNT Trivia is Back**

The Office of Student Activities is back to host the first weekly TNT Trivia of 2016 on Thursday, January 14th at 8 PM in the DSU Crow's Nest. Form a team of up to 6 players and come out for your chance at taking home some Captain's Cash for each team member. Everyone in attendance will be entered to win some CNU swag!

**Attachment**

### **Alpha Kappa Alpha Sorority, Inc. Founders' Day Celebration**

Come help the ladies of Alpha Kappa Alpha commence their 2016 Ivy Week and celebrate 108 years of sisterhood, scholarship, and service by enjoying their candlelight vigil on Friday, January 15th at 7:08 pm in Luter, room 321. We'd love to see you there!

If there are any questions or concerns, please email Janai Norman at [Janai.norman.13@cnu.edu](mailto:Janai.norman.13@cnu.edu).

**Attachment**

### **Alpha Kappa Alpha 2016 Ivy Week: Phirst Klass**

Get ready for the prettiest week of the year! The Nu Epsilon Chapter of Alpha Kappa Alpha Sorority, Inc. is excited to start their 2016 Ivy Week with everyone! Starting Sunday, January 17th there will be activities and events throughout the week to celebrate the 108 years of sisterhood and service to all mankind. So come soar with us to new heights as we take on Ivy Week 2016: Phirst Klass! Be on the lookout for the rest of the Ivy Week schedule to be posted.

If you have any questions or concerns, please do not hesitate to contact Janai Norman at [Jana.norman.13@cnu.edu](mailto:Jana.norman.13@cnu.edu).

**Attachment**

### **Rush Alpha Kappa Psi - Work Hard. Play Hard.**

Rush Alpha Kappa Psi, the co-ed professional business fraternity!

Meet the brothers of Alpha Kappa Psi to learn how this organization can benefit your success at CNU and beyond.

January 18-22

M - 6:30 PM - Info Night - DSU Washington

T - 7:30 PM - Game Night - Crow's Nest

W - 7:30 PM - Info Night - Freeman 202

TR - 6:30 PM - Alumni Night - Freeman 202

F - 5:00 PM - Brotherhood Night - Luter 121

Questions? Contact our Vice President of Membership, Drew Berry at [vpmembership.cnu.akpsi@gmail.com](mailto:vpmembership.cnu.akpsi@gmail.com).

For more information on AKΨ, like/follow @cnuAKPsi on Facebook, Twitter and Instagram or visit [www.akpsicnu.com](http://www.akpsicnu.com).

**Attachment**

# **Campus Programs & Announcements**

## Intramural Sport Sign Ups and Officials Call Out Meetings

Welcome back students!

If you are interested in playing an intramural sport, sign up dates and times are listed below. Remember to sign up through [IMLeagues.com](http://IMLeagues.com). If you have not used [IMLeagues.com](http://IMLeagues.com) before, please go to <http://cnu.edu/recreation/intramurals/> for more information on how to create an account and join a team. Don't miss out on your chance to win a shirt this semester!

Sign ups open: Wednesday, January 13th at Noon

Sign ups close: Wednesday, January 20th at 5pm

If you are interested in becoming an intramural official, dates, times, and location for the call out meetings are listed below. There is no experience necessary and we will teach you what you need to know!

January 13th and 14th at 9pm in the Freeman Center's President's Reception Room

If you have any questions, please contact the Office of Recreational Services at [intramurals@cnu.edu](mailto:intramurals@cnu.edu) or call 757-594-8815.

## Call for PLP Passport Destinations

The PLP Passport Program is designed to create opportunities for students to participate in various out-of-class experiences such as lectures, seminars, and workshops. Its purpose is to expose students to a range of new issues, experiences, and ideas that help them see leadership from a variety of perspectives.

If you or your campus club will be coordinating an event that you would like to be considered as a Passport Destination, please fill out this Google form or contact [preslead@cnu.edu](mailto:preslead@cnu.edu) with questions: <http://goo.gl/forms/xxsmZxDMbL>.

## Upcoming RAD Classes

With the interest in R.A.D continuing to grow, we have planned more classes this semester.

For those of you who are not familiar, the R.A.D. Program is a self-defense class specifically designed to help women protect themselves against abduction and sexual assault. All R.A.D. techniques are easy to learn and are designed for individuals who have no previous self-defense experience. The program requires a 12 hour time commitment for instruction. You must attend all sessions for an instructor to certify your training.

Our first offerings will be held in January, with two different course instruction options from which to choose:

Four (4) days, with three (3) hour sessions  
January 19, 21, 26, & 29  
6:00-9:00 p.m.

Three (3) days, with four (4) hour sessions  
January 17, 24, & 31  
1:00-5:00 p.m.

What you can expect from participating in the R.A.D. classes:

- 1) To learn the profile of a potential attacker, as well as various crime prevention strategies.
- 2) To learn and develop numerous techniques used to defend against an attacker and ways to escape when presented with a threat.
- 3) To apply the learned self-defense techniques through a dynamic simulation, in which the student will complete scenario based exercises to escape a simulated attack.

These classes are open to all female students, of any physical fitness level, and they are completely FREE. Please email [RAD@cnu.edu](mailto:RAD@cnu.edu) and indicate which course you would like to attend. If you cannot attend either of these, but are interested in scheduling a course (and have at least 10 women), please email us; we will attempt to accommodate your group or organization.

Respectfully,  
RAD Instructors

**Attachment**

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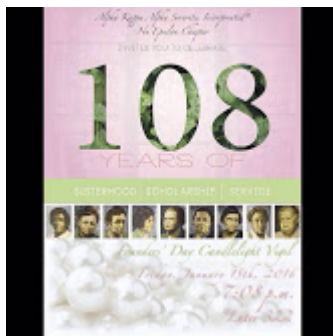
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[www.cnu.edu/studentactivities/](http://www.cnu.edu/studentactivities/)

Follow us on Twitter [@CNUOSA](#) or like the [CNU Office of Student Activities](#) on Facebook!

**6 attachments**

**AKA Phirst Klass**  
52K



**AKA Founders' Day**  
85K



**TNT Trivia**  
87K



**Delta Sigma Theta**  
146K

**Alpha Kappa Psi**  
88K



**RAD Announcement**

85K