



INTRODUCING OUR NEWEST AND NEWLY PROMOTED CNU COLLEAGUES



Front row, left to right: Debbie Goodman, *Ferguson Center for the Arts*; Nakeja Liverman and Mayelin Gonzalez-Soto, *Housing*.

Back row, left to right: Joshua Phillips, *Grounds*; Pamela Johnson, *Athletics*; Camille Warren, *Ferguson Center for the Arts*; Robert Mention, *Dining Services*; John Cole, *Athletics*.



Front row, left to right: Dominic Walker, *Plant Operations*; Laura Parsons and Beatrice Johnson, *Ferguson Center for the Arts*; Kimberly Carson, *Communications and Public Relations*; Melody Mendoza, *Dining Services*.

Back row, left to right: Luther Woodard, Jr., *Police*; Sherwood Denmon, Jr., *University Housing*; Terry Lawrence, *Plant Operations*; Matthew Pennington and Wesner Bernadel, *Police*.



Virginia Retirement System November 2013 Issue of Member News

Virginia Retirement System has posted the November 2013 issue of [Member News](#). This publication provides members with information about the Hybrid plan opt-in period which begins on January 1, 2014. There is also VRS Hybrid Retirement Plan comparison guide. Other information in the November 2013 Member News includes:

1. VRS transitions to new record keeper for 457 Plan
2. Your Member Benefit Profile is waiting for you in myVRS
3. See how your numbers add up with your MBP and other myVRS tools
4. VRS achieves 11.8 percent return
5. Help protect your income with long-term care
6. VRS Featured FAQ
7. Hybrid Retirement Plan Opt-In Process Webinar



Don't miss your chance to register for the Records Management: *The Public Records Act, the Library of Virginia, and You* training on December 6th from 10 to 11 a.m. This training is essential for any and all employees who are responsible for records management and we must have a minimum of 30 participants. Please register for this training and [others](#) by completing the [online enrollment form](#), calling HR at 4-7145, or emailing at hr@cnu.edu.

Chick-Fil-A: Christopher Newport Free Facebook Fridays!



Chick-Fil-A: Christopher Newport on the corner of Hiden Boulevard and Warwick Boulevard, across from the BTC/SunTrust Building, offers specific menu items for free on Fridays. All you have to do is visit [Chick-Fil-A: Christopher Newport Facebook](#) page for details and the secret password each Friday. Say the password when ordering to receive your free menu item.

Upcoming Thanksgiving Holiday

All Classified and Administrative Professional employees should complete their 11/17/13 - 11/30/13 timesheet no later than 5 p.m. on 12/02/13 with the following information for the Thanksgiving Holiday:

November 27- 8 SCH

November 28- 8 SCH

November 29- 8 SCH

If you have any questions please contact, Brittney (ext. 8871) or Megan (ext. 7082).

