SOCIETY IFELONG LEARNING SOCIET

2006 FALL PROGRAM

The LifeLong Learning Society of Christopher Newport University is a membership organization dedicated to persons of retirement age who seek opportunities for learning in an environment of sharing and fellowship. There are no requirements as to previous educational experience. Intellectual curiosity is the only admission requirement. Managed by and for its members, LLS is a program of the Office of University Advancement and is an affiliate of the Elderhostel Institute Network. Through a variety of activities - including lectures, courses, study and discussion groups, lunches, dinners and field trips - persons of diverse backgrounds come together to share a common interest in learning. There are no exams or grades in the courses, although some courses include assigned readings and the possible purchase of a text. All persons of retirement age are encouraged to join if they are interested in being challenged by new ideas in the company of other eager learners. The LLS shares its program with the community by participating in joint learning efforts with other educational and research institutions, retirement groups, industries and museums and by co-sponsoring three annual conferences.

Opening Session: Wednesday, Aug. 30, 2006

Ferguson Center for the Arts

1 p.m. New Member Orientation 1:45 p.m. All-Member Reception

2:30 p.m. Lecture: JoAnne Falletta

Music Director, Virginia Symphony Orchestra

Music and Theatre Hall Music and Theatre Hall Lobby Music and Theatre Hall

Program Overview

The dates and times for the 39 five-week and two 10-week courses are listed on pages 2, 3 and 4. These courses will meet either once or twice per week. In addition to two field trips, a number of optional activities will be announced during the semester. The six Monday afternoon lectures and two concerts for LLS members are listed on page 4.

Membership Fee and Benefits

Full membership for the 2006-2007 fall, spring and summer sessions is \$165. This includes Monday afternoon lectures and concerts, fall, spring and summer courses, and the opportunity to participate in optional activities - such as field trips - by paying the activity fees.

An associate membership for the 2006-2007 fall, spring and summer sessions is available for \$90. This includes the Monday afternoon lectures and concerts and the group and other optional activities, but no courses.

A member may bring a guest one time to any of the Monday lectures or class meetings or to an optional activity, if there is space available.

Refund Policy

Full refund of membership and/or course fees will be granted if requested before Aug. 30, 2006. After that date, no refund will be given. A 20 percent handling charge will be deducted on all refunds.

Economic Hardship

Fee waiver is possible, and inquiries are invited. Please call the LLS Office at (757) 594-7568 for details.

New Parking Decal Sticker Required

As of Aug. 31, 2006, a new "06-07" sticker must be placed on your CNU parking decal. If you have not already purchased the "06-07" sticker, you may do so when you complete the enclosed registration form.

Our office location is in Building 1, second floor. You may enter the building by the left front entrance facing Warwick Boulevard and must park behind Building 6 unless you have a handicapped designation.

Class locations and confirmations will be mailed to you after Aug. 18.

Office Location:

12420 Warwick Blvd., Bldg. 1, second floor Newport News, VA 23606 Telephone: (757) 594-7568

Mailing address:

LifeLong Learning Society **Christopher Newport University** 1 University Place Newport News, VA 23606-2998

Visit the CNU-LLS Home Page at http://lifelonglearning.cnu.edu

LLS is an affirmative action/equal opportunity organization. Christopher Newport University does not discriminate in admission, employment or any other activity on the basis of race, color, age, religion, national origin, veteran status, physical handicap or political affiliation.

Session A Courses - Sept. 4 - Oct. 6, 2006

1. Play Ball

Mon., Fri., 9-10:15 a.m.

A conditioning program to improve your strength, balance, range of motion and muscular and cardiovascular endurance. An exercise ball is required and can be purchased locally. \$15 course fee. Instructor: Lisa Wingfield, CNU

2. Intermediate Spanish

Mon., Wed., 9:30-10:45 a.m.

For members who have had a beginning Spanish course or practical language experience and wish to expand their communication skills. \$15 course fee.

Instructor: Saundra Hansford, CNU

3. Advanced Spanish

Mon., Wed., 11 a.m.-12:15 p.m.

For members who have had an intermediate Spanish course, have a good basic command of the language and wish to refine communication skills relative to specific topics.

\$15 course fee.

Instructor: Saundra Hansford, CNU

4. Yoga

Mon., Wed., 11 a.m.-12:15 p.m.

Hatha Yoga, an ancient Eastern form of exercise, emphasizes strength, flexibility, concentration and breathing. Yoga is an individual non-competitive exercise.

\$15 course fee.

Instructor: Sandy Curran, LLS

5. Computing I

Tues., Thurs., 9-10:15 a.m.

This beginner course is for anyone who wants to learn how to use a computer. The student will be introduced to the parts of a computer, the desktop and basic computing. Students should own or have access to a computer to practice skills. \$15 course fee. Instructor: Susan Daimler

6. Einstein, Quantum Physics & Schrödinger's Cat

Tues., 9:30-10:45 a.m.

A non-mathematical examination of how modern physics has contributed to our understanding of the world, such as the properties of light and the micro-world of quantum physics. We will also consider the new questions about the nature of the world being asked by cosmologists and philosophers. This is a 10-week course. Instructor: Glenn R. Markus

7. Aerobics

Tues., Thurs., 9:30-10:45 a.m.

A conditioning program to improve your strength, balance, range of motion and muscular and cardiovascular endurance.

\$15 course fee.

Instructor: Kasey Cyr-Robert

8. Computing II

Tues., Thurs., 10:30-11:45 a.m.

Students should have completed Computer I before enrolling in this course. Students will learn the basics of Microsoft Word. Students should own or have access to a computer to practice their skills. \$15 course fee.

Instructor: Susan Daimler

9. Practicing Poetry

Tues., 11 a.m.-12:15 p.m.

Topics will include metaphor, simile, personification, writing styles and rhythm and sounds.

Instructor: Patricia Flower Vermillion

10. Exploring Islam

Tues., 1-2:15 p.m.

This course will discuss the faiths, beliefs and practices of Islam from the seventh century to the present.

Instructor: Dr. Hussam Timani, CNU

11. The Historical Jesus and His Times

Tues., 2:30-3:45 p.m.

A brief history of the Jews during the Second Temple Period will include geography of area; existing religions and laws, both Roman and Jewish; and how biblical historians approach the oral and written telling of Jesus' life with Biblical, Jewish, Roman and Pagan sources. Not a faith-based initiative, discussion or debate. 10-week course.

Instructor: Dr. William Peach, LLS

12. Chinese Civilization

Wed., 9:30-10:45 a.m.

This course will cover the earliest period of Chinese civilization from prehistory to the Mongol dynasty (1367 AD), including the early Chinese philosophers, the early ceramics and their inventions and technology.

Instructor: Steve Louie

13. From Plankton to Planet: The Ocean's Role in Global Change

Wed., 11 a.m.-12:15 p.m.

There is more to "global warming" than carbon dioxide in the air. We will explore the ocean's role in climate change, with examples from the Chesapeake Bay, Sargasso Sea and Antarctica. On Friday, Oct. 6, there will be a guided laboratory tour of the VIMS facility. Coordinator: David Malmquist, VIMS

14. Potter-Mania: Just Why Is Harry Potter So Popular?

Wed., 1-2:15 p.m.

Why is "Harry Potter and the Sorceror's Stone" the best-selling children's book ever? What is it about THIS story that has grabbed reader attention like no other story in popular culture? In this course we will read and discuss the first of the Harry Potter books, thinking about the genesis and influences within the book with some attention to how the story develops in the rest of the series. Instructor: Dr. Kara Keeling, CNU

15. Exploring the Chesapeake Bay

Wed., 2:30-3:45 p.m.

2

The Chesapeake Bay is the largest estuary in the world, a result of a unique combination of factors. Discussion will center on the geographical, historical and cultural development of the Bay, as well as Bay fisheries and human interactions.

Instructor: Dr. Harold Cones, CNU

16. Oils and Acrylics

Thurs., 9:30-11:30 a.m.

Learn to select, mix and apply. Enhance your skill in composition. If you are no longer a beginner, continue to develop your skills. Limited enrollment.

Instructor: Mary Beth Dupree

17. Understanding Organ Music – A Survey

Thurs., 11 a.m.-12:15 p.m.

The Newport News community is rich with organs and wonderful musicians, but what is all that music we hear every Sunday about? There will be a lecture/recital each session on organ architecture and organ music and how the architecture influences the music. Location: Trinity Lutheran Church, 6807 Huntington Ave., Newport News.

Instructor: Mary K. Sellen, University Librarian

18. Basic Italian

Thurs., 2:30-3:45 p.m.

This course will teach basic linguistic structures for daily life

situations, necessary grammar and vocabulary to express oneself in these situations and basic cultural and social information. Instructor: Dr. Roberta Tabanelli, CNU

19. Operatic Obsessions: "Carmen" and "Susannah"

Thurs., 2:30-3:45 p.m.

Students will receive in-depth instruction on the historical background and musical styles of two operatic masterpieces, which both portray disastrous consequences of sexual obsession. Instructor: Glenn Winters, Community Outreach Musical Director, Virginia Opera Association

20. Watercolor Painting

Fri., 1:30-3:30 p.m.

Learn to select, mix and apply. Enhance your skill in composition. If you are no longer a beginner, continue to develop your skills. Limited enrollment. Register for either A or B session, not both.

Instructor: Professor Betty Anglin, CNU

Session B Courses – Oct. 16 - Nov. 17, 2006

21. Play Ball

Mon., Fri., 9-10:15 a.m. Same as course #1. \$15 course fee.

22. Beginning Spanish

Mon., Wed., 9:30-10:45 a.m.

For beginners with limited or no exposure who want to learn the basics of conversing in Spanish for travel and fun. \$15 course fee. Instructor: Saundra Hansford

23. Advanced Spanish

Mon., Wed., 11 a.m.-12:15 p.m. Same as course #3. \$15 course fee.

24. Hooked on Class-ics

Mon., 11 a.m.-12:15 p.m.

Join the Virginia Symphony Orchestra musicians and special guests as we explore a variety of music related topics in the most fun-filled class in town! No homework, no tests, just a great opportunity to join behind-the-scenes insights into the orchestral world.

Coordinator: Ernestine Dole, Education Director, Virginia Symphony Orchestra

25. Yoga

Mon., Wed., 11 a.m.-12:15 p.m. Same as course #4. \$15 course fee.

26. Computing II

Tues., Thurs., 9-10:15 a.m. Same as course #8. \$15 course fee.

27. Aerobics

Tues., Thurs., 9:30-10:45 a.m. Same as course #7. \$15 course fee.

Course #6 Continued – Einstein, Quantum, etc. Tues., 9:30-10:45 a.m.

28. Internet and E-mail

Tues., Thurs., 10:30-11:45 a.m.

For persons who have completed Computer I and II. Learn to send and receive e-mail messages and use the internet. Limited enrollment. \$15 course fee.

Instructor: Susan Daimler

29. Jazz Styles: Historical Development II

Tues., 11 a.m.-12:15 p.m.

From the Delta to the Modern. This course is designed to increase the appreciation and enjoyment of jazz with a chronological and historical study of jazz styles. Research jazz history on the Internet. Instructor: Professor William S. Brown, CNU

30. William Faulkner's "The Sound and the Fury"

Tues., 1-2:15 p.m.

Born in Oxford, Miss., in 1897, William Faulkner wrote novels about his home and his history. "The Sound and the Fury" is no exception. Ranked as a great novel by any standard, it is often considered difficult, but this course will explore Faulkner's precise structure and purpose, which will reveal the novel's clear message. Text- ISBN 0679732241, Vintage; Reissue 1-30-91. Instructor: Dr. Roark Mulligan, CNU

Course #11 Continued – Historical Jesus

Tues., 2:30-3:45 p.m.

31. Women in Art

Wed., 11 a.m.-12:15 p.m.

This course will present a chronological analysis of women in art from the 1600s to the present. Particular emphasis will be on the changing role of women as artists, patrons and artistic subjects over this broad period when women's role shifted from the domestic sphere to being recognized as professional artists. Instructor: Dr. Mary L. "Belle" Pendleton, CNU

32. Pancho Villa and the Mexican Revolution of 1910 41. Meanderings

Wed., 1-2:15 p.m.

Pancho Villa has been characterized as a peasant radical, a revolutionary, and a martyr to the Revolution of 1910. His detractors cast him as a villain, bandit and a murderer. Understanding the complexity of Villa will give students a broader perspective on our neighbors to the south and their social and political evolution in the 20th century.

Instructor: Dr. William F. Connell, CNU

33. An Appreciation of Photography

Wed., 2:30-3:45 p.m.

This class will include a brief history of photography, from the 19th century to the present including an introduction to digital photography, a primer on travel photography and a look at the role of photography in painting.

Instructor: Michael Preble, Program Director, Peninsula Fine Arts

34. Advanced Writing for "Historians"

Thurs., 9:30-10:45 a.m.

Strengthen your skills in recording your experiences. Family stories always find an audience, with family, with community, and sometimes in the wider world as social history. Limited enrollment. Instructor: Doris Gwaltney

35. Creative Nonfiction Writing

Thurs., 9:30-10:45 a.m.

For writers of all levels who enjoy writing nonfiction with a creative flair and wish to craft stories from real life.

Instructor: Heidi Hartwiger

36. Oils and Acrylics

Thurs., 9:30-11:30 a.m. Same as course #16.

37. Political Fallout

Thurs., 11 a.m.-12:15 p.m.

The effects of off-year elections on political parties.

Instructor: Richard McGowan

38. Geology of Virginia with Emphasis on Tidewater

Thurs., 12:45-2 p.m.

This course will present the landforms, fossils and deposits that underlie the Tidewater area, including a discussion of the cataclysmic impact 35 million years ago, the development of the Chesapeake Bay and the mineral and water resources of the area. Instructor: Dr. Gerald Johnson, W&M (Ret.)

39. Dancing in the Sky: Exploring the Star Myths of the Native Americans

Thurs., 2:30-3:45 p.m.

The star lore and mythology surrounding five prominent celestial objects from various Native American cultures will be examined and compared to the more familiar Greco-Roman interpretations. Course will include a visit to the planetarium for an exploration of the evening sky. Classes will be held at the Virginia Living Museum. Instructor: Dr. Kelly Herbst, Virginia Living Museum

40. Watercolor Painting

Friday, 1:30-3:30 p.m.

Same as course #20. (Register for either A or B Session).

Fri., 9 a.m.-3 p.m.

We will carpool weekly to discover new museum exhibits from Norfolk to Williamsburg and lunch in delightful eateries nearby. Participants are responsible for expenses, such as lunch and admission fees. Limited enrollment.

Coordinator: Jane Dickson, LLS

Afternoon Lectures

All Monday Afternoon Lectures will be held in the Ferguson Center for the Arts

Opening Lecture Wednesday, Aug. 30, 2:30 p.m. JoAnn Falletta Music Director, Virginia Symphony Orchestra

Monday Lectures

Sept. 11, 10 a.m.

Jon Cash, WAVY-TV meterologist "Hurricanes"

Sept. 18, 2:30 p.m.

Dr. Stephen A. Strehle, CNU

"Growth of Religious Tolerance and of Secularity"

Sept. 25, 3 p.m.

Dr. Mark Reimer. CNU in Concert

Oct. 2, 2:30 p.m.

Danny Schmidt, Staff Archaeologist, APVA "James Fort Revealed: The Archaeology of Early Jamestown"

Oct. 16, 2:30 p.m.

John Quarstein, Director, Virginia War Museum "Siege of Yorktown"

Oct. 23, 2:30 p.m.

Dr. Corliss Tacosa

"The Politics of the Caucasuses"

Nov. 6, 3 p.m.

Dr. Mark Reimer, CNU in Concert

Interest Groups

- Bridge Group Monday, 11:30 a.m. in LLS office
- Computer Club Friday, 1-2:15 p.m. in LLS office
- Lunch Bunch (before Monday lectures only) Monday, noon at local restaurants

To sign up for interest groups, see the registration page.

Field Trip Schedule

Call the LifeLong Learning Office, 594-7568, to sign up for these trips or more information

Atlanta and Cities of the South

Saturday - Wednesday, Oct. 7 - 11, 2006

Pack your bags and join us as we search for Scarlett in the New South, enjoying southern history and scenery as we head to Atlanta with many wonderful stops along the way! Our first day's tour highlights the wonderful architecture of Charlotte, N.C., and the Levine Museum of the New South, an interactive history museum that teaches us about a southern society that has shaped the economic, political and cultural life in the South since 1865.

Sunday takes us on to Atlanta, where we spend two days touring the Margaret Mitchell House, the Battle of Atlanta Cyclorama, notable Civil Rights sites in the city, the exciting new Georgia Aquarium (the world's largest!) and the Atlanta History Center with its Tullie Smith House and the elegant Swan House and gardens. Our evenings take us to dinner at the Stately Oaks Plantation with its storyteller on Sunday, and on Monday night, we dine at Mary Mac's Tea Room, followed by a narrated stroll through Centennial Olympic Park.

On Tuesday, we depart for Winston-Salem, where we enjoy an afternoon guided tour of Reynolda House, the R.J. Revnolds mansion and art museum. After an overnight, we visit the Winston-Salem Visitor's Center; take a guided tour of Bethabara Park, the oldest Moravian community in the U.S.; lunch in the Old Salem Tavern with time to browse Old Salem, including admission to the Toy Museum. After a full five days of touring the new South, we depart for home in mid-afternoon.



Tidal Basin, Washington, D.C. Left to right: Garry Green, Glenda Green, Jacqueline King, Gloria Ostroff, Aaron Ostroff, Curt Spear, Bobbie Spear.



Member Myrna Vick

From the Frontier Culture Museum to James Madison's "Montpelier"

Friday, Nov. 3, 2006

The fall is a great time of year for a day-trip to the foothills of the Blue Ridge Mountains. Join us for a visit to Staunton and Orange County, as we learn about our past.

Staunton's Frontier Culture Museum reveals the story of the daily lives of the people of Europe and America at five different historic farms, moved from their country of origin and reconstructed at the museum site in Staunton. These working farms allow visitors to observe and participate in life on the farms of England, Germany, Ireland and America.

After lunch and a short stop at the infamous Cheese Shop in Stuart's Draft, we continue on to Orange for a guided tour of "Montpelier," James Madison's lifelong 18th century home. Learn the history of the home during the Madison family's ownership, the changes that occurred when William duPont purchased the mansion and converted it to a hunt country estate and the return to its original size, structure, form and furnishings with the current renovations.

Advance Notice of Upcoming Trips

Christmas White House Tour TBA

Philadelphia Flower Show March 3-5, 2007

Overnight Washington, D.C., Trip April 27-28, 2007

Royal Caribbean Cruises, "Grandeur of the Seas" Canada and New England July 27-Aug. 5, 2007

Benefactors

Donors of \$1,000 or more to the LifeLong Learning Society

Mr. Gordon E. Barlow, Jr.

Mr. Louis C. Bryan

Mr. Richard Chandler

Mr. Robert Chappell

Mr. and Mrs. Doyle Eckert

Mr. and Mrs. Vance B. Field

Mrs. Florence Fiscella

Mrs. Anne W. Fullman

Mr. Gene Hardin

Mrs. Agnes M. Johnson

Mr. and Mrs. Robert P. Jones

Mr. Wylie C. Kirkpatrick

Mr. and Mrs. Robert Liverman

Minuteman Press

Mr. and Mrs. Lee Montgomery

Memorials

Donations of \$1,000 or more

In memory of Martin Cohen In memory of Dr. Addison M.Duval

In memory of Rebecca Kirkpatrick In memory of Cary E.McMurran

LTC (ret) and Mrs. Charles W. Peters In memory of Olive Moore

In memory of John and Arline Pierce In memory of Libby Radus, Ph.D

In memory of Nellie Saunders

In Honor of

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Richard McMurran Nellie Saunders



Member John Allen

Dr. James I. Moore

Mr. William D. Parker

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Mr. and Mrs. Eugene J. Rackel

Mr. and Mrs. Richard W. Ruehe

Member Martha Field



The LifeLong Learning Society is proud to co-sponsor three popular CNU conferences in 2007. Mark your calendar for these exciting events.

Forum On Aging

The 26th Annual Community Forum on Aging will be held on Friday, March 9, 2007, at Christopher Newport University. The forum will consist of numerous educational workshops on topics of vital interest to seniors, their family members and caregivers. This conference is an essential source of information regarding the elderly.

(Co-sponsored with the Peninsula Agency on Aging and the CNU Social Work and Gerontology Programs)

March 9, 2007

Writers' Conference

The 26th Annual Writers' Conference and Writing Contest will be held on Friday evening, March 30, and Saturday, March 31, 2007. Talented writers will conduct workshops in the areas of music, non-fiction, fiction, juvenile fiction, poetry and the business of writing; and cash prizes will be awarded for works in fiction, non-fiction, juvenile fiction and poetry. This is a "must do" for any aspiring writer.

(Co-sponsored with the CNU English Department and the Writers' Advisory Council)

Gardening Conference

CNU's 10th Annual Gardening Symposium will take place on Saturday, April 21, 2007. Topics of workshops address many phases of successful gardening. The day also includes plant sales, displays, prize drawings and raffles.

(Co-sponsored with the CNU Grounds Department, CNU Horticulture Program and the Virginia Cooperative Extension Service)

April 21, 2007

CNU LIFELONG LEARNING SOCIETY **FALL 2006 COURSE REGISTRATION FORM**

Name(s):	Phone:		SS#:	
Address:				
E-mail address:		City	Zip C	Code
Are you enrolling as a new member of LLS? Yes Nhis/her name:	lo If yes and	l a current LLS membe	er recommended LLS to	you, please give
Emergency Contact:				
Name		Relationship	Phone #	
Course Registration: Please number courses in order of				
	Session A C			
1 Play Ball	8 Comp	uting II	15 Chesapeake l	Bay
2 Intermediate Spanish		racticing Poetry16 Oils and Acrylics		ylics
3 Advanced Spanish	10 Explo	ring Islam	17 Understanding Organ Music	
4 Yoga	11 Histor		18 Basic Italian	
5 Computing I	12 Chines	se Civilization	19 Operatic Obsessions	
6 Einstein, Quantum Physics, etc.	13 Plankt	on to Planet	20 Watercolor Painting	
7 Aerobics	14 Potter-	-Mania		
	Session B C	ourses		
21 Play Ball	28 Intern	et and E-mail	35 Creative Wri	ting
22 Beginning Spanish	29 Jazz S	tyles	36 Oils and Acrylics	
23 Advanced Spanish	30 Willia	m Faulkner	Faulkner 37 Political Fallout	
24 Hooked on Class-ics	31 Wome	n in Art	38 Geology of Virginia	
25 Yoga	32 Panch	o Villa	39 Dancing in the Sky	
26 Computing II	33 Appre	ciation of Photography		
27 Aerobics		Vriting Historians		
Telephone treeCourse assistant You may register either by mail to LLS, CNU, 1 Unive	are willing to help Men Teac rsity Place, Newp	p, please check one or abership hing a course cort News, VA 23606, a	Program planning Office volunteer or in person at 12420 Wa	
Bldg.1, 2nd floor. Please park behind the building 6. If their room locations. If you register after Aug. 18, this is				
Full membership Sept. 2006 – Aug. 2007 lectures, cour Associate membership Sept. 2006 – Aug. 2007 lectures Additional fees: Course fee (\$15 per course) Play Ball, Aerobics, Yoga, CNU parking decal (06-07) sticker	and optional acti Spanish, and Con	vities. No courses	(\$ 90) \$(x \$15) \$	
			TOTAL \$	
Payment Options: Payment may be made by	cash, check, o	r credit card check.	Credit cards are no	longer accepted
Check payable to CNU for \$ enclosed				
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current member	packet	time recv.	date rec	ev.
reinstated member name tag blue book comput				
new member	decal	confirmat		

March 30 & 31, 2007