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## Campus Announcements - January 29

1 message

Office of Student Activities <osa@cnu.edu>

Fri, Jan 29, 2016 at 9:55 AM

To: Association Office of Student Activities <osa@cnu.edu>

Bcc: students@cnu.edu

# **Campus Announcements: Daily Digest**

Friday, January 29

**CAMPUS ACTIVITIES EVENT CALENDAR** 

#### **TODAY**

- Study Abroad for Business: 4:00pm
- Parlor Songs A Musical Soiree: 4:00pm
- #WhoAreYouCNU The CNU Identities Project Gallery Talk: 4:30pm
- Sigma Alpha Omega Christian Sorority Recruitment: 6:15pm
- CAB Presents... Lip Sync Battle: 7:00pm
- THRIVE: 8:00pm

# **Upcoming Events**

- Home Athletics This Weekend
- CAB presents... Casino Night Saturday
- "A Troupe Called Quest" First Show of 2016 Saturday
- Crochet for a Cause Saturday
- TNU's Disney Tea Saturday
- IFC Signing Day Saturday
- Signing Day Major Counseling
- Black Student Union Meeting
- · Positions Available in the Student Diversity & Equality Council
- · Apply to Join RHA E-board
- · Captain's Ball 2016 Tickets on Sale Now
- · Organizations: Volunteer with CNU's Food Fighters
- Delta Sigma Theta Sorority, Inc. and L.A.D.I.E.S.
- TheaterCNU Director's Showcase Auditions

# **Campus Programs and Announcements**

- Engagement Week
- #GetFitCNU Healthy Foundations

# **Today**

## Study Abroad for Business: 4:00pm

If you are a Business major, come by Luter 121 from 4-5 pm on Friday, January 29th to learn about study abroad opportunities. Hope to see you there!

## Parlor Songs - A Musical Soiree: 4:00pm

Friday, January 29, 4pm - Blechman Room, Trible Library

All faculty and students from the College of Arts and Humanities are invited to "Parlor Songs," presented by Trible Library and the Department of Music on Friday, January 29 at 4 pm in the Blechman Room. This concert features historical retellings and musical performances of pieces of nineteenth- and twentieth-century sheet music from the library's Josephine L. Hughes Collection. All pieces will be performed live by students, who will also share backstories that they researched in Dr. Ward-Griffin's MUSC 305W course in the fall semester. Ranging from English ballads to saxophone ragtimes, these pieces provide a glimpse into the world of music making in America before World War II.

Admission is free.

## #WhoAreYouCNU The CNU Identities Project - Gallery Talk: 4:30pm

There is an exciting dual exhibition with joint support from ARTCNU and the PFAC (Peninsula Fine Arts Center) entitled #WhoAreYouCNU. The show will be presented in both the Ferguson Hall Gallery, and the Falk Gallery here on campus, as well as at the PFAC. The project was led by Dr. Johnny Finn of the Sociology Department and explores cultural identity through photographs, maps, and video installations. There will be a Gallery talk at 4:30 on January the 29th in the Ferguson. The show will remain open until February the 26th.

Attachment

## Sigma Alpha Omega Christian Sorority Recruitment: 6:15pm

Sigma Alpha Omega Christian Sorority is having recruitment from January 25th-29th, and it is sure to be a blast! Monday the 25th is Info Night in the Jefferson Room of the DSU at 7:30pm. Tuesday is a Bible Study in Forbes 2074 at 7:30pm. Wednesday is a Girls' Night PJ Party in Forbes 2074 at 7:30pm. Thursday is a Service Night in Forbes 2074 at 7:30pm. Friday is the Interview night, and is the only required event for receiving a bid; interviews will be held in 2070D at 6:15pm and attire is Sunday best/formal. Ladies can come to all of the events or just the interview; events are non-binding, and interaction with the sisters is highly encouraged! If you are interested in Sigma Alpha Omega and want to know more about it, feel free to come to info night or contact either Victoria Sprenger at Victoria.Sprenger.12@CNU.edu or Jules Jones at Julianne.Jones.14@CNU.edu.

# CAB Presents... Lip Sync Battle: 7:00pm

Have you ever seen the hit show Lip Sync Battle? Have you ever wanted to join in on the action? How does \$250 captains cash sound?!

All you need to do is sign up your group or team (or even go solo) to participate! Sign ups will start this week in the DSU during the lunch hours! You can also sign up on the Compass by visiting Campus Activities Board's 'Forms' tab. The competition will take place on Friday, January 29th in the Gaines Theater from 7:00 pm to 10:00 pm. There will be prizes for 1st place, 2nd place, and fan favorite. Contestants will need to prepare a 2 to 4 minute song or mash up to compete! Costumes and over the top dancing are encouraged for the competition! For more questions contact:michael.gamble.13@cnu.edu or cab@cnu.edu

Date: Friday, January 29th Time: 7:00 - 10:00 pm Location: Gaines Theater

PRIZES:

1st Place Prize: \$250 Cash 2nd Place Prize: \$50 Cash

3rd Place Prize (fan favorite): \$25 Cash

## THRIVE: 8:00pm

Come join the body of Christ for a unifying night of worship through song, dance, art and prayer. ALL are welcome, and we hope to see you there!!

Attachment

# **Upcoming Events**

#### **Home Athletics This Weekend**

- Saturday, January 30 at 2:00pm, Women's Basketball vs. Penn State Harrisburg
- Saturday, January 30 at 4:00pm, Men's Basketball vs. Penn State Harrisburg

For more information, please visit cnusports.com.

## **CAB presents... Casino Night - Saturday**

Love gambling but don't feel like traveling all the way to Vegas and spending all your money? Your problem has been solved! Come out to CAB's Casino Night on Saturday January 30th, from 8-11pm. Tables include Blackjack, Roulette, Craps, Texas Hold 'Em and even two slot machines! Prizes for the night include a 32" TV, 2 Kindle Fires, a parking pass, and much more! So grab your friends and come try your luck at Casino Night!

Date:January 30th Time:8-11pm

Location: Black box theater

#### Attachment

## "A Troupe Called Quest" First Show of 2016 - Saturday

A Troupe Called Quest takes you out to the home game with our first show of the semester: WILL'S OFF THE TEAM! Join us Saturday, January 30th at 8:00 PM in the Studio Theatre for Improv games and some (maybe?) baseball related things! It is FREE entertainment for every purchase of FREE admission, so come out and watch your fellow friends and peers knock it out of the park!

The night of fun and games will be hosted by the lovely and talented Hogan "Homerun" Holt! On the home team are:

- -Art "Abbot and Costello" Ross
- -Glenn "Grandslam" Abernathy
- -Charlie "Curse of the Bambino" McCraken
- -Kyle "Cracker Jack" Horrowitz
- -Dylan "Double Play" Landes
- -Nick "No-Hitter" Barker
- -Crosby "Chicago Bears" Reed

And NOT on the roster is WILL CRAUN, who is off the team due to the fact that he will not be able to attend the show.

So please come out and watch these people give it their all on the field!! Please come out and PLAY BALL!!!

# **Crochet for a Cause - Saturday**

Crochet for a Cause Club has rescheduled their interest meeting. It will take place on January 29, 2016 from 4:30-5pmand January 30, 2016 from 2-2:30pm. Both meetings will take place in Forbes 2088. I hope to see you all there! If you have any questions or are unable to make either meeting please feel free to contact Ashley Lunsford atashley.lunsford.14@cnu.edu

# **TNU's Disney Tea - Saturday**

CNU's Tea Appreciation Club (Tea&You) is having their first meeting of the semester THIS SATURDAY! We will be

meeting in the TribLib Room 208 from 3pm-5pm. Please bring your mug and come enjoy some good treats, games, and entertainment! Feel free to dress up and bring friends!

## **IFC Signing Day - Saturday**

Join the Interfraternity Council at the first-ever IFC Signing Day as they welcome new member classes at the conclusion of Formal Recruitment.

#### Attachment

## **Signing Day Major Counseling**

Get some last minute advice on choosing your major before Signing Day on Tuesday, February 2nd. No appointment necessary - First come. First served.

Tuesday, February 2 11:30AM-1:30PM, CNH 305

## **Black Student Union Meeting**

The Black Student Union will be having a meeting on Monday, February 1st in Freeman 101 at 7:30pm. Topic of discussion: Colorism. Also, all eboard applications are due by February 1st. Hope to see you there!

#### Attachment

## Positions Available in the Student Diversity & Equality Council

The Student Diversity & Equality Council (SDEC) seeks candidates for Executive Board officers (5 positions) and Members-at-Large (4-6 positions). If you are looking to make a difference and positive impact on the CNU community, consider applying. SDEC aims to cultivate an inclusive and pluralistic campus environment through community building, leadership development, educational programming, advocacy, and recognition at Christopher Newport University. To learn more, open the attachment below.

#### Attachment

# **Apply to Join RHA E-board**

Apply today to join RHA Eboard! Applications are due February 5th!

Currently we are accepting applications for all positions except Director and NCC since those positions require previous experience. Please consider applying for these positions and making an impact on our CNU Residence Halls and Residence Life overall.

Contact Arlyn Garcia (arlyn.garcia.12@cnu.edu) or Melissa Lourie (melissa.lourie@cnu.edu) if you have any questions or want to learn more. Current executive board members also hold office hours in the RHA office in the Residence Life suite, so feel free to stop by if you have any questions.

https://docs.google.com/a/cnu.edu/forms/d/11P2KqP3L\_sem58C2ftjUTzvwQJ5Q4xSOwwI8wWr2hCE/viewform Don't miss out on this wonderful opportunity!

#### Attachment

# Captain's Ball 2016 - Tickets on Sale Now

Join Class Council & the Office of Student Activities for Captain's Ball 2016: A Night Aboard the RMS Titanic on Saturday, February 6 at 8 PM - 12 AM

in the DSU. The event is quickly approaching, so make sure you stop by the Office of Student Activities (DSU 3rd floor) or at the Welcome Desk (DSU 1st floor) to get your tickets before they run out! Tickets can be purchased for \$20 each or \$30 for two!

Check out the event page on Facebook for more details and follow Class Council on Facebook, Instagram, and Twitter for updates!!

https://www.facebook.com/events/1526101937700168/

#### Attachment

## **Organizations: Volunteer with CNU's Food Fighters**

Sign up to volunteer with The Food Fighters this semester! The Food Fighters take leftover food from our campus dining halls and deliver them to Peninsula Rescue Mission, a local homeless shelter. We are looking for organizations to sign up for one week of deliveries. By volunteering your organization members would be in charge of delivering the food the nights that you are assigned. Deliveries require at least 2 people per night and only last from 8-9pm every weeknight. Weeks available: March 21-25, March 28-April 1, April 4-8, April 11-15, April 18-22

If you are interested in volunteering please fill out our form:

https://docs.google.com/forms/d/1ypoFqcsC3X8Q2Nuxb8BJwMWrvK5\_oAnEc6\_2MiK\_gvE/viewform?usp=send\_form

#### Attachment

## Delta Sigma Theta Sorority, Inc. and L.A.D.I.E.S.

The Omicron Tau Chapter of Delta Sigma Theta Sorority, Inc. along with L.A.D.I.E.S. invites you out to Tusk Talk: In Between the Sheets! Get ready for discussion about everything from sex, relationships, and all that goes down "in between the sheets". Come dressed in your onesies/pajamas, bring a pillow, and prepare for a fun evening. We will be meeting in the DSU Washington Room at 7:13. Hope to see you there!

#### Attachment

#### TheaterCNU Director's Showcase Auditions

When: Thursday February 4 & Friday February 5; 5-7pm

\*Please sign up for a specific time by Thursday February 4 on the theatre callboard, outside the rehearsal hall.\*

Where: Theatre Rehearsal Hall, Ferguson, T107

All (majors, minors, non-majors) are invited to audition for the annual Director's Showcase! A dozen students will be presenting short scenes from Sarah Ruhl's repertoire; Ruhl is a versatile, and controversial playwright who draws audiences into her fantastical worlds.

Actors are encouraged to prepare a 60sec contemporary monologue (dramatic or comedic), however cold readings will be provided. The selected monologues, and plays for the showcase, will be available in a binder in the Ferguson Theatre Library.

Callbacks will take place February 8-12, 5-7pm. Performance on Thursday April 21.

If you have any questions or concerns, please email caitlin.caplinger.12@cnu.edu

# **Campus Programs and Announcements**

## **Engagement Week**

The Office of Student Engagement presents the first ever Engagement Week! From Monday February 1st - Friday February 5th

come out to learn about the services and resources available at CNU as well as why it is important to be engaged, how to get involved, and what to do next! Cookies and Hot Chocolate in the DSU on Monday, Wheel of Fortune in the freshman residence halls Tuesday-Thursday, and PRIZE CART all day on Friday.

#### Attachment

# **#GetFitCNU Healthy Foundations**

February is Amercan Heart Month

Did you know stress can affect factors that can lead to heart disease? http://bit.ly/1nNb6su

#GetFitCNU Healthy Foundations

Join us for a FREE, fun, engaging stress management series including the basics, fitness, mindfulness and nutrition. Bring your lunch and join us for one or all seminars, and learn strategies to better cope with stress!

Offered by the Office of Counseling Services, Dining Services, and The Freeman Center Trieshmann Health and Fitness

Pavilion.

Dates: Tuesdays, February 2, 9, 16, 23

Time: 12:30 - 1:15 p.m.

Location: The Freeman Center, Room 202

Presenters: Del Rey Honeycutt, Kevin Joyce, Kevin Ososkie, and Lisa Wingfield Powell

For more information (i.e., schedule, seminar descriptions) or to register, please visit <a href="http://bit.ly/1L9ewKP">http://bit.ly/1L9ewKP</a>, email <a href="fitness@cnu.edu">fitness@cnu.edu</a> or call (757) 594-7882.

We look forward to seeing you!

www.cnu.edu/freemancenter/fitness

like us on Facebook: https://www.facebook.com/CNUFitness

follow us on Twitter: @CNUFitness #GetFitCNU

"The mind, when housed within a healthful body, possesses a glorious sense of power." - JH Pilates

Office of Student Activities DSU 330 Christopher Newport University 757-594-7260 osa@cnu.edu

#### www.cnu.edu/studentactivities/

Follow us on Twitter @CNUOSA or like the CNU Office of Student Activities on Facebook!

#### 11 attachments



Captain's Ball 120K



**Engagement Week** 620K



**Thrive** 756K

81K





**CAB Casino Night** 326K



IFC Signing Day 285K



RHA Eboard 885K



The Black Student Union
Open Meeting

Rope of Distriction

Colorism

Monday, February Ist
2.30FM
Freeman KN

Black Student Union 108K



#WhoAreYouCNU 7625K



296K

