



SEASON OF CHAMPIONS

2022-23





ADMINISTRATION

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Kyle McMullin

ASSOCIATE DIRECTOR OF ATHLETICS/ SENIOR WOMAN ADMINISTRATOR

Carrie Gardner

ASSOCIATE DIRECTOR OF ATHLETICS

Matt Kelchner

MANAGER OF ATHLETICS FACILITIES AND GAME DAY OPERATIONS

Danny Garay

MANAGER OF ATHLETICS ADMINISTRATION

Bobby Woollum

MANAGER OF ATHLETICS GIVING AND TICKETS

Abby Waclo

DIRECTOR OF PARENT AND ATHLETICS GIVING

Mary-Margaret Wells

NCAA FACULTY REPRESENTATIVE

Dr. Kip H. Redick

BUSINESS OPERATIONS

ASSISTANT DIRECTOR OF ATHLETICS FOR BUSINESS OPERATIONS

Shanika Baker

ATHLETICS TRAVEL MANAGER

Cindy Sutphin

ATHLETICS BUSINESS MANAGER

Kristine Hughes

ATHLETICS COMMUNICATIONS

SENIOR DIRECTOR OF ATHLETICS COMMUNICATIONS

(Football, M Basketball, Softball)

Francis Tommasino

SPORTS INFORMATION DIRECTOR

*(M/W Soccer, W Basketball, Baseball, M/W Tennis,
M/W Golf, Sailing, Cheer, Dance)*

Rob Silsbee

ASSISTANT SPORTS INFORMATION DIRECTOR

(Field Hockey, Cross Country, Track & Field, M/W Lacrosse)

Kenny Kline

ASSISTANT SPORTS INFORMATION DIRECTOR (Volleyball)

Harrison Huntley



Kyle McMullin
DIRECTOR OF ATHLETICS

DEAR CAPTAINS FAMILY:

We want to celebrate an extraordinary year in the history of Christopher Newport athletics even as another unfolds. The men's basketball team gave us a great reason to celebrate as it won its first national championship. Read these pages and you will find out how student-athletes in all sports gave us reasons to cheer from start to finish. Once again, we swept the Coast-to-Coast Athletic Conference's commissioner's awards recognizing the best overall athletics department in the C2C and finishing 7th in the Learfield Directors Cup, marking our highest-ever result and best performance by a public institution in Division III.

Most of all, I am proud of our students for their commitment to being prepared to excel, on the field and court and in the classroom. Our student-athletes exemplify what the Christopher Newport experience is all about - honor, service, leadership and scholarship. As the fall season sprints toward its conclusion, take a moment to appreciate and celebrate the joy that our students brought to our Community of Champions.

Go Captains!



GET IN THE



THE GAME

MEN'S BASKETBALL

30-3 | 2023 NCAA NATIONAL CHAMPIONS



TREY BARBER #24

Won the NCAA Division III National Championship over Mount Union on a buzzer-beating layup by Trey Barber to capture the first men's team title in CNU Athletics history



- Led by National Coach of the Year John Krikorian, the team is closing in on 300 wins in 12 seasons with an overall record of 290-65 (.817)
- Reached NCAA Tournament for the 26th time in program history, including seven straight
- **Home Dominance:**
Posted a 13-1 record in home games this season



CHEERLEADING



- Won four Cheer Ltd. College Open National Championships, including three straight, between 2014 and 2019
- Led by Head Coach and CNU alumna Erica Flanigan since 2006, leading the Captains to 13 consecutive top-three finishes at College Open Nationals
- Continued to promote school spirit at every home football and basketball game



CNU STORM



- Competed at the 2023 NCA and NDA College National Championships in the Team Performance Open category
- Led by Head Coach and Christopher Newport alumna Taylor Macina since 2016
- Continued to enhance the game atmosphere at every home football and basketball game

MEN'S LACROSSE

19-3 | RANKED NO. 3 IN THE NATION (2022-23)

ANDREW COOK #28



- Advanced to the NCAA Division III National Semifinals for the second time in the last three years
- Led by State Coach of the Year Mikey Thompson, who recorded his 100th win this season while improving to 106-35 all-time (.752)
- Reached NCAA Tournament for the fourth time in the last five seasons and the fifth time in program history
- **Home Dominance:** Posted a 10-0 record in home games this season

MEN'S SOCCER

13-4-2 | RANKED NO. 19 IN THE NATION (2022-23)



ETHAN LARSON #00



- Earned at-large berth into the NCAA Championship Tournament and advanced to the second round
- Pieced together one of the finest defensive seasons in program history, recording a 0.77 goals-against average
- Reached NCAA Tournament for the 13th time, including third straight under third-year Head Coach Justin Chezem
- **Home Dominance:** Posted a 9-2-1 record in home games this season

TRACK & FIELD

MEN'S AND WOMEN'S



- Swept the Coast-To-Coast Athletic Conference Indoor and Outdoor Track & Field Championships in dominating fashion
- Led by six All-State selections, including one All-American and one USTFCCCA National All-Academic selection
- Captured 20 individual conference championships and registered numerous top-10 performances during the 2022-23 season





- Dominated the Indoor Track & Field Conference Championship, securing the program's sixth conference title in the last seven years
- Led by nine All-State selections, including three NCAA National Qualifiers and one All-American
- Captured 14 individual conference championships and registered numerous top-10 performances during the 2022-23 season

MEN'S GOLF

RANKED NO. 2 IN THE NATION (2022-23)

NCAA

6

YARDS	169
PAR	3

ROBB KINDER



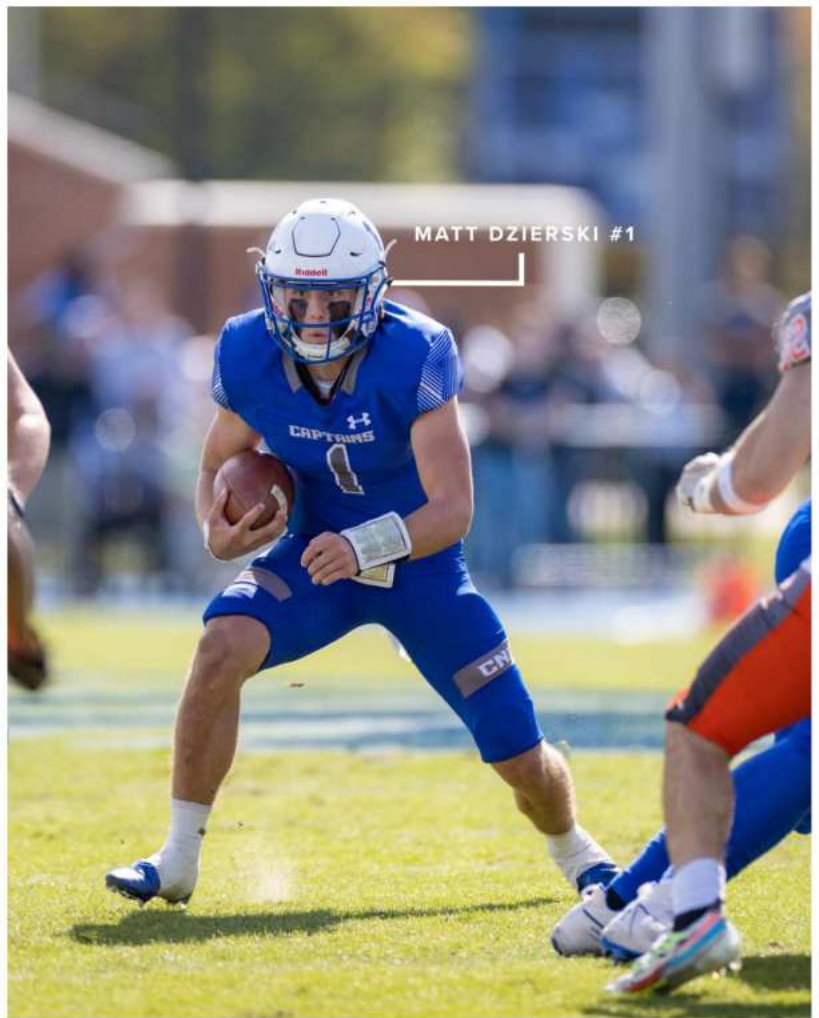
- Finished with a program-record sixth place finish at the NCAA Division III Men's Golf National Championships
- Led by State Coach of the Year Jamie Coleman, who led the National Player of the Year and two All-Americans in 2022-23
- Earned top spot in the national poll for the first time in program history

FOOTBALL

OVERALL RECORD: 7-3



KINDRICK BRAXTON #11



- Competed for conference championship as part of the New Jersey Athletic Conference, finishing second
- Led by Head Coach and alum Paul Crowley, who orchestrated the finest first year for a head coach in program history
- Recorded the longest winning streak since the 2016 season, with six consecutive victories
- **Home Dominance:** Posted a 4-2 record in home games this season

WOMEN'S SOCCER

19-0-3 | RANKED NO. 5 IN THE NATION (2022-23)



EMILY TALOTTA #8

Continued impressive run of dominance by registering a second consecutive season without a loss, extending a CNU Athletics record streak to 45 straight games



JILL MCDONALD #7

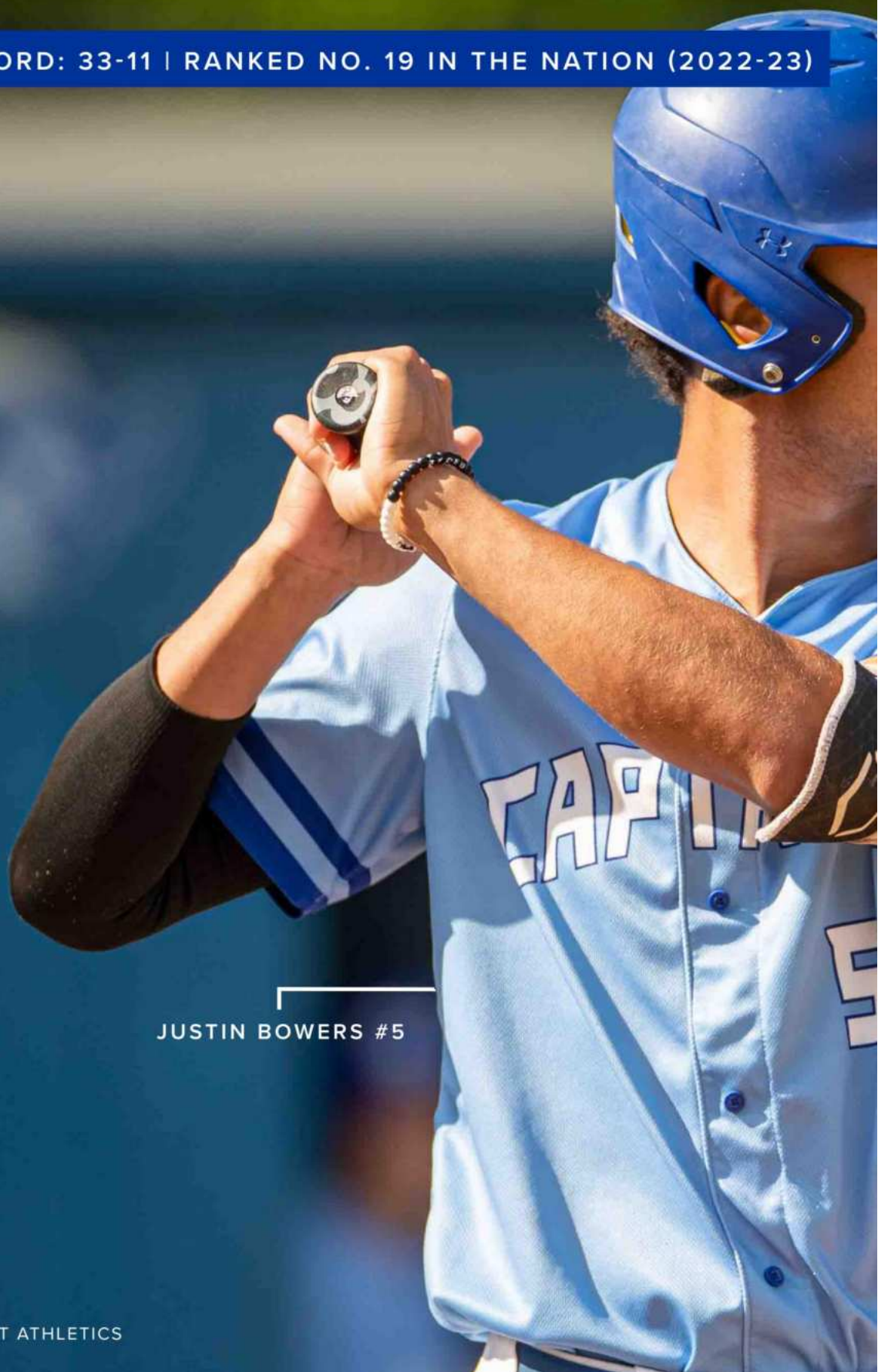
- Led by one of the most elite defenses in the country, surrendering just seven goals in 22 games for a 0.31 goals-against average
- Reached NCAA Tournament for the sixth straight season and advanced to the national quarterfinals for the fourth time in the last five years
- **Home Dominance:**
Posted a 8-0-2 record in home games this season



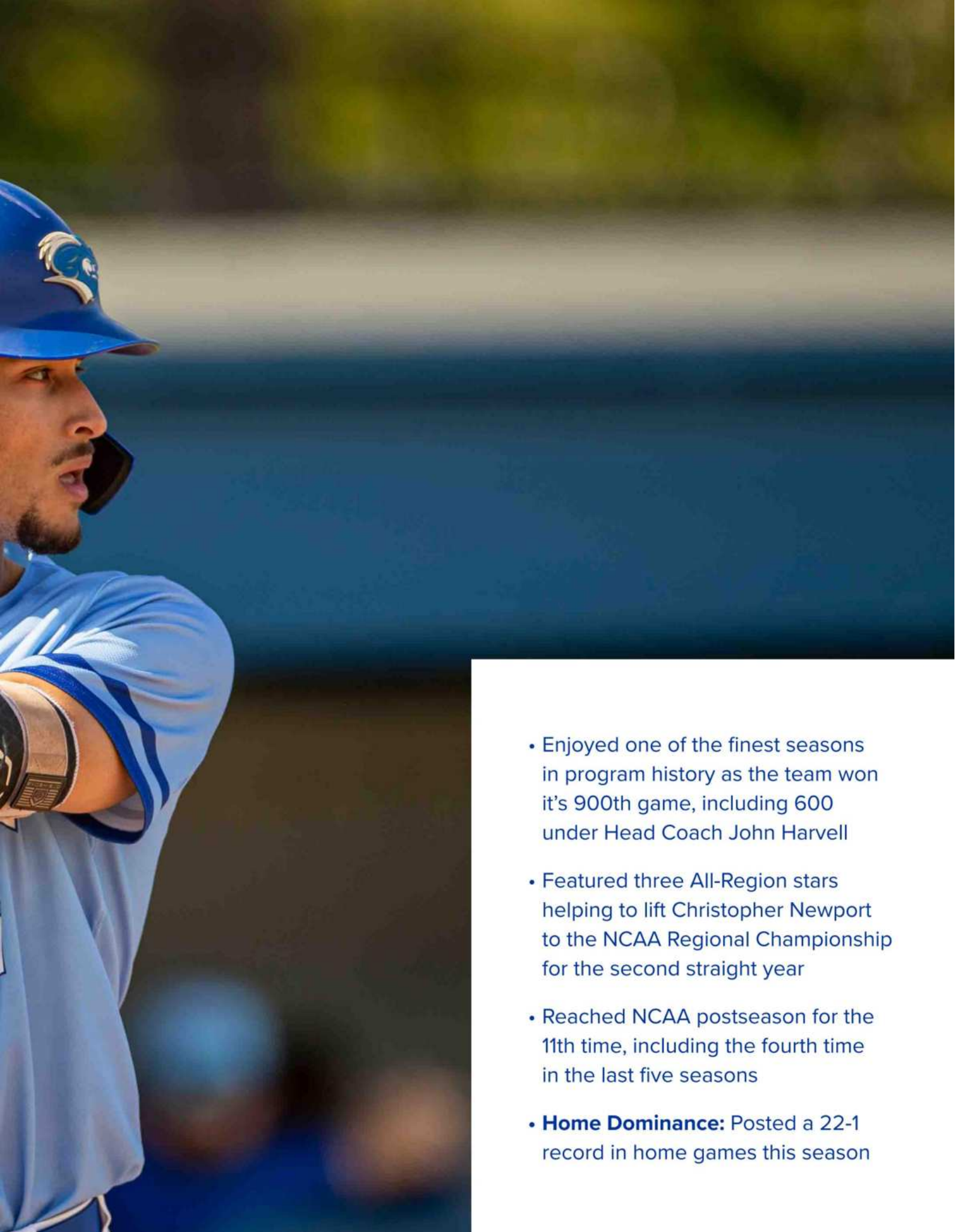
SARAH RHIEL #18

BASEBALL

OVERALL RECORD: 33-11 | RANKED NO. 19 IN THE NATION (2022-23)



JUSTIN BOWERS #5



- Enjoyed one of the finest seasons in program history as the team won it's 900th game, including 600 under Head Coach John Harvell
- Featured three All-Region stars helping to lift Christopher Newport to the NCAA Regional Championship for the second straight year
- Reached NCAA postseason for the 11th time, including the fourth time in the last five seasons
- **Home Dominance:** Posted a 22-1 record in home games this season

CROSS COUNTRY

MEN'S AND WOMEN'S



- Finished the 2022 season ranked top-five in the region
- Featured a pair of All-Region runners and the first individual national qualifier since 2012
- Captured a runner-up finish at the 2022 Coast-To-Coast Athletic Conference Championships





- Finished the 2022 season ranked top-five in the region
- Featured a pair of All-Region runners and the third individual national qualifier in the last two seasons
- Captured a runner-up finish at the 2022 Coast-To-Coast Athletic Conference Championships

FIELD HOCKEY

OVERALL RECORD: 15-6 | RANKED NO. 16 IN THE NATION (2022-23)

A full-page action photograph of a female field hockey player, Marcella Sabbagh, wearing a blue jersey with "CAPTAIN" and "NCAA" visible. She is in a low, powerful stance on a green field, holding her hockey stick. Another player is partially visible behind her. The background is blurred, showing stadium seating.

MARCELLA SABBAGH #23



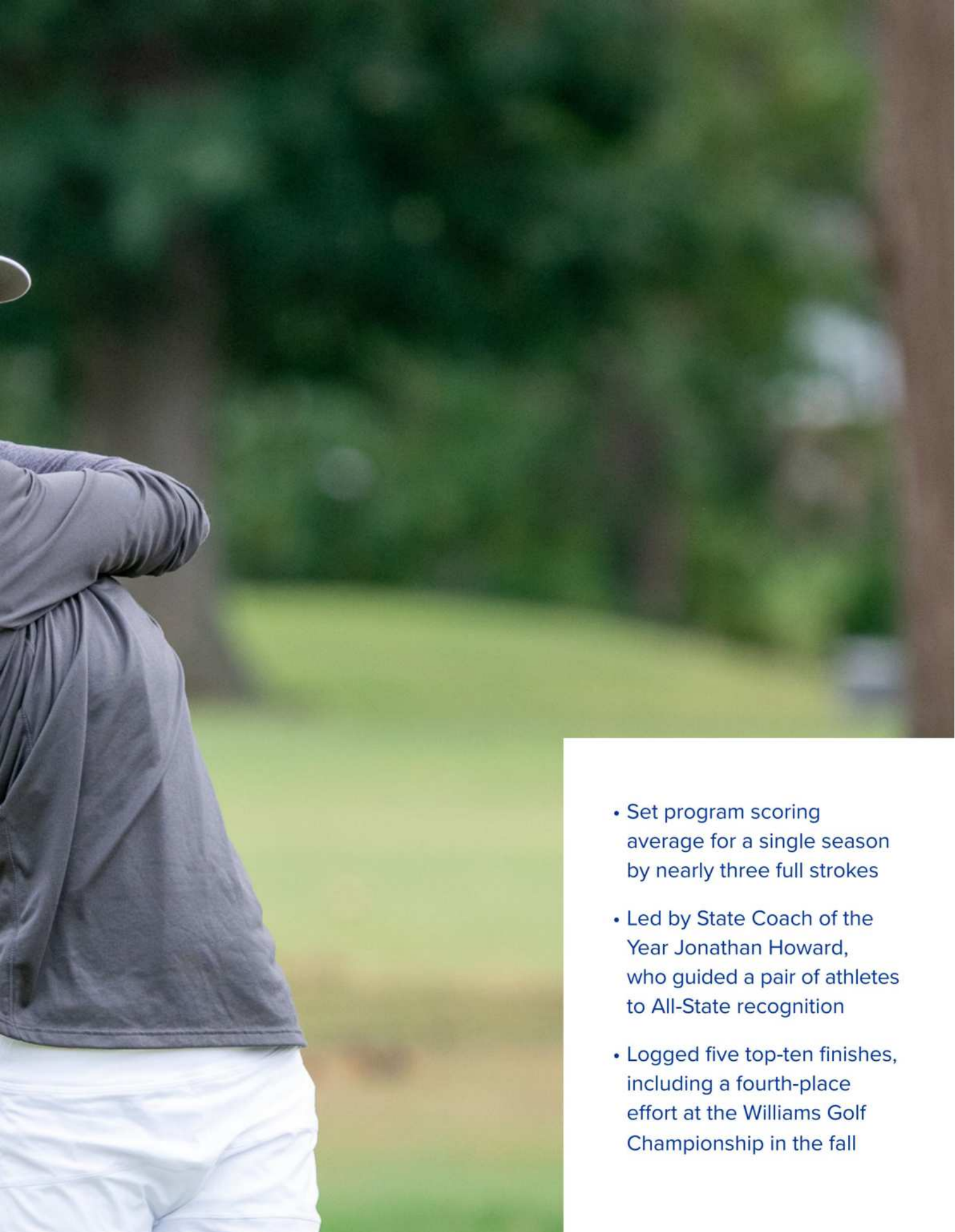
- Advanced to the NCAA Division III Championship Round of 16 for the eighth time in program history
- Led by Head Coach Carrie Moura, who recorded her 250th win at CNU this season while improving to 264-87 all-time (.752)
- Reached NCAA Tournament for the 11th time in program history
- **Home Dominance:** Posted a 10-2 record in home games this season

WOMEN'S GOLF

RANKED NO. 25 IN THE NATION (2022-23)



DYAN ROBINSON



- Set program scoring average for a single season by nearly three full strokes
- Led by State Coach of the Year Jonathan Howard, who guided a pair of athletes to All-State recognition
- Logged five top-ten finishes, including a fourth-place effort at the Williams Golf Championship in the fall

TENNIS

MEN'S AND WOMEN'S



- Overall Record: 11-9
- Logged a historic season by earning the first at-large berth into the NCAA Tournament in program history
- Secured the third NCAA Tournament victory ever with a 5-1 win over Allegheny
- Featured the Conference Player of the Year and Rookie of the Year in 2023
- **Home Dominance:** Posted a 7-3 record in home games this season





- Overall Record: 5-11
- Finished 2022-23 ranked No. 37 in the nation
- Etched historic performance in the conference championship, recording a record three points in the match
- Faced one of the toughest schedules in the nation, taking on nine nationally-ranked opponents
- Advanced to the Coast-To-Coast Athletic Conference Championship for the seventh consecutive season

VOLLEYBALL

OVERALL RECORD: 23-14 | RANKED NO. 22 IN THE NATION (2022-23)



SAMMY CARROLL #3





- Advanced to the NCAA Division III Tournament for the 15th consecutive season and 18th time in 20 seasons under legendary Head Coach Lindsay Birch
- Reached the NCAA Regional Championship match in 2022
- Led by two All-State selections, including the State Rookie of the Year
- **Home Dominance:** Posted a 14-4 record in home games this season

SAILING

- Qualified for the conference championship regatta in the fall
- Captured three wins and six top five finishes during the 2022-23 season
- Competed against some of the nation's toughest competitors as part of the Middle Atlantic Intercollegiate Sailing Association (MAISA)

SOFTBALL

31-13 | RANKED NO. 8 IN THE NATION (2022-23)



KATE ALGER #6

Advanced to the NCAA
Division III National Finals
for the second straight
year and the fourth time
in program history



BROOKE GREAYER #32

- Won NCAA Regional and Super Regional Championships at Captains Park
- Led by State Coach of the Year Keith Parr, who logged his 16th 30-win campaign in 20 seasons at the helm
- **Home Dominance:** Posted a 20-4 record in home games this season



BIANCA PALMER-SCOT #17

WOMEN'S LACR

OVERALL RECORD: 12-9 | RANKED NO. 24 IN THE NATION (2022-23)

A full-page photograph of a women's lacrosse player, Julia Iapicca, in action. She is wearing a white jersey with "CAPTAINS" and the number "11" in blue. She is also wearing white shorts, black goggles, and a mouthguard. She is running on a green field, holding a white lacrosse stick with a yellow ball in the net. The background is a blurred green field.

JULIA IAPICCA #11

OSSE



- Reached the NCAA Division III National Championship Tournament for the first time since 2013, earning the program's first-ever at-large berth
- Led by Head Coach Lisa Valentine, who guided the Captains to an NCAA Tournament victory for the second time in program history
- Reached NCAA Tournament for the ninth time in program history

WOMEN'S BASKETBALL

OVERALL RECORD: 31-1 | RANKED NO. 1 IN THE NATION (2022-23)



SONDRA FAN #15

ALL



- Reached the NCAA Division III National Championship for the first time in program history after starting the year with a program-best 31-0
- Led by State Coach of the Year Bill Broderick, who recorded his 250th win at CNU this season while improving to 255-43 all-time (.856)
- Reached NCAA Tournament for the 24th time in program history, including seven straight
- **Home Dominance:** Posted a 11-0 record in home games this season



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