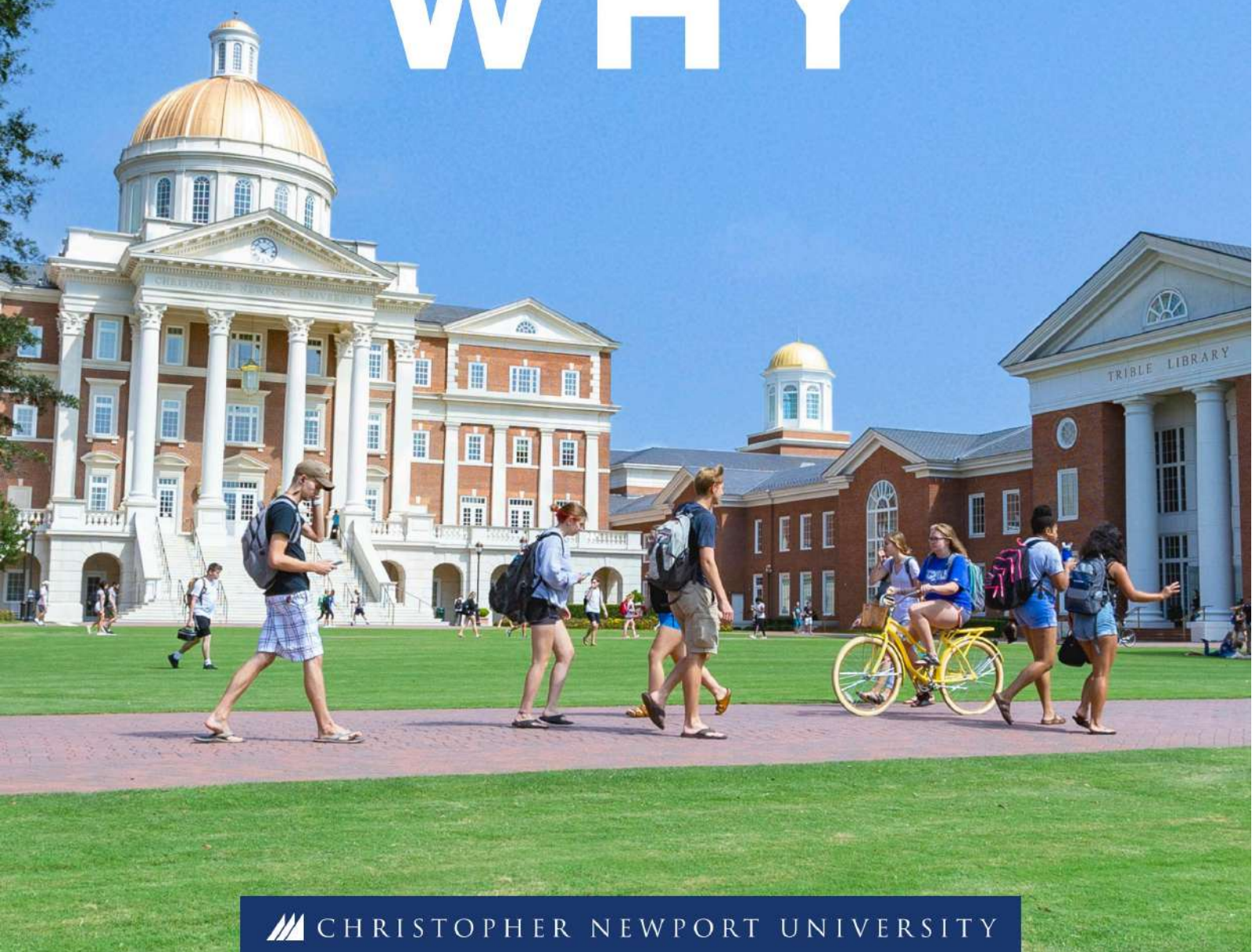


# DISCOVER YOUR WHY



CHRISTOPHER NEWPORT UNIVERSITY

## ANCHORED IN EXCELLENCE

### NUMBER ONE REGIONAL PUBLIC UNIVERSITY IN VIRGINIA

\*U.S. News

**90+**  
Areas of  
study

60% of classes  
have 19 or fewer  
students

**70%** graduation rate

"national 5-year public average is below 50%"

**93%**

of graduates are employed  
or in grad school within  
six months of graduation

### FOUR RECENT NATIONAL CHAMPIONSHIPS

2021 Women's Soccer   2022 Softball  
2023 Men's Basketball   2024 Cheerleading

**4,500**

students enrolled

**1,150**

freshmen

**M: 48%**

**F: 52%**



Current students hail from  
every region of Virginia

**28 OTHER STATES**  
**26 FOREIGN COUNTRIES**

#### FRESHMAN CLASS PROFILE\*

**1200** Average SAT (Evidence-Based  
Reading & Writing and Math)

**3.8** Average high school GPA

\*Fall 2023

**400+** renewable freshman scholarships  
for honors and leadership students

#### 24 VARSITY TEAMS

NCAA Division III  
Coast-to-Coast Conference

#### 200

clubs and student  
organizations

#### ON-CAMPUS PARKING

for all students,  
including freshmen

*The Ferguson Center for the Arts and Torggler Fine Arts Center offer endless opportunities to enjoy and study the performing and visual arts.*

## NATIONALLY RECOGNIZED

### American Council of Trustees and Alumni (ACTA)

The only public university  
in the U.S. to earn a  
perfect "A+" grade for  
strength of curriculum

### Bloomberg Businessweek

America's top 100  
best undergraduate  
business schools

### Poets & Quants

#3 business school  
among public  
universities in Virginia

### Learn.org

Communication and  
psychology programs  
among best in nation

### Study.com

Biology program  
#8 in the U.S.

### The Princeton Review

The Best 390 Colleges  
#7 for Internships  
(Nationally ranked)

Top 20:

- + Best Quality of Life
- + Most Engaged in  
Public Service
- + Best College Dorms  
#4 Nationally among  
public universities  
and #1 in Virginia

### Top Master's in Education

Top 5 Elementary Education  
Graduate Programs

**“The two most important days in your life are the day you are born and the day you find out why.” -Mark Twain**

I offer my congratulations on your high school accomplishments and wish you good luck as you begin your college search. College is a time in every person's life when they can truly begin to explore and find out the “why” of which Mark Twain spoke.

Christopher Newport has so much to offer. Our dedicated faculty, beautiful campus, and amazing people will provide you an exceptional environment for your college experience. We strive for excellence in all we do at this University and we are surrounded by a community that will encourage and support you every step of the way. I promise you, we are **all in** to ensure your time at Christopher Newport University becomes the best four years of your life.

I look forward to having you join us as we strive to live a life of significance and discover the “why” for each and every one of us.

Go Captains!

*W. B. Kelly*  
President





**Christopher Newport University** prepares you to lead a meaningful and consequential life. We don't train you to simply memorize and recite facts, we instruct and inspire you to think critically and actively engage in your community. Here you'll discover a vibrant campus as you pursue great dreams for your future and prepare to change the world for the better.





At Christopher Newport you'll learn the answers to two very important questions: **“What am I good at?” and “What do I love to do?”** Whatever your passions lead you to study — from electrical engineering to philosophy, music performance to accounting — the liberal arts and sciences are the foundation of your academic endeavors. **We don't teach you to do something; we prepare you to do anything.**

CNU.EDU



## WHAT'S DIFFERENT AND BETTER ABOUT CNU

### Prepare for the careers of today and *THOSE STILL UNIMAGINED*

Studying the liberal arts and sciences provides a breadth of knowledge that will prepare you to take advantage of any opportunity that presents itself. Through Christopher Newport's rigorous curriculum, you will learn how to think critically and communicate effectively while developing the tools and skills that will prepare you for a lifetime of significance.

### ACADEMIC EXCELLENCE

The undergraduate academic experience is the heart of our University. Our small class sizes give you direct access to experts in their fields — teacher-scholars who know your name, provide outstanding instruction and conduct groundbreaking research. Our professors possess a passion for teaching, and you'll enjoy the challenge of working alongside them on exciting projects.

### ENDLESS POSSIBILITIES

You have the opportunity to customize your education, preparing yourself to thrive in either graduate school or your career of choice. Personal attention — a Christopher Newport hallmark — helps make this possible.

# EVERY STEP OF THE WAY

At Christopher Newport, we are here to support your academic progress and transition into college life as you become an active part of our community. We will ask you to work harder than you ever have before, but we'll be with you every step of the way.

## LIVING AND LEARNING COMMUNITIES

[CNU.EDU/LEARNINGCOMMUNITIES](http://CNU.EDU/LEARNINGCOMMUNITIES)

First-year students are placed in a Living and Learning Community based on your interests. You will transition smoothly from high school to college and, odds are, you will make friends for life. You will share multiple classes with a small group of classmates - your own small community inside the University.

## FACULTY CORE ADVISERS

All first-year students are assigned a faculty core adviser to work closely with you the first two years, helping you become integrated into campus life and encouraging your exploration of academics and activities.





## **DECLARING YOUR MAJOR**

You will officially declare your major on Signing Day, a special tradition held during the spring semester of your sophomore year. Then, spend the next two years pursuing your passion, focused on your chosen area of study. You will be assigned a faculty major adviser from within that department who will guide you in the completion of your academic requirements and the transition into graduate school or career opportunities.

## **CENTER FOR STUDENT SUCCESS**

[CNU.EDU/ACADEMICSUCCESS](http://CNU.EDU/ACADEMICSUCCESS)

Benefit from tutoring, workshops, seminars and one-on-one assistance that help you improve your academic performance. Students who are skilled writers will offer you specialized help.

## **CENTER FOR CAREER PLANNING**

[CNU.EDU/CCP](http://CNU.EDU/CCP)

Land your first job or get accepted into a top graduate school. Workshops, seminars, job fairs, on-campus interviews and career counseling — a full range of services — are available to students and alumni.



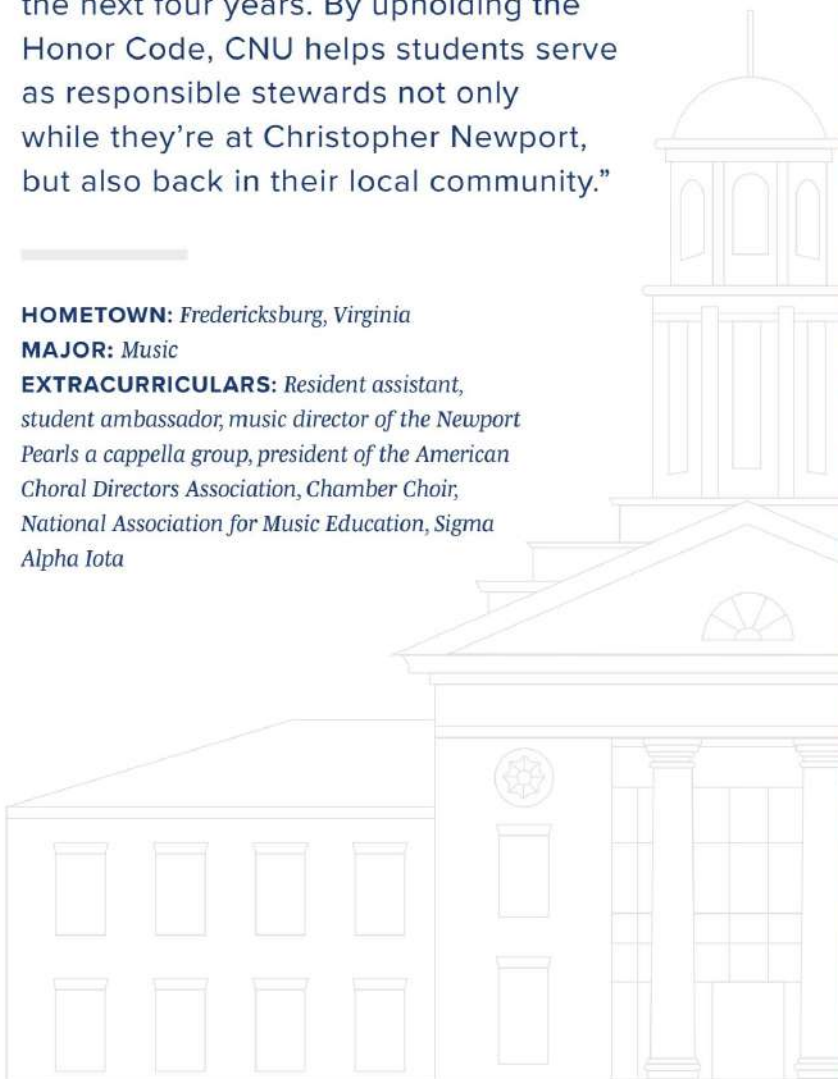
# Mia Jackson

“Christopher Newport’s emphasis on honor is one of the many reasons why I chose this school to be my home for the next four years. By upholding the Honor Code, CNU helps students serve as responsible stewards not only while they’re at Christopher Newport, but also back in their local community.”

**HOMETOWN:** *Fredericksburg, Virginia*

**MAJOR:** *Music*

**EXTRACURRICULARS:** *Resident assistant, student ambassador, music director of the Newport Pearls a cappella group, president of the American Choral Directors Association, Chamber Choir, National Association for Music Education, Sigma Alpha Iota*





# EXPLORE OVER 90+ AREAS OF STUDY



In addition to offering five-year master's programs\*, Christopher Newport also has active agreements with graduate schools to facilitate early and/or guaranteed admission in the following fields:

- Biomedical research
- Biotechnology
- Computer engineering
- Computer science
- Doctor of osteopathic medicine
- Doctor of physical therapy
- Philosophy and English
- Humanities
- Law
- Medical doctor
- Nursing
- Physician assistant

*\*See areas of study*



# AREAS OF STUDY

- Accounting
- African American Studies
- American Studies
  - Constitutional Studies
  - Humanities
  - Social Science
- Anthropology
- Applied Physics
- Art History
- Biochemistry
- Bioethics
- Biology
  - Biology – Cellular, Molecular and Physiological
  - Biology – Integrative
  - Biology – Kinesiology
  - Biology – Organismal and Environmental
- Business Administration
- Chemistry
  - Childhood Studies
  - Child Life
  - Chinese Studies
  - Civic Engagement and Social Justice
- Classical Studies
- Communication
  - Computer Engineering
- Computer Science
- Criminology
- Cybersecurity
- Dance
- Data Science
- Digital Humanities
- Discrete Mathematics
- Economics
  - Mathematical Economics
  - Economic Policy
  - International Economics
- Elementary Education (PreK-6)
- Electrical Engineering
- English
  - Literature
  - Writing
- Environmental Studies
- Film Studies
- Finance
- Forensic Science
- French
  - Global Commerce and Culture
- German
  - Geography
  - Greek Studies
  - Health, Medical and Wellness Studies
- History
  - Human Rights and Conflict Resolution
  - Information Science
  - International Affairs
  - International Culture and Business
  - Journalism
  - Judeo-Christian Studies
  - Latin
  - Latin American Studies
- Leadership Studies\*
- Linguistics
- Literature
- Management
- Marketing
- Mathematics
  - Mathematics – Computational and Applied
    - Biology and Life Sciences
    - Economics
    - Electrical Engineering
    - Physics and Engineering
- Medieval and Early Modern Studies
- Middle East and North Africa Studies
- Military Science (ROTC)
- Museum Studies
- Music
  - Performance
  - Composition
  - Music Studies
  - Creative Studies
  - Pre-Certification: Choral
  - Pre-Certification: Instrumental
- Neuroscience
- Nursing\*\*
- Philosophy
  - Pre-Seminary Studies
  - Studies in Religion
- Philosophy and Religion
- Philosophy of Law
- Political Science
- Psychology
- Social Work
- Sociology
- Spanish
- Studio Art
  - 2D and 3D Media
  - Graphic Design
  - Photography and Video Art
- Theater
  - Acting
  - Arts Administration
  - Design/Technical Theater
  - Directing/Dramatic Literature
  - Musical Theater
  - Theater Studies
- U.S. National Security Studies
- Women, Gender and Sexuality Studies
- Writing

## ADVISING TRACKS

Pre-Law

Pre-Med and Pre-Health

## BACHELOR'S TO FIVE-YEAR MASTER'S PROGRAMS

Applied Physics and Computer Science

Environmental Science

Teaching

## GRADUATE STUDY

Financial Analysis

## CERTIFICATE PROGRAM

Data Analytics for the Social Sciences

Undergraduate Certificate in Research and Creative Activity

Professional Ethics

● Major ● Minor ● Concentration

\*Approved as a second major only

\*\*3+2 program with Riverside Health System

# PRESIDENT'S LEADERSHIP PROGRAM

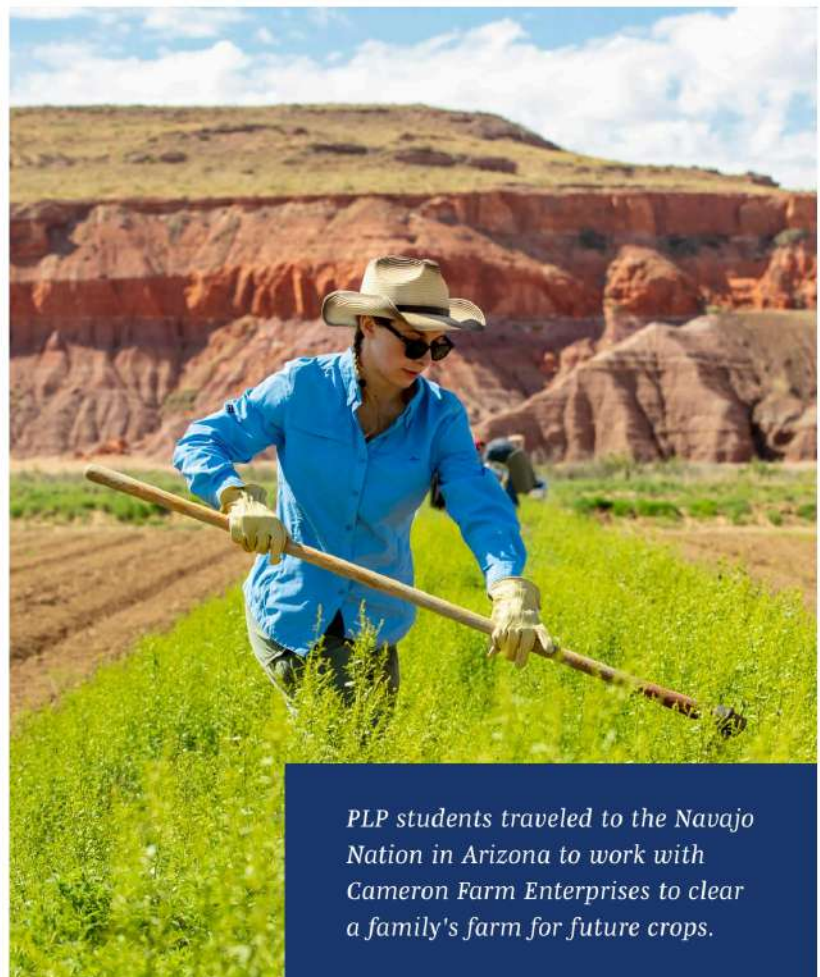
CNU.EDU/PLP

Learn how to make a meaningful impact through the President's Leadership Program (PLP). First-year students selected for PLP have excelled in their academic studies and demonstrated a passion for engagement. Through challenging courses, public service, foreign study and other targeted opportunities, PLP empowers you to make a difference — to become a caring, knowledgeable and effective leader for America and the world.

***Nearly 35% of all freshmen receive a merit scholarship through the President's Leadership or Honors programs.***

## PROGRAM BENEFITS

- + Renewable scholarships for each year of residence
- + Study abroad award
- + Exclusive Presidential Scholar study abroad experience
- + Minor in Leadership Studies
- + Priority course registration and housing
- + Summer Leadership Adventure Program
- + Service learning
- + Structured internship opportunities and experiences
- + Interaction with leaders from various fields through the President's Leadership Speaker Series



*PLP students traveled to the Navajo Nation in Arizona to work with Cameron Farm Enterprises to clear a family's farm for future crops.*

A portrait of a young woman with long, straight blonde hair and blue eyes, smiling warmly at the camera. She is wearing a grey turtleneck sweater and a delicate necklace with a small, crescent-shaped pendant. The background is a soft-focus outdoor setting with green foliage and pink flowers.

## Hannah Mayr

"The President's Leadership Program has encouraged me to practice servant leadership through my work as a volunteer in the community. In my case, that means building mentor relationships with students at a local high school. It has become my favorite part of my daily routine. Being a part of PLP has led to growth for me personally and academically and I have learned to be more empathetic. It has transformed my college years into meaningful time spent in service."

**HOMETOWN:** *Fairfield, Virginia*

**MAJOR:** *Social Work*

**MINOR:** *Leadership Studies*

**EXTRACURRICULARS:** *Young Life (Lead at Tabb High School), Social Work Association, resident assistant*

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## HOW TO APPLY

Apply for PLP when applying for university admission at [cnu.edu/freshman](https://cnu.edu/freshman). Preference is given to applicants who complete the required interview by December 15.

# HONORS PROGRAM

CNU.EDU/HONORS

Are you exceptionally motivated and seek an academic challenge? Through the Honors Program, you will attend unique seminar-style courses on many interesting topics. You will receive special guidance and support as you pursue study abroad, undergraduate research and internships.

## PROGRAM BENEFITS

- + Renewable scholarships for each year of residence
- + In-depth exploration of diverse and intriguing topics
- + More freedom to customize your curriculum
- + Study abroad financial support
- + Independent study and undergraduate research with top professors
- + Priority course registration and special housing
- + Visiting scholars and speakers and a capstone seminar on contemporary world issues





## Tamera Williams

"The Honors Program gave me the autonomy to mold my college experience to fit my goals and interests. The interdisciplinary courses allowed me to engage in research on topics of my own choosing, ranging from religion to juvenile detention reform. It also connected me with like-minded students that allowed my education to continue outside of the classroom."

**HOMETOWN:** *Franklin City, Virginia*

**MAJOR:** *Accounting*

**MINOR:** *Leadership Studies*

**EXTRACURRICULARS:** *President's Leadership Program, Alpha Kappa Psi, Accounting Club, Innovative Minds, Sigma Alpha Omega, Beta Gamma Sigma, Alpha Chi honor society*

## CORE CURRICULUM

Students accepted into the Honors Program have demonstrated aptitude in the liberal arts and sciences through exceptional achievement on standardized tests and in rigorous high school programs. The Honors Program accelerates the advancement of these academically gifted students into upper-level coursework. We embrace your success and allow more time for independent study, extensive research, advanced scholarship and foreign study while working toward your bachelor's degree.

## HOW TO APPLY

Apply for Honors when applying for University admission at [cnu.edu/freshman](https://cnu.edu/freshman). Preference is given to applicants who complete the required interview by December 15.

**“UNDERGRADUATE RESEARCH HAS CHALLENGED ME IN MANY WAYS WHILE ALSO GIVING ME NUMEROUS SKILLS I AM ABLE TO APPLY WITHIN MY MAJOR AND OUTSIDE OF RESEARCH. WHAT I’VE LOVED THE MOST HAS BEEN FORMING A STRONGER RELATIONSHIP WITH MY RESEARCH PROFESSOR.”**

**HOMETOWN:** *St. Augustine, Florida*

**MAJOR:** *Psychology*

**MINORS:** *Childhood Studies and Leadership Studies*

**EXTRACURRICULARS:** *Delta Gamma, student ambassador, undergraduate research, study abroad, Panhellenic Council, Service Distinction leader, President’s Leadership Program, Psi Chi honor society, Order of Omega Greek honor society*

**Natalee Jamerson**



# RESEARCH AND CREATIVE ACTIVITY

CNU.EDU/RESEARCH

Students from every major enrich our campus with their creativity and action, and work directly with expert teacher-scholars to create new knowledge and seek answers to great questions. Student work has led to peer-reviewed publications in notable journals, presentations at conferences both here and abroad, and performances across the country. Whatever field excites you, you'll find a unique opportunity to explore it here.

## SUMMER SCHOLARS

Summer Scholars are full-time, paid undergraduate research fellows. You will team with a professor on a compelling research question. You will be part of a community of scholars, gain research and communication skills and become a better problem solver.

## PAIDEIA CONFERENCE

Paideia is Christopher Newport's annual conference dedicated to advancing important research. Presentations span a variety of fields, from art to zoology, and everything in between. More than 200 students present research at the Paideia conference each year.

**Our students conduct research, serve as interns and move on to careers at the best science and engineering facilities in the world that are right in our backyard, including the Thomas Jefferson National Accelerator Facility (Jefferson Lab) and NASA Langley Research Center. Major employers such as Canon Virginia and Newport News Shipbuilding hire many of our graduates. We're also in the heart of one of the most historic regions in America.**





## Jordan Winnett

"The pre-law program is a wonderful experience for anyone who is considering a career in law. Beyond the exceptional faculty advisers who are here to help you every step of the way, the program puts on great events and brings in prominent speakers, ranging from local lawyers to actual law school admissions officers."

**HOMETOWN:** *Hamilton, Virginia*

**MAJORS:** *American Studies and Political Science*

**MINORS:** *History and U.S. National Security Studies*

**EXTRACURRICULARS:** *Junior fellow at the Center for American Studies, Alpha Chi honor society, Phi Alpha Theta history honor society, Pi Sigma Alpha political science honor society, intramural sports*

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## PROGRAM BENEFITS

We set you on the path to success through helpful resources and services:

- + Academic and career advising
- + Internships
- + Workshops, seminars and guest lectures
- + Networking opportunities
- + Phi Delta Alpha pre-law fraternity
- + Law School Admission Test preparation

# PRE-LAW PROGRAM

CNU.EDU/PRELAW

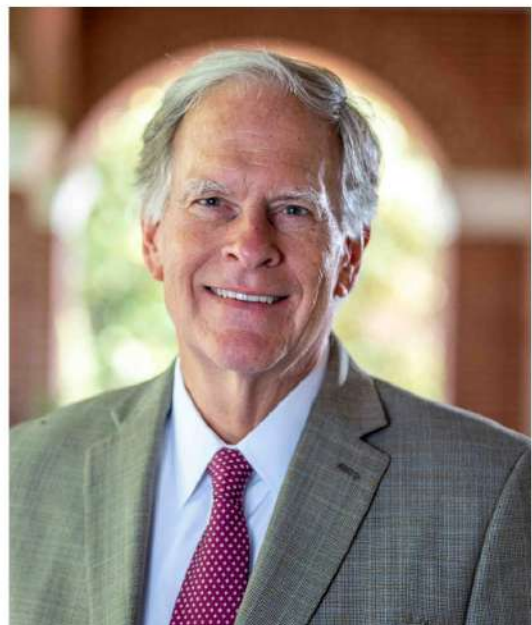
Interested in pursuing a career in law? The nation's top law schools seek applicants who have a well-rounded undergraduate education — one like the liberal arts and sciences curriculum Christopher Newport offers. Many of our pre-law students pursue a philosophy of law minor or an American studies major with a constitutional studies concentration, but regardless of your undergraduate field of study, our pre-law program is designed to help you gain admission to one of the nation's top 25 law schools and become a successful lawyer.

## 3+3 PROGRAM

Our 3+3 accelerated programs with George Mason University and Regent University offer undergraduates the opportunity to fast-track their degrees. In just six years, instead of the usual seven, students can earn both a bachelor's degree from Christopher Newport and a law degree from the Antonin Scalia Law School, a top 50 program, or Regent University School of Law.

### ABOUT THE DIRECTOR

After William C. Mims took senior status as a justice on the Supreme Court of Virginia, he came to Christopher Newport to direct the program and teach courses about the Constitution. He is a former attorney general of Virginia and member of the General Assembly. He is only the second Virginian to serve in Virginia's top three legal positions — helping to make the law, enforce the law and interpret the law. He has taught at two Virginia law schools and is deeply committed to teaching and mentoring undergraduates who may want to become legal professionals.



# PRE-MED AND PRE-HEALTH PROGRAMS

CNU.EDU/PREMED | CNU.EDU/PREHEALTH

Medical schools and other graduate programs seek applicants with a well-rounded education. The Pre-Med and Pre-Health Programs prepare you for post-graduate study no matter your major. You can tap resources to help you gain admission to your professional school of choice — from academic and career advising to mentoring, clinical internships, and workshops.

**Council for Health Professions:** We are committed to helping you succeed. The Council provides advice and guidance, conducts practice interview session, and helps you through every step of the application process.

## EARLY ACCEPTANCE

Each year, Christopher Newport sophomores in the Pre-Med Scholars Program may apply for and receive early acceptance to Eastern Virginia Medical School or VCU School of Medicine.



## SCHOLARSHIPS

Riverside Medical Group

Leadership Scholarship Windward Scholars

*See page 46 for detailed scholarship information.*

**"THE PRE-MED PROGRAM SOLIDIFIED MY DECISION TO ASPIRE TO BE A SURGEON THROUGH HANDS-ON EXPERIENCES. THE ABILITY TO SPEAK WITH PHYSICIANS AND ALUMNI HAS SHOWN ME THE ENDLESS POSSIBILITIES I CAN PURSUE WITH A DEGREE IN MEDICINE."**

**HOMETOWN:** Sayville, New York

**MAJOR:** Cellular, Molecular and Physiological Biology

**MINORS:** Leadership Studies and Mathematics

**EXTRACURRICULARS:** Presidential Scholar, Riverside Medical Group Scholar, operating room assistant at Riverside Hospital, Special Olympics soccer coach

**Sierra Boyce**



# STUDY ABROAD

## *Where will you go?*

We encourage you to study abroad, either accompanied by our faculty or independently. You may choose to study for an entire semester, year or more briefly over the summer. These rich cultural experiences are as unique as the destinations. At Christopher Newport, the world is your classroom!

**Students have recently spent semesters or summers in Australia, Costa Rica, England, France, Germany, Greece, South Africa, Italy, Thailand, the Bahamas, Hungary, Scotland, Spain and many other international locales.**

CNU.EDU/STUDYABROAD





**1. LONDON**  
2022 Oxford Study Abroad

**2. HVIDOVRE, DENMARK**  
Jenn Newton '21

**3. VENICE, ITALY**  
Sydney Watts '23

**4. COSTA BRAVA, SPAIN**  
Ahmei Thevoz '23



**NEW STUDY ABROAD  
PROGRAM IN FLORENCE!**







# Peter Miller

"I have been pushed to engage in our community, travel the world and learn through hands-on action and experience. Whether studying world leaders while abroad at the University of Oxford, exploring my own strengths and style in classrooms on campus, or leading fellow firefighters through a house fire, there is no place quite like Christopher Newport to learn to lead."

**HOMETOWN:** Keezletown, Virginia

**MAJOR:** Cellular, Molecular and Physiological Biology

**MINORS:** Leadership Studies and Civic Engagement and Social Justice

**EXTRACURRICULARS:** Bonner Service Scholar; volunteer firefighter-EMT, student ambassador, resident assistant, Greek Cru campus ministry, Captains Emergency Response president and founder, Ferguson Service Fellow, Honors Program, President's Leadership Program, Pre-Med Scholars, Rocovich Medical Scholar, Sigma Phi Epsilon

# GRADUATE PROGRAMS

CNU.EDU/GRADUATE

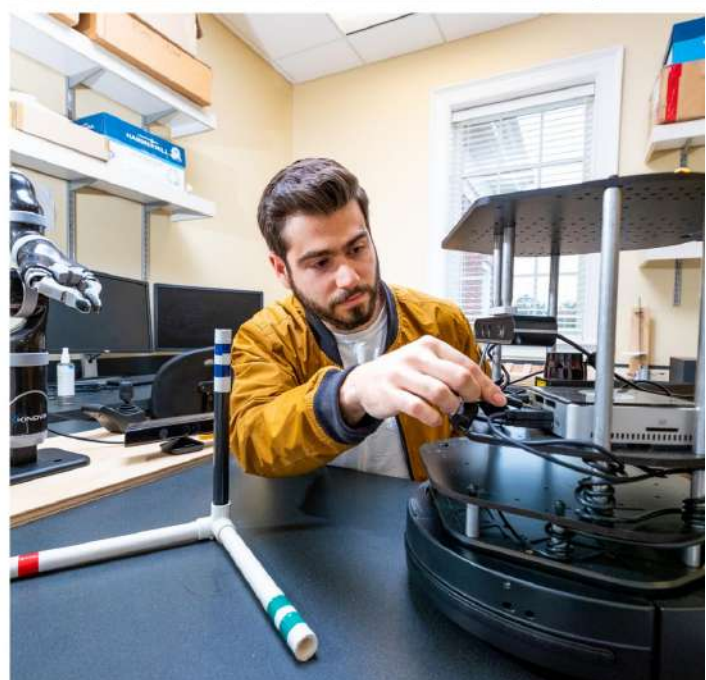
Christopher Newport students can earn a bachelor's and master's degree in the following five-year programs:

- + Master of Arts in Teaching
- + Master of Financial Analysis
- + Master of Science in Applied Physics and Computer Science
- + Master of Science in Environmental Science

## MASTER OF ARTS IN TEACHING

CNU.EDU/TEACHERPREP

Christopher Newport produces outstanding teachers through our Master of Arts in Teaching Program. You'll begin taking graduate classes your senior year and, during your fifth year, you'll complete a semester of student teaching, earn your master's degree and become a licensed teacher in Virginia.



**“THE MASTER OF FINANCIAL ANALYSIS PROGRAM WAS AN EASY CHOICE FOR ME TO PURSUE AS IT TIES TOGETHER WHAT I LIKE TO DO AND WHAT I’M GOOD AT, AND IT GIVES ME THE OPPORTUNITY TO SUCCEED IN THE FUTURE.”**

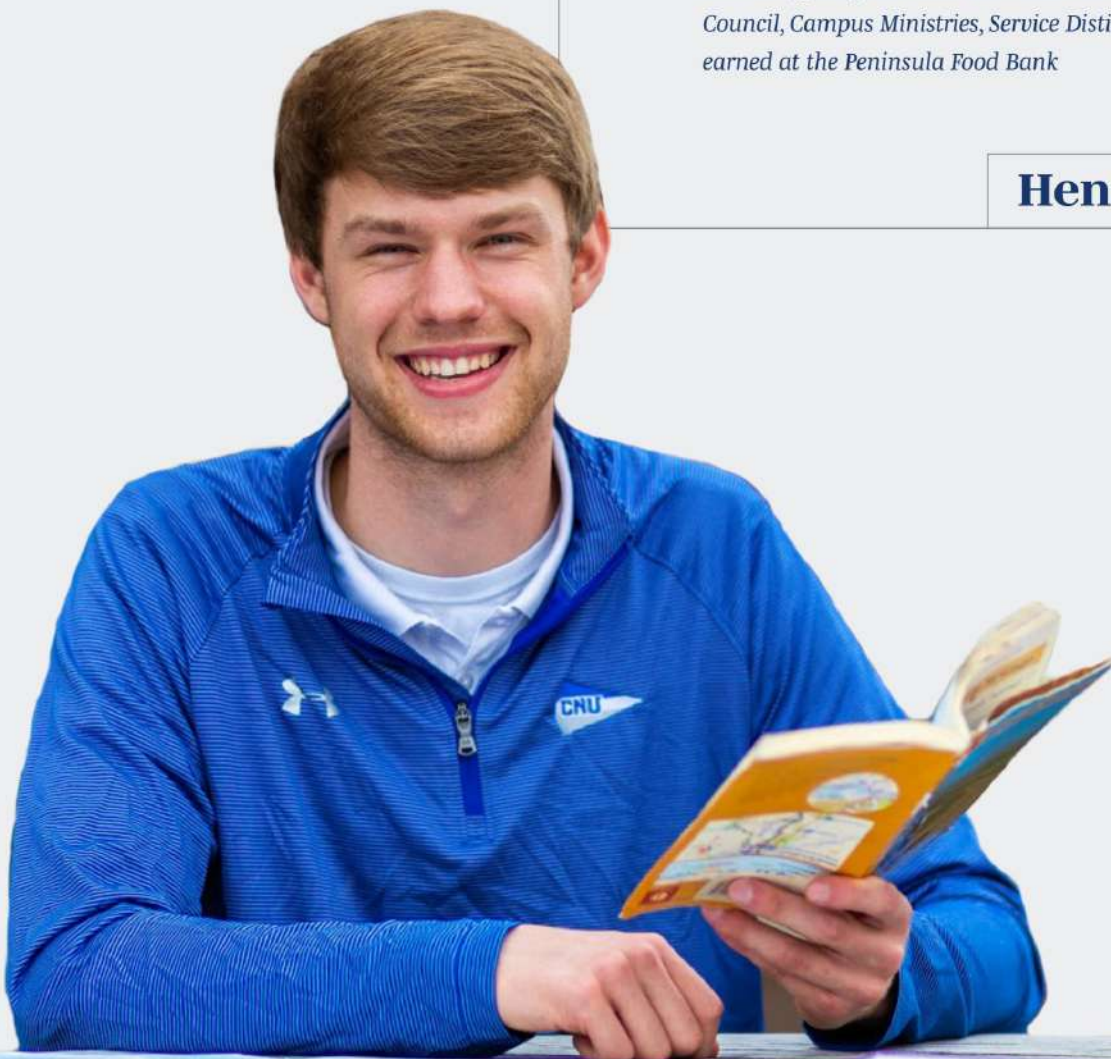
**HOMETOWN:** *Lancaster, Pennsylvania*

**MAJOR:** *Finance*

**MINOR:** *Economics*

**EXTRACURRICULARS:** *Student Government Association president, varsity athlete, study abroad (Spain), Graduate Student Advisory Council, Campus Ministries, Service Distinction earned at the Peninsula Food Bank*

**Henry Womble**



# OPPORTUNITIES TO SERVE

CNUENGAGE.ORG

Christopher Newport students contribute to the greater good by making a positive difference in the life of our campus, community and world. We offer countless opportunities – from service-learning initiatives and projects like Habitat for Humanity to the philanthropic work of our Greek organizations and student-athletes, among others.

## DAY ONE OF SERVICE

First-year students work side-by-side with faculty and staff, volunteering their time with local organizations and schools on Christopher Newport's annual Day One of Service.

## SERVICE DISTINCTION

Students who complete at least 140 hours of focused service within the local community graduate with Service Distinction. Their commitment and contributions are recognized at graduation and on their academic record.

## BONNER SERVICE SCHOLARS PROGRAM

The Bonner Service Scholars Program is a four-year, scholarship program that educates, equips and inspires you to serve. Bonner Scholars serve on a small, site-based team at least 10 hours each week during the school year, for a combined total of more than 300 hours each year. Bonners participate in program development, policy research, national conferences and skills training.







## Abby Asuncion

"Christopher Newport offers a multitude of ways to get involved on and off campus. Through my experience, I have been able to maintain a healthy balance between my extracurriculars and my academics. Additionally, I have learned many lessons through my involvements outside of academia: service, sisterhood and teamwork. Each of these important competencies will assist my future career, and the memories I have created will last a lifetime."

**HOMETOWN:** Sterling, Virginia

**MAJOR:** English

**MINORS:** Psychology and Leadership Studies

**EXTRACURRICULARS:** President's Leadership Program, Gamma Phi Beta sorority, varsity field hockey



## COLLEGE IS SO MUCH MORE THAN CLASSES AND ASSIGNMENTS. IT'S ALSO SERIOUS FUN!

[CNU.EDU/STUDENTLIFE](http://CNU.EDU/STUDENTLIFE)

Student life contributes greatly to your Christopher Newport experience, and you're sure to find many activities to spark your interest. You can also make your mark by starting a new club or organization. In addition to the wide number of clubs and extracurricular opportunities, you'll also enjoy special events scheduled year-round, from comedians and coffeehouse music performances to game nights, movies, outdoor concerts and Springfest.

**200+**

*Clubs and Student  
Organizations*

21 SORORITIES AND FRATERNITIES

# RECREATION AND FITNESS

CNU.EDU/FITNESS

We make it easy to stay active with programs and facilities to match all fitness levels. With a 200-meter indoor track and a fully equipped gym in the Triesmann Health and Fitness Pavilion, it's a great place to work out. Christopher Newport offers outdoor adventure and recreation activities, club and intramural sports, and dozens of fitness classes, such as spinning, pilates, body sculpt, yoga and Zumba.

**The Freeman Center, our sports and convocation facility, was named an outstanding sports facility by the National Intramural-Recreational Sports Association.**

## Club Sports

CNU.EDU/RECREATION

Basketball	Golf	Running	Table tennis
Cheer	Gymnastics	Sand volleyball	Tennis
Crew	Hiking	Scuba	Ultimate Frisbee
Crossfitness	Ice hockey	Soccer	Volleyball
Equestrian	Lacrosse	Softball	
Field hockey	Martial arts	Swimming	
Fishing	Rugby		

## Intramurals

Basketball	Soccer
Dodgeball	Softball
Flag football	Ultimate Frisbee
Sand volleyball	Volleyball





## HUB OF STUDENT ACTIVITY

The David Student Union houses the Captains Locker spirit store, Multicultural Lounge and Crow's Nest student lounge, a great place to play a game of pool or foosball, sing karaoke, or just hang out in the video game room. You will find numerous dining options, student organizations and a spectacular ballroom.

## THE ARTS AT CNU

### FERGUSON CENTER FOR THE ARTS

[FERGUSONCENTER.ORG](http://FERGUSONCENTER.ORG)

Home to the majestic Diamonstein Theatre, Peebles Theatre, studios, classrooms and more. Students receive deeply discounted tickets for Broadway shows and big name entertainers.

### MARY M. TORGGLER FINE ARTS CENTER

[THETORGGLER.ORG](http://THETORGGLER.ORG)

Here, you can cultivate extraordinary encounters with the visual arts. Whether viewing an exhibition, taking a class, or attending a lecture or gallery talk, the Torggler beckons you to explore compelling ideas through the transformative lens of visual art. Visiting the Torggler is always free and always inspiring. And don't miss The Palette Café, home to some of the best coffee on campus.



**Erika Henningsen with the VSO**

Broadway star Erika Henningsen (Cady Heron in Mean Girls) performs with the Virginia Symphony Orchestra (photo credit: Janie Willison)



# CAPTAINS ATHLETICS

## MEN'S SPORTS

Baseball  
Basketball  
Cross country  
Football  
Golf  
Indoor track & field  
Lacrosse  
Outdoor track & field  
Soccer  
Tennis

## WOMEN'S SPORTS

Basketball  
Cross country  
Field hockey  
Golf  
Indoor track & field  
Lacrosse  
Outdoor track & field  
Soccer  
Softball  
Tennis  
Volleyball

## COED SPORTS

Cheerleading  
Sailing  
Storm dance team

[CNUSPORTS.COM](http://CNUSPORTS.COM)

**2021 WOMEN'S SOCCER  
NATIONAL CHAMPIONS**

**2022 SOFTBALL  
NATIONAL CHAMPIONS**

**2023 MEN'S BASKETBALL  
NATIONAL CHAMPIONS**

**2024 CHEERLEADING  
NATIONAL CHAMPIONS**



# 82

INDIVIDUAL & TEAM  
CHAMPIONSHIPS



ONE OF THE NATION'S  
MOST SUCCESSFUL  
**NCAA DIVISION  
III PROGRAMS**



# 24

VARSITY TEAMS



# 890+

ALL AMERICANS

# CAMPUS LIVING

## *Your home away from home*

Our residence halls and apartment complexes win rave reviews from students and parents alike.

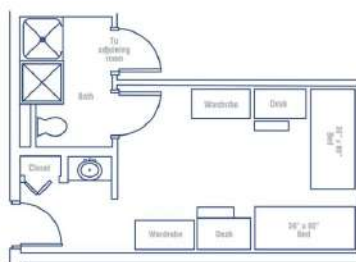
***The Princeton Review* ranks CNU #1 in Virginia and #4 in the nation for best college dorms.**

Our students live in modern residence halls and apartment suites with all the amenities and comforts of home.

- + Mini-refrigerator or kitchen access
- + In-suite bathrooms
- + Microwave
- + Basic satellite cable TV
- + High-speed internet
- + Laundry facilities located in each residence hall

### **Upperclassman housing:**

- + Private bedroom
- + Private bathroom
- + Fully equipped kitchen
- + In-unit washer and dryer



FRESHMAN ROOM LAYOUT

For room layouts of each residence hall visit [cnu.edu/housing](http://cnu.edu/housing)





## CAMPUS DINING

[CNU.EDU/DINING](http://CNU.EDU/DINING)

We set the standard for an exceptional college dining experience — from our friendly and welcoming staff to our excellent facilities and wide array of dining choices.

**Chick-fil-A | Discovery Bistro**  
**Discovery Café | Discovery Grill**  
**Discovery Pizza | Einstein's Café**  
**Hidden-Hussey Commons (dining hall)**  
**Regattas (dining hall)**



# OUR LOCATION

## *Newport News, Virginia*

Christopher Newport is in the heart of one of the most historic and beautiful areas of the United States and conveniently located amid popular Virginia attractions. When you venture off campus, you'll find unlimited activities for all interests, as well as cultural and historical treasures within a short walk or drive. Plus, we make exploring our region easy because freshmen can have cars on campus.

**The area offers so much to do, and our mild, four-season climate makes venturing outdoors a year-round pursuit!**

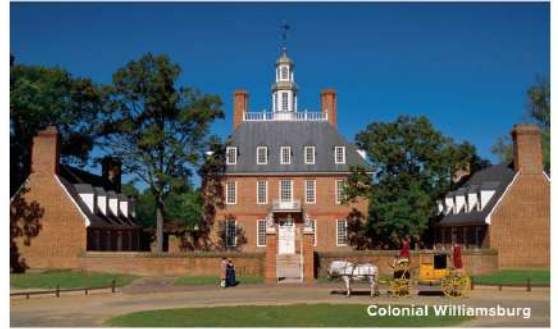
- + Mountain Biking and hiking trails at Newport News Park, which is nine times the size of central park
- + Unique restaurants, from quiet cafes to eclectic eateries
- + The Noland Trail, a five-mile wooded path with views of the majestic James River
- + The Mariners' Museum, home to the USS Monitor Center
- + Virginia Living Museum

Visit [cnu.edu/visit](http://cnu.edu/visit) to learn more about our campus





Busch Gardens



Colonial Williamsburg



Retland Trail



Virginia Beach



Norfolk

# MERIT SCHOLARSHIPS

*For first-time, full-time freshmen*

## BONNER SERVICE SCHOLARS

The Bonner Service Scholars Program is a four-year, developmental initiative that educates, equips and inspires students to engage our local community and beyond through a partnership with the national Bonner Foundation.

## CANON VIRGINIA, INC LEADERSHIP SCHOLARSHIP

Scholarships are awarded to President's Leadership Program students with an interest in engineering or computer science.

## COMPUTER SCIENCE AND ENGINEERING SCHOLARS

Scholarships are awarded to students who intend to major in computer science, computer engineering or information science.

## FERGUSON ENTERPRISES PERFORMING ARTS SCHOLARSHIPS

Scholarships are awarded to outstanding students in music, theater and dance based on special talent and potential demonstrated during audition performance.

## HONORS PROGRAM

The Honors Program features stimulating interdisciplinary seminar courses and requires at least two Honors inquiries chosen from study abroad, independent research, civic engagement or internships. Honors students are also afforded more academic freedom, with seminar coursework satisfying liberal learning core requirements.

## PRESIDENT'S LEADERSHIP PROGRAM (PLP)

PLP is for high-achieving students who have shown a passion for engagement while in high school and who demonstrate leadership potential. This program uniquely integrates the academic study of leadership, service learning and personal development.

## RIVERSIDE MEDICAL GROUP (RMG)

Chosen from among the top incoming Pre-Med Scholars, RMG Scholars are mentored by Riverside Health System physicians and gain clinical experiences through summer medical rotations, as well as other medical education activities.

For scholarship details and how to apply visit [cnu.edu/scholarships](https://cnu.edu/scholarships)





## Financial Aid

Christopher Newport offers exceptional academics, stunning facilities and a vibrant campus life. Yet we recognize paying for college can be a challenge. That's why we distribute more than \$50 million in aid to students each year. Most assistance comes in the form of federal and state grants, scholarships to reward merit and help students with financial need, educational loans, and college work-study programs.

### FAFSA DEADLINE

Students who meet the preferred deadline of **December 15, 2024**, will receive their award packages earlier. Those who meet the priority deadline of **March 1, 2025**, will be considered for all types of eligible aid contingent upon available funding. If you have questions, our financial aid counselors are happy to meet with you and your family. Visit [cnu.edu/financialaid](https://cnu.edu/financialaid) or call **(757) 594-7170**

#### IN-STATE | Total: **\$29,648**

<b>Tuition</b>	\$16,828
<b>Room and Board</b>	\$12,820

#### OUT-OF-STATE | Total: **\$43,998**

<b>Tuition</b>	\$31,178
<b>Room and Board</b>	\$12,820

*\*based on 2023-24 costs per year*

**400+**  
MERIT SCHOLARSHIPS

## Schedule a Visit

CNU.EDU/VISIT

**The best way to experience Christopher Newport University is to visit our beautiful campus. We offer daily information sessions and tours, personal interviews and special events throughout the year.**

Check out our online options to preview campus and hear from current students. We offer a full 360-degree video tour and a self-guided virtual tour.

**[youvisit.com/cnu](http://youvisit.com/cnu)**

## How to Apply



**Scan the QR code  
or visit [cnu.edu/apply](http://cnu.edu/apply)**



## OFFICE OF ADMISSION

1 Avenue of the Arts  
Newport News, VA 23606-3072  
(757) 594-7015 • (800) 333-4268

[admit@cnu.edu](mailto:admit@cnu.edu)  
[cnu.edu/freshman](http://cnu.edu/freshman)

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**HONOR**

**LEADERSHIP**

**SCHOLARSHIP**

**SERVICE**



CHRISTOPHER NEWPORT  
UNIVERSITY