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Campus Announcements - February 4

1 message

Office of Student Activities <osa@cnu.edu>

Thu, Feb 4, 2016 at 9:31 AM

To: Association Office of Student Activities <osa@cnu.edu>

Bcc: students@cnu.edu

Campus Announcements: Daily Digest

Thursday, February 4**February is...****American Heart Month - [Link](#)****Black History Month - [Link](#)****[CAMPUS ACTIVITIES EVENT CALENDAR](#)****TODAY**

- **Study Abroad Fair: 11:00am-2:00pm**
- **CAB Presents...Heartbreak Warfare Sign-Ups: 12:00-2:00pm**
- **Resume and Cover Letter Writing Workshop: 4:00pm**
- **#WhoAreYouCNU The CNU Identities Project: 4:30pm**
- **Jason's Deli Fundraiser for CNU Anime: 5:00pm**
- **United Campus Ministries and Lutheran Ministries Chapel Worship Service: 6:30pm**
- **The Winding Stream: Film Screening: 7:00pm**
- **Delta Sigma Theta Sorority, Inc. and L.A.D.I.E.S: 7:13pm**
- **ECM Meeting and Prayer Station: 7:30pm**
- **TNT Trivia with the University Fellows: 8:00pm**

Upcoming Events

- **CAB Presents...Ice Skating (at Hampton Roads IcePlex)**
- **Apply to Join RHA Eboard- Deadline Feb. 5th**
- **CNU Tonight's Spring Show**
- **Soundscapes Benefit Concert**
- **Captain's Ball 2016 - Tickets Are Running Out**
- **Delta Sigma Theta Sorority, Inc. - OperaTion Sweetheart**
- **Mock Interview Day**
- **Delta Sigma Theta Sorority, Inc. & Young Democrats - Delta Debate Watch**
- **Volunteers Needed for UCM Potato Drop**
- **Black on Black Rhyme**
- **Constitutional Conversations**

- **Sing Your Heart Out A Capella Invitational**
- **100 Days 'Til the Tassel Turns**
- **French Club Mardi Gras Mixer**
- **S.A.V.E. Swipe Left**

Campus Programs and Announcements

- **Cycle or Yoga For Heart Health (Free)**

Today

Study Abroad Fair: 11:00am-2:00pm

Thursday, February 4th between 11 - 2 p.m. in the DSU.

Join us in the Washington Room to meet program representatives. In the Jefferson Room, you will get details for Scholarship Funding and meet with CNU Ambassadors.

CAB Presents...Heartbreak Warfare Sign-Ups: 12:00-2:00pm

Are you interested in singing your heart out?! SIGN UPS will be Thurs. 2/4, Mon. 2/8, and Tues. 2/9 12-2 in the DSU Breezeway.

Description: Love is in the air and so is the music. CAB presents this special edition of HomeGrown entitled Heartbreak Warfare. Sign up in the DSU or on the Compass to perform love songs, breakup songs or even speak your mind on a handwritten poem. This event is sure to get you in the spirit of Valentine's Day whether you're single, in a relationship, heartbroken or just looking for love. Valentine's Day Themed Snacks are provided! For more information contact Michael Gamble and michael.gamble.13@cnu.edu or CAB at cab@cnu.edu

Date: February 10th

Time: 7:00 pm to 9:00 pm

Location: Crows Nest

Resume and Cover Letter Writing Workshop: 4:00pm

Thurs, Feb. 4 at 4:00 PM, CNH 305

Thurs, Feb. 18 at 12:30 PM, CNH 305

#WhoAreYouCNU The CNU Identities Project: 4:30pm

There is an exciting dual exhibition with joint support from ARTCNU and the PFAC (Peninsula Fine Arts Center) entitled #WhoAreYouCNU. The show will be presented in both the Ferguson Hall Gallery, and the Falk Gallery here on campus, as well as at the PFAC. The project was led by Dr. Johnny Finn of the Sociology Department and explores cultural identity through photographs, maps, and video installations. There will be a Gallery talk at 4:30 on February the 4th in the Ferguson. The show will remain open until February the 26th.

Attachment

Jason's Deli Fundraiser for CNU Anime: 5:00pm

Meal Details: Jason's Deli @ 12515 Jefferson Ave on Thursday February 4, 2016 from 5-10pm.

All proceeds from the event will go to Kigacon 2016 held March 11-13

Please keep an eye out for other opportunities from CNU Anime in the coming month!

United Campus Ministries and Lutheran Ministries Chapel Worship Service: 6:30pm

UCM (United Campus Ministries) and Lutheran Ministries will hold its weekly worship service in Pope Chapel at 6:30 p.m.

on Thursday, 2/4. All are welcome and invited to come for a brief chapel service to hear Scripture, sing songs, and pray together. This is an opportunity open to anyone, regardless of faith commitments or beliefs. Join us this Thursday. For more information, contact UCM Campus Minister, Donna, at donna.desarroyal@cnu.edu or ucm@cnu.edu

The Winding Stream: Film Screening: 7:00pm

The Winding Stream: The Carters, the Cashes, and the Course of Country Music

Thursday, February 4, 2016 Ferguson Music and Theater Hall 7pm

Before Elvis, before Johnny Cash, there was the Carter Family. This musical documentary traces the origins of American folk music from the 1920s in Southwestern Virginia until the present, showcasing the music and careers of Maybelle Carter, June Carter, and Johnny Cash, among others. Featured interviews include those with the Carter and Cash family (including Johnny in some of his final interviews), music historians and performers. Beth Harrington directs and will be available to discuss her film after the screening. <http://thewindingstream.com/>

Delta Sigma Theta Sorority, Inc. and L.A.D.I.E.S: 7:13pm

The Omicron Tau Chapter of Delta Sigma Theta Sorority, Inc. along with L.A.D.I.E.S. invites you out to Tusk Talk: In Between the Sheets! Get ready for discussion about everything from sex, relationships, and all that goes down "in between the sheets". Come dressed in your onesies/pajamas, bring a pillow, and prepare for a fun evening. We will be meeting in the DSU Washington Room at 7:13, Tonight. Hope to see you there!

Attachment

ECM Meeting and Prayer Station: 7:30pm

Episcopal Campus Ministries meets tonight at 7:30 p.m. in Conference Room A of the Chapel. Come join us as we prepare to enter the season of Lent. The prayer station will be available during lunch in the DSU. All are welcome to stop by for a chat or a prayer.

TNT Trivia with the University Fellows: 8:00pm

Join the Fellows for TNT Trivia this Thursday and every Thursday! Test your knowledge this week on Thursday, February 4th in the DSU Crow's Nest at 8 PM. The winning team (of up to 6 players) will go home with Captain's Cash and everyone in attendance will be entered in a CNU swag raffle!

Attachment

Upcoming Events

CAB Presents...Ice Skating (at Hampton Roads IcePlex)

Come out and skate your heart out! Everything is free including skate rentals! The first shuttle will be leaving CNU at 8:45pm. The pickup and drop off station will be in front of the Freeman (facing Warwick Blvd.). There will be vans going back and forth from CNU to the Hampton Roads Iceplex all night. Once on the van, each student must sign a wavier. Students ARE allowed to drive themselves to the rink. However, each student must show their student ID at the Iceplex! We will have the Iceplex to ourselves from 10pm-12am. Don't pass up the opportunity! Spread the word.

Date: Friday, February 5

Time: 9pm-12am

Location: Hampton Roads Iceplex

Attachment

Apply to Join RHA Eboard- Deadline Feb. 5th

Apply today to join RHA Eboard! Applications are due February 5th!

Currently we are accepting applications for all positions except Director and NCC since those positions require previous experience. Please consider applying for these positions and making an impact on our CNU Residence Halls and Residence Life overall.

Contact Arlyn Garcia (arlyn.garcia.12@cnu.edu) or Melissa Lourie (melissa.lourie@cnu.edu) if you have any questions or want to learn more. Current executive board members also hold office hours in the RHA office in the Residence Life suite, so feel free to stop by if you have any questions.

https://docs.google.com/a/cnu.edu/forms/d/11P2KqP3L_sem58C2ftjUTzvwQJ5Q4xSOwwl8wWr2hCE/viewform

Don't miss out on this wonderful opportunity

CNU Tonight's Spring Show

CNU Tonight, CNU's premier comedy group, is getting pumped up for our first show of the semester! Our friendly misfits are eager to show off some of their finest skits with the help of some very funny people. Whether you like to laugh or just like to enjoy watching a group of people have a good time together on stage, come out Friday, February 5th at 8:30pm in the M&T Theater. Doors open at 8pm. We can't wait to be C-N-U there!

Soundscapes Benefit Concert

Soundscapes is a nonprofit education organization dedicated to teaching life skills to disadvantaged youth in Virginia, through the study and performance of music. Come support this organization and enjoy performances by Phi Mu Alpha, Nu Kappa Epsilon, Kappa Kappa Psi, Sigma Alpha Iota. There will also be a raffle to win your choice of 4 unique baskets.

February 5th

7:00 p.m.

Gaines Theater

\$2 Admission

Honors Event

Raffle tickets and entrance fee can be purchased at the door. Raffle tickets will also be sold in the DSU breezeway February 2nd, 4th, and 5th.

Captain's Ball 2016 - Tickets Are Running Out

Join Class Council & the Office of Student Activities for Captain's Ball 2016: A Night Aboard the RMS Titanic on Saturday, February 6 at 8 PM - 12 AM

in the DSU. The event is quickly approaching, so make sure you stop by the Office of Student Activities (DSU 3rd floor) or at the Welcome Desk (DSU 1st floor) to get your tickets before they run out! Tickets can be purchased for \$20 each or \$30 for two!

Check out the event page on Facebook for more details and follow Class Council on Facebook, Instagram, and Twitter for updates!!

<https://www.facebook.com/events/1526101937700168/>

Attachment

Delta Sigma Theta Sorority, Inc. - OperaTion Sweetheart

Attention CNU students, OperaTion Sweetheart will be underway next week from Monday-Wednesday (February 8-10). We have partnered with the Riverside Behavioral Health Center to bring awareness and educate the public of the struggles of living with physical & mental ailments. We will be collecting wrapped candy, teddy bears, and monetary donations (for 75 patients to be delivered on Valentine's Day), so please stop by our table in the DSU from 12-2 if you are able to help!

Attachment

Mock Interview Day

Practice your interview skills with a recruiter from industries, including accounting, government, finance, staffing, PR/consulting, government, international, sales, event planning, and IT. See reverse for interviewer details.

Actual Interviews to take place: Thursday, February 11 9:00 AM-3:40 PM, CNH 305

SIGN UP BY MONDAY FEBRUARY 8TH!

Delta Sigma Theta Sorority, Inc. & Young Democrats - Delta Debate Watch

In today's society it is important to stay politically aware and involved. With the upcoming Presidential election, we are anticipating the opportunity to exercise our right to vote. Join the Omicron Tau Chapter of Delta Sigma Theta Sorority, Inc. and Young Democrats at our very own Delta Debate Watch on Thursday, February 11th.

Let's watch the Primary Democratic Debate together, share our opinions, and become more engaged in the political process! We will meet Thursday, February 11th in the Luter Atrium (321) at 8:13pm.

Attachment

Volunteers Needed for UCM Potato Drop

United Campus Ministries (UCM) is looking for volunteers for our third annual Potato Drop, a massive service event that will provide 135,000 servings of potatoes to Newport News' hungry. On Friday, February 12th from 12PM to 5PM, we will need volunteers to help tie 4500 mesh bags, which will later be used to house the potatoes. We are also looking for 100-150 volunteers for the actual potato drop, which will occur on Saturday, February 20th! If you would like to be added to the volunteer list or need any additional information please sent us an email at ucm@cnu.edu!

Black on Black Rhyme

The Upsilon Beta Chapter of Alpha Phi Alpha Fraternity, Inc. presents "Black on Black Rhyme". In honor of Black History month, we are hosting a performing arts showcase, which will allow individuals to display their talent through singing, poetry recital, spoken word, and musical instruments.

The event will be hosted February 5th, 2016 at 7:30pm in the Ferguson Center Black Box. Food will be provided at the event. Help us establish the mood for this classy event by arriving Dressed to Impress!

From January 25th, 2016 through February 4th, 2016 we will be tabling in the DSU Monday - Thursday so that you can make your reservations in advance.

It will cost \$3.00 in advance and \$5.00 at the door. However, spacing is very limited. Unfortunately, once we reach max capacity, we will not be able to accept entry at the door. We ask that you please reserve your spot in advance.

The Brothers of Alpha Phi Alpha Fraternity, Inc. truly appreciates the support that we have received from our surrounding community.

For more information contact Derick Stephenson Jr. using the following information:

Email: derick.stephenson.12@cnu.edu

Phone: 757-532-5731

We hope to see you there

Attachment

Constitutional Conversations

How well do you know the U.S. Constitution? Would you like to know it better? Join us Monday, February 8th from 6:30-8p.m. in Freeman 201 for a conversation on the U.S. Constitution. The subject: "Our Freedom of Speech, Alive and Well, or Imperiled?" This event is hosted by Phi Alpha Delta, CNU's Pre-Law Program and fraternity; the William & Mary Law School; and the Constitution Leadership Initiative.

For questions, please contact Constitutionlead@gmail.com

Attachment

Sing Your Heart Out A Capella Invitational

SING YOUR HEART OUT is an a capella invitational hosted by University Sounds! We have invited 7 groups from CNU and other schools in Virginia to compete for a grand prize! This is our biggest event of the year. We will have a raffle where you can win prizes as well! There is a \$5 dollar entry fee at the door. If you love music this is the place to be, hope to see everyone there!

Attachment

100 Days 'Til the Tassel Turns

The Office of Alumni Relations in partnership with the Senior Class Council are having "100 Days 'Til the Tassel Turns" celebration on Friday, February 5th on the Great Lawn. This is a seniors only celebration; alas, the event has already reached capacity.

Attachment**French Club Mardi Gras Mixer**

Help French Club celebrate their first annual Mardi Gras Mixer! There will be masks, beads, snacks, music, and dancing. It'll be a night you don't wanna miss! Bring your friends! Also, please visit our Facebook page (facebook.com/cnufrenchclub) to RSVP to the event. See you there!

S.A.V.E. Swipe Left

Swipe Left is an interactive program consisting of speed dating while learning about healthy relationships! It will take place on Monday, February 8th at 6pm in Freeman 201. This event is brought to you by the S.A.V.E. (Sexual Assault Violence Education) Committee as part of Healthy Relationships Week. It is open to all CNU students and counts as a PLP Passport. If you have any questions, please email stephanie.abdalla@cnu.edu or dawson.metcalf@cnu.edu

Attachment

Campus Programs and Announcements

Cycle or Yoga For Heart Health (Free)

Celebrate Heart Health Month!

Friday, Feb. 5
5:30 - 6:30 p.m.

CYCLE INTO HEART HEALTH MONTH

Treat your heart to some cardio love! Features cardio and strength training through high-intensity intervals and resistance-building rides while jamming to "heart" themed music! Bring a water bottle and be prepared to sweat! Class is limited to 10.

Location: The Freeman Center, Triesmann Health and Fitness Pavilion, Multipurpose Room 1

Instructor: Jillian

or

YOGA FLOW

A mind/body practice focusing on breath, intension and poses. Flow from one yoga pose to the other for an energizing yet relaxing practice. Novice and experienced yogis welcome!

Location: The Freeman Center, Triesmann Health and Fitness Pavilion, Multipurpose Room 2

Instructor: Graham

#GetFitCNU!

For more info: <http://bit.ly/1yA1qW4> or fitness@cnu.edu or (757) 594-7882

like us on Facebook: <https://www.facebook.com/CNUFitness>

follow us on Twitter: @CNUFitness #GetFitCNU

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Office of Student Activities

DSU 330

Christopher Newport University

757-594-7260

osa@cnu.edu

www.cnu.edu/studentactivities/

Follow us on Twitter @CNUOSA or like the [CNU Office of Student Activities](#) on Facebook!

12 attachments

Captain's Ball
120K



The Office of Student Activities presents:



TNT Trivia
87K



Delta Sigma Theta/LADIES
81K



#WhoAreYouCNU
7625K



Black on Black Rhyme
123K

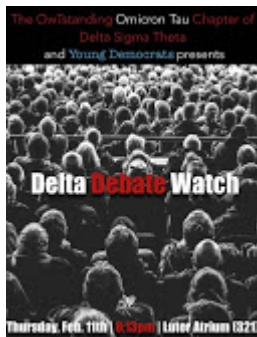
OperaTion Sweetheart
43K



Ice Skating with CAB
66K



Sing Your Heart Out
1672K



Delta Debate Watch
96K



S.A.V.E Swipe Left
349K

 **Constitutional Conversations**
137K

 **100 Days Til the Tassel Turns**
532K