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**Campus Announcements - October 2**

1 message

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**Frank Council** <franklin.council@cnu.edu>  
To: Association Office of Student Activities <osa@cnu.edu>  
Bcc: students@cnu.edu

Fri, Oct 2, 2015 at 10:23 AM

# Campus Announcements: Daily Digest

**Friday, October 2**[CAMPUS ACTIVITIES EVENT CALENDAR](#)**TODAY**

- **Study Abroad Fair: 1-6pm**
- **Capture the Crown: Chas' Castle - 5pm**
- **CNU VeSPA Hearthstone Tournament - 5pm**
- **FREE Meditation and Yoga - 5:30pm**
- **Red Dress Gala 2015 - 7:30pm**
- **Symphony Under the Stars - 7:30pm**
- **CNU Theater Presents "Noises Off" - 8pm**
- **CAB presents...Movie: Inside Out - 9pm**
- **CNU Hockey's Family Night - 10pm**

**Upcoming Student Events**

- **CAB presents...Movie: Inside Out - Friday/Saturday**
- **CNU Theater Presents "Noises Off" - Friday/Saturday/Sunday**
- **Home Athletics This Weekend**
- **Kappa Kappa Psi - Krazy Kool Party Week**
- **Homecoming 101 - Student & Student Organization Involvement Information**
- **Rumi Intercultural Dialogue Club Interest Meeting with Free Turkish Food**
- **College Mental Health Panel**
- **Alpha Sigma Alpha's Rock-A-Thon**
- **United Campus Ministries (UCM) Meets Monday**
- **Fundraising event for Kappa Kappa Psi**

**Campus Programs and Announcements**

- **Football Parking Towing Enforced**
- **The 9th Annual Family Weekend Music Showcase - "My Wild Irish Rose" - Saturday**
- **Title IX Discussion - Monday**

- **Virginia Senate Leaders Norment and Saslaw to Debate at CNU - Make Your Reservation Now**
- **Call for Abstracts - 2nd Annual Conference on Civic Movements and Democracy - Abstract Due by 10/4**

## Today

### Study Abroad Fair: 1-6pm

DSU Breezeway & Atrium

Explore study abroad programs! Meet faculty leaders and program staff!

For more information, review the email that went out this morning "*Study Abroad Fair Today*"

### Capture the Crown: Chas' Castle - 5pm

This Friday October 2 in Freeman 202 CNU VeSPA will be hosting it's second bi-weekly Smash Brothers 4 Tournament. This weeks tournament will be run in the same format as the last one so come on out and try your hand, top placing contestants will win a cash prize. Doors open at 5 p.m. so make sure you get there in time to register.

Any questions should be directed to [vespa@cnu.edu](mailto:vespa@cnu.edu)

### CNU VeSPA Hearthstone Tournament - 5pm

This Friday in Freeman 202 CNU VeSPA will be hosting another hearthstone tournament starting at 5 p.m. Players of all skills are encouraged to come out and participate, entry is free. Prizes will be given to the top placing contestants.

Questions should be directed to [vespa@cnu.edu](mailto:vespa@cnu.edu)

### FREE Meditation and Yoga - 5:30pm

Begin with 20 minutes of quiet meditation, and then flow from one yoga pose to another for an energizing yet relaxing practice.

Time: 5:30 - 6:30 p.m.

Location: The Freeman Center, Triesmann Health and Fitness Pavilion, Multipurpose Room 2

Instructors: Kilee Kadrie Weiler and Kevin Joyce

For more information about CNU Fitness, contact [fitness@cnu.edu](mailto:fitness@cnu.edu) or visit [fitness.cnu.edu](http://fitness.cnu.edu)

like us on Facebook: <https://www.facebook.com/CNUFitness>

follow us on Twitter: @CNUFitness #GetFitCNU

**attachment**

### Red Dress Gala 2015 - 7:30pm

Join the sisters of Alpha Phi for a night of fun and philanthropy at our Annual Red Dress Gala on Friday, October 2nd. The event will be held in the DSU Ballroom from 7:30-10:00 p.m. We will begin tabling September 17th through October 1st, so make sure you grab your ticket! All proceeds benefit the Alpha Phi Foundation, which betters women's lives by furthering research and education on heart health.

### Symphony Under the Stars - 7:30pm

Ferguson Center Concert Hall

***Due to the weather, this has been moved inside to the Ferguson Center Concert Hall. Seating is first come, first seated.***

Bring your family, friends, and enjoy a fabulous evening of music! Each year Christopher Newport hosts the Virginia Symphony for a magical concert.

This concert is free and open to the public.

## **CNU Theater Presents "Noises Off" - 8pm**

By Michael Frayn - Directed by Gregg Lloyd

Oct 2-4 & 7-9

Friday, 10/2: 8pm | Saturday, 10/3: 8pm | Sunday, 10/4: 2pm

Rendezvous with TheaterCNU in the 1980s for this madcap twisted "play-within-a play" farce. The British thespians of Otstar Productions are getting ready to open their production of Nothing's On, but the drama backstage is more notable than their show. We observe this cast onstage and off as they rehearse, perform and close their destined-for-disaster production. In truly one of the best farces ever written, the stakes are high for this disparate cast as doors slam, scenery revolves and pants fall down.

For information about tickets go to the [Ferguson Center for the Arts](#)

## **CAB presents...Movie: Inside Out - 9pm**

Inside Out: After young Riley is uprooted from her Midwest life and moved to San Francisco, her five personified emotions - Joy, Fear, Anger, Disgust and Sadness - conflict on how best to navigate a new city, house, and school. This comedy-drama adventure film is produced by Pixar and released by Disney and stars Amy Poehler (Saturday Night Live), Phyllis Smith (The Office), Bill Hader (Saturday Night Live), Lewis Black (Comedy Central), and Mindy Kaling (The Office) as Riley's five emotions, respectively.

Come out to enjoy this family movie for family weekend! We have added a special 6:00 PM showing for families (though they are welcome to all of them!). You can win free stuff and don't forget about the free popcorn!

Days and Times:

-Friday, October 2, 6PM & 9PM

-Saturday, October 3, 9PM

Location: Gaines Theater

**attachment**

## **CNU Hockey's Family Night - 10pm**

It's family weekend at CNU!!! If you're looking to spend some time with your families and show them how great CNU is, come out to the Ice Hockey game this Friday, October 2nd, at 10PM! We will be taking on Radford University and looking to extend our record to 5-0 this season! We can't do it without the support of our fans and their families so all CNU family members pay student admission prices! Hope to see everyone there!

\$3 admission for everyone!

Hampton Roads Iceplex  
401 Village Ave, Yorktown, VA

**attachment**

# **Upcoming Student Events**

## **CAB presents...Movie: Inside Out - Friday/Saturday**

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For information about tickets go to the [Ferguson Center for the Arts](#)

## Home Athletics This Weekend

- Saturday, 10/3, 6:00pm: Football vs Rowan University (Family Weekend)
- Saturday, 10/3: Sailing - South Fall Qualifier (Hampton)
- Sunday, 10/4: Sailing - South Fall Qualifier (Hampton)

For additional information about athletics including match previews, go to <http://cnusports.com/>.

## Kappa Kappa Psi - Krazy Kool Party Week

Come join the brothers of Kappa Kappa Psi as we have our bi-annual Krazy Kool Party Week! This week is non-obligatory and open and free to the public!

Monday: Krazy Kool Game Night 7:30 pm Freeman 101

Tuesday: Trivia Night 7:30 pm Ferg A-100

Wednesday: Decor-cake 7:30 pm Ferg Atrium

Thursday: Game of Bros 7:30 pm 2nd Floor Ferg

Friday: Info/Movie Night 7:30 pm Freeman 202

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## Homecoming 101 - Student & Student Organization Involvement Information

Homecoming is right around the corner! If your organization would like to participate please have at least one member attend Homecoming 101, Monday Oct. 5th at 1pm in Freeman 101! We will be going over the Homecoming Participation form as well as the Homecoming Court application and process! If your organization would like to have a candidate run for Homecoming Court, start thinking about who your candidate is going to be because applications will be out in just a few days!

If your organization does not have a candidate on the court we still encourage you to participate! You can sign up for the events held throughout the week where you will have opportunities to earn points. The organization who earns the most points will win this year's "Captain's Cup", which will be announced during half time along with the King and Queen. All organizations must sign up through the compass to participate! That Homecoming Participation form, along with the Homecoming Court application, will be available Oct. 5th on the Class Council's Compass page, and must be completed by 11:59pm on Oct. 13th.

If you have any questions please contact Kate Boyd at [katelin.boyd.13@cnu.edu](mailto:katelin.boyd.13@cnu.edu)

## Rumi Intercultural Dialogue Club Interest Meeting with Free Turkish Food

The Rumi Intercultural Dialogue Club aims at forming a more diverse CNU. We hope to foster intercultural dialogue through many programs and events. Stop by on Wednesday, October 7th 2015 anytime from 1:30-2:50 @ the Madison Conference Room in the DSU to learn more about our upcoming programs and events. Come hungry and take a break off your midterm studying! There will be Free Turkish food like Baklava! Turkish dishes, salads, and pastries! bring your friends as well! if you cannot make it to the event don't worry! email [ekrem.cetinkaya.13@cnu.edu](mailto:ekrem.cetinkaya.13@cnu.edu) to be added to the email list.

## College Mental Health Panel

Join us for the College Mental Health Panel featuring experts from various fields speaking on mental health during the college years! Come out to hear what they have to say about the resources available to students as part Mental Illness Awareness Week programming!

The panel is brought to campus by NAMI Hampton/Newport News and the Lambda Omega Chapter of Alpha Kappa Alpha Sorority and proudly hosted by NAMI at CNU and the Nu Epsilon Chapter of Alpha Kappa Alpha Sorority.

Don't miss this on Tuesday, October 6 at 7:30 pm in Luter 121! Light refreshments will be provided! Approved Honors and PLP Passport Event!

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## Alpha Sigma Alpha's Rock-A-Thon

Sail away with Special Olympics as we take on our annual Rock-A-Thon! The kick-off starts Oct 7 at 8pm and will include several campus acapella groups! On Oct 8 we will be having a contest during the lunch hour! So come out to support a great cause, all proceeds will go to our philanthropy Special Olympics!

## United Campus Ministries (UCM) Meets Monday

Join UCM Fellowship this Monday in DSU, Monroe, at 8:30 p.m. for fun, food, and fellowship!

United Campus Ministries is open and welcoming to all students, whatever faith tradition you claim or do not claim, whatever questions or issues you want to discuss. We affirm and support one another and provide opportunities for service to our wider community.

Any questions, send an email to Campus Minister, Donna DeSarro-Raynal at [donna.desarrraynal@cnu.edu](mailto:donna.desarrraynal@cnu.edu) OR [ucm@cnu.edu](mailto:ucm@cnu.edu).

Hope to see you Monday! And if you want to meet Donna, have some coffee sometime, or chat, you can find her in the library/Einstein's on Wednesday mornings.

## Fundraising event for Kappa Kappa Psi

The Brother's of Kappa Kappa Psi are hosting a fundraising event located at Noodles and Company off of Jefferson Ave. The vast majority of proceeds will help fund the Marching Captains trip to Ireland. While at Noodles and Company there will be extra games to play such as Spin Wheel where anyone can win prizes. The event will take place on October 8th from 4-9pm. Just make sure that you mention KKPSI at the cash register and bring a friend!

# Campus Programs & Announcements

## Football Parking Towing Enforced

All parking lots behind Potomac River (Lots I, K, L), Lot M (near McMurrin Hall) and Lot E3 (near the tennis courts) will close at 10:00pm on Friday, October 1, 2015 in preparation for the football game on Saturday.

Vehicles remaining in the lots listed above after midnight Friday will be towed at the owner's expense.

Vehicles in these lots must be moved to the open lots across main campus or to the baseball lots located across Moores Lane. The lots will reopen at the conclusion of the game; vehicles must be moved back to their designated lots by 7:30am Monday morning.

Please refer to the website for a map of lots and their location: <http://www.cnu.edu/parking>

## **The 9th Annual Family Weekend Music Showcase - "My Wild Irish Rose" - Saturday**

Saturday, October 3, 3 p.m. Ferguson Center Concert Hall

Enjoy a fun afternoon of high-spirited entertainment featuring CNU's award winning jazz ensemble, wind ensemble, orchestra, choirs and the incredible CNU Marching Captains

Free and open to the public (This event is general admission until venue is full.)

## **Title IX Discussion**

This is a university sponsored event to educate students about the new Title Nine policy. This policy was put in place over the summer, and affects every student on campus. Please make your best attempt to attend at least one of these sessions in order to learn about this new campus policy. Thank you for reading, and continue to educate yourself on university policies!

**attachment**

## **Virginia Senate Leaders Norment and Saslaw to Debate at CNU - Make Your Reservation Now**

Which party will control the Virginia Senate after the Nov. 3 general election? Majority Leader Tommy Norment (R) and Minority Leader Dick Saslaw (D) will debate why voters should give their party the majority on Monday, October 5 in the Ferguson Center Music & Theatre Hall.

A panel of opinion writers from around the state will pose questions in the 75-minute debate, hosted by the Wason Center for Public Policy. All students, faculty and staff are invited to attend, but reservations are required.

Seats may be reserved at: <http://cnu.edu/rsvp/>.

## **Call for Abstracts - 2nd Annual Conference on Civic Movements and Democracy - Abstract Due by 10/4**

Christopher Newport University, Freeman Center  
November 7, 2015

This conference on civic movements and democracy seeks to explore the ways that citizens of all countries are able to make their voices heard for the common good. In fields as diverse as civil rights, the environment, the peace movement, women's struggle for equality or the quest for world peace, active citizens have made an important impact on their societies by uniting together in civic movements for change.

Although great strides in human freedom are often associated with charismatic leaders like Martin Luther King, Aung San Suu Kyi, Rachel Carson or Mahatma Gandhi, ordinary citizens—like Rosa Parks or Malala Yousafzai—when working together with others can create meaningful social change.

It is the goal of this conference to analyze the ways in which individuals and civic movements —political, social, religious, environmental, artistic and humanitarian—make their voices heard for the freedom and welfare of all people. Or in the words of anthropologist, Margaret Mead,

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

### **Conference Requirements**

We seek individual papers and panels on the following subjects:

- Human Rights
- Peace Movement
- Environmental Protection

- War on Poverty
- Access to Healthcare
- International Education
- Artistic and Philosophical Expression
- Interfaith and Intercommunity Dialogue
- "Methods" (Social media activism, etc.)
- Student research on Civic Engagement & Social Entrepreneurship
- Other related topics and civic movements

Please submit a 250 word abstract by October 4, 2015 at <http://cnu.edu/reiffcenter/events/conference.asp>

This conference is sponsored through a collaboration of the following organizations:

Reiff Center for Human Rights & Conflict Resolution at CNU

The Center for Community Engagement at CNU

Rumi Forum for Interfaith Dialogue

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## Frank Council

Director, Office of Student Activities

Christopher Newport University

(757) 594-7260

[franklin.council@cnu.edu](mailto:franklin.council@cnu.edu)

*What you do speaks so loud, that I cannot hear what you say.*

- Ralph Waldo Emerson

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### 6 attachments



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CAB\_insideout.jpg  
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206K





*Meditation is like a gym  
in which you develop the  
powerful mental muscles  
of calm and insight.*

meditation (1).jpg  
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- Ajahn Brahm -



CityDay.com



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