



LIFELONG LEARNING SOCIETY

'99 Spring Semester Program

The LifeLong Learning Society of Christopher Newport University (CNU-LLS) is a membership organization dedicated to persons of retirement age who seek opportunities for learning in an environment of sharing and fellowship. There are no requirements as to previous educational experience; intellectual curiosity is the only admission requirement. Managed by and for its members, the LLS is a program of the Office of University Relations, and is an affiliate of the Elderhostel Institute Network. Through a variety of activities — including lectures, courses, study and discussion groups, lunches, dinners, and field trips — persons of diverse backgrounds come together to share a common interest in learning. There are no exams or grades in the courses, although some courses include assigned readings and the possible purchase of a text. All persons of retirement age are encouraged to join if they are interested in being challenged by new ideas in the company of other eager learners. The LLS shares its program with the community by participating in joint learning efforts with other educational and research institutions, retirement groups, industries, and museums.

Program Overview

This semester's first LifeLong Learning event will be the annual New Year luncheon on January 17. (See the enclosed registration form for details.)

Session A and Session B courses will meet once each week for five weeks at dates and times indicated on pages 2 and 3. In addition to four field trips and three concerts listed on page 4, several additional optional activities for all members will be announced during the semester.

Membership Fee and Benefits

Full membership for the 1999 spring and summer session is \$80. This includes spring and summer courses, six Monday afternoon lectures, and the opportunity to participate in optional activities — such as field trips — by paying the activity fees.

An associate membership is available for \$45. This includes the Monday lectures, group and other optional activities, but no courses.

For current associate members (who paid \$60 last fall) the 1999 spring course fee is \$35. The 1999 summer course fee is \$30.

A member may bring a guest one time to any of the Monday lectures or class meetings, or to an optional activity if there is space available.

Opening Session: Monday, February 1, 1999

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|-----------|---|
| 1:00 p.m. | New Member Orientation
Alumni Room 150, Student Center |
| 2:00 p.m. | All-Member Reception
Alumni Room 150, Student Center |
| 2:00 p.m. | Course Registration
Lobby, Gaines Theatre |
| 2:30 p.m. | Lecture by Jane Gardner, Eastern
Virginia Medical School
Gaines Theatre |

Refund Policy

Refunds of spring membership and/or course fees will be granted if requested before February 1, 1999. No refund will be given for unused membership fees. Course fee refunds will be made in accordance with the established policies. A 10 percent handling charge will be deducted on all refunds.

Economic Hardship

Fee reductions are possible and inquiries are invited. Please call the LLS Office at 594-7568 for details.

Any Questions? Call 594-7568 any time

Session A Courses

February 2-March 5, 1999

A1 - Computer 101

Tuesdays and Thursdays, 9:00 – 10:15 a.m.

Introduction to Windows 95, writing letters with Microsoft Word, surfing the World Wide Web, sending and receiving e-mail will be taught. Limited enrollment.

Instructor: Barbara Sumner

A2 - Poetry Workshop

Tuesdays, 9:30 – 10:45 a.m.

Develop your ability as both a poet and a reader of poetry. Study conventional and experimental poetic forms. Suggested text: *The Sounds of Poetry* by Robert Pinsky. Limited enrollment.

Instructor: Mary Jean Lanehart

A3 - Tai Chi Chaun – Yang Style

Tuesdays, 9:30 – 10:45 a.m.

Improve your posture, circulation, flexibility of joints, and vitality through this exercise method.

Instructor: Anthony Horne

A4 - Computer 102

Tuesdays and Thursdays, 10:30 – 11:45 a.m.

Create and edit documents with Word, keep your books with an Excel spreadsheet, and create presentations with PowerPoint. Prerequisite: Computer 101. Limited enrollment.

Instructor: Barbara Sumner

A5 - Freud versus Skinner

Tuesdays, 11:00 a.m. - 12:15 p.m.

Study an overview of the opposing theories of human behavior espoused by Freud and Skinner. Text: *Walden II* (available in most libraries).

Instructor: Dr. Ruth Mulliken, W&M (Ret.)

A6 - Choral Masterworks

Tuesdays, 1:00 - 2:15 p.m.

Enhance your enjoyment of, or discover for the first time, the majesty of five choral masterworks. By discussion and listening, the beauty of works from the Baroque through the 20th Century will enrich your appreciation of this art form.

Instructor: Prof. William F. Clisham, Director of Music, First Presbyterian Church, Hampton

A7 - Painting: Watercolor and Acrylic

Tuesdays, 1:30 – 3:30 p.m.

Choose your medium and learn to select, mix, and apply. Enhance your skill in composition. If you are no longer a beginner, continue to develop your skills. Limited enrollment.

Instructor: Prof. Betty Anglin, CNU

A8 - Causes of World War II

Tuesdays, 2:30 – 3:45 p.m.

Follow an exploration of the background and impact of WWI that produced an economic chaos in Europe; this led to the rise of military dictatorships and thence to WWII.

Coordinator: John Quarstein, Director, VA War Museum

A9 - Our National Parks

Wednesdays, 2:30 - 3:45 p.m.

Americans love their National Parks. But do they understand them and the people who run them? An overview of the National Parks establishment and operation.

Instructor: James Haskett, NPS (Ret.)

A10 - Writing Fundamentals

Thursdays, 9:30 - 10:45 a.m.

Use the basic tools for descriptive, narrative, and expository writing, with your experiences as your source material. Limited enrollment.

Instructor: Prof. June Soud, CNU

A11 - Russia Today

Thursdays, 9:30 – 10:45 a.m.

Examine the current situation in Russia including its government, economy, foreign policy, and problems with corruption and organized crime, and the proliferation of weapons and technology.

Instructor: Prof. Corlis Tacosa, AFSC

A12 - Perspectives on Art

Thursdays, 11:00 a.m. - 12:15 p.m.

We will look at art from several perspectives, including that of the visitor, the artist, the curator, and the collector. At the Peninsula Fine Arts Center. Limited Enrollment.

Coordinator: Bobbi Hutchko, PFAC

A13 and B13 - Approaches to Better Health

Thursdays, 11:00 a.m. - 12:15 p.m.

Alternative choices for preventing, treating, and often reversing chronic health problems will be discussed.

Coordinators: Dr. Philip Murray and Norma Richburg, LLS

A14 - Famous American Court Trials

Thursdays, 1:00 - 2:15 p.m.

Primary sources and modern re-enactments will be used to study famous American trials that raised important legal and social issues.

Instructor: Dr. Ronnie Cohen, CNU

A15 - History of the Broadway Musical - II

Thursdays, 2:30 – 3:45 p.m.

This course examines how the Broadway musical has grown up, adapted, sometimes stumbled, but still thrives with shows like "The Lion King" and "Ragtime" from 1960 to now.

Instructor: Lynn Summerall, Big Band Leader and Public Radio Announcer.

A16 and B17 - Fundamentals of Sculpture

Wednesdays and Fridays, 9:00 - 11:00 a.m.

Enjoy hands-on introduction to the various methods, materials, and processes used in the making of sculptures. On Wednesdays, with no instructor, students will work independently. Materials are to be purchased in class. Limited enrollment.

2 Instructor: Cathy Oldham, PFAC

Session B Courses

March 16-April 16, 1999

B1- Computer 101

Tuesdays and Thursdays, 9:00 – 10:15 a.m.

Same as course A1. Limited enrollment.

Instructor: Barbara Sumner, LLS

B2 - Poetry and Painting—The Sister Arts

Tuesdays, 9:30 – 10:45 a.m.

Enjoy learning about Ekphrastic Poetry—the interaction of poetry and art. Through slides and readings, enhance your appreciation of famous art and poetry. Experiment with your own ideas in writing, or just increase your knowledge. Limited enrollment.

Instructor: Mary Jean Lanehart

B3 - Tai Chi Chaun – Yang Style

Tuesdays, 9:30 – 10:45 a.m.

Continuation of course A3.

B4 - Computer 102

Tuesdays & Thursdays, 10:30 – 11:45 a.m.

Same as course A4. Limited enrollment.

Instructor: Barbara Sumner, LLS

B5 - The American Short Story

Tuesdays, 11:00 a.m. - 12:15 p.m.

Follow the development of the unique literary form, the short story, by American writers such as Edgar Allan Poe, Henry James, F. Scott Fitzgerald, and Richard Wright. Text: *The American Short Story*, ed. Calvin Skaggs

Instructor: Dr. Roark Mulligan, CNU

B6 - Ethics in Politics, the Media & the Public, III

Tuesdays, 1:00 – 2:15 p.m.

This will be a continuing critical look at ethics, morals, and public attitudes as reflected in politics and the media.

Instructor: Richard McGowan

B7 - Getting the Most from the CNU Library

Tuesdays, 1:00 – 2:15 p.m.

Learn to use our CNU Library resources, such as the online catalog and the Pro-Quest indexes, to locate books, articles, videos and research reports. Limited enrollment.

Instructor: Mrs. Amy Boykin, CNU Library

B8 - Painting: Watercolor and Acrylic

Tuesdays, 1:30 - 3:30 p.m.

Continuation of Course A7. Limited enrollment.

Instructor: Prof. Betty Anglin, CNU

B9 - Exploring Our Maritime Heritage IV

Wednesdays, 2:30 – 3:45 p.m.

Enjoy lectures by staff members of The Mariners' Museum on topics such as The Age of Exploration, Sea Power, The Chesapeake Bay, Marine Art, and Navigation.

Coordinator: Vince Scott, LLS

B10 - Classic Texts of India, China and Japan

Wednesdays, 1:00 - 2:15 p.m.

The interpretations, analysis, and discussion of pivotal passages in the classical literature of India, China, and Japan will give insight into their respective worldviews.

Instructor: Dr. George Teschner, CNU

B11 - Advanced Writing for "Historians"

Thursdays, 9:30 - 10:45 a.m.

This course is for members who have completed the writing fundamentals course. Strengthen your skills in recording your experiences. Limited enrollment.

Instructor: Doris Gwaltney

B12 - Advanced Writing

Thursdays, 9:30 - 10:45 a.m.

This course is for members who have completed the writing fundamentals course. Strengthen your skills in recording your experiences. Limited enrollment.

Instructor: Prof. Heidi Hartwiger

B13 - Approaches to Better Health

Thursdays, 11:00 a.m. – 12:15 p.m.

Continuation of Course A13.

Coordinators: Dr. Philip Murray and Norma Richburg, LLS

B14 - Five Other Cultures

Thursdays, 1:00 – 2:15 p.m.

This course will feature in-depth, structured discussions on family life, education, religion, and politics with guests from other cultures such as Iran, Nigeria, and Korea.

Coordinator: Norma Richburg, LLS

B15 - Victorians, Our Contemporaries, II

Thursdays, 1:00 - 2:15 p.m.

A study of George Eliot's *Middlemarch* (1871-72) with its focus on small-town life in England circa 1830 on the eve of the Reform Bill. Eliot traces the shattering effects of common, trifling unremembered choices through the lives of the people of Middlemarch. (Penguin, ISBN 0-14-04338-0)

Instructor: Prof. Barry Wood, CNU

B16 - Frontiers of Science at the Millennium

Thursdays, 2:30 – 3:45 p.m.

Hear talks by CNU faculty on advancements in hypersonic flight, gene splicing, precise measurement of time, accelerating electrons, and electronic commerce.

Coordinator: Jim Buglia, LLS

B17 - Fundamentals of Sculpture

Wednesdays and Fridays, 9:00 - 11:00 a.m.

Continuation of Course A16.

Instructor: Cathy Oldham, PFAC

MONDAY LECTURE AND CONCERT SERIES

February 1 through April 12, 1999

February 1 - Gaines Theatre, 2:30 p.m.
Health Issues For Seniors - Jane Gardner

February 15 - Gaines Theatre, 2:30 p.m.
The Gardens of England - Dr. David Bankes, CNU

February 22 - Anderson Auditorium, 3:00 p.m.
In Concert: CNU Clarinet Ensemble and Sax Ensemble

March 1 - Gaines Theatre, 2:30 p.m.
Music and Humor - Hope Mihalap

March 15 - Gaines Theatre, 2:30 p.m.
Supersonic Transport Development - Allen Whitehead

March 22 - Gaines Theatre, 3:00 p.m.
In Concert: CNU Trio: Violinist Leslie Stewart,
Cellist James Herbison, and Pianist Robert Carrol Smith

March 29 - Anderson Auditorium, 2:30 p.m.
To Be Announced

April 5 - Anderson Auditorium, 3:00 p.m.
In Concert: The CNU Chamber Singers

April 12 - Gaines Theatre, 1:00 p.m.
1999 Virginia Legislature Proceedings with Mike Gooding

FIELD TRIP SCHEDULE

Friday, February 12 - Norfolk VA
Johnson and Wales Culinary Institute
Hands-On Cooking Extravaganza

Wednesday, March 10 - Annapolis MD
U.S. Naval Academy and State Capitol

Wednesday, April 7 - Colonial Heights VA
Swift Creek Mill Playhouse - *Children of Eden*

Friday-Monday, April 23-26 - Charleston SC
Boone Hall Plantation, Middleton Place,
Magnolia Gardens, and Tour of Charleston
Overnight at Myrtle Beach on Return Trip
with a visit to the Brookgreen Gardens

Field trip registration forms and details on times and costs will be available at the Monday afternoon lectures, or by calling the LLS Office at 594-7568.



LIFELONG LEARNING SOCIETY

Christopher Newport University
1 University Place
Newport News, VA 23606

CNU-LLS SPRING, 1999 MEMBERSHIP REGISTRATION FORM

Name(s) _____ Phone (____) _____ SS# _____

Street: _____ City _____ State _____ Zip _____

Are you enrolling as a new member of the CNU LifeLong Learning Society? ☐ yes ☐ no

- | | |
|--|------|
| <input type="checkbox"/> A. Membership, Jan - Aug '99 (lectures and optional activities, no courses) | \$45 |
| <input type="checkbox"/> B. Membership (as above) plus spring and summer '99 courses | \$80 |
| <input type="checkbox"/> C. Spring and Summer '99 courses (if you paid \$60 in fall '98) | \$65 |
| <input type="checkbox"/> D. Spring '99 courses only (if you paid \$60 in fall '98) | \$35 |

If you checked B, C, or D, place a "1" by your first choice and a "2" by your second choice for each session.

Do you wish to take more than one course per session if there is room in your second choice? (Y/N) ____

SESSION A: February 2 - March 5, 1999

- ☐ A1 - Computer 101
- ☐ A2 - Poetry Workshop
- ☐ A3 - Tai Chi Chaun - Yang Style
- ☐ A4 - Computer 102
- ☐ A5 - Freud versus Skinner
- ☐ A6 - Choral Masterworks
- ☐ A7 - Painting: Watercolor and Acrylic
- ☐ A8 - Causes of World War II
- ☐ A9 - Our National Parks
- ☐ A10 - Writing Fundamentals
- ☐ A11 - Russia Today
- ☐ A12 - Perspectives on Art
- ☐ A13 - Approaches to Better Health
- ☐ A14 - Famous American Court Trials
- ☐ A15 - History of the Broadway Musical - II
- ☐ A16 - Fundamentals of Sculpture

SESSION B: March 16 - April 16, 1999

- ☐ B1 - Computer 101
- ☐ B2 - Poetry & Painting—The Sister Arts
- ☐ B3 - Tai Chi Chaun - Yang Style
- ☐ B4 - Computer 102
- ☐ B5 - The American Short Story
- ☐ B6 - Ethics in Politics, the Media & the Public III
- ☐ B7 - Getting the Most from the CNU Library
- ☐ B8 - Painting: Watercolor and Acrylic
- ☐ B9 - Exploring Our Maritime Heritage IV
- ☐ B10 - Classic Texts of India, China and Japan
- ☐ B11 - Advanced Writing for "Historians"
- ☐ B12 - Advanced Writing
- ☐ B13 - Approaches to Better Health
- ☐ B14 - Five Other Cultures
- ☐ B15 - Victorians, Our Contemporaries, II
- ☐ B16 - Frontiers of Science at the Millennium
- ☐ B17 - Fundamentals of Sculpture

WEEKLY GROUP ACTIVITIES - OPEN TO ALL MEMBERS

PAYMENT OPTIONS

Check payable to CNU for \$____ enclosed. Charge \$____ to my ☐ VISA or ☐ Master Card

Account# _____ Exp. date _____

Name on credit card _____

☐ Lunch Bunch ☐ What's News Discussion Group ☐ Race Relations Revisited ☐ Guys and Gals Singing Group

LLS Committee and Volunteer Service - Spring Semester, 1999

The CNU LifeLong Learning Society is managed by and for its members. If you are willing to help, please check the committees in which you would be interested.

☐ Hospitality and Special Events ☐ Membership ☐ Program Planning ☐ Telephone Tree
☐ Teaching a Course ☐ Course Assistant ☐ Volunteering in the LifeLong Learning or Continuing Education Office

You may register either by phone (594-7568) or by mail. If you register by January 17, you will receive by mail confirmation of your courses, their room locations, and a receipt for your payment. For persons who register after January 17, this information will be available in the LLS Office and at the first two Monday afternoon lectures.

PLEASE COMPLETE AND MAIL THIS FORM TO:

LifeLong Learning Society, Christopher Newport University, 1 University Place, Newport News, VA 23606