



LIFELONG LEARNING SOCIETY

2001 Fall Program



The LifeLong Learning Society of Christopher Newport University is a membership organization dedicated to persons of retirement age who seek opportunities for learning in an environment of sharing and fellowship. There are no requirements as to previous educational experience; intellectual curiosity is the only admission requirement. Managed by and for its members, the LLS is a program of the Office of University Relations and is an affiliate of the Elderhostel Institute Network. Through a variety of activities — including lectures, courses, study and discussion groups, lunches, dinners, and field trips — persons of diverse backgrounds come together to share a common interest in learning. There are no exams or grades in the courses, although some courses include assigned readings and the possible purchase of a text. All persons of retirement age are encouraged to join if they are interested in being challenged by new ideas in the company of other eager learners. The LLS shares its program with the community by participating in joint learning efforts with other educational and research institutions, retirement groups, industries, and museums.

Opening Session: Monday, August 27, 2001

12:45 a.m. New Member Orientation: Christophers, Student Center
 1:30 p.m. All-Member Reception: Christophers, Student Center
 2:30 p.m. Lecture by Tony Gabrielle, *Daily Press*, Gaines Theatre
 "Get Serious with Tony Gabrielle"

Annual Meeting, 2:30 p.m. Wed. August 29, 2001
Gaines Theatre, Student Center

Program Overview

The six Monday afternoon lectures, two concerts, and a drama presentation for LLS members are listed on page 4.

The dates and times for the 4 ten-week courses and 37 five-week courses are listed on pages 2 and 3. These courses will meet either once or twice per week. In addition to five field trips, a number of optional activities will be announced during the semester.

Membership Fee and Benefits

Full membership for the 2001-2002 fall, spring and summer sessions is \$140. This includes: Monday afternoon lectures and concerts, fall, spring, and summer courses; and the opportunity to participate in optional activities — such as field trips — by paying the activity fees.

An associate membership is available for \$75. This includes the Monday afternoon lectures and the group and other optional activities, but no courses.

A member may bring a guest one time to any of the Monday lectures or class meetings, or to an optional activity if there is space available.

Refund Policy

Full refund of membership and/or course fees will be granted if requested before September 3, 2001. After that date, no refund will be given for unused membership fees. Course fee refunds will be made in accordance with the established policies. A ten-percent handling charge will be deducted on all refunds.

Economic Hardship

Fee waiver is possible and inquiries are invited. Please call the LLS Office at 594-7568 for details.

New Parking Decal Sticker Required

As of September 3 a new "01-02" sticker must be placed on your CNU parking decal. If you have not already purchased the "01-02" sticker, you may do so when you complete the enclosed Fall 2001 registration form.

Any Questions?
Call 594-7568 any time

Visit the CNU-LLS Home Page at <http://users.cnu.edu/~lls>

LLS is an affirmative action/equal opportunity organization. Christopher Newport University does not discriminate in admission, employment or any other activity on the basis of race, color, age, religion, national origin, veteran status, physical handicap or political affiliation.

Session A Courses

Sept. 3 - Oct. 5

A1 – Broadcast Meteorology Mon., 12 noon - 1:15 p.m.

The current and future state of hurricane forecasting, the principles of winter weather forecasting, and the “on air” aspects of meteorology.

Instructor: Meteorologist Fred Yco, WAVY-TV

A2 – Introduction to Computers Tues. and Thurs., 9:30 - 10:45 a.m.

For persons with little or no computer skills. Learn the basics about hardware and software and develop fundamental hands-on computer skills. Limited enrollment. \$10 lab fee.

Instructor: Susan Daimler

A3 – Microsoft Word 2000 Tues. and Thurs., 11 a.m. - 12:15 p.m.

A hands-on course in writing personal and business letters, newsletters, manuals, graphics, brochures and more using Microsoft Word 2000. Limited Enrollment. \$10 lab fee.

Instructor: Harry Gates, LLS

A4 – Poetry Practice: Ordinary and Illuminated Tues., 11 a.m. - 12:15 p.m.

Participants will search for the hidden and secret meanings in poems they read and poems they write.

Instructor: Patricia Flower Vermillion

A5 & B4 – Art and Archeology of Ancient Greece, Part I Tues., 11 a.m. - 12:15 p.m.

Through visual surveys and discussions of key historical events, we will document the origins of Greek sculpture in stone and bronze and trace the evolution of the Greek temple and its impact on later Western artistic traditions. (10-week course/\$1.50 supply fee.)

Instructor: Glenn R. Markus

A6 & B5 – Ancient Rome & The Rise of Christianity, Part I Tues., 1 - 2:15 p.m.

The religious, cultural and political forces during the period from Alexander the Great to Constantine the Great including how Christianity was challenged by many secular and ideological forces as well as the loyalties demanded by the Roman state. (10-week course/\$1.50 supply fee.)

Instructor: Glenn R. Markus

A7 – Using E-Mail and the Internet Tues., 1 - 2:15 p.m.

For persons with basic computer skills. Learn how to send and receive e-mail messages and use the Internet. (\$10 lab fee.) Limited enrollment.

Instructor: Prof. T. E. Darby, CNU

A8 – Modern Drama, II: Chekhov & Tennessee Williams Tues., 2:30 - 3:45 p.m.

The Cherry Orchard (1903) and *A Streetcar Named Desire* (1947) gave dramatic form to the ideas and beliefs that have shaped us. This course should help us to see who we became or are still becoming. Text: *The Cherry Orchard* (\$11.95) and *A Streetcar Named Desire* (\$5.99) available in the CNU Bookstore.

Instructor: Prof. Barry Wood, CNU

A9 – Play Ball Wed., 9:30 - 10:45 a.m.

A conditioning program to improve your strength, balance, range of motion and muscular and cardiovascular endurance. An exercise ball is required and may be ordered for \$16. Limited enrollment.

Instructor: Coach Nancy Billger, CNU

A10 – Creations in Clay Wed. and Fri., 9:30 - 11:30 a.m.

We will explore ceramic form using handbuilding and wheel-throwing techniques, surface decoration, and finishing processes such as glaze application. Instructor not present on Fridays.

Instructor: Beth Turbeville

A11 – Organizing Your Family Filing System - II Wed., 11 a.m. - 12:15 p.m.

Continuation of an interactive workshop on important documents for every family with emphasis on the need for a well-designed and manageable system for organizing, updating and safekeeping.

Instructor: Guy Manchester, LLS

A12 – Play Ball Wed., 12:30 - 1:45 p.m.

Same as course A9

A13 & B12 – Byzantium, Part I Wed., 1 - 2:15 p.m.

We will discover how “Western Civilization” remained vibrant in Byzantium during the “Dark Ages” between the fall of the Western Roman Empire and the Italian Renaissance. (A 10-week course.)

Instructor: George Tsirimokos, LLS

A14 – Hot Tips on Tidewater Gardening Wed., 2:30 - 3:45 p.m.

Presentations on a variety of horticulture topics including landscaping, annuals, perennials, woody plants, native plants and a walking tour of the CNU campus.

Coordinator: Eleanor Hill, LLS

A15 – Writing Fundamentals Thurs., 9:30 - 10:45 a.m.

The basic tools for descriptive, narrative and expository writing, with your experiences as your source material. Limited enrollment.

Instructor: Prof. June Soud, CNU.

A16 – Creative Non-Fiction Writing Thurs., 11 a.m. - 12:15 p.m.

For writers of all levels who enjoy writing non-fiction with a creative flair and those who wish to craft stories from real life. Limited enrollment.

Instructor: Heidi Hartwiger

A17 – The United States and the World: 1914-1945 Thurs., 11 a.m. - 12:15 p.m.

The political, cultural and economic changes which brought the U.S. to a position of world leadership. Topics include: WWI, the Red Scare, the Depression, FDR and the New Deal, and WWII.

Instructor: Dr. Timothy Morgan, CNU

A18 – Aerobics Thurs., 11 a.m. - 12:15 p.m.

A conditioning program to improve your strength, balance, range of motion and muscular and cardiovascular endurance.

Instructor: Laura Spencer, CNU

A19 – Approaches to Better Health Thurs., 1 - 2:15 p.m.

Alternative choices for preventing, treating and often reversing chronic health problems will be discussed.

Coordinators: Dr. Philip Murray and Norma Richburg, LLS

A20 & B20 – Mariners' Museum: Art of the Sea, Part I Thurs., 2:30 - 3:45 p.m.

We will explore maritime art in its many forms, from music and paintings to decorative knot work and photography, as well as the talents developed at sea which eventually became forms of art. (10-week course.)

Coordinator: Anne Marie Millar, Mariners' Museum

A21 – Batik and Textile Printing: from Pucci to Gucci Fri., 9:30 - 11:30 a.m.

Create your own masterpiece of textile design and possibly an award winning garment. Materials needed include: paraffin, brushes, about 3 yards of bleached or un-bleached muslin or colored cotton fabric.

Instructor: Dr. David Alexick, CNU

A22 – Watercolor Painting Fri., 2 - 4 p.m.

Learn to select, mix and apply. Enhance your skill in composition. If

Session B Courses

Oct. 15 - Nov. 16

B1 – Monday Afternoons with Symphonic Music Mon., 12 noon - 1:15 p.m.

This course will focus on the professional orchestra business from a conductor's viewpoint. No previous knowledge of music is required, but a curiosity about how a symphony orchestra works to bring great music to its community is desirable.

Instructor: Wes Kenney, Associate Conductor, VA Symphony

B2 – Introduction to Computers Tues. and Thurs., 9:30 - 10:45 a.m.

Same as Course A2.

B3 – Microsoft Word 2000 Tues. and Thurs., 11 a.m. - 12:15 p.m.

Same as course A3.

B4 – Art and Archeology of Ancient Greece, Part II Tues., 11 a.m. - 12:15 p.m.

Continuation of Course A5.

B5 – Ancient Rome and the Rise of Christianity, Part II Tues., 1 - 2:15 p.m.

Continuation of Course A6

B6 – Using E-Mail and the Internet Tues., 1 - 2:15 p.m.

Same as course A7

B7 – Astronomy 101 Tues., 2:30 - 3:45 p.m.

A history of the solar system, from formation to today. Comparative discussions of all nine planets, plus the sun, meteorites, asteroids, moons and comets.

Instructor: Dr. Kelly Herbst, Virginia Living Museum

B8 – Play Ball Wed., 9:30 - 10:45 a.m.

Same as course A9.

B9 – Creations in Clay Wed., and Fri., 9:30 - 11:30 a.m.

Same as Course A10.

B10 – The Lively Mind Wed., 11 a.m. - 12:15 p.m.

Discussions, lectures and exercises to better understand how the mind works and how we might enhance our creativity. Limited enrollment.

Instructor: Dr. Ruth Mulliken, CNU & W&M (Ret.)

B11 – Play Ball Wed., 12:30 - 1:45 p.m.

Same as Course A9.

B12 – Byzantium, Part II Wed., 1 - 2:15 p.m.

Continuation of Course A13.

you are no longer a beginner, continue to develop your skills. Limited enrollment.

Instructor: Professor Betty Anglin, CNU

A23 – Museum Meanderings Fri., 9 a.m. - 3 p.m.

We will carpool weekly to discover new museum exhibits from Norfolk to Williamsburg and lunch in delightful eateries nearby.

Limited enrollment. *Coordinator:* Janie Dickson, LLS

B13 – Theodore Dreiser's Sister Carrie Wed., 2:30 - 3:45 p.m.

A discussion of how Dreiser explores the desires and difficulties of young men and women moving from rural America to Chicago and New York during the 1890s and their frequently frustrating search for both happiness and great opportunities. Text: *Sister Carrie* (\$5.95) available in the CNU Bookstore.

Instructor: Dr. Roark Mulligan, CNU

B14 – Advanced Writing for “Historians” Thurs., 9:30 - 10:45 a.m.

For members who have completed the writing fundamentals course. Strengthen your skills in recording your experiences. Limited enrollment.

Instructor: Doris Gwaltney

B15 – Fiction Writing Thurs., 11 a.m. - 12:15 p.m.

For writers who have completed writing fundamentals. Find your elusive personal fiction writing voice, sharpen your style and explore the elements of a good short story. Limited enrollment.

Instructor: Heidi Hartwiger

B16 – Aerobics Thurs., 11 a.m. - 12:15 p.m.

Same as course A18.

B17 – A Trip Through 1040 Land Thurs., 11 a.m. - 12:15 p.m.

You can now ask what you always wanted to know about income taxes.

Instructor: Bernard Florey, LLS

B18 – Approaches to Better Health Thurs., 1 - 2:15 p.m.

Same as course A19.

B19 – The Spanish-Speaking World Thurs., 2:30 - 3:45 p.m.

Exploring the rich cultural and artistic heritage behind the sun, sea and sand of Spain and the Latin World.

Instructor: Dr. Liana Fleming

B20 – Mariners' Museum: Art of the Sea, Part II Thurs., 2:30 - 3:45 p.m.

Continuation of course A20.

B21 – Batik & Textile Printing from Pucci to Gucci Fri., 9:30 - 11:30 a.m.

Same as course A21.

B22 – Watercolor Painting Fri., 2 - 4 p.m.

Same as course A22.

MONDAY AFTERNOON LECTURES

Aug. 27, 2:30 p.m. - Gaines Theatre

Tony Gabrielle, *Daily Press*
Get Serious with Tony Gabrielle

Sept. 10, 2:30 p.m. - Gaines Theatre

Joseph Gutierrez, Jamestown-Yorktown Foundation. Culture and
Contacts: The English and the Indians in 17th Century Jamestown

Sept. 17, 3:00 p.m. - Gaines Theatre

CNU Jazz Ensemble
CNU In Concert

Sept. 24, 2:30 p.m. - Gaines Theatre

Dr. Mark Gray, CNU
How the Human Genome Project Will
Affect Future Health Care

Oct. 1, 2:30 p.m. - Gaines Theatre

The Honorable Donald Regan
The State of the Nation's Economy

Oct. 15, 3:00 p.m. - Anderson Auditorium

CNU String Quartet
CNU In Concert

Oct. 29, 2:30 p.m. - Gaines Theatre

The Joy of...Eating
Valerie Huckstep, RD

Nov. 5 - 2:30 p.m. - Anderson Auditorium

Dr. David Bankes, CNU
The House and Gardens at Ampthill Plantation

Nov. 12 - 3:00 p.m. Gaines Theatre

Drama Presentation



LIFELONG LEARNING SOCIETY

Christopher Newport University
1 University Place
Newport News, VA 23606

FIELD TRIP SCHEDULE

Friday, September 14

Blue Moon Yacht Cruise
Virginia Maritime Museum
Virginia Beach

Tuesday, October 9

Pamplin Historical Park and Old Blandford Church
Narration by **Dr. Harold Cones, CNU**
Petersburg, VA

Thursday-Sunday, October 11-14

Pittsburgh and the Laurel Highlands
Frank Lloyd Wright's Fallingwater

Saturday, November 10

Virginia Symphony and Dinner
Norfolk, VA

Early December

Christmas Tour of the White House
Washington D.C.

Field trip registration forms and details on
times and costs will be available at the
Monday afternoon lectures, or by calling
the LLS Office at 594-7568.



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CNU LIFELONG LEARNING SOCIETY – FALL 2001 COURSE REGISTRATION FORM

Name(s): _____ Phone: _____ SS# _____

Address: _____

Are you enrolling as a new member of LLS? Yes _____ No _____ E-mail _____

Course Registration:

Please put a "1" by your first choice, a "2" by your second, a "3" by your third for each Session A and B.

Session A Courses

- | | | |
|---|---|--|
| <input type="checkbox"/> A1 – Broadcast Meteorology | <input type="checkbox"/> A9 – Play Ball | <input type="checkbox"/> A17 – U.S. & the World: 1914-45 |
| <input type="checkbox"/> A2 – Introduction to Computers | <input type="checkbox"/> A10 – Creations in Clay | <input type="checkbox"/> A18 – Aerobics |
| <input type="checkbox"/> A3 – Microsoft Word 2000 | <input type="checkbox"/> A11 – Organizing Family Filing | <input type="checkbox"/> A19 – Approaches to Better Health |
| <input type="checkbox"/> A4 – Poetry Practice | <input type="checkbox"/> A12 – Play Ball | <input type="checkbox"/> A20&B20 – Mariners' Museum I&II |
| <input type="checkbox"/> A5&B4 – Art and Archeology, I & II | <input type="checkbox"/> A13&B12 – Byzantium, I & II | <input type="checkbox"/> A21 – Batik & Textile Printing |
| <input type="checkbox"/> A6 &B5 – Ancient Rome, I & II | <input type="checkbox"/> A14 – Tidewater Gardening Tips | <input type="checkbox"/> A22 – Watercolor Painting |
| <input type="checkbox"/> A7 – Using E-Mail & the Internet | <input type="checkbox"/> A15 – Writing Fundamentals | <input type="checkbox"/> A23 – Museum Meanderings |
| <input type="checkbox"/> A8 – Modern Drama | <input type="checkbox"/> A16 – Non-Fiction Writing | |

Session B Courses

- | | | |
|---|---|--|
| <input type="checkbox"/> B1 – Symphonic Music | <input type="checkbox"/> B9 – Creations in Clay | <input type="checkbox"/> B16 – Aerobics |
| <input type="checkbox"/> B2 – Introduction to Computers | <input type="checkbox"/> B10 – The Lively Mind | <input type="checkbox"/> B17 – Trip Through 1040 Land |
| <input type="checkbox"/> B3 – Microsoft Word 2000 | <input type="checkbox"/> B11 – Play Ball | <input type="checkbox"/> B18 – Approaches to Better Health |
| <input type="checkbox"/> B6 – Using E-Mail & the Internet | <input type="checkbox"/> B13 – Dreiser's <i>Sister Carrie</i> | <input type="checkbox"/> B19 – Spanish-Speaking World |
| <input type="checkbox"/> B7 – Astronomy 101 | <input type="checkbox"/> B14 – Advanced Writing | <input type="checkbox"/> B21 – Batik & Textile Painting |
| <input type="checkbox"/> B8 – Play Ball | <input type="checkbox"/> B15 – Fiction Writing | <input type="checkbox"/> B22 – Watercolor Painting |

WEEKLY GROUP ACTIVITIES – OPEN TO ALL MEMBERS

☐ Book Lovers Group ☐ Exploring our Diversities

Our Society is managed by and for its members. If you are willing to help, please check one or more of the following:

- | | | |
|---|---|--|
| <input type="checkbox"/> Hospitality and Special Events | <input type="checkbox"/> Membership | <input type="checkbox"/> Program Planning |
| <input type="checkbox"/> Telephone Tree | <input type="checkbox"/> Course Assistant | <input type="checkbox"/> Teaching a Course |
| | | <input type="checkbox"/> Office Volunteer |

You may register either by phone (594-7568) or by mail to LLS, CNU, 1 University Place, Newport News, VA 23606. If you register by Aug. 14, you will receive confirmation of your courses, their room locations, and a receipt for your payment by mail. If you register after Aug. 14, this information will be available in the LLS Office and at the first two Monday lectures.

Full membership, (Sept. 2001 – Aug. 2002) plus fall, spring, and summer 2001 courses \$140 _____
Associate membership, (lectures and optional activities, no courses) \$75 _____
CNU parking decal sticker for the full year, Sept. 2001 – Aug. 2002 \$12 _____
Computer lab fee (\$10 per computer course) (_____ X \$10) = \$ _____
Supply fee for courses A5 and A6 \$1.50 each \$ _____
TOTAL \$ _____

Payment Options

Check payable to CNU for \$ _____ enclosed. Charge \$ _____ to my _____ VISA _____ Master Card Exp. _____
Card # _____ Name on credit card: _____

For LLS Office Use Only

Processed by _____ on _____ paid by _____ for \$ _____
initials date check/visa/mc/cash amount

| | | | |
|--|-----------------------------------|---------------------------------------|--|
| <input type="checkbox"/> Current member | <input type="checkbox"/> Packet | <input type="checkbox"/> Time Recv. | <input type="checkbox"/> Date received |
| <input type="checkbox"/> Reinstated member | <input type="checkbox"/> Name tag | <input type="checkbox"/> Green Book | <input type="checkbox"/> Computer |
| <input type="checkbox"/> New member | <input type="checkbox"/> Decal | <input type="checkbox"/> Confirmation | |