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### **Campus Announcements - January 18**

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Office of Student Activities <osa@cnu.edu>

Mon, Jan 18, 2016 at 9:19 AM

To: Association Office of Student Activities <osa@cnu.edu>

Bcc: students@cnu.edu

## **Campus Announcements: Daily Digest**

Monday, January 18

**CAMPUS ACTIVITIES EVENT CALENDAR** 

#### **TODAY**

- Thirteenth Annual Dr. Martin Luther King, Jr. Commemoration: 12:00pm
- Rush Alpha Kappa Psi Work hard. Play hard. 6:30pm
- Sigma Alpha Iota Spring Recruitment Week: 7:00pm
- United Campus Ministries (UCM) Meeting: 8:00pm

## **Upcoming Events**

- Home Athletics This Week
- PIER Perspectives- "Guns in America"
- Interested in Law and Justice?
- African Student Union Events
- Amara Piano Quartet
- Trebled Youth Spring Auditions
- IFC Fraternity Recruitment
- Register for the Conference on Leading Change
- Currents Literary Magazine Call for Submissions
- Take Note A Cappella Auditions

## **Campus Programs and Announcements**

- Upcoming RAD Classes
- Free Fitness Classes
- Looking for a Minor That Makes a Difference in the World? Consider Civic Engagement (CESE)

## **Today**

## Thirteenth Annual Dr. Martin Luther King, Jr. Commemoration: 12:00pm

Monday, January 18, 12 Noon - Pope Chapel

The Thirteenth Annual Dr. Martin Luther King, Jr. Commemoration A Celebration of Freedom and Civil Rights in America

"Injustice anywhere is a threat to justice everywhere." Dr. Martin Luther King, Jr., 1963

Presented by the Department of Music and the Student Diversity and Equality Council

\*Admission is Free

## Rush Alpha Kappa Psi - Work hard. Play hard. 6:30pm

Rush Alpha Kappa Psi, the co-ed professional business fraternity!

Meet the brothers of Alpha Kappa Psi to learn how this organization can benefit your success at CNU and beyond.

January 18-22

M - 6:30 PM - Info Night - DSU Washington T - 7:30 PM - Game Night - Crow's Nest W - 7:30 PM - Info Night - Freeman 202 TR - 6:30 PM - Alumni Night - Freeman 202 F - 5:00 PM - Brotherhood Night - Luter 121

Questions? Contact our Vice President of Membership, Drew Berry at vpmembership.cnu.akpsi@gmail.com. For more information on AKY, like/follow @cnuAKPsi on Facebook, Twitter and Instagram or visit www.akpsicnu.com.

#### Attachment

## Sigma Alpha Iota Spring Recruitment Week: 7:00pm

Do you love music? Would you enjoy being part an international community of women who share your love of music? Then come out to Spring Recruitment Week and meet the sisters of Sigma Alpha lota's Theta Pi Chapter!

Monday, 1/18: MLK Concert and Ice Breakers!

Meet up in Ferguson A183 at 7:00pm for the MLK concert, followed by Ice Breakers and Games at 8:30!

Tuesday,1/19: Board Games Night!

Come play board games and learn more about SAI! Starts at 7:30 in Ferguson A220!

Wednesday, 1/20: Princess Movie Night!

Come out and enjoy a Princess Movie, complete with blankets, pillows and snacks! P.J's are recommended! Starts at 7:30 in the Crows Nest!

Thursday, 1/21: Music Trivia Night!

Come out and test your skills on a wide range of Music Trivia topics! Starts at 7:30 in Ferguson A208

Friday, 1/22: Formal Recruitment!

Come meet us in the Ferguson Hallway at 7:00pm wearing Business Attire, and walk with us to dinner at Panera!

For more information about any of these events, contact Emily Downer at emily.downer.12@cnu.edu

#### Attachment

## United Campus Ministries (UCM) Meeting: 8:00pm

UCM meets tonight, Monday, 1/18/16, at 8:30 p.m. in the DSU, Monroe Room.

All are welcome and invited to attend for fun, fellowship, food, and good discussion! If you have not attended UCM before, please join us. We'd love to see you.

If you have questions, contact Campus Minister Donna DeSarro-Raynal at donna.desarroraynal@cnu.edu OR ucm@cnu.edu.

Hope to see you Monday!

## **Upcoming Events**

#### **Home Athletics This Week**

- Friday, January 18, Track Captain's Invitational
- Saturday, January 19, Track Captain's Invitational

## PIER Perspectives- "Guns in America"

Please join PIER (peers for inclusion, empowerment and respect) to talk about a variety of issues surrounding gun control and gun violence in the US today. Come to the crow's nest at 12:15 for a free catered meal and good conversation Tuesday January 19th. Contact Madeline Leach at <a href="madeline.leach.14@cnu.edu">madeline.leach.14@cnu.edu</a> with any questions.

#### Attachment

#### Interested in Law and Justice?

Join Phi Alpha Delta!

Are you interested in the legal field or going to law school? See how we can help at one of our interest meetings held Tuesday, January 19th at 12:30 pm in the DSU Monroe and Tuesday, January 26th at 8pm in DSU Harrison.

The deadline to turn in applications to join Phi Alpha Delta will be Saturday, February 6th at 5pm.

If you have any questions email Phi Alpha Delta at pad@cnu.edu or Colleen Yates at colleen.yates.13@cnu.edu

#### **African Student Union Events**

Hello Everyone,

Our first meeting of the semester will be Tuesday, January 19th @ 12:30-1:15 in MCM 260!

ASU in collaboration with SDEC will host its first ever "Taste of Africa" event on JANUARY 23, 2016. This event will showcase cultural dances from other schools, our own CNU Afro-Caribbean dance group, food from different African countries, raffles and much more fun! Can't wait to see you there! Admission is free! It will be in the Ferguson's M&T Hall. Doors open at 5:45pm and the show starts at 6:30pm sharp.

#### Attachment

#### **Amara Piano Quartet**

Wednesday, January 20, 8 p.m. - Music and Theatre Hall

Masterpieces by Brahms, Dvořák, Fauré, Mozart, Beethoven and Schumann combined with rarely heard gems by William Walton, Herbert Howells, Carlos Surinach, Joaquín Turina, Bohuslav Martinú and others create, in the hands of the Amara Quartet, an exciting and varied concert experience. The ensemble builds a diverse palette of colors, and a symphonic sound from its four musicians, weaving musical lines and textures into a captivating interpretation.

#### Attachment

## **Trebled Youth Spring Auditions**

Do you like to sing? Whether you're a natural born performer, or you just like to sing in the shower, come on out to Trebled Youth's Spring Auditions! We're one of the three mixed acappella groups on campus, with song styles ranging from T-Swift and Demi Lovato to Panic! At The Disco and Fall Out Boy.

Auditions are between 8-9:30pm on Wednesday, January 20th in Ferg 220. They're first come, first serve. Please prepare a verse and chorus of two songs of contrasting genre (not musical theater or opera). Hope to see you there!

#### Attachment

### **IFC Fraternity Recruitment**

Looking to get more involved on campus and make a difference at CNU, in the local community and beyond? The Interfraternity Council (IFC) encourages you to consider joining a fraternity. CNU is home to eight outstanding fraternities which develop men of character: leaders within their chapters and the community, who are committed to advancing the principles of brotherhood, scholarship, service and leadership.

#### **UPCOMING IFC EVENTS:**

Thursday, January 21st: Kick-Off, M&T Lobby Ferguson Center 7:00 PM Friday January 22nd: Open House Gaines Theater, Doors open at 5 PM, Events begin at 5:45 PM

REGISTRATION LINK: http://bit.ly/1S91IM3

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### **Register for the Conference on Leading Change**

Learn about how to influence change in your personal life, your organization and local and global communities. Register today for the Conference on Leading Change at <a href="http://leadingchange.cnu.edu">http://leadingchange.cnu.edu</a>. Come on Saturday, January 23rd 8:30am-5pm to attend two keynote presentations and your choice of 16 breakout sessions facilitated by CNU faculty, staff and students. At no charge to students, participants will receive breakfast and lunch in addition to free give-aways and a t-shirt!

#### Attachment

## **Currents Literary Magazine Call for Submissions**

Currents the CNU literary arts magazine is calling for submissions. The deadline is January 25. Pieces can be poetry, prose, and more. This is open to all majors. The 2016 theme is FANTASY. More information and the submission portal can be found on the Currents webpage: currentsmagazinecnu.wordpress.com.

#### Attachment

## **Take Note A Cappella Auditions**

Take Note A Cappella, an all-female group, Is holding spring auditions January 24th in the Ferguson, Room 208 at 6pm. Please prepare 2 song of different style. If you've auditioned before, or never auditioned before, we encourage those ladies to come out. Take Note is a fun, caring, energetic, and committed group of girls looking to add member to our who can bring vocal diversity, talent, and commitment. Questions about auditions or Take Note in general, please contact the president, Riley Keeter at riley.keeter.14@cnu.edu.

Attachment

## **Campus Programs & Announcements**

## **Upcoming RAD Classes**

With the interest in R.A.D continuing to grow, we have planned more classes this semester.

For those of you who are not familiar, the R.A.D. Program is a self-defense class specifically designed to help women protect themselves against abduction and sexual assault. All R.A.D. techniques are easy to learn and are designed for individuals who have no previous self-defense experience. The program requires a 12 hour time commitment for instruction. You must attend all sessions for an instructor to certify your training.

Our first offerings will be held in January, with two different course instruction options from which to choose:

Four (4) days, with three (3) hour sessions January 19, 21, 26, & 29 6:00-9:00 p.m.

Three (3) days, with four (4) hour sessions January 17, 24, & 31 1:00-5:00 p.m.

What you can expect from participating in the R.A.D. classes:

- 1) To learn the profile of a potential attacker, as well as various crime prevention strategies.
- 2) To learn and develop numerous techniques used to defend against an attacker and ways to escape when presented with a threat.
- 3) To apply the learned self-defense techniques through a dynamic simulation, in which the student will complete scenario based exercises to escape a simulated attack.

These classes are open to all female students, of any physical fitness level, and they are completely FREE. Please email RAD@cnu.edu and indicate which course you would like to attend. If you cannot attend either of these, but are interested in scheduling a course (and have at least 10 women), please email us; we will attempt to accommodate your group or organization.

Respectfully, RAD Instructors

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#### Free Fitness Classes

Kickbox, strike a pose (yoga), cycle, and strengthen your way to a fit you! Mark your calendar...classes will begin Monday, January 18! All classes are held in the Trieshmann Health and Fitness Pavilion, Multipurpose Rooms (MPRs) #1 and #2. Classes are FREE during the fitness kickoff week (Jan. 18 – 24), and prizes will be awarded (including free fitness passes)! Visit our website to see the class schedule and descriptions. #GetFitCNU!

http://bit.ly/1yA1qW4

# Looking for a Minor That Makes a Difference in the World? Consider Civic Engagement (CESE)

Looking for a Minor That Makes a Difference in the World?

Consider Minoring in Civic Engagement & Social Entrepreneurship, an interdisciplinary minor open to all students in all majors. For more information, contact Professor Roberta Rosenberg (rrosenb@cnu.edu) or Professor Stephanie Bardwell (bardwell@cnu.edu) for more information. For more information, consult the CNU Catalog:http://cnu.edu/english/minors/civic\_engagement.pdf

Office of Student Activities DSU 330 Christopher Newport University 757-594-7260 osa@cnu.edu

#### www.cnu.edu/studentactivities/

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#### 11 attachments



Alpha Kappa Psi



currents 274K



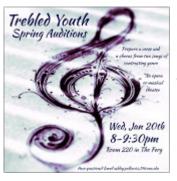
**Amara Piano Quartet** 91K

TAKE NOTE Spring Auditions



**Take Note Auditions** 486K

January 24th-6pm-Ferg 208



**Trebled Youth** 110K



IFC Recruitment 97K

**African Student Union** 301K





PEIR Perspectives 70K

Conference on Leading Change 7452K

SAI Recruitment 490K