



Susan Barber <sbarber@cnu.edu>

Campus Announcements - April 15

1 message

Office of Student Activities <osa@cnu.edu>

Fri, Apr 15, 2016 at 9:21 AM

To: Association Office of Student Activities <osa@cnu.edu>

Bcc: students@cnu.edu

Campus Announcements: Daily Digest

Friday, April 15***This week is... National Volunteer Week! [Link](#)*****Today's featured CNU Service Organization is: [Colleges Against Cancer](#)**

Colleges Against Cancer is a group of about 45 passionate individuals who not only help to organize their main event, Relay for Life, but also reach out into the CNU community and the Newport News community to raise cancer awareness. Each year they work towards a fundraising goal and host small fundraisers every month leading up to the main event to achieve that goal. Colleges Against Cancer is an organization filled with hardworking individuals that have been brought together by the effects of cancer, and they fight tirelessly against a disease that touches us all.

[CAMPUS ACTIVITIES EVENT CALENDAR](#)**TODAY**

- **Track & Field Hosts New Captains Classic: 4:00pm**
- **CAB Presents...Dinner and a Movie: Sisters: 9:00pm**
- **Serve CNU: 2016-2017 Student Assembly Delegate Application Deadline**

Upcoming Events

- **Home Athletics This Weekend**
- **A Troupe Called Quest Presents: We Had Potential - Saturday**
- **A Taste of French Beyond France: French Club Francophone Meal - Saturday**
- **Phi Alpha Delta: Virginia Peninsula Foodbank Donations**
- **CAB Presents...Spring Fest 2016 Organization Sign-Ups**
- **CAB & Panhellenic Council Presents...Amber Krzys**
- **Take Note Spring Concert**

Campus Programs and Announcements

- **Zeta Phi Beta Sorority Informational Meeting**

Today

Track & Field Hosts New Captains Classic: 4:00pm

The Christopher Newport track & field teams will host the two-day New Captains Classic and Combined Events beginning on Friday at POMOCO Stadium. The action begins on Friday at 4 p.m. with the men's hammer and the start of the decathlon. Overall, eight disciplines will take place on the first day along with the beginning of both combined events. Saturday's action kicks off at 11 a.m. with the long jump and steeplechase. Overall, men's and women's champions will be crowned in 22 events during the meet as well as the decathlon and heptathlon. Along with the Captains, 16 other colleges will be represented at the meet.

For more information please visit <http://cnusports.com/news/2016/4/14/cnu-track-field-hosts-new-captains-classic-beginning-on-friday-at-pomoco-stadium.aspx>.

CAB Presents...Dinner and a Movie: Sisters: 9:00pm

Sisters (2015) Synopsis: "When their parents place the family home on the market, siblings Maura (Amy Poehler) and Kate (Tina Fey) learn that they have one weekend to clean out the junk from their old bedroom. Unhappy with the news, the recently divorced Maura and her hotheaded sister make plans to throw one final bash to recapture their glory days with their former classmates. As the raging party begins to spiral out of control, the gals soon realize that there may not be a house left to sell once the dust settles."

Trailer: <https://www.youtube.com/watch?v=vRnhEjP3R-c>

***Pizza, candy, soda, water, and popcorn will be provided both nights. Get there early so you won't miss out!

Dates: Friday April 15th & Saturday April 16th

Time: 9 PM

Location: Gaines

Attachment

Serve CNU: 2016-2017 Student Assembly Delegate Application Deadline

Applications for next year's Student Assembly delegation are up! Applications can be found on the front page of the compass or by following this link: <https://thecompass.cnu.edu/form/start/99417>

Applications are due by this Friday!

Upcoming Events

Home Athletics This Weekend

- Friday and Saturday, April 15 & 16 - Track & Field Hosts New Captains Classic
- Saturday, April 16 at 12:00 and 3:00pm - Baseball vs. Wesley College
- Saturday, April 16 at 1:00pm - Women's Lacrosse vs. York College
- Saturday, April 16 at 3:00 and 5:00pm - Softball vs. Wesley College
- Saturday, April 16 at 4:00pm - Men's Lacrosse vs. York College

For more information please visit cnusports.com.

A Troupe Called Quest Presents: We Had Potential - Saturday

Come join A Troupe Called Quest as we perform a fitting send-off to those of us who had the most potential, but decided to move on to the real world. Watch us attempt to amusingly prove that we are indeed a comical group of individuals! Be there in the TRIBLE PLAZA on April 16th at 1 pm to see all of your favorites perform, some for the last time!

Starring:

Crosby "Can't keep a straight face" Reed

Nick "Not so funny" Barker

Kyle "Killed the joke" Horowitz

Will "Won't make you laugh" Craun

Dylan "Don't expect much" Landes

Bonnie "Brags about her puns" Newton

Charlie "Can't wait to get this over with" McCracken

Art "Ain't gonna contribute" Ross

A Taste of French Beyond France: French Club Francophone Meal - Saturday

Come join the French Club on April, 16 from 4:30 to 6:30 in Freeman 101 to celebrate the amazing Francophone Cultures that exist outside of France. We will be having main dishes, desserts, appetizers and much more from Francophone countries including: Cameroon, the Ivory Coast, Morocco, Senegal and of course, France. The only thing you need to bring is your appetite. Everyone is welcome, the French Club would be honored to have you as our guests; we hope to see all of you there!

Phi Alpha Delta: Virginia Peninsula Foodbank Donations

The CNU Pre-Law Chapter of Phi Alpha Delta Fraternity Inc. is fighting against hunger by collecting nonperishable food items through April 16th. A donation box is in the DSU near the ATM. All proceeds will go to the Virginia Peninsula Foodbank

Attachment

CAB Presents...Spring Fest 2016 Organization Sign-Ups

Calling all clubs, organizations, and departments! The sign-ups for SpringFest 2016 are available, and we want your group to be apart of it! Whether you want to get your organization's name out there or this is an annual tradition for your group, sign up for a table to host an activity for the students, families, faculty, and staff to participate in at SpringFest! This years theme is: Adventure Awaits and it will be on April 22nd from 4-7pm on the Great Lawn! To sign your group up, you can find the form on the Compass, on CAB's page under the "Forms" tab. If you have any questions regarding SpringFest or sign-ups, please email Lauren Brent at cab@cnu.edu.

Attachment

CAB & Panhellenic Council Presents...Amber Krzys

Part of Panhellenic and CAB's Confidence Week! You can take a class to learn French. You can take a class to learn chemistry. You can take a class to learn yoga. But, you can't take a class to learn the language of your body. Your body is communicating with you twenty-four hours a day, seven days a week. But, are you paying attention? What does that headache mean? Or that anxiety and overwhelming feeling you seem to always have? Why do you have to get sick to slow down and rest? In this keynote, Amber will teach you how to listen to what your body is saying. She believes your body is your best friend and can be your greatest ally in life. You will learn a specific skill set to foster this relationship so that you can stop constantly fighting, denying, and ignoring your body and start celebrating it as the gift it is meant to be.

Date: Tues., 4/19

Time: 7:30 PM

Location: Gaines

PLP Passport Event!!

Take Note Spring Concert

Come watch the Take Note ladies try to 'sport' on April 21st 8pm in the M&T Hall. Mark your calendars for a fun evening of audience engaging musical entertainment!

Campus Programs and Announcements

Zeta Phi Beta Sorority Informational Meeting

The ladies of Zeta Phi Beta Sorority, Incorporated cordially invite young ladies of all ethnicities to attend their informational meeting on Tuesday, April 19, 2016 at 7:20pm. The meeting will be held in the Luter Atrium, located on the third floor. Please come out and learn more about this wonderful sorority and their principles of scholarship, service, sisterhood, and finer womanhood. For more information, please contact Chanel Alford-Campbell at cjamc@yahoo.com.

Attachment

--

Office of Student Activities
 DSU 330
 Christopher Newport University
 757-594-7260
osa@cnu.edu

www.cnu.edu/studentactivities/

Follow us on Twitter @CNUOSA or like the [CNU Office of Student Activities](#) on Facebook!

4 attachments



Spring Fest
183K



Sisters
41K

Phi Alpha Delta is
fighting hunger



Phi Alpha Delta
946K

Donate canned soups, meat, fruits, and vegetables,
 grain cereals, oatmeal, peanut butter/jelly and fruit cups.
 Foodbank
 Sponsored by:
 the Virginia Attorney General &
 The Young Lawyers Division of the Virginia Bar Association



Zeta Phi Beta
3517K