



Employee Training and Development Series

The Office of Human Resources would like to inform you of the training opportunities available for next week. All trainings will be held in The Office of Human Resources, located in the BTC/SunTrust Building.

Registration for trainings is easy!

Call HR at 594-7145, or e-mail hr@cnu.edu

TRAINING SEMINAR SCHEDULE

For May 23rd through May 27th

- **Tuesday, May 23:**
 - ***Getting the Most Out of the CNU Tribble Library** 10:00am - 11:00am
This training will be held in room 170 of the Tribble Library. Discover the many resources available to you such as library books and movies, news information, the latest medical information, travel ideas, your favorite journals and online magazines, plus improve your mental “spam alert” system. Speaker: Amy Boykin, CNU Asst. Reference Librarian
 - ***Using Credit to Your Advantage** 12:05pm - 12:55pm
Wachovia will help you learn how you can use credit to your advantage in this Lunch n’ Learn training. Bring a bag lunch to eat while you hear about tips on how to effectively manage credit, learn ways to improve credit and different ways to take advantage of credit in your financial future. Bottled water and a healthy snack will be provided. Speaker: Van Nolan, Wachovia VP, Acquisition Banking Director

LOOK WHO’S COMING TO CNU!

GREAT NEWS! The Office of Human Resources has arranged for financial representatives from VALIC, ING-Deferred Comp, MetLife, TIAA-CREF and Colonial Life to visit the university in the coming months. These visits give participating employees the chance to meet with them to review and discuss their personal investment options. Dates and times are listed below for your convenience.

- Colonial Life, Melissa Phelps (Melissa.Phelps@coloniallife.com): June 2 - 9:00am - 5:00pm
- ING-Deferred Comp, Mackenzie Moss (mackenzie.moss@us.ing.com): June 6 - 9:00am - 4:00pm
- MetLife, Brooke Larsen (blarsen@metlife.com): August 10 - 10:00am - 2:00pm
- TIAA-CREF, Maria Kersey (mkersey@tiaa-cref.org), August 11 - 8:00am - 5:00pm
- VALIC, JD Wiedmaier (JD.Wiedmaier@valic.com): July 11 and August 8 - 9:00am - 1:00pm

To schedule an appointment for ING-Deferred Comp, MetLife, TIAA-CREF and VALIC, please contact the representatives. To schedule an appointment with Colonial Life, please call HR at 594-7145. All visits will be in the Office of Human Resources in the BTC SunTrust building, Suite 101.

Additional visits will be held in the fall to include Lincoln Financial Group. Look for upcoming dates in your weekly HR newsletter.