



Susan Barber &lt;sbarber@cnu.edu&gt;

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## Campus Announcement - October 12

1 message

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**Office of Student Activities** <osa@cnu.edu>

Wed, Oct 12, 2016 at 9:20 AM

To: Association Office of Student Activities &lt;osa@cnu.edu&gt;

Bcc: students@cnu.edu

# Campus Announcements: Daily Digest

**Wednesday, October 12**

## [CAMPUS ACTIVITIES EVENT CALENDAR](#)

### Today

- **Win an Arabic Club gift basket: 11:30-1:30**
- **American Red Cross Blood Drive: 12:00pm-6:00pm**
- **Field Hockey vs. St. Mary's College of Maryland: 6:00pm**
- **NAMI (National Alliance on Mental Illness) Meeting: 9:00pm**

### Upcoming Events

- **Home Athletics this Week**
- **CAB Presents...Finding Dory**
- **NPHC 101**
- **Coming Out Day**
- **IFC Lip Sync**
- **Kigacon Volunteer Opportunity**

### Campus Programs and Announcements

- **Resident Assistant Applications Now Open**
- **Presidential Election 2016: Electoral College 101**
- **Safe Zone Training**
- **Philosophy Pizza**
- **Free Women's Self-Defense Classes**

## Today

### **Win an Arabic Club gift basket: 11:30-1:30**

From Wednesday to Friday this week, Arabic Club will be holding a gift basket raffle! We will be in the DSU from 11:30-1:30, so stop by for a chance to win 3 Arabic gift baskets. They are pretty awesome, so come by!

### **American Red Cross Blood Drive: 12:00pm-6:00pm**

Come join the American Red Cross club and give blood today from 12pm-6pm in the Freeman Aux Gym. Walk-ins are welcome! If you have any questions or concerns please email us at [arcc@cnu.edu](mailto:arcc@cnu.edu) or stop by the drive!

## Field Hockey vs. St. Mary's College of Maryland: 6:00pm

Continuing its three-game homestand, the Christopher Newport field hockey team will welcome St. Mary's (Md.) to town on Wednesday at 6 p.m. for a Capital Athletic Conference battle at Captains Turf Field.

For those fans unable to make it to the contest, live stats and a video stream of the action will be available at [CNUsports.com](http://CNUsports.com).

## NAMI (National Alliance on Mental Illness) Meeting: 9:00pm

NAMI (National Alliance on Mental Illness) will be meeting Wednesday at 9:00 P.M. in Luter 170!

# Upcoming Events

## Home Athletics this Week

- Friday, October 14 at 6:00pm: Field Hockey vs. Wesley College
- Friday, October 14 at 6:00pm: Volleyball vs. University of Mary Washington
- Friday, October 14 at 7:00pm: Men's Soccer vs. University of Mary Washington
- Saturday, October 15 at 12:00pm: Volleyball vs. Southwestern University
- Saturday, October 15 at 1:00pm: Football vs. Montclair State University
- Saturday, October 15 at 4:00pm: Volleyball vs. Johns Hopkins University
- Saturday, October 15 at 6:00pm: Women's Soccer vs. University of Mary Washington

For more information please visit [cnusports.com](http://cnusports.com)

## CAB Presents...Finding Dory

Come on out and bring your parents and siblings to watch Finding Dory!!!

With the help of her friends Nemo and Marlin, Dory embarks on an epic adventure to find them. Her journey brings her to the Marine Life Institute, a conservatory that houses diverse ocean species. Dory now knows that her family reunion will only happen if she can save mom and dad from captivity.

Date: Friday, October 14th (2 showings) and Saturday, October 15th (1 showing)

Time: 14th: 6pm & 9pm and 15th: 8pm

Location: Gaines

## NPHC 101

Join the CNU National Pan-Hellenic Council for a meet and greet with the divine nine organizations THIS Thursday at 7:30 PM in Gaines Theater. Local CNU NPHC Chapters will be present along with representative from other divine nine organizations.

## Coming Out Day

Spectrum is holding it's annual Coming Out Day event on Thursday October 13th from 12-1:30PM in the Gaines Theater!

Coming out day is an accepting space for members of the LGBTQ community to share their experiences. This event is part of the observation of National Coming Out Day which takes place October 11th [2016]. Our goal is to support students of the LGBTQ by sharing coming out stories or being available for students who wish to come out to their fellow peers.

If you have any questions email us at [Spectrum@cnu.edu](mailto:Spectrum@cnu.edu)

## IFC Lip Sync

Come buy your tickets for IFC Lip Sync today! We will be tabling in the DSU Breezeway Wednesday, 10/12 and Thursday 10/13 from 11:00 - 1:00. All proceeds go to Fear 2 Freedom a non-profit organization which redeems and restores those wounded by sexual assault. The event will take place on October 14th @ 8:00PM in the DSU Ballroom. For the first time

ever it on Parent's Weekend! We cannot wait to see you out! If you have any questions or concerns please feel free to reach out at [ifc@cnu.edu](mailto:ifc@cnu.edu)

### **Attachment**

## **Kigacon Volunteer Opportunity**

Is your resume missing some experience? Do you need some volunteer work? Does your application need references? Consider volunteer at the anime convention Kigacon run by the Anime Club at CNU. Here you will get real work experience in a variety of different volunteer positions. You will also get a reference to place on your resumes. For more information, attend the Anime Officer meetings every Wednesday at 4:30 in MCM 114 or contact either [anime@cnu.edu](mailto:anime@cnu.edu) or [kenneth.thomas.10@cnu.edu](mailto:kenneth.thomas.10@cnu.edu).

Note: these volunteer hours do not count for PLP students

# **Campus Programs and Announcements**

## **Resident Assistant Applications Now Open**

The Office of Residence Life is currently accepting applications for the Resident Assistant position for the 2017-2018 academic year.

We offer one of the best opportunities for both student involvement and servant leadership available on campus. RAs are highly involved with virtually all student organizations and represent the diverse demographic backgrounds found among the residential student body. We are looking for responsible, positive, and motivated students to join our student staff team next year. For more information on the RA position, please visit: <http://cnu.edu/reslife/jobs/>. Applications are due on November 2, 2016 through Career Connect.

Attend an information session to learn more. Information Sessions will be held on the following dates/times:

- Wednesday, October 12, 12:15 pm, DSU Jefferson Room
- Friday, October 21, 3 pm, DSU Jefferson Room

### **Attachment**

## **Presidential Election 2016: Electoral College 101**

What is the Electoral College? Which states should I pay attention to during the 2016 Presidential Election? Join Dr. Bitecofer, Assistant Director of the Wason Center for Public Policy, on Thursday, October 13 at 7 PM in McMurran 101 to learn about and discuss these and other burning questions you have regarding American politics this year. We're breaking the Electoral College down for you!

### **Attachment**

## **Safe Zone Training**

Interested in learning about the lesbian, gay, bisexual, transgender, and queer (LGBTQ+) communities? Join us by registering below. We will explore attitudes and beliefs about sexual orientation and gender identity - and how heterosexism, gender normativity, and trans/homophobia negatively impact the lives of LGBTQ individuals. Participants will learn about available resources and how to become an effective ally. (Open to Faculty, Staff, and Students)

When: Friday, October 21 from 1:00pm - 4:30pm  
Location: Freeman 202

Register at: <https://goo.gl/forms/tOrC3lbVa7ZvOtC53>

### **Attachment**

## **Philosophy Pizza**

Join the Department of Philosophy and Religious Studies for the first Philosophy Pizza of the semester:

Thursday, October 13, 2016  
1220 pm - 1:20 pm  
MCM164

**TITLE**

No "Little-t" Truths:  
Socrates against Relativism

**TOPIC**

The Greek philosopher Protagoras denied there are "big-T," absolute truth--there's only what's true for you, and what's true for me. But in Plato's Theaetetus, Socrates defends absolute truth by turning Protagoras' own view against him.

Come on and join us to hear about the twists and turn of Socrates's ingenious argument and eat some pizza!

Any questions, contact:

Prof. Joshua Smart  
Philosophy & Religious Studies  
McMurrin Hall, Room 202  
[757-594-8825](tel:757-594-8825)

**Attachment****Free Women's Self-Defense Classes**

We are excited to invite you to participate in the upcoming C.N.U R.A.D (Rape Aggression Defense) Program. Students have described this class as not only fun, exciting and intense but furthermore empowering to themselves as a woman. Taking your personal safety to another level, will allow you to feel more confident, become more aware of your surroundings and be able to recognize a need for a heightened sense of awareness and avoidance in specific situations. (ie: at work, at home, in public, or on vacation). The course includes lecture, discussion and self-defense techniques suitable for women of all ages and abilities.

Statistics show that 1 in 4 women will be attacked and/or sexually assaulted in their lifetime. The R.A.D Basic Women's Self-Defense Course was designed for a woman to use her natural desire to not be attacked combined with proven self-defense techniques to help a woman defend herself. Furthermore providing the techniques to escape from an aggressor. These techniques while using a woman's natural body composition are easy to learn and retain.

Class One:

September 20, 22, 27, 29th, 2016 [Tuesday/Thursday] From 7pm-10pm

Class Two:

October 17, 19, 24, 26th, 2016 [Monday/Wednesday] From 7pm-10pm

It will be a 12 hour course that will cover a brief PowerPoint with important and specific information regarding personal safety and awareness, developing a plan, and the importance of practicing techniques should you ever be attacked. Following the PowerPoint presentation will be hands on learning to provide and execute the proper techniques of the program. This will include repetitive drills and step by step instruction to ensure that all participants are learning the proper techniques. On the last day of the program, participants may take part in a simulation exercise that offers them the ability to place the techniques and skills learned into a simulated scenario. Previous participants have encouraged all participants to complete the simulations portion, as it really shows you how much you can truly learn within a 12 hour program.

Did we mention this course is absolutely free? Absolutely no cost to you as a fellow CNU Student!

If you would like to sign up or have any further questions please contact us at [RAD@cnu.edu](mailto:RAD@cnu.edu) or 757-594-7053 ext 228.

**Attachment**

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Christopher Newport University  
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[osa@cnu.edu](mailto:osa@cnu.edu)

[www.cnu.edu/studentactivities/](http://www.cnu.edu/studentactivities/)

Follow us on Twitter [@CNUOSA](https://twitter.com/CNUOSA) or like the [CNU Office of Student Activities](#) on Facebook!

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## 6 attachments



**SafeZoneTraining.jpg**

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**ra\_application\_flyer.jpg**

247K



**IFC LipSync.jpg**

53K



**RAD Poster**

273K



**philosophy\_pizza.pdf**

99K



**Electoral College 101.pdf**

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