



INTRODUCING OUR NEWEST AND NEWLY PROMOTED CNU COLLEAGUES



From left to right: Debra Wagner, Housing; Chris Shelton, Grounds, Quantina Wynne and Saun Furman, Dining Services; Erica McKearnery, Human Resources; Matt Yarborough, Grounds; Jeremy Smoot, Ferguson Center for the Arts; James Joseph, Scheduling, Events, Conferences; Debbie Hill, Foundations.



From left to right: Gina Shackelford, Advancement; Kim Cotton, University Police, Steven Miller, Ferguson Center for the Arts; Scott Ge-sele, Plant Operations.

CNU Knowledge Center - Completing Online Trainings

Do you need to complete a required training in the CNU Knowledge Center (CNUKC), but aren't sure where to begin? Visit [HR's website](#) for the [CNUKC link](#) and step by step instructions in the [Online Course Completion Instructions](#) sheet. Please note the highlighted section in the instructions that indicates that CNUKC is not compatible with Internet Explorer on campus. You need to use a different web browser



2014 Recognition and Service Awards Ceremony

For those who have received an invitation and have not had an opportunity to RSVP, please do so by April 12, 2014, by calling 4-7145, or emailing hr@cnu.edu.



Upcoming Trainings

Take 10 For You!

Presenter: Mary Louise Gerdes, CommonHealth
Location: Madison Room, DSU Date & Time: April 16, 2014 12:05 - 1 p.m.

Introduction to the Online Recruitment System

Presenter: Stacey Carroll
Location: HR Training Room Date & Time: April 21, 2014 2 - 4 p.m.

The Changing Face of Identity Theft

Presenter: Kim Pierce and Heather Lockwood, Legal Resources
Location: HR Training Room Date & Time: April 22, 2014 2 - 3:30 p.m.

Improving Communications, Confronting Performance Issues and Reviewing the Standards of Conduct

Presenter: Human Resources
Location: HR Training Room Date & Time: April 23, 2014 9 - 11 a.m.

If you are interested in learning more about any of these trainings, please contact Stacey Carroll by phone at 4-0673 or email at stacey.carroll@cnu.edu. Complete the [online registration form](#) or contact HR to register for any of these trainings: 4-7145 or hr@cnu.edu





2014 Health Benefits Open Enrollment



Open Enrollment for the health insurance plans and flexible spending accounts is May 1, 2014 - May 23, 2013. Changes made during open enrollment will be effective on July 1, 2014. Employees will receive information from the Department of Human Resource Management (DHRM) with information on changes to the health plans and flexible spending accounts. Employees in the COVA Care or COVA HealthAware plans who were active as of March 1, 2014, should receive another letter in the mail from DHRM regarding eligibility for the Premium Rewards. Please read these communications so that you are familiar with your plan and can make informed decisions on your health plans and flexible spending accounts. Anyone who is enrolled in the health plan as of April 1 or later will receive this letter from HR. Training on these changes will be announced in future newsletters!

Christopher Newport University Faculty & Staff Easter Egg Hunt

When? Saturday, April 12

- ☺ Check-In, 11:00 a.m.
- ☺ Hunt Begins, 11:15 a.m.
- ☺ Activities and Snacks, 12:15 p.m. (York Lobby)

Where? York River Hall Lawn

Entry? Donations of any amount; all proceeds benefit the Boys & Girls Club



PNC Bank is offering WorkPlace Banking to CNU Faculty and Staff

PNC WorkPlace Banking members receive:

- 24/7 PNC mobile and online account access
- Direct deposit
- Low minimum balance requirements
- Earn \$150 for opening a new account with qualifying enrollment

The WorkPlace Banker representing CNU employees is Christy Chapman. You may contact Christy by phone at 757-581-5772 or via email at christy.chapman@pnc.com.

Spring has Sprung!

Now is the perfect time to get out and explore
Virginia State Parks

[Virginia Outdoors](#) offers a wide variety of activities for all ages at each State Park. Don't forget to register your Virginia State Park visit as part of the [Virginia Trail Quest](#). To be eligible for the Master Hiker prize, please take a picture of yourself at the park and submit it to HR. For more information on the challenge please visit the [HR webpage](#). Details about the parks are available on the [Virginia State Parks website](#).

