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Campus Announcements - August 25

1 message

Frank Council <franklin.council@cnu.edu>

Tue, Aug 25, 2015 at 9:25 AM

To: Association Office of Student Activities <osa@cnu.edu>

Bcc: students@cnu.edu

Campus Announcements: Daily Digest

Tuesday, August 25

[CAMPUS ACTIVITIES EVENT CALENDAR](#)

TODAY

- **Free Rita's Hosted by CNU Greek Life: 12:00 - 2:00pm**
- **CAB 2015-2016 Street Team Interest Meeting - 5:30pm**
- **HOW TO - Submit a Request to Have an Announcement Included in the Daily Digest Campus Announcement Email**

Upcoming Student Events

- **Campus Activities Board (CAB) 2015-2016 General Board Applications - NOW AVAILABLE**
- **SDEC/PIER Open House**
- **RHA's Annual Tie-Dye Event**
- **Interest Meetings (Wed & Thurs) and Yogurtini Fundraiser (Fri) for Special Olympics Gymnastics Club**
- **Spectrum's Information Session**
- **Students for Christ - First Bible Study of the Year**
- **Students for Christ - Pizza party**

- **Neuroscience Club Interest Meeting**
- **Initiative Student Theatre: Page-to-Stage Auditions**
- **Picnic with the Pi's**

Campus Programs and Announcements

- **Fall 2015 Book Distribution**
- **Fall 2015 Ensemble Audition Information**
- **Happiness, Mindfulness, and Yoga in Costa Rica - Study Abroad May 2016**
- **10th Annual Out of the Darkness Community Walk**

Today

Free Rita's Hosted by CNU Greek Life: 12:00 - 2:00pm

Tuesday, August 25 2015, 12-2pm, Tribble Plaza

Welcome Back to CNU Captains!! Come on out to the Tribble Plaza and enjoy some free Rita's Italian Ice provided by CNU Greek Life. Meet the council leaders, learn more about the Greeks, our community, and what we do here on campus! This event is open to everyone and its free, see you there!

Check out our [EVENT PAGE](#) on The Compass

CAB 2015-2016 Street Team Interest Meeting - 5:30pm

Tuesday, 8/24, 5:30pm, CAB Office (DSU)

CAB Street Team Applications are now OPEN! We encourage any CNU student (Great for freshman!) who is interested to apply starting NOW! You can get your application from the CAB office or Office of Student Activities on the 3rd floor of the DSU or print one from below!

- Applications are due to the CAB office or Office of Student Activities on Monday, September 1st.
- Interviews will be held on Saturday, September 5th from 10am-2pm!

Interest Meetings:

You must attend one interest meeting (CAB Office) to be eligible to join. The dates are:

Tuesday, August 25th @ 5:30pm,

Wednesday, August 26th @ 3:30pm, and

Thursday, August 27th @ 7pm.

attachment

HOW TO - Submit a Request to Have an Announcement Included in the Daily Digest Campus Announcement Email

Members of the CNU community can have their CNU news and event announcements distributed via email to students through the the "Daily Digest Campus Announcement Email".

The "Campus Announcements: Daily Digest" is a daily email sent Monday - Friday, to students only. It is a compilation of

student-related announcements and information received by the Office of Student Activities.

ONLINE REQUEST FORM

Guidelines:

1. Clubs and / or organizations requesting an announcement must be officially recognized by the Office of Student Activities.
2. All announcements must pertain to CNU business or CNU-sponsored campus activities or events only.
3. Student Organizations that submit events should also create a corresponding event page within *The Compass*.
 1. For information about how to best utilize The Compass as a student organization, please contact the Office of Student Activities (osa@cnu.edu).
4. Frequency of Listing: Your information may be listed a maximum of 3 times per calendar week.
5. Announcements are subject to approval and sent at the discretion of the Office of Student Activities.

Note: To have your information listed in today's issue of the Daily Digest, your request must be time stamped no later than 8 a.m. today. Any requests received after 8 a.m. will be listed in the next edition of the Daily Digest.

To have information / announcements listed in the Daily Digest, please make your request [HERE](#).

Upcoming Student Events

Campus Activities Board (CAB) 2015-2016 General Board Applications - NOW AVAILABLE

CAB General Board Applications have re-opened! This is the first time we have tried this so take advantage of this opportunity! We encourage any CNU student who is interested to apply starting NOW! You can get your application from the CAB office or Office of Student Activities on the 3rd floor of the DSU or print one from below!

Applications are due to the CAB office or Office of Student Activities on Monday, September 1st and interviews will be held on Saturday, September 5th from 10am-2pm!

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SDEC/PIER Open House

Welcome back Captains! The Student Diversity and Equality Council (SDEC) and Peers for Inclusion, Empowerment and Respect (PIER) invite YOU to our open house on Thursday, August 27th 12-1:30p on the third floor of the DSU (371). Stop by to grab lunch, meet our officers, and learn about to get involved with us! We're here to spark

dialogue, build relationships, advocate for others, and break down barriers between us. We raise awareness around issues of human difference, equality and respect of all forms in order to strengthen our CNU community.

RHA's Annual Tie-Dye Event

Come and join RHA for our Annual Tie-Event on Sunday, August 30th from 3:00pm-5:00pm on the JR Courts. We will provide t-shirts and materials to tie-dye with so bring all your friends and come join the fun!

Interest Meetings (Wed & Thurs) and Yogurtini Fundraiser (Fri) for Special Olympics Gymnastics Club

CNU's Special Olympics Gymnastics Club is holding two interest meetings that will consist of the same information in both. One is Wednesday, August 26th and the other is Thursday, August 27th. Both are at 7:30 PM in the Harrison Room of the DSU. Come find out more about our program and see if you want to join! (No experience needed.)

CNU's Special Olympics Gymnastics Club is partnering with Yogurtini for our second fundraiser on August 29th from 11:30 AM to 10 PM. 15% of sales go to Special Olympics Gymnastics at CNU, but you must mention that you are there for the fundraiser for Special Olympics in order for the club to receive a piece of the sale. Walk right across the street and contribute to a great cause, and get some yummy Yogurtini in the process!

Spectrum's Information Session

Hello CNU family! Welcome back Captains!

A new year has started, and thus a new semester! SPECTRUM will be having our information session Thursday August 27, 2015 at 8:00 pm. The meeting will be held in Luter 242. Come out, meet your SPECTRUM executive board, see what we will be up to this year, and prepare for a wonderful semester with us!

****snacks will be offered****

We are excited to meet you all! Hope to see you there!

****If there are any questions please contact SPECTRUM at spectrum@cnu.edu for any questions or concerns.**

Students for Christ - First Bible Study of the Year

September 1, 7:30pm, Freeman 101

Welcome Back! Are you ready to start the new semester off right?!

Students for Christ invites you to come to Freeman 101 on 9/1 at 7:30pm to study the word and make new friends.

We hope to see you out there! Come out for fun and fellowship.

You won't regret it!

Students for Christ - Pizza Party

August 28, 12-2pm - Freeman 101

Welcome back to another wonderful semester! We're really happy that many of you got connected with SFC (Students for Christ) at the Club Fair. Our first Bible Study of the semester will be Tuesday, September 1st at 7:30pm in Freeman 101.

However, there will be a Pizza Party on Friday, August 28th at 12noon-2pm in Freeman 101. We hope to see you there and can't wait for an awesome semester with SFC!

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Neuroscience Club Interest Meeting

The Neuroscience Club of CNU will have an interest meeting this Wednesday, August 26th at 7:30PM in Forbes 2070E. This will be a short meeting to discuss upcoming events as well as discuss any ideas you may have. The club has recently re-started, so this is a great way to get involved on campus and work towards a possible leadership semester next semester! Please direct any inquiries to neuroclub@cnu.edu
We look forward to seeing you there!!

Initiative Student Theatre: Page-to-Stage Auditions

<https://www.facebook.com/events/704033023063773/>

WHEN: Tuesday, August 25th 6-11pm

WHERE: Studio Theatre (Blackbox), Ferguson Center for the Arts

Casting 2M, 2F, 1U

Please prepare a 60 second contemporary monologue, or excerpt. Memorization is NOT key. First come, first serve basis. Priority will be given to actors involved in TheaterCNU productions, and those with class conflicts.

Actors must be able and willing to travel to Washington, DC for Saturday, September 5, 2015 – Sunday, September 6, 2015. * Transportation** and lodging will be provided. Load-in/performance will be from 10am-1pm at The John F. Kennedy Center for the Performing Arts.

This is a wonderful opportunity to gain acting experience outside of school, and a unique chance to interact with professional DC theatre companies.

If you have any questions, comments, or concerns, please email intiative@cnu.edu.

*If driving separately, actor can determine own schedule.

**Excluding Metro fees, except in case of documented financial need.

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Picnic with the Pi's

Come meet the sisters of Alpha Delta Pi at Picnic with the Pi's at our first Open Sisterhood Event of the year on the York Lawn from 2-4PM on Wednesday, August 26th! There will be refreshments and a great opportunity to learn more about our sisterhood! Hope to see you there!

Campus Programs & Announcement

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Fall 2015 Book Distribution

The fall-2015 book distribution will be take place at the student mail-room on the 2nd floor in the DSU.

The DSU Ballroom will be closed, August 13th--September 11th to accommodate the increased volume of books, packages and mail.

We are looking forward to another great year!! Go Captains!!

Fall 2015 Ensemble Audition Information

Hello CNU Students!

The ensembles within the Department of Music include students from every major on campus as well as music majors. **All music ensembles**, including the **Marching Captains**, are offered as one-credit courses, and many fulfill the Creative Expressions requirement for graduation.

See the attached flyer for information on our current ensembles, auditions and faculty contact information.

For questions or additional information, please contact the **Department of Music**.

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Happiness, Mindfulness, and Yoga in Costa Rica - Study Abroad May 2016

Information Session - August 26, 2015, DSU Madison Room, 12:15-2:00

I would like to let you know about an exciting course that I will be leading next May in a yoga spa on the Pacific Coast of Costa Rica: Happiness, Mindfulness, and Yoga in Costa Rica. I have attached a flier with all of the details, but, in a nutshell, from May 9 through May 27, 2016, we will learn how the practice of yoga and mindfulness can make us happier people. Your instructors are deeply acquainted with the theory and practice of yoga, happiness, and mindfulness, and Costa Rica has been named the happiest country in the world, so consider joining us for what will be a stimulating and fun course for which you will also earn academic credit.

Check out the following websites for more info or email me!

<http://cnu.abroadoffice.net/internal-program-description-Happiness-Mindfulness-and-Yoga-in-Costa-Rica--154611-0.html>
<https://www.facebook.com/groups/1400912790233717/>
<http://www.lifeforceyoga.org/>
<http://www.costaricayogaspa.com/Events.aspx?id=4205>
<http://cnu.edu/studyabroad/>

Prof. Ken Rose

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10th Annual Out of the Darkness Community Walk

September 12, 2015 (severe weather date: September 13, 2015)

Mt. Trashmore, Virginia Beach

2015 Out of the Darkness Community Walk - Sponsored by The Hampton Roads Survivors of Suicide Support Group

REGISTRATION is now active!

Walk with thousands across the country in recognizing THE NATIONAL SUICIDE PREVENTION WEEK! Come in the name of raising awareness of depressing and suicide; come in the name of remembering a loved one lost to suicide; come in the name of supporting this critical cause

For more information about the Walk, you may call Chris Gilchrist, LCSW, founder and facilitator of the Hampton Roads S.O.S. Group for over 27 years and a member of the American Association of Suicidology. (757) 483-5111.

Together we can save lives!

To find out what is happening on and around CNU, go to **The Compass** and check out the **CAMPUS ACTIVITIES EVENT CALENDAR!**

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Frank Council
Director, Office of Student Activities

Christopher Newport University
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franklin.council@cnu.edu

What you do speaks so loud, that I cannot hear what you say.
- Ralph Waldo Emerson

6 attachments



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Initiative Student Theater_pagetostage.png
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CAB_street_team_application_2015.pdf

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Study Abroad_summer 2016_costa_rica_flier_d2.pdf

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Fall2015EnsembleInfo.pdf

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