



LIFELONG LEARNING SOCIETY

2000 Fall Program

The LifeLong Learning Society of Christopher Newport University is a membership organization dedicated to persons of retirement age who seek opportunities for learning in an environment of sharing and fellowship. There are no requirements as to previous educational experience; intellectual curiosity is the only admission requirement. Managed by and for its members, the LLS is a program of the Office of University Relations and is an affiliate of the Elderhostel Institute Network. Through a variety of activities – including lectures, courses, study and discussion groups, lunches, dinners and field trips – persons of diverse backgrounds come together to share a common interest in learning. There are no exams or grades in the courses, although some courses include assigned readings and the possible purchase of a text. All persons of retirement age are encouraged to join if they are interested in being challenged by new ideas in the company of other eager learners. The LLS shares its program with the community by participating in joint learning efforts with other educational and research institutions, retirement groups, industries and museums.

Opening Session: Monday, August 28, 2000

- 1 p.m. New Member Orientation: Alumni Room, Student Center
- 1:30 p.m. All-Member Reception: Alumni Room, Student Center
Course Registration: Lobby, Gaines Theatre
- 2:30 p.m. Lecture by Dr. Walter Wymer, CNU: *Electronic Commerce Today and in the Near Future*. Gaines Theatre, Student Center

Program Overview

The six Monday afternoon lectures and two CNU concerts for LLS members are listed on page 4.

Session A and Session B courses will meet either once or twice each week for five weeks at dates and times indicated on pages 2 and 3. In addition to five field trips, a number of optional activities will be announced during the semester.

Membership Fee and Benefits

Full membership for the 2000-2001 fall, spring and summer sessions is \$110. This includes Monday afternoon lectures, the fall, spring and summer courses; and the opportunity to participate in optional activities—such as field trips—by paying the activity fees.

An associate membership is available for \$60. This includes the Monday afternoon lectures, and the group and other optional activities but no courses.

A member may bring a guest one time to any of the Monday lectures or class meetings or to an optional activity if there is space available.

Refund Policy

Full refund of membership and/or course fees will be granted if requested before Sept. 4. After that date no refund will be given for unused membership fees. Course fee refunds will be made in accordance with the established policies. A 10-percent handling charge will be deducted on all refunds.

Economic Hardship

Fee waiver is possible and inquiries are invited. Please call the LLS Office at 594-7568 for details.

As of September 5 a new "00-01" sticker must be placed on your CNU parking decal. If you have not already purchased the "00-01" sticker you may do so when you complete the enclosed Fall 2000 registration form.

Any Questions?
Call 594-7568 any time

LLS is an affirmative action/equal opportunity institution, Christopher Newport University does not discriminate in admission, employment or any other activity on the basis of race, color, age, religion, national origin, veteran status, physical handicap or political affiliation.

Session A Courses

Sept. 5 - Oct. 6

A1 & B1 - Tai Chi Chaun - Yang Style

Tues., 9 - 10:15 a.m.

Improve your posture, circulation, flexibility of joints and vitality through this exercise method.

Instructor: Brad Tinnon

A2 & B2 - Computer 101

Tues. and Thurs., 9:30 - 10:45 a.m.

Instruction in Windows 98, writing letters with Microsoft Word, surfing the World Wide Web, sending and receiving e-mail. Limited enrollment. \$10 lab fee.

Instructor: Mary Waltrip, CNU

A3 & B3 - Microsoft Word 97

Tues. and Thurs., 9:30 - 10:45 a.m.

A hands-on approach to writing personal and business letters, newsletters, manuals, graphics, brochures and more using Microsoft Word97. Limited enrollment. \$10 lab fee.

Instructor: Harry Gates, LLS

A4 - Poetry Then and Now

Tues., 11 a.m. - 12:15 p.m.

A comparison of the poetry of contemporary poets with poetry of the 17th, 18th and 19th centuries. Also class members will write, read and examine their own poetry.

Instructor: Patricia Flower Vermillion

A5& B5 - Computer 102

Tues. and Thurs., 1 - 2:15 p.m.

Create and edit documents with Word, learn the basics of Excel spreadsheets and enhance your WWW and e-mail skills. Prereq.: Computer 101. Limited enrollment. \$10 lab fee.

Instructor: Mary Waltrip, CNU

A6 - The Diversity of Our Faiths

Tues., 1 - 2:15 p.m.

Structured discussions on the history and current beliefs and practices of five faiths including Bahai, Hinduism, Hebrew, Greek Orthodox and Islam

Coordinator: Helen Mittelman, LLS

A7 - History and Culture of the Sea

Tues., 2:30 - 3:45 p.m.

Presentations by Mariners' Museum staff on topics such as Women of the Sea, the Titanic and the Art of Sea Chantey.

Coordinator: Anne Marie Millar, Mariners' Museum

A8 - Germany from Bismarck to Schroeder

Tues., 2:30 - 3:45 p.m.

The evolution of Germany from unification under Bismarck through the three Kaisers, two world wars, division into East and West Germany and re-unification beginning in 1990.

Instructor: Dr. J. Richard Guthrie, Jr., CNU

A9& B9 - Ceramics

Wed. and Fri., 9:30 - 11:30 a.m.

An introductory course in ceramics with an emphasis on hand- and slab-building techniques as well as an understanding of clay and glaze materials and their proper use. Instructor will not be present on Fridays. Limited enrollment.

Instructor Prof. Gregory A. Henry, CNU

A10 - Film as Art

Wed., 11 - 12:15 p.m.

A survey, including film clips, of the artistic techniques such as

cinematography, editing and lighting that have been used in films ranging from *Citizen Kane* to today's award winners.

Instructor: Dr. Mark Borchert, CNU

A11 - The Iliad of Homer

Wed., 1 - 2:15 p.m.

The historical context, philosophical ideas and aesthetic values to enhance our appreciation of this great epic of Western culture. Text: ISBN 0226469409, \$5-\$8.

Instructor: George Tsirimokos, LLS

A12 - Exploring the NASA Langley Research Center

Wed., 2:30 - 3:45 p.m.

Illustrated lectures on basic aerodynamics plus state-of-the-art research including lighting and aircraft testing, pyrotechnics in aerospace and the revolution in materials and a guided tour.

Instructors: NASA Langley Scientists and Engineers

A13 - Writing Fundamentals

Thurs., 9:30 - 10:45 a.m.

The basic tools for descriptive, narrative and expository writing, with your experiences as your source material. Limited enrollment.

Instructor: Prof. June Soud, CNU

A14 & B16 - Fitnastics

Thurs., 11 a.m. - 12:15 p.m.

A conditioning program to improve your core strength, balance, range of motion and muscular and cardiovascular endurance.

Instructor: Professor Nancy Billger, CNU

A15 & B17 - Approaches to Better Health

Thurs., 1 - 2:15 p.m.

Alternative choices for preventing, treating and often reversing chronic health problems will be discussed.

Coordinators: Dr. Philip Murray and Norma Richburg, LLS

A16 - The U.S. Between Two Great Wars: 1865-1917

Thurs., 1 - 2:15 p.m.

An examination of the last years of America's Victorian era and the excesses of that age, featuring the insights of Henry Adams and Mark Twain.

Instructor: Dr. Timothy E. Morgan, CNU

A17 - Peru in Perspective

Thurs., 2:30 - 3:45 p.m.

A survey of Peru's history including how Pizarro and his small "army" conquered the Incas, Peru under Spanish rule, gaining independence and the current political situation.

Instructor: Dr. Peter Gushue, CNU

A18 and B20 - Painting: Acrylic and Oil

Fri., 9:30 - 11:30 a.m.

Learn to select, mix and apply. Enhance your skill in composition. If you are no longer a beginner, continue to develop your skills. Limited enrollment

Instructor: Dr. David Alexick, CNU

A19 and B21- Watercolor Painting

Fri., 2 - 4 p.m.

Learn to select, mix and apply. Enhance you skill in composition. If you are no longer a beginner, continue to develop your skills. Limited enrollment.

Instructor: Professor Betty Anglin, CNU

Session B Courses

Oct. 17 - Nov. 17

B1 - Tai Chi Chuan - Yang Style

Tues., 9 - 10:15 am.

Continuation of Course A1

B2 - Computer 101

Tues. and Thurs., 9:30 - 10:45 a.m.

Same as Course A2.

B3 - Microsoft Word 97

Tues. and Thurs., 9:30 - 10:45 a.m.

Same as Course A3.

B4 - Fiction Writing

Tues., 11 a.m. - 12:15 p.m.

For writers who have completed writing fundamentals. Find your elusive personal fiction writing voice, sharpen your style and explore the elements of a good short story.

Instructor: Prof. Heidi Hartwiger.

B5 - Computer 102

Tues and Thurs, 1 - 2:15 p.m.

Same as Course A5.

B6 - What is This Thing Called JAZZ?

Tues., 1 - 2:15 p.m.

An educational and entertaining journey through the world of jazz, including historical and stylistic developments with videos, recordings and live performances by the CNU Faculty Jazz Combo.

Instructor: Prof. William Brown, CNU

B7 - Makers of Modern Theater: George Bernard Shaw

Tues., 2:30 - 3:45 p.m.

A gifted wit and humorist, Shaw used plays to entice theater goers to explore better ways of living. We will study *Major Barbara* (1905), *Heartbreak House* (1919), and *Saint Joan* (1923). Text: *Bernard Shaw's Plays* WW. Norton, ISBN: 39309942-23, paper.

Instructor: Prof. Barry Wood, CNU

B8 - The Riches of the Mariners' Museum

Tues., 2:30 - 3:45 p.m.

The explorations of Leifr Ericsson; the Crabtree Collection of Miniature ships; the paintings of marine artist Antonio Jacobson and the Museum's figurehead collection.

Coordinator: Anne Marie Millar, Mariners' Museum

B9 - Ceramics

Wed. and Fri., 9:30 - 11:30 a.m.

Same as Course A9

B10 - The Odyssey of Homer

Wed., 10 - 11:15 am.

Our focus will be on the values that were admired, honored or abhorred by the Greeks of the 8th century BC, as well as the exploits, romance and myths which continue to influence modern art and story. Text: ISBN 0374525749, \$8-\$10

Instructor: George Tsirimokos, LLS

B11 - China from Mao to Now

Wed., 11 a.m. - 12:15 p.m.

The rise of communism, China under Mao (1949-76), reform and modernization under Deng (1976-97) and current developments including relations with Taiwan and WTO membership. Documentary films will be shown.

Instructor: Dr. Chang Liu, CNU

B12 - Four Life-Forming Books

Wed., 1 - 2:15 p.m.

An examination of four books that have been life-forming for the instructor. You will be invited to discuss your life-forming book during the final session.

Instructor: Dr. Richard Beauchamp, CNU

B13 - Current Topics in Astronomy 1

Wed., 2:30 - 3:45 p.m.

Advances in solar physics, planetary and lunar science; the fate of the solar system; extrasolar planets and gamma-ray bursts, etc.

Instructor: Dr. Kelly Herbst, Virginia Living Museum

B14 - Advanced Writing for "Historians"

Thurs., 9:30 - 10:45 a.m.

This course is for members who have completed the writing fundamentals course. Strengthen your skills in recording your experiences. Limited enrollment.

Instructor: Doris Gwaltney

B15 - Creative Non-Fiction Writing

Thurs., 9:30 - 10:45 a.m.

For writers of all levels who enjoy writing non-fiction with a creative flair and those who wish to craft stories from real life. Limited enrollment.

Instructor: Prof. Heidi Hartwiger

B16 - Fitnastics

Thurs., 11 a.m.-12:15 p.m.

Same as course A14

B17- Approaches to Better Health

Thurs., 1 - 2:15 p.m.

Same as Course A15

B18 - Sophie's Choice

Thurs., 1:00 - 2:15 p.m.

We will read *Sophie's Choice*, a novel that explores the Holocaust and its effect on survivors. This class will be part of the "All Virginia Reads" project. Text: William Styron, *Sophie's Choice*, Vintage. ISBN:0679736379.

Instructor: Dr. Roark Mulligan, CNU

B19 - Travel and Cultural Art: The Splendors of Italy

Thurs., 2:30 - 3:45 p.m.

A survey of the Etruscan, Gothic, Romanesque, Renaissance and modern world of Italy.

Instructor: Dr. Liana C. Fleming, CNU/ODU

B20 - Painting: Acrylic and Oil

Fri., 9:30 - 11:30 a.m.

Same as course A18

B21 - Watercolor Painting

Fri., 2 - 4 p.m.

Same as Course A19

MONDAY AFTERNOON LECTURES

Aug. 28

Dr. Walter Wymer, CNU
Electronic Commerce Today and in the Near Future
2:30 p.m. - Gaines Theatre

Sept. 11

Nancy Billger
Strength Training for Vitality
2:30 p.m. - Gaines Theatre

Sept. 18

Dr. Mark Reimer, CNU
CNU in Concert
3 p.m. - Gaines Theatre

Sept. 25

Coach Matt Kelchner
Getting Started with Football at CNU
2:30 p.m. - Gaines Theatre

Oct. 2

Dr. Kelly Herbst, Virginia Living Museum
*Answering the Top-20 Questions
Asked by Amateur Astronomers*
2:30 p.m. - Gaines Theatre

Oct. 23

Dr. Mark Reimer, CNU
CNU in Concert
3 p.m. - Anderson Auditorium

Oct. 30

Cpl. Leo Flibotte, Hampton Police Department
Stealing Your Identity
2:30 p.m. - Gaines Theatre

Nov. 13 - TBA

2:30 p.m. - Gaines Theatre

FIELD TRIP SCHEDULE

Friday, Sept. 15

Historic Gloucester, Virginia

Sunday & Monday, Oct. 8 & 9

Lighthouse Tour: Dr. Harold Cones, CNU

Thursday, Oct. 12

Inland Waterway Cruise

Tuesday, Nov. 28

Monet Exhibit
Virginia Museum of Fine Art,
Richmond

Friday, Dec. 8

Fredericksburg, Virginia: Ingleside Winery, Dinner,
and Candlelight Tour of Stratford Hall

Field trip registration forms and details on times and costs will be available at the Monday afternoon lectures or by calling the LLS Office at 594-7568.



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Christopher Newport University
1 University Place
Newport News, VA 23606

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Elaine Giguere
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CNU LIFELONG LEARNING SOCIETY – FALL 2000 COURSE REGISTRATION FORM

Name(s): _____ Phone: _____ SS# _____

Address: _____

Are you enrolling as a new member of LLS? Yes _____ No _____ E-mail _____

Course Registration:

Please put a "1" by your first choice, a "2" by your second, a "3" by your third for each Session A and B.

Session A Courses

- | | | |
|---|---|--|
| ☐ A1 – Tai Chi Chaun | ☐ A8 – Germany | ☐ A15 – Approaches to Better Health |
| ☐ A2 – Computer 101 | ☐ A9 – Ceramics | ☐ A16 – US Between Two Great Wars |
| ☐ A3 – Microsoft Word 97 | ☐ A10 – Film as Art | ☐ A17 – Peru in Perspective |
| ☐ A4 – Poetry Then and Now | ☐ A11 – The Iliad | ☐ A 18 – Acrylic/Oil Painting |
| ☐ A5 – Computer 102 | ☐ A12 – Exploring NASA | ☐ A 19 – Watercolor Painting |
| ☐ A6 – Diversity of Faiths | ☐ A13 – Writing Fundamentals | |
| ☐ A7 – History of the Sea | ☐ A14 – Fitnastics | |

Session B Courses

- | | | |
|--|--|--|
| ☐ B1 – Tai Chi Chaun | ☐ B8 – Mariners' Museum | ☐ B16 – Fitnastics |
| ☐ B2 – Computer 101 | ☐ B9 – Ceramics | ☐ B17 – Approaches to Better Health |
| ☐ B3 – Microsoft Word 97 | ☐ B10 – The Odyssey of Homer | ☐ B18 – Sophie's Choice |
| ☐ B4 – Fiction Writing | ☐ B11 – China from Mao to Now | ☐ B19 – The Splendors of Italy |
| ☐ B5 – Computer 102 | ☐ B12 – Life-Forming Books | ☐ B20 – Acrylic/Oil Painting |
| ☐ B6 – What Is This Thing Called
Jazz? | ☐ B13 – Astronomy | ☐ B21 – Watercolor Painting |
| ☐ B7 – Makers of Modern Theater | ☐ B14 – Advanced Writing | |
| | ☐ B15 – Non-Fiction Writing | |

WEEKLY GROUP ACTIVITIES – OPEN TO ALL MEMBERS

☐ Lunch Bunch ☐ Guys and Gals Singing ☐ Exploring our Diversities

Our Society is managed by and for its members. If you are willing to help, please check one or more of the following:

- | | | |
|---|---|--|
| ☐ Hospitality and Special Events | ☐ Membership | ☐ Program Planning |
| ☐ Telephone Tree | ☐ Course Assistant | ☐ Teaching a Course |
| | | ☐ Office Volunteer |

You may register either by phone (594-7568) or by mail to LLS, CNU, 1 University Place, Newport News, VA 23606. If you register by Aug. 14, you will receive confirmation of your courses, their room locations, and a receipt for your payment by mail. If you register after Aug. 14, this information will be available in the LLS Office and at the first two Monday lectures.

Associate membership, Sept. 2000 – Aug. 2001 (lectures and optional activities, no courses) \$60 _____
 Full membership (as above) plus fall, spring, and summer 2001 course \$110 _____
 CNU parking decal sticker for the full year, Sept. 2000 – Aug. 2001 \$12 _____
 Computer lab fee (\$10 per computer course) (☐ X \$10) = \$ _____
TOTAL \$ _____

Payment Options

Check payable to CNU for \$ _____ enclosed. Charge \$ _____ to my ☐ VISA ☐ Master Card
 Card # _____ Exp. _____ Name on credit card: _____

For LLS Office Use Only

Processed by _____ on _____ paid by _____ for \$ _____
initials date check/visa/mc/cash amount

☐ Current member	☐ Packet	☐ Date received
☐ Reinstated member	☐ Name tag	☐ Green Book
☐ New member	☐ Decal	☐ Confirmation
		☐ Computer