The Spinnaker

Weekly Update - September 7, 2012





FYI...

For information on the 2012 bonus to be issued by the Commonwealth of Virginia later this year, please visit our Human Resources web site where you will find a link to the Frequently Asked Questions document provided by the Department of Human Resources Management.



HUMAN RESOURCES....Your One Stop Shop For:



- * Change of Address
- * Health Care Changes
- * Life Insurance Beneficiary Changes

- * Name Change
- * Supplemental Retirement Account changes
- * Inquiries about full time leave/time sheets (hourly inquiries should be addressed to Payroll)

Stop by - we'd love to see you! * Call 594-7145 * Email us at hr@cnu.edu

SAVE THE DATE! Our 14th Annual CNU Benefits Fair!



Wednesday, October 24, 2012 10:00AM - 1:00PM DSU Ballroom



Mark your calendar for our informative and enjoyable Benefits Fair! Come and explore a wide array of CNU and State employee benefits options! Register to win fabulous door prizes! Leisurely stroll through a room filled with delightfully decorated vendor tables and meet your benefits representatives! Where else can you get good free stuff, have refreshments, meet CNU colleagues, have great fun and meet our benefit vendors?

We plan to offer free and confidential onsite health screenings and flu shots at the Benefits Fair. More detailed information will be provided at a later date. We are also working with the Department of Health to provide a flu shot clinic sometime earlier in October. Stay tuned!



FIDELITY IS COMING TO CNU FOR YOU!

Good News! Fidelity's representative, Boyce Brice, will be on campus in the Office of Human Resources on Friday, September 21 from 8:30am until 2:30pm. Optional Retirement Plan participants are encouraged to take advantage of this great opportunity to review and discuss your personal investment options. To set up an appointment, please call 800-642-7131. You can also register online at www.fidelity.com