



Christopher Newport College ElderLearning Society

Spring 1990 Program

The ElderLearning Society of CNC is dedicated to persons of retirement age who seek opportunities for learning in an environment of sharing and fellowship. Intellectual curiosity is the only admission requirement. ELS is managed by and for its members. Through a variety of activities, including lectures, courses, and field trips, persons of diverse backgrounds come together to share a common interest in learning.

Program Overview January 29-April 19, 1990

Session A and Session B courses will meet either Tuesday or Thursday from 2:30 to 4:00 p.m. for five weeks in Wingfield Hall classrooms. Session C course schedules will be arranged for the convenience of those enrolled.

Optional activities, including field trips, concerts and plays, will be announced in early February.

Any Questions?
Or if you wish to register by phone
Please Call 594-7158

Our Mailing Address Is:
Continuing Education
CNC•50 Shoe Lane•Newport News, Virginia 23606

Membership Benefits

Each member may select one Tuesday or one Thursday course in each of the two Sessions, A and B, plus one of the Session C courses. Registration for these courses will be accepted on a first-come, first-served basis and is limited to 35 students per course unless otherwise indicated. The semester membership fee is \$50 per person. Waiver of this fee for economic reasons can be arranged on an individual basis. There will be an additional charge for the optional activities. Associate membership is available for \$10 for persons who will not take courses, but who wish to participate in optional activities on a space-available basis, and to receive notices about ElderLearning activities and other campus events by mail.

Provision for disabled persons will be made available upon request.

EEO/AA

Orientation/Registration—Monday, January 29, 1990

Membership orientation for the ELS 1990 Spring Program will be at 2:30 p.m. on Monday, January 29, 1990 in the Anderson Auditorium of the CNC Administration Building. Persons may join the ELS and register for courses at this time if they have not previously done so. Further details regarding optional activities will be announced, and photos taken of new members for the ELS album. Refreshments will be served.

GIFT CERTIFICATES appropriate for birthdays, holidays, anniversaries, etc., are available for \$50. The recipient may register for courses in either the spring or fall semester.

SESSION A
JANUARY 30-FEBRUARY 27

A1—Our Japanese Connections

Tuesdays, 2:30 pm, W-103

Five lectures on Japan's art, culture, economy, and language plus a morning field trip on February 20 to observe management practices at Canon Virginia, Inc.

Coordinator: Jean Morris

A2—Religion in Transition

Tuesdays at 2:30 pm, W-124

In discussions with representatives of five faiths, this course examines how religions have been affected by the major societal changes of the past 30 years, and what changes are foreseen during the coming decade.

Coordinator: Ruth Olney

A3—Utopias and Human Behavior

Tuesdays at 2:30 pm, W-126

Sir Thomas More described a perfect moral, social, and political life in Utopia. Both historic and contemporary utopian communities are examined. Case studies of Rugby, Tenn. in the 1990's, the role of the Kibbutz in Israel's founding, and the on-going Twin Oaks community in Louisa County Virginia are included.

Coordinator: Jim Moore

A4—Financial Planning in Retirement

Thursdays at 2:30 pm, W-103

Designed to enhance your understanding of your options as you seek to improve your financial planning, this course covers Tax and Estate Planning, Gifts, Trusts, Managing the Investment Manager; and Medical, Liability, and Long Term Care Insurance. Presentations by guest speakers are included.

Instructor: Dr. Dexter Rowell

A5—Drawing for the Beginner

Thursdays at 2:30 pm, W-124

For persons without drawing experience, the elements of design and composition in this course provide a foundation for drawing with charcoal, graphite pencil, and pen and ink. Limited enrollment.

Instructor: Prof. Betty Anglin

SESSION B
MARCH 20-APRIL 19, 1990

B1—Total Wellness

Tuesdays, 2:30 pm, W-103

With a modicum of effort, a dash of persistence, and a cup of determination, your future can be healthier. This course explores reasons for modifying eating habits, the importance of physical activity in later years, sexuality in later life, health care costs in the 1990's and how the brain ages and related diseases.

Coordinator: Pat Ogden

B2—IBM Computer Word Processing

Tuesdays, 2:30 pm, M-128

If you know how to type, but know nothing about computers, this course is for you. Once beyond the learning curve, you will discover the pleasure of writing with a word processor. Limited enrollment.

Instructor: Betty Cerro

B3—Apple Computer Word Processing

Tuesdays, 2:30 pm, M-126

With purpose and content similar to B2 (above), this course will use the Apple computer. Limited enrollment.

Instructor: Irvine Seney

B4—Science and Technology

Thursdays, 2:30 pm, W-103

This course begins with lectures on superconductivity and on measuring global change by satellite. The last three meetings will consist of field trips to NASA-Langley's wind tunnels, CEBAF and VIMS, where tours and briefings will be given. Enrollment limited to 30.

Coordinator: Keith McMurran

B5—Music in 20th Century Society

Thursdays, 2:30 pm, W-126

How 20th Century music reflects the major social and political changes in Western society since 1900. Taped excerpts of representative musics will be presented and discussed.

Instructor: Dr. Kenneth Wright

B6—Five Other Cultures

Thursdays, 2:30 pm, W-124

In-depth, structured interviews with guests from five other cultures will enrich our global understanding. As well as discussing their cultures, our guests will give their impressions of our society, and so provide "mirrors" with which we can see ourselves as others see us.

Instructor: Prof. Lea Pellett

SESSION C
SCHEDULES TO BE ARRANGED

C1—Writing: "Historians" at Work

More changes affecting family life have occurred during our lifetimes than perhaps at any other time in history, and your story is a part of that. This course will provide the time, encouragement and guidance for members who wish to write their histories — for themselves as well as for their descendants. Limited enrollment.

Instructor: Doris Gwaltney

C1—Great Decisions of 1990

Students will study and discuss eight of the most important world challenges facing our nation. A 96-page booklet, "Great Decisions 1990" published by The Foreign Policy Association costing \$10 is the text.

C3—Landscape in Literature

This course is designed for ELS members who will participate in the Scotland/England Elderhostel study next August as well as other ELS members interested in a survey of British literature from the end of the eighteenth through the nineteenth century.

POLICY ON REFUNDS

Full refund of your membership fee will be granted if your cancellation is received prior to January 30, 1990.

REGISTRATION FOR CNC-ELS SPRING SEMESTER, 1990

Name _____ Social Security # _____

Address _____ Phone # _____

City _____ State _____ Zip _____

The \$50 membership fee covers one course in each Session.
Please indicate your first and second choice for each session.

SESSION A

☐ Japanese Connections
☐ Religion in Transition
☐ Utopias and Human Behavior
☐ Financial Planning in Ret.
☐ Drawing for the Beginner

SESSION B

☐ Total Wellness
☐ Science and Technology
☐ Music in 20th Cent. Society
☐ Five Other Cultures
☐ Word Processing — IBM
☐ Word Processing — Apple

SESSION C

☐ Great Decisions
☐ Writing
☐ Landscape in Literature

☐ I wish to become a regular member for spring, 1990 (\$50.00)

☐ I wish to become an associate member for spring, 1990 (\$10.00)

Personal check for \$ _____ enclosed (Make payable to CNC)

Charge \$ _____ to my ☐ VISA ☐ MasterCard

Account # _____ Exp. Date _____

Please Mail This Registration Form and Your Check to:
ElderLearning Society, Office of Continuing Education
CNC • 50 Shoe Lane • Newport News, Virginia 23606

CNC ElderLearning Society

"Where intellectual curiosity is the only membership requirement"



Office of Continuing Education
Christopher Newport College
Newport News, Virginia 23606

Virginia's Four-Year State College on the Peninsula

Nonprofit Org.
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Permit No. 2608
Newport News, VA

CHRISTOPHER NEWPORT COLLEGE ELDERLEARNING SOCIETY

SUPPLEMENT TO 1990 SPRING PROGRAM BROCHURE

The first general membership and orientation meeting of the 1990 spring semester will be from 2:30 to 4 p.m. on Monday, January 29, in the Anderson Auditorium of the CNC Administration Building. Our speaker for this meeting will be Dr. John R. Guthrie, Jr., Chairman of Modern and Classical Languages and Literatures. His topic will be "Perspectives on German Reunification."

Following Dr. Guthrie's talk, the Nominating Committee will present the following slate of officers:

President	Daisy McMenamin
President Elect	John Sewall
Vice President for Membership	Alvin Cox
Vice President for Program	Doris Smith
Vice President for Finance	Martin Gracey
Members-at-large	Miriam Cocke, Bernice Pierce, Arthur Yarborough

Additional nominations for the Steering Committee may be made from the floor with the nominees' consent. The election will be held during the general membership meeting on February 6, 1990, at 2 p.m. in Wingfield 103.

A course in word processing using the Apple computer has been added to the A Session Thursday afternoon courses. Irvane Seney is the instructor. Enrollment is limited to 12 persons.

Arrangements have been made for two museum field trips during the 1990 Spring Semester. Details on times and costs will be announced .

Wednesday, March 7 - Chrysler Museum, Norfolk

Wednesday, April 11 - National Art Gallery, Washington, D.C.

A representative from Sotheby's in New York will speak on "The Fine Art of Appraisals" at 7:30 p.m. on January 11 in the John Gaines Theatre on campus. Sotheby's is one of the premiere appraisal and auction houses in the United States. The event is cosponsored by the Peninsula Estate Planning Council and is free and open to the public.

TOPICS AND SPEAKERS FOR COORDINATED COURSES

- A1 - Our Japanese Connections - Tuesdays, 2:30 p.m., Wingfield 103.
Jan 30 - Japanese Culture and Society, Mr. Jack Boyd of Canon Virginia, Inc.
Feb 6 - Introduction to the Japanese Language, Prof. Kimihiko Nomura.
Feb 13 - Japan's Economy in Perspective, Prof. Shigeto Naka.
Feb 20 - Morning field trip to Canon plant at Oyster Point.
Feb 27 - Virginians in Tokyo, speakers to be announced
Mar 6 - Art of Japan, Prof. Jon J. Petruchyk.
- A2 - Religion in Transition - Tuesdays, 2:30 p.m., Wingfield 124.
Jan 30 - Judaism, Rabbi Robert Feinberg.
Feb 6 - Catholicism, Father Simon Kenny.
Feb 13 - Greek Orthodox Church, Father Peter Markris.
Feb 20 - Field trip to Islamic Center in Hampton.
Feb 27 - The Protestant Church, Dr. Jouett L. Powell, CNC.
- A3 - Utopias and Human Behavior - Tuesdays, 2:30 p.m., Wingfield 126.
Jan 30 - Rugby, Tennessee, a 19th Century Utopia, Dr. Douglas Gordon.
Feb 6 - The Kibbutz and Israel's Founding, Dr. Virginia Purtle.
Feb 13 - The Present Utopia at Twin Oaks, Virginia, Dr. Lee Doerries.
Feb 20 - Judging Others by Their Speech, Dr. Dorothy Doolittle.
Feb 27 - Summary panel: Drs. Gordon, Purtle and Doerries.
- A4 - Financial Planning in Retirement - Thurs, 2:30 p.m., Wingfield 103.
Feb 1 - Introduction/Overview, Mr. John Tompkins.
Feb 8 - Estate Planning, Ms. Mary Beauchamp.
Feb 15 - Investment, Mr. Bill Saunders.
Feb 22 - Insurance, Mr. Jim Haas.
Mar 1 - Long Term Care, Mr. Michael Jay Matthews.
- B1 - Total Wellness - Tuesdays, 2:30 p.m., Wingfield 103.
Mar 20 - Eating Our Way to Health, Ms. Gayle Pearson.
Mar 27 - Exercise and Health, Ms. Nancy Suttles.
Apr 3 - The Aging Brain and Related Illnesses.
Apr 10 - Sexuality in Later Life, Dr. Sanford E. Lopater, CNC.
Apr 17 - Costs of Health Care in the 1990's, Dr. Norman Samet.
- B4 - Science and Technology - Thursdays, 2:30 p.m., Wingfield 103.
Mar 22 - Super Conductivity, Dr. Randall Caton, CNC.
Mar 29 - Measuring Global Change by Satellite, Dr. L. B. Garrett.
Apr 5 - Field trip to CEBAF, Dr. David Heddle.
Apr 12 - Field trip to NASA Wind Tunnels, Mr. John Campbell.
Apr 19 - Field trip to VIMS, Gloucester Point, Mr. John Olney.
- B6 - Five Other Cultures - Thursdays, 2:30 p.m., Wingfield 124.
Mar 22 - Egypt.
Mar 29 - Iran.
Apr 5 - Costa Rica.
Apr 12 - Korea.
Apr 19 - Russia.

599-4040

CNC ELDERLEARNING SOCIETY
SPRING, 1990 COURSE DESCRIPTIONS

SESSION A
January 30 - February 27

A1 - Our Japanese Connections
(Tuesdays at 2:30 p.m.)

Designed for members who did not take last spring's course on Japan, this course will cover Japanese art, culture, society and economy, language, and the recent experiences of "a Virginian in Tokyo". A morning field trip on February 20 to observe management practices at the Canon plant at Oyster Point is planned.

A2 - Religions in Transition
(Tuesdays at 2:30 p.m.)

Through a series of discussions with local religious leaders, this course will examine the ways that our religious communities have been affected by the dramatic societal changes of the past 30 years, and the changes they foresee during the last decade of the 20th Century.

A3 - Utopias and Human Behavior
(Tuesdays at 2:30 p.m.)

Sir Thomas More described a perfect moral, social, and political life in Utopia. This course examines both historic and contemporary utopian communities to discover their roots and what living in Utopia is like. Case studies of Rugby, Tenn. in the 1990s, the role of the Kibbutz in Israel's founding, and the on-going Twin Oaks community in Louisa County Virginia are included.

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(Thursdays at 2:30 p.m.)

This course will enhance your understanding of your options as you seek to improve your financial planning. Topics include: Tax and Estate Planning, Gifts, Trusts, Managing the Investment Manager; and Medical, Liability, and Long Term Care Insurance. Dr. Dexter Rowell will instruct. Guest speakers will participate.

A5 - Drawing for the Beginner
(Thursdays at 2:30 p.m.)

Designed for persons without drawing experience, the elements of design & composition in this course will provide a foundation for drawing. Techniques of drawing with charcoal, graphite pencil, and pen and ink will be included. Professor Betty Anglin will instruct. (Enrollment limit is 15.)

SESSION B
March 20 - April 19

B1 - Total Wellness
(Tuesdays at 2:30 p.m.)

With a modicum of effort, a dash of persistence, and a cup of determination, your future can be healthier. This course will explore reasons for modifying eating habits, the importance of physical activity in later years, sexuality in later life, the way the brain ages and related diseases, and health care costs in the 1990's.

B2 - IBM Computer Word Processing
(Tuesdays at 2:30 p.m.)

If you know how to type, but know nothing about computers, this course is for you. Once beyond the learning curve, you will discover the pleasure of writing with a word processor. Betty Cero will instruct. (Enrollment limit is 12.)

B3 - Apple Computer Word Processing
(Tuesdays at 2:30 p.m.)

With content similar to B2 (above), this course will use the Apple computer. Irvine Seney will instruct. (Enrollment limit is 12.)

B4 - Science and Technology
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The scientific and technological expertise in our community is an unparalleled resource. Topics for this course include superconductivity, NASA wind tunnels, orbital mechanics, fiber optics, elementary particle research at CEBAF, and Marine Science at VIMS. Field trips will be included.

B5 - Music in 20th Century Society
(Thursdays at 2:30 p.m.)

This course will explore the ways that 20th Century music reflects the major social and political changes in Western society since 1900. Taped excerpts of representative musics will be presented and discussed. Dr. Kenneth Wright will instruct.

B6 - Five Other Cultures
(Thursdays at 2:30 p.m.)

In-depth, structured interviews with guests from Egypt, Iran, Korea, Costa Rica and Russia will enrich our global understanding. As well as describing their own cultures, our guests will give their impressions of our society, and so provide "mirrors" with which we can see ourselves as others see us. Professor Lea Pellett will instruct.

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C Session Course Descriptions

January 29 - April 19

The schedules for these three courses will be arranged at the end of January, 1990. It is anticipated that class meetings will be about every two weeks at times convenient to both instructors and members.

C1 - Writing : "Historians" at Work.

1st There have been more changes affecting family life during our own life times than perhaps at any other time in history. Your story is a part of that. This course will provide the time, encouragement and guidance for members who wish to write their histories -- for themselves as well as for their descendants. Mrs Ricki Noble will instruct. (Enrollment is limited to 15.)

C2 - Great Decisions of 1990.

2nd Multiple classes may be arranged, depending on interest. Discussion topics are expected to include:

U.S.S.R. and Eastern Europe: End of an Era?

U.S., Europe and Japan: Global Economy in Transition?

Nicaragua and El Salvador: War or Peace in Central America?

Vietnam, Cambodia and the U.S.: Return Engagement?

Third World Arms Bazaar: Disaster for Sale?

United Nations: New Life for an Aging Institution?

Palestinian Question: Is There a Solution?

Global Warming and the Environment: Forecast Disaster?

C3 - Landscape in Literature.

Designed for ELS members who will participate in the Scotland-England Elderhostel study next August and for other ELS members interested in a survey of British literature from the end of the eighteenth through the nineteenth century. The faculty in Great Britain will coordinate subject matter with the course leader.