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Campus Announcements - October 5

1 message

Office of Student Activities <osa@cnu.edu>

Wed, Oct 5, 2016 at 9:27 AM

To: Association Office of Student Activities <osa@cnu.edu>

Bcc: students@cnu.edu

Campus Announcements: Daily Digest

Wednesday, October 5

CAMPUS ACTIVITIES EVENT CALENDAR

Today

- **IFC Lip Sync Table: 11:00am-1:00pm**
- **Last Chance for Free Doughnuts- Take the CNU Student Mental Health Survey: 1:30pm-3:30pm**
- **Pre-Law Information Session for Seniors & Juniors: 5:15pm**
- **Town Hall- Let your voice be heard: 6:00pm**
- **Volleyball vs. Wesley College: 6:00pm**
- **L.A.D.I.E.S. Build-A-Bath Bomb Night: 7:30pm**
- **Rotaract Meeting: 8:00pm**

Upcoming Events

- **The Second Annual College Mental Health Panel**
- **Arabic Club Meeting**
- **Have Plastic Bags Lying Around? Donate them to Crochet for a Cause**
- **Delta Sigma Theta Sorority, Inc. - #SurvivorWeek**
- **APO Collecting Children's Books**
- **Her Campus CNU Weekly Meeting**

Campus Programs and Announcements

- **The L.E.A.D Challenge**
- **Five Dollar Student Rush Tickets to see enra**
- **Sophomores: October 2016 Newsletter**
- **CNU Community Garden Ribbon Cutting**

Today

IFC Lip Sync Table: 11:00am-1:00pm

Come buy your tickets for IFC Lip Sync today! We will be tabling in the DSU Breezeway Monday, 10/3 and Wednesday 10/5 from 11:00 - 1:00. All proceeds go to Fear 2 Freedom a non-profit organization which redeems and restores those wounded by sexual assault. The event will take place on October 14th @ 8:00PM in the DSU Ballroom. For the first time

ever it on Parent's Weekend! We cannot wait to see you out! If you have any questions or concerns please feel free to reach out at ifc@cnu.edu

Attachment

Last Chance for Free Doughnuts- Take the CNU Student Mental Health Survey: 1:30pm-3:30pm

If you are reading this, YOUR HEALTH IS IMPORTANT. Please help improve the campus' ability to provide for your needs by taking the CNU Student Mental Health Survey. It will take you 5-10 minutes and you will get a free donut! The survey will be offered at various locations from 9/26-10/05.

TODAY IS THE LAST DAY!

Come to the CNU Office of Engagement (across from the Captain's Locker in the DSU) from 1:30pm- 3:30pm!

Attachment

Pre-Law Information Session for Seniors & Juniors: 5:15pm

For all juniors and seniors interested in law school, the Pre-Law Program is holding an information session on October 5, at 5:15 pm, in the Harrison Room of the D.S.U. We will discuss assessing your interest in law school, studying for the LSAT, and law school applications. Ample time will be allocated for answering individual questions!

Town Hall- Let your voice be heard: 6:00pm

RHA and Student Assembly want to hear your voice! Join us in an open forum on Wednesday, October 5th at 6pm in the DSU Washington room. We will have representation from both RHA and Student Assembly present ready to listen to your thoughts and we will take back this information to see what our organizations can do to address that thought! Anyone is welcome and light snacks will be provided! We hope to see you there!

Attachment

Volleyball vs. Wesley College: 6:00pm

The Christopher Newport volleyball team moved up to 13th in the latest AVCA National Rankings and will return to the court on Wednesday at 6 p.m. when the Captains host Wesley in a Capital Athletic Conference showdown at the Freeman Center.

L.A.D.I.E.S. Build-A-Bath Bomb Night: 7:30pm

Hey all! L.A.D.I.E.S. would like for you to join us for some crafty fun tonight! We will be making bath bombs from scratch to make bath time a little more fun and soothing. It will be \$1 per person to participate. If you have any questions don't hesitate to email kimberly.jackson.13@cnu.edu or christian.cannedy.13@cnu.edu. We hope to see you all there!

Attachment

Rotaract Meeting: 8:00pm

Join us for our meeting on Wednesday, October 5th at 8:00 pm in McMurran 210! We will be discussing our upcoming service projects for October, as well as opportunities for new members. We hope to see you all there!

Questions? Contact emily.stevens.15@cnu.edu

Upcoming Events

The Second Annual College Mental Health Panel

The Second Annual College Mental Health Panel will be Thursday at 7:30 P.M in the Gaines Theater. It will be focusing on the difference between normality and abnormality. NAMI will be tabling Tuesday through Thursday from 11-1 P.M for Mental Illness Awareness Week!

Attachment**Arabic Club Meeting**

Hey guys! CNU's Arabic Club is having a meeting this week on Thursday October 6th at 8pm in MCM 300-b. We hope to see you there! Questions? Email our President, Bianca, at bianca.rumbaugh.14@cnu.edu

Attachment**Have Plastic Bags Lying Around? Donate them to Crochet for a Cause**

Do your parents have a stash of plastic grocery bags hiding around in the house with nothing to use them for? Do you have your own stash hiding out in the corner of your room? If you answered yes to any of these questions, bring them back to campus because Crochet for a Cause will be collecting plastic grocery bags for the rest of the semester after we return from Fall Break! We are using the plastic bags to make sleeping mats for the homeless to have during the winter months and need lots of plastic bags to make them!

You can drop them off in Freeman 202 on Thursday, Oct. 13th between 12:30 - 1:30, and also to the History Department on Mondays, Wednesdays, and Fridays from 11:30 - 1. On Tuesday, October 18th, we will be having a Bag Drive in the DSU Breezeway from 11:30 - 1:30 where you can drop them off, as well. We will provide more locations and dates as the weeks go on.

We hope you can help us help the homeless! Any questions can be sent to our email at crochet4cause@cnu.edu

Delta Sigma Theta Sorority, Inc. - #SurvivorWeek

#REDgoesPINK all month long! Beginning next week we will feature stories of breast cancer survivors on our Instagram & Facebook pages. If you are or know someone who is a breast cancer survivor and would like to have their story shared, email us at dst@cnu.edu by Sunday, Oct. 9th with the subject line #SurvivorWeek

Attachment**APO Collecting Children's Books**

Alpha Phi Omega will be collecting children's books for Elizabeth's Book Drive. This organization provides new or gently used children's books to those in the hospital or orphanages. Over Fall Break please collect children's books that you wish to donate! Contact our VP of service at jordan.weisberg.13@cnu.edu about donations

Her Campus CNU Weekly Meeting

Her Campus CNU will be having our weekly meeting on Thursday, October 10th, at 8pm in McM 112. We will be discussing three fundraising events, content and social media requirements for over Fall Break, and more! We're always looking for new members to join our team, so if you're interested, come on out to our weekly meeting!

Campus Programs and Announcements

The L.E.A.D Challenge

This is a challenge for all students interested in gaining the knowledge, awareness, and skills to successfully engage in campus life-regardless of previous involvement or leadership experience. Through participation in the program, students will learn more about themselves and the critical skills needed to become Captains who engage in lives of meaning and purpose.

You can get more information by [clicking this link](#). You can join this experience by [clicking here](#)!

If you have any questions please contact Office of Student Activities osa@cnu.edu

Five Dollar Student Rush Tickets to see enra

enra

Sunday, October 9 @ 6:30 p.m.

Ferguson Center's Diamonstein Concert Hall

Student Tickets: \$5 (bring I.D. to Ticket Office)

Japanese performing arts company enra combines stunning digital animation with live dance. The members of enra are experts in the genres of martial arts, ballet, animation dance, juggling and street dance. When the video art and choreography synchronize, the show frees the audiences imaginations from the physical limitations of space and gravity.

Sophomores: October 2016 Newsletter

Sophomores,

Check out the October 2016 newsletter written specifically for you! October's theme is Studying Abroad.

You can find newsletters and more information at our website: <http://cnu.edu/studentsuccess/sophomores/> If you need more information, please contact Brittany Grubb in the Center for Academic Success at 757-594-0337 or bruttany.grubb@cnu.edu.

Attachment

CNU Community Garden Ribbon Cutting

Please join us for the ribbon cutting for the CNU Community Garden.

Thursday, October 6, 2016

12:30 p.m.

The CNU Community Garden is located on East Campus behind Washington.

For more information about sustainability and CNU visit, cnu.edu/green

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Office of Student Activities

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8 attachments

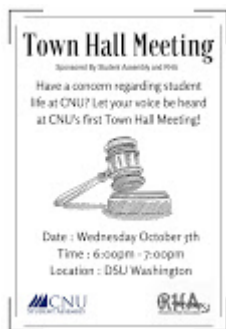


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RHA and Student Assembly Town-Hall Meeting



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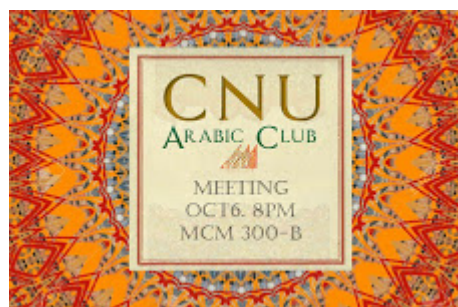
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Arabic Club Meeting

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Sophmores Oct Newsletter

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