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## Campus Announcements - October 19

1 message

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**Association Office of Student Activities** <osa@cnu.edu>

Mon, Oct 19, 2015 at 10:16 AM

To: Association Office of Student Activities &lt;osa@cnu.edu&gt;

Bcc: students@cnu.edu

# Campus Announcements: Daily Digest

**Monday, October 19**

## [CAMPUS ACTIVITIES EVENT CALENDAR](#)

### TODAY

- **CNU's Quality Enhancement Plan - Vote TODAY in the DSU Breezeway 11:30am-1:00pm**
- **No. 13 CNU Field Hockey Hosts No. 18 Catholic in Top-20 Match-Up-3pm**
- **KDR's Boys & Girls Club Donations: 11:00-2:00**
- **Living the Dream with Gamma Phi Beta: 6:00pm-8:00pm**
- **Spirit Night @ Chick Fil A With Alpha Kappa Alpha: 5PM - 8PM**
- **"Library Resource Workshop" by the Black Student Union: 7pm**
- **The Pink Room Documentary Screening: 7pm**
- **UCM Meets Tonight - 8:30 p.m.**

### Upcoming Student Events

- **Home Athletics This Week**
- **African Student Union Yogurtini Fundraiser**
- **SFC Bible Study**
- **RHA's Annual S'Mores Event**
- **Where is the Line Presents: The Shadow Event**
- **CRU Large Group with Discussion Groups**
- **Dinner with DU**
- **Nu Kappa Epsilon Open Mic Night**

### Campus Programs and Announcements

- **Apply to be a Resident Assistant**
- **How Math Majors Can Find Internship**
- **Join us for Piece of Public History next Tuesday at 12:30pm in MCM 101**
- **Anxiety 101 Workshop**
- **Center for American Studies To Host 'Liberal Education and Its Critics'**
- **Elaine Viel: A Retrospective**

- **#GetFitCNU Healthy Foundations**
- **Global Competency Workshops toward Certification**

## Today

### **CNU's Quality Enhancement Plan - Vote TODAY in the DSU Breezeway 11:30am-1:00pm**

ATTENTION CNU COMMUNITY! HAVE YOU BEEN HEARD?

CNU is in the process of choosing the topic for its Quality Enhancement Plan (QEP) and we need YOUR INPUT!

Stop by the University Fellow's QEP Table in the DSU Breezeway TODAY to cast your vote for the topic for CNU to focus its efforts on enhancing over the next ten years! And chat with the University Fellows about the QEP!

Tabling Dates (11:30 AM-1:00 PM)

Monday, 10/19 | Wednesday, 10/21

If you have any questions, please contact Alex Turner at [alexandra.turner@cnu.edu](mailto:alexandra.turner@cnu.edu)

#### **Attachment**

### **No. 13 CNU Field Hockey Hosts No. 18 Catholic in Top-20 Match-Up-3pm**

The 13th-ranked Christopher Newport field hockey team will host No. 18 Catholic in a crucial non-conference battle at 3 p.m. on Monday at Captains Turf Field.

CNU enters the contest with a 10-2 record, including a pristine 3-0 mark in home action. Meanwhile, Catholic sits at 10-3 on the season with a 5-2 record on the road. Monday's contest is a make-up of the game originally scheduled for September 30, which was postponed due to inclement weather.

For those fans unable to make it to Captains Turf Field, live stats and a video stream will be available at [CNUsports.com](http://CNUsports.com)

For more information, go to the [PREVIEW Page](#)

### **KDR's Boys & Girls Club Donations: 11:00am-2:00pm**

The pledges of Kappa Delta Rho are collecting donations of money, toys, and schools supplies to give to the Boys and Girls Club of Hampton. Come visit us in the atrium of the DSU (facing the Tribble Plaza) and drop off your donation! We will be set up every day from 11-2 through Friday, the 23rd.

### **Living the Dream with Gamma Phi Beta: 6:00pm-8:00pm**

Come join the sisters of Gamma Phi Beta on Monday October 19th from 6-8 pm in Freeman 201. We will be making bracelets and crafting for our local philanthropic partner Girls Inc. We are so excited to share with you why going Greek was a dream come true!

#### **Attachment**

### **Spirit Night @ Chick Fil A With Alpha Kappa Alpha: 5PM - 8PM**

Join the Nu Epsilon Chapter of Alpha Kappa Alpha Sorority, Incorporated® on October 19, 2015 at Chick-Fil-A on Warwick Blvd from 5pm-8pm for their Spirit Night! Help raise money for the March of Dimes Social Service Organization. Make sure you let the cashier know you are there for the spirit night so 10% of the proceeds will go towards the March of Dimes fundraiser! Eat more chicken for a great cause! See you there!

If you have any questions, please feel free to contact Janai Norman: [Janai.norman.13@cnu.edu](mailto:Janai.norman.13@cnu.edu)

**Attachment****"Library Resource Workshop" by the Black Student Union: 7pm**

Come to the Black Student Union's "Library Resource Workshop" on Monday, October 19th, at 7PM in the Library Instruction Room 170 to learn about the many resources the library has to offer and how CNU librarians can help you with research papers. There will be candy, a raffle, and awesome prizes. For any additional information, please contact BSU 2nd Vice-President, Antonia Comfort ([antonia.comfort.14@cnu.edu](mailto:antonia.comfort.14@cnu.edu))

**Attachment****The Pink Room Documentary Screening: 7pm**

October 19th-7:00 PM in Freeman 202

Mien grew up in Svay Pak, Cambodia, a small village notorious for one thing; child sex slavery. At a young age, Mien enters life in a brothel and her virginity is sold for a high price. She is forced to stay in the brothel, being raped daily, making her value less and less with each customer. Even when help is within reach, obstacles that appear too great to conquer squelch her dreams of freedom... but this isn't a story about the problem. The Pink Room is a true story of redemption, ordinary people becoming heroes, Cambodians rising up with compassion to take back their country, and a town's process of rebuilding from the inside-out. In a world where it is estimated that there are over one million children held captive and sexually abused, a flower blooms in the heart of Cambodia

Presented by International Justice Mission @ CNU

**UCM Meets Tonight - 8:30 p.m. - Monroe Room, DSU**

United Campus Ministries Weekly Fellowship meets tonight in the Monroe Room of the DSU at 8:30 p.m. Come join us for food, fun, and fellowship. All are welcome!

And Campus Minister, Donna DeSarro-Raynal, also is in the library - Einstein's - on Wednesday mornings if you'd like to have coffee or chat or both.

## Upcoming Student Events

### Home Athletics This Week

- Monday, 10/19, 3pm: Field Hockey vs. Catholic University
- Wednesday, 10/21, 5pm: Men's Soccer vs. Salisbury University
- Wednesday, 10/21, 7pm: Woman's Soccer vs. Salisbury University
- Friday, 10/23, 7pm: Volleyball vs. Johns Hopkins University
- Saturday, 10/24, 11am: Field Hockey vs. Frostburg State University
- Saturday, 10/24, 12pm: Volleyball vs. York College
- Saturday, 10/24, 1pm: Woman's Soccer vs. Penn State-Harrisburg
- Saturday, 10/24, 4pm: Volleyball vs. Lycoming College
- Saturday, 10/24, 7pm: Football vs. Frostburg State University

For additional information about athletics including match previews, go to <http://cnusports.com/>.

### African Student Union Yogurtini Fundraiser

This is just a reminder that ASU will be having a Yogurtini Fundraiser on Wednesday, October 21st from 12pm-5pm. Please feel free to stop by as a percentage of the proceeds will go to our Mama Africa Spring Semester event!

### SFC Bible Study

Hello Everyone, we hope you had a great and safe Fall Break ! It's a new week and Bible Study is here again! This is just a reminder that Bible Study will be held Tuesday, October 20th at 7:30pm in Freeman 101. Hope to see you there as we learn and growth in faith

## **RHA's Annual S'Mores Event**

Come on out to the JR Courts from 7:30-9 on October 21st to enjoy some free s'mores from RHA as well as listen to different CNU A Capella groups perform!

## **Where is the Line Presents: The Shadow Event**

The Shadow Event is on October 21st at 7:30 pm in the Concert Hall!

The Shadow Event provides a chance for sexual assault survivors to share their stories from behind a lit curtain. Their shadows will be cast onto the curtain, leaving only their silhouettes. Survivors may express themselves through stories, poems, songs etc., while remaining anonymous. For confidentiality purposes survivors' voices may be disguised or someone else may read their story for them.

Throughout the event there will also be musical performances.

This event is an outlet for survivors and an opportunity for all to learn more about the impact sexual assault has on our society. Speaking at the event not only promotes awareness on campus but can aid in the healing process. It promises to be a moving and eye opening experience for all involved.

### ***Attachment***

## **CRU Large Group with Discussion Groups**

Looking for a community that loves Jesus and loves worshiping and loves people?  
Come to CRU large group WEDNESDAY at 8PM in the Chapel!  
We will be breaking into discussion groups to learn from each other during the talk!

A judgement free area that opens its doors to people of all stages in their faith-walk would LOVE to have you join us!

Can't make it to large group?  
Check out one of our small groups that meets during the week!

### **Women's Small Groups:**

Monday: 7pm Wilson 321 -- Meet in the DSU (Peyton & Lindsey A.)  
Monday: 7:30pm Wilson 431 -- Meet at Tropical Smoothie (Jodie & Michaela)  
Monday: 9pm DSU Stairs (Melissa & Cara)  
Tuesday: 7:30pm Warwick 4018 (Julia & Lindsey T)  
Thursday: 7:30pm Wilson 431-- Meet outside Tropical Smoothie (Victoria & Haley)

### **Men's Small Groups:**

Monday: 7:45pm DSU Stairs (Henrique & Grant)  
Tuesday: 7pm Rapp Courtyard (Graham & Jordan)  
Thursday: 6pm Tyler Hall --Meet outside Moe's (Michael & Nathan)  
Thursday: 8pm Harrison 101 (Tim & Tyler)

## **Dinner with DU**

Join the Brothers of Delta Upsilon for a delicious 3 course spaghetti dinner and talent show!  
Talent from the incredible Newport Pearls, Trebled Youth, A Troupe Called Quest, and Hypnotic Control!  
The wait staff will also consist of some of your favorite on campus groups! Delta Gamma, Nu Kappa Epsilon, and Her Campus!  
All proceeds will benefit the Global Service Initiative and Fear2Freedom!  
When: October 29th from 7-9PM  
Where: DSU Ballroom  
Cost: \$5 (tips are strongly recommended)

### ***Attachment***

## Nu Kappa Epsilon Open Mic Night

Nu Kappa Epsilon's semi-annual open mic night is coming up fast and we can't do it without our amazing performers! Show off your talent by performing with the sisters of NKE and your fellow captains on November 17th in the Crows Nest. To find out how you can perform during this awesome musical showcase, contact [katelyn.bell.13@cnu.edu](mailto:katelyn.bell.13@cnu.edu) or [victoria.rehder.13@cnu.edu](mailto:victoria.rehder.13@cnu.edu). Everyone is welcome!

# Campus Programs & Announcements

## Apply to be a Resident Assistant

The application for Resident Assistants for the 2016-17 academic year is now open! Applications are due Monday, October 26th by 11:59 pm. Visit <http://www.CNU.edu/reslife/jobs> for the application and more information.

## How Math Majors Can Find Internships

Presented by: Sarah Hobgood, CCP Internship Coordinator

Get connected to opportunities and resources for finding an internship, while also obtaining an outline of all steps to take now to line up an internship!

TUESDAY OCTOBER 20TH  
LUTER 321 (ATRIUM)  
12:30-1:20PM

PIZZA PROVIDED!!!!

**Attachment**

## Join us for Piece of Public History this Tuesday at 12:30pm in MCM 101

Learn about Careers and Internships at World-Class Museums and National Parks!

The Public History Center Presents:  
Exploring Fort Monroe: Virginia's Newest National Monument  
Tuesday, October 20 at 12:30 pm in MCM 101

Pizza lunch provided by the CAH Dean's Office

Fort Monroe and nearby Old Point Comfort encompasses over four centuries of history, from Captain Christopher Newport's early explorations of the Chesapeake Bay area to the modern period. Known as "Freedom's Fortress," Fort Monroe acted as a safe haven for enslaved people during the Civil War, and is the location where the famous "contraband of war" decision was made--the first step towards emancipation. Robert Kelly, the Casemate Museum Historian at Fort Monroe and Vice-President of the Historical & Archaeological Society of Fort Monroe, will be discussing the significance of the fort and his career in museum work and historical preservation.

**Attachment**

## Anxiety 101 Workshop

Stressed? Attend the Anxiety 101 Workshop. The Anxiety 101 Workshop is a 60 minute crash course to learn about your unique anxiety, what makes it tick, and how to change it.

When?

October 20 (Tuesday) 6-7pm DSU Harrison

November 2 (Monday) 6-7pm DSU Harrison

\*An additional Anxiety 101 Workshop will be held during Stress Less Week in December. Dates and times TBA.

You can register in four ways!

1. Call [757-594-7047](tel:757-594-7047)
2. Stop by Counseling Services (Freeman H230) and sign-up
3. Email [stacey.villanueva@cnu.edu](mailto:stacey.villanueva@cnu.edu)
4. <http://goo.gl/forms/3c4uBqEzOv>

## Center for American Studies To Host 'Liberal Education and Its Critics'

The [Center for American Studies](#) at Christopher Newport University will present its 9th annual Conference on America's Founding Principles and History on October 22, 2015, in the David Student Union Ballroom, featuring keynote speakers Greg Lukianoff, President and CEO of the Foundation for Individual Rights in Education, and Matthew B. Crawford, Senior Fellow at the Institute for Advanced Studies in Culture at the University of Virginia. The conference is free and open to the public. No reservation is required.

For more information and conference schedule please visit <http://cnu.edu/news/newsarticle/> or contact the Center for American Studies at [cas@cnu.edu](mailto:cas@cnu.edu)

## Elaine Viel: A Retrospective

Sept. 21 - Oct. 24

9 a.m. - 5 p.m., M-F

Artist Talk: Saturday, Oct. 24, 2 p.m.

Recent retiree from CNU, an alumni and the previous Falk Gallery Manager, Elaine Viel, is also an artist and activist. Her exhibition is a 'powerful visual statement about man's inhumanity to man' namely, the genocide in Rwanda and the Iraq war. Her work represents the multitude of humanity lost during these tragedies. Viel's monotype prints and watercolors are for sale.

For additional information about our art galleries, please contact our office at [\(757\) 594-7930](tel:757-594-7930).

## #GetFitCNU Healthy Foundations

Got stress? Losing sleep? Feeling anxious? We are here to help! Join us for a FREE, fun, engaging stress management series including the basics, fitness, mindfulness and nutrition. Bring your lunch and join us for one or all seminars, and learn strategies to better cope with stress!

Tues./Thurs., Oct. 20, 22, 27, 29

12:30 - 1:15 p.m.

To register or for more info, visit <http://bit.ly/1L9ewKP>, email [fitness@cnu.edu](mailto:fitness@cnu.edu), or call [\(757\) 594-7882](tel:757-594-7882)

**Attachment**

## Global Competency Workshops toward Certification

Join us for the Global Competency workshop series each Thursday in November (5th, 12th and 19th) from 12:15-1:15p. Free lunch provided, limited space available. Please email [ben.cowman@cnu.edu](mailto:ben.cowman@cnu.edu) to RSVP. We live and work in increasing diverse communities with people different than ourselves. How can we thrive and learn from each other? Our actions are interconnected with the actions of those in our immediate community and those who live around the world. What does it mean to be a global citizen?

**Attachment**

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DSU 330

Christopher Newport University  
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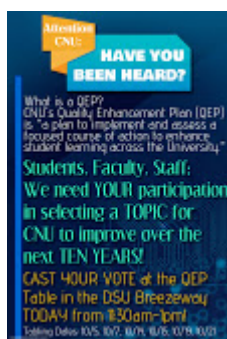
[www.cnu.edu/studentactivities/](http://www.cnu.edu/studentactivities/)

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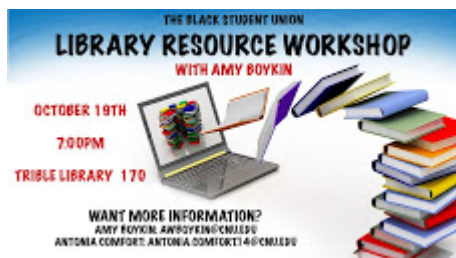
## 10 attachments



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