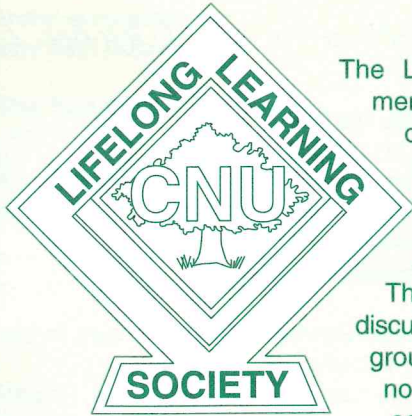


Fall 2005



The LifeLong Learning Society of Christopher Newport University is a membership organization dedicated to persons of retirement age who seek opportunities for learning in an environment of sharing and fellowship.

There are no requirements as to previous educational experience; intellectual curiosity is the only admission requirement. Managed by and for its members, the LLS is a program of the Office of University Advancement and is an affiliate of the Elderhostel Institute Network. Through a variety of activities – including lectures, courses, study and discussion groups, lunches, dinners and field trips – persons of diverse backgrounds come together to share a common interest in learning. There are no exams or grades in the courses, although some courses include assigned readings and the possible purchase of a text. All persons of retirement age are encouraged to join if they are interested in being challenged by new ideas in the company of other eager learners. The LLS shares its program with the community by participating in joint learning efforts with other educational and research institutions, retirement groups, industries and museums and by co-sponsoring three annual conferences.

Opening Session: Wednesday, August 31, 2005
Ferguson Center for the Arts

12:45 p.m. New Member Orientation

1:30 p.m. All Member Reception

2:30 p.m. Lecture: President Paul Tribble, Christopher Newport University

Music and Theatre Hall

Music and Theatre Hall

Music and Theatre Hall

Program Overview

The dates and times for the 41 five-week courses are listed on pages 2, 3 and 4. These courses will meet either once or twice per week. In addition to four field trips and a cruise, a number of optional activities will be announced during the semester. The six Monday afternoon lectures and two concerts for LLS members are listed on page 5.

Membership Fee and Benefits

Full membership for the 2005-2006 fall, spring and summer sessions is \$165. This includes Monday afternoon lectures and concerts; fall, spring and summer courses; and the opportunity to participate in optional activities – such as field trips – by paying the activity fees.

An associate membership for the 2005-2006 fall, spring and summer sessions is available for \$90. This includes the Monday afternoon lectures and concerts and the group and other optional activities, but no courses.

A member may bring a guest one time to any of the Monday lectures, a class or to an optional activity if there is space available.

Refund Policy

Full refund of membership and/or course fees will be granted if requested before August 31, 2005. After that

date, no refund will be given. A 15 percent handling charge will be deducted on all refunds.

Economic Hardship

Fee waiver is possible and inquiries are invited. Please call the LLS Office at (757)594-7568 for details.

New Parking Decal Sticker Required

As of August 31, 2005, a new "05-06" sticker must be placed on your CNU parking decal. If you have not already purchased the "05-06" sticker, you may do so when you complete the enclosed registration form.

We are moving. Effective August 1 our new office location is 12420 Warwick Blvd., Building 1, 2nd floor. You may enter the building by the Warwick entrance and must park behind Building 6. Class locations will come to you with the class confirmations to be mailed in mid August.

Telephone: (757) 594-7568

Mailing Address:

LifeLong Learning Society
 Christopher Newport University
 1 University Place
 Newport News, VA 23606

Visit the CNU-LLS home page at www.cnu.edu/lls

LLS is an affirmative action/equal opportunity organization. Christopher Newport University does not discriminate in admission, employment or any other activity on the basis of race, color, age, religion, national origin, veteran status, physical handicap or political affiliation.

Session



Courses

September 5 - October 7, 2005

1. Play Ball

Mon. & Fri., 9:30-10:45 a.m.

A conditioning program to improve your strength, balance, range of motion and muscular and cardiovascular endurance. An exercise ball is required and can be purchased locally. \$15 course fee.

Instructor: Lisa Wingfield, CNU

2. Intermediate Spanish

Mon. & Wed., 9:30-10:45 a.m.

For members who have had a beginning Spanish course or practical language experience and wish to expand their communication skills. \$15 course fee.

Instructor: Saundra Hansford, CNU

3. Advanced Spanish

Mon. & Wed., 11 a.m.-12:15 p.m.

For members who have had an intermediate Spanish course, have a good basic command of the language and wish to refine communication skills relative to specific topics. \$15 course fee.

Instructor: Saundra Hansford, CNU

4. Computer Club

Mon., 1-2:15 p.m.

Focus will be on programs that come with your computer, such as paint, works, etc.

Instructor: Ted Darby, LLS

5. Introduction to Personal Computers

Tues. & Thurs., 9-10:15 a.m.

This is a beginning computer course. You should own or have access to a computer to practice your skills. You will learn the basics of how to use a computer and how to save to a disc or USB drive. \$15 course fee.

Instructor: Susan Daimler

6. Aerobics

Tues. & Thurs., 9:30-10:45 a.m.

A conditioning program to improve your strength, balance, range of motion, as well as muscular and cardiovascular endurance. \$15 course fee.

Instructor: Kasey Cyr-Robert

7. Basic Word Processing

Tues. & Thurs., 10:30-11:45 a.m.

Students should have completed the Introduction to Personal Computing course. They will learn to use computer tools and features to enter and edit text in a word document. \$15 course fee.

Instructor: Susan Daimler

8. Practicing Poetry

Tues., 11 a.m.-12:15 p.m.

Topics will cover poems of wartime, humor, irony, children/family and an improvisation workshop which includes using a microphone.

Instructor: Patricia Flower Vermillion

9. Looking for Clio

Tues., 11 a.m.-12:15 p.m.

This course is an introduction to Western historiography (the "history" of history) from classical to modern times. \$3 syllabus fee.

Instructor: Glenn Markus

10. Confucianism-Finding One's Way in the World

Tues., 1-2:15 p.m.

Explore the religious/philosophical tradition we call "Confucianism," a tradition that has had a decisive impact on the societies of East Asia and beyond.

Instructor: Dr. John Thompson, CNU

11. When and How Did France Rule the World?

Tues., 2:30-3:45 p.m.

What happened from the rise of the monarchy under Louis XIII (1610-43) to the beheading of Louis XIV's great-grandson, Louis XVI in 1793.

Instructor: Dr. Richard Guthrie, CNU (Emeritus)

12. Beginning Calligraphy

Wed., 9:30-10:45 a.m.

Beginners will learn one basic lettering style, ruling out guidelines, and learning line, word and letter spacing.

Instructor: Susan Nagy

13. Jazz Styles: Historical Development

Wed., 10-11:15 a.m.

From the Delta to the Modern. This course is designed to increase the appreciation and enjoyment of jazz with a chronological and historical study of jazz styles. Text and CD set, *Jazz Styles*, by Mark C. Gridley, www.prenhall.com/gridley.

Instructor: Professor William S. Brown, CNU

14. Mariners' Museum

Wed., 1-2:15 p.m.

Have you ever been curious about the aura surrounding Lord Horatio Nelson and his exploits? Join us as we explore the historical basis of his fame and discover how intangibles like leadership, honor, and national renown are interpreted materially in a museum setting.

Coordinator: Barney Barnes, Mariners' Museum

15. Modern Art: The Shock of the New

Wed., 1-2:15 p.m.

A survey of avant-garde movements in art from Impressionism through Surrealism.

Instructor: Dr. Mary (Belle) Pendleton, CNU

16. Old English Poetry

Wed., 2:30-3:45 p.m.

This course will look at selections of lyric, gnomic and heroic English Poetry, with attention to the cultural, historical and textual contexts.

Instructor: Dr. Sharon M. Rowley, CNU

17. Oils and Acrylics

Thurs., 9:30-11:30 a.m.

Learn to select, mix and apply. Enhance your skill in composition. If you are no longer a beginner, continue to develop your skills. Limited enrollment.

Instructor: Mary Beth Dupree

18. SATS - The Future of Aviation

Thurs., 1-2:15 p.m.

This series will focus on the five-year, public-private partnership that is developing operating capabilities and enabling technologies necessary to make safe, affordable, on-demand air travel available through the nation's small public airports.

Coordinator: Harla Sherwood, NASA

19. Grand Opera from Page to Stage

Thurs., 2:30-3:45 p.m.

Many familiar masterpieces of opera were adapted from works of literature. Join Glenn Winters for a fascinating look at how a romantic French novel by Alexandre Dumas and a classic Shakespearean tragedy were transformed into Verdi's *La Traviata* and Gounod's *Romeo et Juliette*.

Instructor: Glenn Winters, Community Outreach Musical Director, Virginia Opera Association

20. Watercolor Painting

Friday, 1:30-3:30 p.m.

Learn to select, mix and apply. Enhance your skill in composition. If you are no longer a beginner, continue to develop your skills. Limited enrollment. Register for either A or B session, not both.

Instructor: Professor Betty Anglin, CNU

Session



Courses

October 17 - November 18, 2005

21. Play Ball

Mon. & Fri., 9:30-10:45 a.m.

Same as course #1. \$15 course fee.

22. Beginning Spanish

Mon. & Wed., 9:30-10:45 a.m.

For beginners with limited or no exposure who want to learn the basics of conversing in Spanish for travel and fun. \$15 course fee.

Instructor: Saundra Hansford, CNU

23. Advanced Spanish

Mon. & Wed., 11 a.m.-12:15 p.m.

Same as course #3. \$15 course fee.

24. Computer Club

Mon., 1-2:15 p.m.

Same as course #4.

25. Basic Word Processing

Tues. & Thurs., 9-10:15 a.m.

Same as course #7. \$15 course fee.

26. Aerobics

Tues. & Thurs., 9:30-10:45 a.m.

Same as course #6. \$15 course fee.

27. Computer Course in Excel

Tues. & Thurs., 10:30-11:45 a.m.

Learn to create worksheets, charts and graphs with this powerful spreadsheet software. \$15 course fee.

Instructor: Susan Daimler

28. Playing Politics

Tues., 1-2:15 p.m.

How the upcoming battle to control the Senate and the House of Representatives makes getting reelected preclude doing the people's business.

Instructor: Richard McGowan

29. Recent Advances in Modern Medicine

Tues., 2:30-3:45 p.m.

A series of five lectures regarding the newest trends in surgery, radiology, exercise and physiology, infectious disease and dermatology: *Disclaimer: This course is not intended as personal medical advice endorsed by LLS. Any questions regarding this information should be discussed with your physician.*

Coordinator: Dr. William Peach, LLS

30. Calligraphy II

Wed., 9:30-10:45 a.m.

Extensive study to master alphabet learned in Calligraphy I with upper & lower case letters. We will move from here to learn more lettering styles.

Instructor: Susan Nagy

31. James Joyce's *Ulysses* II

Wed., 9:30-10:45 a.m.

A continuation of *Ulysses I* from spring, 2005. *Ulysses* has topped many recent lists of "Most Important Books of the 20th Century."

Instructor: Dr. Tracey Schwarze, CNU

32. World of Thomas Jefferson

Wed., 11 a.m.-12:15 p.m.

We will examine Thomas Jefferson and the revolutionary world in which he lived, including his presidency, slavery and his battle with debt and bankruptcy.

Instructor: Dr. Phillip Hamilton, CNU

33. Musicals
Wed., 1-2:15 p.m.

Mom, apple pie, and musicals.

Instructor: Professor George Hillow, CNU

34. The Environment
Wed., 2:30-3:45 p.m.

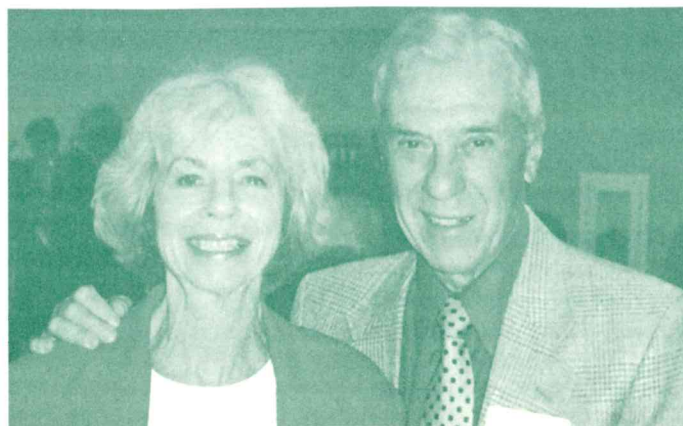
What is happening to our air and water? Why is the population increasing so fast and in the wrong places? What was the environmental legacy of TR, FDR and JFK? Come and find answers.

Instructor: Dr. Harold Cones, CNU

35. Advanced Writing for "Historians"
Thurs., 9:30-10:45 a.m.

For members who have completed a writing fundamentals course. Strengthen your skills in recording your experiences. Limited enrollment.

Instructor: Doris Gwaltney



Members Sid and Helen Mittelman

36. Creative Nonfiction Writing
Thurs., 9:30-10:45 a.m.

For writers of all levels who enjoy writing nonfiction with a creative flair and wish to craft stories from real life.

Instructor: Heidi Hartwiger

37. Painting: Oils & Acrylics
Thurs., 9:30-11:30 a.m.

Same as course #17.

38. Celebrate Mozart's 250th Birthday
Thurs., 10:30-11:45 a.m.

Explore the world of classical music through the life and works of Mozart with the Virginia Symphony musicians and staff.

Coordinator: Ernestine Dole, Education Director, VSO

39. When Women Ruled the World
Thurs., 1-2:15 p.m.

We will study the 50 years when Queen Victoria sat on the throne of the British Empire and Empress Dowager Cixi sat on the peacock throne of China and how they made an impact on changes in the late 19th century.

Instructor: Steve Louie

40. World War II
Thurs., 2:30-3:45 p.m.

This course will provide attendees with an understanding of the causes and major events of World War II. There will be four classes: Oct. 20 and 27 and Nov. 3 and 17.

Instructor: John Quarstein, Director, Virginia War Museum

41. Watercolor Painting
Friday, 1:30-3:30 p.m.

Same as course #20. (Register for either A or B Session).

FIELD TRIP SCHEDULE

Tangier Island
Friday, September 30, 2005

A perfect way to spend a fall day is on a boat trip to Tangier Island. This small island, measuring only 1 mile wide by 3 miles long, is the most remote spot in Virginia, lying 14 miles west of the Eastern Shore and 17 miles east of Reedville. According to legend, Tangier Island was discovered in 1608 by Captain John Smith and was traded to John West for two overcoats. The first permanent settler, John Crockett, arrived in 1686 with his sons and their families.

Join us as we relax and learn all about Tangier Island on our narrated 1 1/2 hour cruise on board the "Chesapeake Breeze" out of Reedville. On arrival in Tangier we will enjoy an "all you can eat" family-style lunch at Hilda Crockett's infamous "Chesapeake House." After lunch there is time to wander around the island before our return cruise.

Autumn in Virginia's Shenandoah Valley
Sunday – Monday, October 23-24, 2005

There isn't a more beautiful time to travel the Blue Ridge Parkway than during leaf season! Join us for our trip to the Blue Ridge Mountains for some wonderful sights and fascinating history! Our first tour stop is historic Poplar Forest, Thomas Jefferson's country retreat and second home, which was considered by Jefferson to be "the best dwelling house in the state, except that of Monticello..." We continue on to Bedford for lunch at the Train Station, followed by a guided tour of the National D-Day Memorial. Before we complete our day's journey, we make a stop at an apple orchard for some of Virginia's wonderful fall apples, then continue on to the historic Peaks of Otter Lodge on the Blue Ridge Parkway for dinner and an overnight stay.

On Monday we have breakfast at the lodge before traveling on to Lexington for a full morning of guided tours of the city and Virginia Military Institute, including the Stonewall Jackson house, Jackson Cemetery, the Lee Chapel at Washington and Lee University, and the George C. Marshall Museum at VMI. We will enjoy lunch on historic Main Street and have time to wander on our own before beginning our journey home. We make a stop in Stuart's Draft to visit the infamous Cheese Shop. (If you enjoy cooking or baking, be sure to bring your shopping list.) We make one last stop at Richmond's Short Pump Town Center for dinner on our own before arriving back in Newport News.

Christmas White House Tour
Dates to Be Announced
Early December 2005

Holland America's ms Maasdam
Southern Caribbean Cruise
Tuesday-Saturday, March 14-25, 2006

Cruise aboard the ms Maasdam, one of Holland America's

five-star ships, on a spectacular southern Caribbean cruise. A soaring atrium lobby, a two-tiered dining room, and two outdoor pools (one with a sliding glass roof!) are some of the popular features on this ship. Sail from Norfolk and visit islands located deep in the Caribbean including St. Thomas, Dominica, Barbados, St. Kitts, and Puerto Rico, as well as Half Moon Cay, Holland America's private island. You will experience refined, attentive service during this 11-night/12 day cruise on this floating resort.

Washington in the Spring
Monday, April 3, 2006

Shake off the winter doldrums and welcome spring with our trip to Washington with its beautiful cherry blossoms! We will enjoy a motorcoach ride through the beautiful Tidal Basin and a narrated lunch cruise down the Potomac on board Nina's Dandy...both allowing us to enjoy the cherry trees in full bloom. After our slow-paced morning, we visit the National Air and Space Museum's new Steven F. Udvar-Hazy Center near Dulles Airport and marvel at the technological wonders of flight in the 20th and 21st centuries. After a dinner stop at Tyson's Galleria, we return to Newport News.

Cape Cod and Newport
Saturday – Friday, May 20-26, 2006

Late May is the time to visit Cape Cod, and our trip is no exception! Our 7-day/6-night tour takes us by motorcoach for a week of immersion into history, art and architecture of the Cape. Our first stop en route is Wilmington, DE, where we have lunch and a guided tour of the new Delaware Museum of Art. We overnight in Southbury, CT.

The next morning we continue on to Hyannis, where we have a guided tour, which includes the Kennedy Memorial and Kennedy Museum, before we check in for a 3-night stay at The Lighthouse Inn, picturesquely situated on the shores of Nantucket Sound. On Monday morning we journey round-trip by ferry to Martha's Vineyard for a tour of Edgartown and plenty of time for lunch and browsing. On Tuesday we again travel by ferry, this time to Nantucket for a day on our own to browse, tour or shop.

On Wednesday, we pack up and head to the Inn at Newport Beach, directly overlooking the beach and the world-renowned mansions beyond, within easy walking distance of the famous Cliff Walk, and just one mile from downtown Newport. Here we enjoy 2 days of touring, including a harbor cruise, a visit to The Breakers (a 70-room Vanderbilt home), Rosecliff (home of Nevada Silver Heiress Tessie Oelrichs), Marble House (Alva Vanderbilt's "temple to the arts"), and a trip back in time to the 1890's as we visit the Astor's home Beechwood. After a full week, we have an early start home on Friday with stops for lunch and dinner en route.

Call the LifeLong Learning Office, 594-7568, to sign up for these trips or for more information.

AFTERNOON LECTURES

Wednesday, August 31, 2:30 p.m.
Ferguson Center for the Arts
President Paul Tribble

Monday Lectures

September 12, 2:30 p.m.
Ferguson Center for the Arts
Diane Brown
Protocol: Behind the Scenes of the September 11th Memorial Service

September 19, 2:30 p.m.
Ferguson Center for the Arts
Rob Atkinson
Our Wetlands, Now and in the Future

September 26, 2:30 p.m.
Ferguson Center for the Arts
Dr. James Morris
Newport News Shipyard and the City It Founded

October 17, 2 p.m.
Ferguson Center for the Arts
Nathan Busch
Nuclear Proliferation

October 31, 3 p.m.
Ferguson Center for the Arts
Dr. Mark Reimer, CNU in Concert

November 7, 3 p.m.
Ferguson Center for the Arts
Dr. Mark Reimer, CNU in Concert

November 14, 2:30 p.m.
Ferguson Center for the Arts
Delegate Bob Purkey
All the Dots are Connected

Benefactors

Donors of \$1,000 or more to LifeLong Learning Society

Mr. Gordon E. Barlow, Jr.
Mr. Louis C. Bryan
Mr. Robert Chappell
Mr. and Mrs. Doyle Eckert
Mr. and Mrs. Vance B. Field
Mrs. Florence Fiscella
Mr. Gene Hardin
Mrs. Agnes Johnson
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The Chesapeake Retirement
Community
Ms. Barbara Todd

Memorials

Donations of \$1,000 or more

In memory of Rebecca Kirkpatrick
In memory of Olive Moore

In Honor

Donations of \$1,000 or more

Richard McMurran
Nellie Saunders

Conferences

The LifeLong Learning Society is proud to co-sponsor three popular CNU conferences in 2006. Mark your calendar for these exciting events.

Forum On Aging

The 25th Annual Community Forum on Aging will be held on Friday, March 10, 2006 at Christopher Newport University. The forum will consist of numerous educational workshops on topics of vital interest to seniors, their family members and caregivers. This conference is an essential source of information regarding the elderly.

(Co-sponsored with the Peninsula Agency on Aging and the CNU Social Work and Gerontology Programs)

MARCH 10, 2006

Writers' Conference

The 25th Annual Writers' Conference & Writing Contest will be held on Friday evening, April 7 and Saturday, April 8. Talented writers will conduct workshops in the areas of music, non-fiction, fiction, juvenile fiction, poetry and the business of writing; and cash prizes will be awarded for works in fiction, non-fiction, juvenile fiction and poetry. This is a "must do" for any aspiring writer.

(Co-sponsored with the CNU English Department and Writers' Advisory Council)

APRIL 7 & 8, 2006

Gardening Conference

CNU's 9th Annual Gardening Symposium will take place on Saturday, April 22, 2006. Topics of workshops address many phases of successful gardening. The day also includes plant sales, displays, prize drawings and raffles.

The keynote speaker will be internationally known C. Colson "Cole" Burrell, garden designer, photographer, naturalist, award-winning author and international lecturer.

(Co-sponsored with the CNU Grounds Department, CNU Horticulture Program and the Virginia Cooperative Extension Service)

APRIL 22, 2006

CNU LIFELONG LEARNING SOCIETY FALL 2005 COURSE REGISTRATION FORM

Name(s): _____ Phone: _____ SS# _____

Address: _____
Street City State Zip

E-Mail address: _____

Emergency Contact: _____
Name Relationship Phone #

Are you enrolling as a new member of LLS? Yes _____ No _____ If yes, did a current member recommend LLS to you? Please, give his/her name _____

Course Registration:

Please number courses in order of preference.

- | | | |
|--------------------------------------|--|----------------------------------|
| _____ 1 Play Ball | _____ 8 Exploring Poetry | _____ 15 Modern Art |
| _____ 2 Intermediate Spanish | _____ 9 Looking for Clio | _____ 16 Old English Poetry |
| _____ 3 Advanced Spanish | _____ 10 Confucianism | _____ 17 Oils & Acrylics |
| _____ 4 Computer Club | _____ 11 France Rule the World | _____ 18 SATS-Future of Aviation |
| _____ 5 Intro. to Personal Computers | _____ 12 Beginning Calligraphy | _____ 19 Grand Opera |
| _____ 6 Aerobics | _____ 13 Jazz Styles | _____ 20 Watercolor Painting |
| _____ 7 Basic Word Processing | _____ 14 Mariners' Museum | |
| Session B Courses | | |
| _____ 21 Play Ball | _____ 28 Playing Politics | _____ 35 Adv. Writing Historians |
| _____ 22 Beginning Spanish | _____ 29 Medicine | _____ 36 Creative Writing |
| _____ 23 Advanced Spanish | _____ 30 Calligraphy II | _____ 37 Oils & Acrylics |
| _____ 24 Computer Club | _____ 31 James Joyce's <i>Ulysses II</i> | _____ 38 Celebrate Mozart |
| _____ 25 Basic Word Processing | _____ 32 World of Thomas Jefferson | _____ 39 Women Ruled World |
| _____ 26 Aerobics | _____ 33 Musicals | _____ 40 World War II |
| _____ 27 Excel Computer Course | _____ 34 The Environment | _____ 41 Watercolor Painting |

WEEKLY GROUP ACTIVITIES - OPEN TO ALL MEMBERS: _____ BRIDGE

Our Society is managed by and for its members. If you are willing to help, please check one or more of the following:

_____ Hospitality & Special Events _____ Membership _____ Program Planning
_____ Telephone Tree _____ Course Assistant _____ Teaching a Course _____ Office Volunteer

You may register either by mail to LLS/CNU, 1 University Place, Newport News, VA 23606, or in person effective August 1 at 12420 Warwick Blvd., Building 1, 2nd floor. Please park behind Building 6. If you register by Aug. 20, you will receive written confirmation of your courses and their room locations. If you register after Aug. 20, this information will be available in the LLS office and at the first two Monday lectures.

Full membership Sept. 2005 - Aug. 2006 lectures, courses & optional activities(\$165) \$ _____
Associate membership Sept. 2005 - Aug. 2006 lectures & optional activities. No courses.....(\$90) \$ _____
Additional fees:
Course fee (\$15 per course) Play Ball, Aerobics, Spanish & Computer courses..... (_____ x \$15) \$ _____
Syllabus fee-Glenn Markus course.....(_____ x \$3) \$ _____
CNU Parking Decal.....(_____ x \$22) \$ _____
TOTAL \$ _____

Payment Options: Payment may be made by cash, check or credit card check. Credit cards are no longer accepted.

Check payable to CNU for \$ _____ enclosed.

For LLS Office Use Only:

Processed by _____ on _____ paid by _____ for \$ _____
initials date check/cash/cccheck total amount
_____ current member _____ packet _____ time recv. _____ date recv.
_____ reinstated member _____ name tag _____ blue book _____ computer
_____ new member _____ decal _____ confirmation