

LifeLong Learning Society

2017 SPRING PROGRAM




CHRISTOPHER NEWPORT
UNIVERSITY


WARWICK FOREST

Premier sponsor

"The mind, once expanded
to the dimensions of larger
ideas, never returns to its
original size."

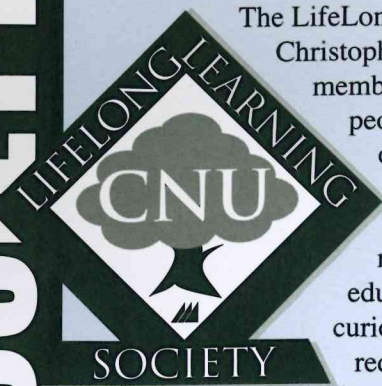
— Oliver Wendell Holmes

LifeLong Learning Society • Christopher Newport University • Yoder Barn Theatre

660 Hamilton Drive • Newport News, VA 23602-6925

(757) 269-4368 • lifelonglearning.cnu.edu

2017 SPRING PROGRAM



The LifeLong Learning Society of Christopher Newport University is a membership organization dedicated to people of retirement age who seek opportunities for learning in an environment of sharing and fellowship. There are no requirements as to previous educational experience. Intellectual curiosity is the only admission requirement. Managed by and for its members, LLS is a program of the

Office of University Advancement and is an affiliate of the Elderhostel Institute Network. Through a variety of activities — including lectures, courses, study and discussion groups, lunches, dinners, and field trips — people of diverse backgrounds come together to share a common interest in learning. There are no exams or grades in the courses, although some courses include assigned readings and the possible purchase of a text. All people of retirement age are encouraged to join if they are interested in being challenged by new ideas in the company of other eager learners. LLS shares its program with the community by participating in joint learning efforts with other educational and research institutions, retirement groups, industries, and museums and by co-sponsoring three annual conferences.

Opening Session: January 30, 2017

Ferguson Center for the Arts

12:15 p.m. New Member Orientation

Peebles Theatre

12:45 p.m. All-Member Reception

Peebles Theatre Lobby

1:30 p.m. Principal Oboe Sherie Aguirre

Virginia Symphony Orchestra

Peebles Theatre

Program Overview

The dates and times for the 38 five-week and 17 10-week courses are listed on pages 2-6. These courses will meet either once or twice per week. In addition to three field trips, a number of optional activities will be announced during the semester. The 10 Monday-afternoon lectures and performances for LLS members are listed on back of the brochure. The following four interest groups are open to members: Bridge, Book Club, Mahjongg and Discussion Group.

Membership Fee and Benefits

Full membership for the 2017 spring and summer sessions is \$185. This includes Monday-afternoon presentations, spring and summer courses, and the opportunity to participate in optional activities, such as field trips, by paying the activity fees.

An associate membership for the 2017 spring and summer sessions is available for \$110. This includes the Monday-afternoon presentations and other optional activities, but no courses.

A member may bring a guest one time to any of the Monday presentations, class meetings or optional activities if there is space available.

Class locations and confirmations will be mailed to you if your registration is received by **January 13, 2017**. Information will be available at the LLS office and the first two Monday lectures. Most classes will be in the Yoder Barn.

Refund Policy

Full refund of membership and/or course fees will be granted if requested before **January 30, 2017**. After that date, no refund will be given. A 20 percent handling charge will be deducted on all refunds.

Economic Hardship

Fee waiver is possible, and inquiries are invited. Please call the LLS office at **(757) 269-4368** for details.

2016-17 Parking Decal

Sticker Required

A current parking decal **is required** to park in the CNU parking lots. One decal is included with your membership; additional decals can be requested on the registration page.

Office Location:

660 Hamilton Drive (Yoder Barn House)

Newport News, VA 23602

Phone: (757) 269-4368

Our office location is in the first house on the left at the corner of Oyster Point Road and Criston Drive. We are in the brick house across the parking lot from the Yoder Barn.

Mailing address:

LifeLong Learning Society
Christopher Newport University
Yoder Barn Theatre
660 Hamilton Drive
Newport News, VA 23602-6925

SESSION A COURSES

JANUARY 30-MARCH 3, 2017

1. Spanish III

Mon., Wed., 9-10:15 a.m.

Limited enrollment

10-week course

This course continues where Intermediate Spanish left off in the fall. We will continue with the same textbook, *Spanish for Mastery*, and will begin with a review. If you wish to enroll and did not take Intermediate Spanish, please contact the instructor. \$30 course fee.

Instructor: Erika St. Dennis, LLS

2. Moderate Yoga

Mon. 9-10 a.m. & Wed. 1:30-2:30 p.m.

Limited enrollment

10-week course

Take your yoga practice to the next level. Students will be challenged with more advanced options. Fundamentals of poses and breath work are explored in greater depth, as you grow on your own personal journey. If you wish to enroll and have not taken yoga with Rose before, please contact the instructor. \$30 course fee.

Instructor: Rose Winter, MPT, CMT, RYT

3. My Favorite Films

Mon., 9 a.m.-noon

Professor of Theater George Hillow will host the screening of five feature films in their entirety. He will begin with some background on the key figures in the making of the films and about their historical milieus. Titles under consideration include: "O Brother, Where Art Thou," "The Player," "Topsy Turvy," "All That Jazz," "Mrs. Henderson Presents," "Big Night," "The Boat" and "Hollywood Shuffle."

Instructor: George Hillow, CNU

4. Yoga

Mon., 10:30-11:30 a.m. & Wed. 3-4 p.m.

10-week course

Learn a gentle style appropriate for all levels and adaptable to each person's needs. All classes begin with a warmup to prepare the spine and muscles and then move through a series of yoga postures. After the postures have relaxed the body, yoga moves us toward a calm mind with breath work and meditation. \$30 course fee.

Instructor: Rose Winter, MPT, CMT, RYT

5. Spanish IV

Mon., Wed., 10:30 a.m.-11:45 a.m.

Limited enrollment

10-week course

This course continues where Spanish III left off in the fall. We will continue with the same textbook, *Spanish for Mastery*, and will begin with a review. If you wish to enroll and did not take Spanish III, please contact the instructor. \$30 course fee.

Instructor: Erika St. Dennis, LLS

6. Beginning Chinese

Mon., Wed., 11 a.m.-12:15 p.m.

10-week course

This course is designed for beginners who want to learn basics of travel and daily life conversations in Chinese. \$30 course fee.

Instructor: Zhao Qing Zhang, LLS

7. Body Fusion: Tone and Stretch

Tues., Thurs., 9-10:15 a.m.

10-week course

This exercise class will focus on muscle strength, muscle endurance, flexibility, balance and coordination combined with the use of a variety of equipment. \$30 course fee.

Instructor: Lisa Powell, CNU

8. Intermediate French

Tues., Fri., 9-10:15 a.m.

Limited enrollment

10-week course

This course continues where Beginning French left off in the fall. We will continue with the same textbook, *French for Mastery*, and will begin with a review. If you wish to enroll and did not take Beginning French, please contact the instructor. \$30 course fee.

Instructor: Erika St. Dennis, LLS

9. Ethics for Seasoned Citizens (Part I): What Should I Do?

Tues., 9-10:15 a.m.

"It was the best of times, it was the worst of times, it was the age of wisdom, it was the age of foolishness, it was the epoch of belief, it was the epoch of incredulity, it was the season of Light, it was the season of Darkness, it was the spring of hope, it was the winter of despair ..." wrote Charles Dickens about the era of the French Revolution. Is it any different post-9/11? Gyes found a ring that made him invisible. What would we do with such a ring? Explore ethical relativism, egoism and altruism, utilitarianism, deontology, and personhood in debating moral issues that challenge seasoned citizens.

Instructor: Dr. Brenda De Wet, LLS

10. Painting Fundamentals

Tues., 9-11 a.m.

This mixed-media prep class is for those who want to learn more about how to build a painting. Subject matter will vary to suit lessons in drawing for design and composition; tonal studies; and using shapes to achieve value and contrast using a limited palette. Use whatever media you prefer (dry or wet). All levels.

Instructor: Jenny Linn Loveland, BA, MA

11. Practicing Poetry

Tues., 11 a.m.-12:15 p.m.

This course will focus on the different forms of poetry, both old and new.

Instructor: Serena Fusek

12. Strength and Stretch

Tues., Thurs., 11 a.m.-noon

Limited enrollment

10-week course

This class addresses high-risk clients: those with multiple medical problems, either past or current; or those who have not exercised for a very long time and would have difficulty with a standard program; or those currently dealing with physical problems that limit movement, mobility, stamina; or those experiencing pain

Instructor: Betty Peach, LLS

13. Secret Codes

Tues., 11 a.m.-12:15 p.m.

10-week course

Do you like cryptograms? Have you ever wanted to be a spy? Do you like the idea of messages hidden in odd places? Can you handle diabolically clever layers of intrigue? Then come with us on a tour of deception and ciphers as we start in ancient Greece

and end up at World War II. This interactive history course may change your perceptions forever!
Instructor: Erika St. Dennis, LLS

14. Oil/Acrylic Studio Painting
Tues., noon-2 p.m.

Build on fundamental skills and paint in a relaxed, meditative open-studio environment. Emphasis is on painting various subjects with an emphasis on landscapes and color mixing to achieve contrasts. Instructor demonstrations address a variety of painting approaches.
Instructor: Jenny Linn Loveland, MA, BA

15. Integral Yoga Class *Limited enrollment*
Tues., 1-2 p.m. & Thurs., 2:30-3:30 p.m. 10-week course

Learn a gentle style appropriate for all levels and adaptable to each person's needs. All classes begin with a warmup to prepare the spine and muscles, and then move through a series of yoga postures. After the postures have relaxed the body, yoga moves us toward a calm mind, with breath work and meditation.
\$30 course fee.
Instructor: Tara Joseph, PT, MA, RYT

16. Contemporary Cuba: A Cultural and Geographical Survey of the Western Hemisphere's Only Communist Country
Tues., 1-2:15 p.m.

This course focuses on the geography, culture and historical development of contemporary Cuba. Through five separate modules we'll focus on: 1) the early history of Cuba through the "triumph" of the Cuban Revolution; 2) modern Cuban history (mid-20th century through the present); 3) the modern Cuban economy; 4) cultural life in contemporary Cuba; and 5) U.S.-Cuba relations.
Instructor: Dr. John Finn, CNU

17. French V *Limited enrollment*
Tues., Thurs., 1-2:15 p.m. 10-week course

This course continues where French IV left off in the fall. We will continue with the same textbook and begin with a review. Please note that this is the only French class that uses the *Son et Sens* textbook. If you wish to enroll and did not take French IV, please contact the instructor. \$30 course fee.
Instructor: Erika St. Dennis, LLS

18. A History of Ancient Greece in Art
Tues., 2:30-3:45 p.m.

This course will examine the various arts of ancient Greece from the Bronze Age to the Hellenistic period (13th century BCE to 1st Century CE). It will briefly examine the political and religious institutions and social contexts influencing these works of art, such as international trade and the rise of the individual.
Instructor: Ryan Stone, CNU

19. Tai Chi
Tues., 2:30-3:45 p.m. & Thurs., 1-2:15 p.m. 10-week course

This class will teach the introductory form of Tai Chi, nine movements in the Yang Style. Tai Chi, a nonaerobic exercise, will benefit those who want to improve their balance and muscle strength. \$30 course fee.
Instructor: Bill Hansell

20. French IV *Limited enrollment*
Tues., Thurs. 2:30-3:45 p.m. 10-week course

This course continues where French III left off in the fall. We will continue with the same textbook, *French for Mastery*, and will begin with a review. If you wish to enroll and did not take French III, please contact the instructor. \$30 course fee.
Instructor: Erika St. Dennis, LLS

21. Virginia Rivers
Wed. 9-10:15 a.m.

Rivers changed the face of Virginia's landscape greatly over the last few hundred million years. They responded to climate change, to tectonic movements, and to chance encounters with different kinds of rocks and buried geologic structures. In the process, they etched out the landscape of today. This course traces the history of Virginia's great rivers through geologic time.
Instructor: Dr. Jerry Johnson, Ret. William & Mary

22. Through the Foggy Dew: The 1916 Easter Rising and Its Impact on the Development of Ireland in the 20th Century
Wed., 11 a.m.-12:15 p.m.

A full century has elapsed since the 1916 Easter Rising, and this past year has seen a multitude of commemorations and special events associated with this seminal moment in Irish history. At the same time, there has been a renewed interest in understanding how the events of 1916 have acted as a genesis for political and cultural development of Ireland over the last 100 years. In this course we will examine this topic through the lens of Irish songwriting and music, beginning with songs of the Rising itself, and continuing through the Irish Civil War.
Instructor: Dr. Ed Brash, CNU

23. Intermediate Latin *Limited enrollment*
Wed., Fri., 12:30-1:45 p.m. 10-week course

This course continues where Beginning Latin left off in the fall. We will continue with the same textbook, *Latin for Americans*, and will begin with a review. If you wish to enroll and did not take Beginning Latin, please contact the instructor. \$30 course fee.
Instructor: Erika St. Dennis, LLS

24. Art of the Ancient Americans
Wed., 12:45-2 p.m.

This class will highlight the art and architecture from various cultures in the Americas before European contact. Lectures will vary but will introduce participants to such cultures as the Taino of the Caribbean, the Olmec of Mesoamerica and the Inka of Peru. Works examined will include a broad range of material culture such as sculpture, ceramics, paintings, architecture and art made from ephemeral materials.
Instructor: Dr. Elizabeth Moran, CNU

25. Beginning Spanish *Limited enrollment*
Wed., 2-3:15 p.m. & Fri., 10:30-11:45 10-week course

We will cover the basics of spoken and written Spanish with an emphasis on practical conversational vocabulary. This is a traditional language class with a textbook, homework and a small number of students. No previous knowledge of Spanish is necessary. Required for the first day of class: *Spanish for Mastery* textbook, ISBN 978-0669148916 (orange cover). This is available economically in used format on amazon.com. \$30 course fee.
Instructor: Erika St. Dennis, LLS

26. U.S.S. Monitor: Past, Present and Future
Wed., 2:30-3:45 p.m. Held at Mariners' Museum

U.S.S. *Monitor* is one of the great ships in the history of the U.S. Navy. Its design and construction were revolutionary: They literally changed warfare forever. After sinking in 1862, she waited for over a century to be found and brought back to the surface. In this course we will examine *Monitor's* history, her recovery and conservations, and the legacy she leaves for future generations.
Coordinator: Mark Arduini, Manager Adult Learning, Mariners' Museum

27. Classical Music Genres: The Symphony
Thurs., 9-10:15 a.m. 10-week course

In this new series of courses, music will speak for itself. We'll experience works in their entirety, tracing the chronological development of the symphony from its inception in the 18th century. Each week you'll hear music as the composer intended, with as much historical and biographical context as time allows – but music will always have the last word.
Instructor: Rob Keene, Director of Music, Trinity Evangelical Lutheran Church

28. Watercolor Painting
Thurs., 11 a.m.-1 p.m. Limited enrollment

Learn to select, mix and apply. Enhance your skill in composition. If you are no longer a beginner, continue to develop your skills. Register for only one watercolor class in session A and only one in session B.
Instructor: Betty Anglin, Ret. CNU

29. The Greatest Generation From the Current Generation: Contemporary World War II Historical Novels
Thurs., 11 a.m.-12:15 p.m.

World War II was fought primarily by young people; it shaped their generation as well as the one just behind them. The war has been a phenomenally popular setting for novels for young people since shortly after it ended in 1945, but recently a number of novelists have taken the topic in ways that challenge conventional means of seeing this cataclysmic event. We will read and discuss four novels: Marcus Zusak's *The Book Thief*, Elizabeth Wein's *Code Name Verity*, Joseph Bruchac's *Code Talker* and Anthony Doerr's *All the Light We Cannot See*.
Instructor: Dr. Kara Keeling, CNU

30. Chesapeake Bay
Thurs., 1-2:15 p.m.

Chesapeake Bay is the largest estuary in North America and the second largest in the world. This course will explore the unique features of the Bay, as well as the past, present and future of its magnificent ecosystem. Particular emphasis will be placed on the seafood fishery and culture of the bay.
Instructor: Dr. Harold Cones, Ret. CNU

31. Drawing
Thurs., 2-4 p.m. Limited enrollment

In the 20th century drawing has come into its own as a lively and viable art form. Whereas drawing of the past can be largely classified as objective, today's drawings are frequently subjective. Assignments are designed to develop the student's hand-eye skills as well as encourage their formation of ideas and feelings

in conjunction with the creative process of drawing.
Instructor: Betty Anglin, Ret. CNU

32. Understanding Opera, Part 2
Thurs., 2:30-3:45 p.m.

This course will introduce students to the operas that complete Virginia Opera's 2016-17 season, including Weber's ghostly romantic tales *Der Freischutz (The Magic Marksman)* and Puccini's exotic spectacle *Turandot*. The final class will present a preview of the 2017-18 season. Discussions include detailed musical/dramatic analysis, illustrated with video and audio excerpts. Recommended for beginners and opera buffs alike.
Instructor: Dr. Glenn Winters, Community Outreach Musical Director, Virginia Opera Association

33. The History of Comic Books in the "Long Silver Age" (1950s-1970s)
Fri., 9:30-10:45 a.m.

This course will focus on the creative innovations and expansion of the comic book industry in the 1950s, 1960s and 1970s. Accordingly, we will explore the coming of the so-called "Marvel Age," the important creators and characters that brought about newfound popularity to the comic medium, and the harrowing economic challenges the industry faced near the end of this era. At the same time, we will explore the increasing social relevance of comic books as they engaged developments such as the civil rights movement, Vietnam War and growing drug problem in modern America.
Instructor: Dr. Brian M. Puaca, CNU

34. Healthy Aging in Retirement and Beyond (Riverside Doctors Series)
Fri., 1-2:15 p.m. 10-week course

Hear from Riverside Health System experts who specialize in the care of older adults and learn the inside secrets that will help you enjoy your best years in good health. The course will cover a wide range of topics, such as fitness, women's health, mind and memory, heart health, and more.
Coordinator: Yi Zhang, Riverside Health Systems

35. Watercolor Painting
Fri., 1:30- 3:30 p.m. Limited enrollment

Learn to select, mix and apply. Enhance your skill in composition. If you are no longer a beginner, continue to develop your skills. Register for only one watercolor class in session A and only one in session B.
Instructor: Betty Anglin, Ret. CNU

SESSION B COURSES
MARCH 13–APRIL 14, 2017

Course #1 – Continued: Spanish III
Mon., Wed., 9-10:15 a.m.

Course #2 – Continued: Moderate Yoga
Mon., 9-10 a.m. & Wed., 1:30-2:30 p.m.

Course #4 – Continued: Yoga
Mon., 10:30-11:30 a.m. & Wed., 3-4 p.m.

Course #5 – Continued: Spanish IV
Mon., Wed., 10:30-11:45 a.m.

Course #6 – Continued: Beginning Chinese
Mon., Wed., 11 a.m.-12:15 p.m.

Course #7 – Continued: Body Fusion
Tues., Thurs., 9-10:15 a.m.

Course #8 – Continued: Intermediate French
Tues., Fri., 9-10:15 a.m.

36. Researching the American Civil War
Mon., 10:30-11:45 a.m.

Dr. White will discuss the discoveries he made writing his eight books and more than 75 articles, essays and reviews. He will share stories of what inspired him to write some of these pieces, as well as fascinating things he's found in archives from Los Angeles to London. He also will discuss his newest book, *Midnight in America: Darkness, Sleep, and Dreams During the Civil War*, which will be published in March. For more information on White's research, check out his website at jonathanwhite.org.
Instructor: Dr. Jonathan White, CNU

37. Remember 2007-08 Financial Crisis: Will It Happen Again?
Tues., 9-10:15 a.m.

The 2007-08 financial crisis may not be only history. The seeds of a new financial crisis are already being sowed by overregulation and government policies regarding "economic stimulus" by central banks.
Instructor: Arthur Gudikunst, Ret. CNU

38. Painting Fundamentals
Tues., 9-11 a.m.
Same as course #10.

Course #12 – Continued: Strength and Stretch
Tues., Thurs., 11 a.m.-noon

Course #13 – Continued: Secret Codes
Tues., 11 a.m.-12:15 p.m.

39. Oils/Acrylic Studio Painting
Tues., noon-2 p.m.
Same as course #14.

40. The Southern Campaign of the American Revolution
Tues., 1-2:15 p.m. Held at Yoder Barn
Since 1775 Great Britain had struggled to retain her colonies in North America. Despite numerous victories, the British Army was unable to defeat the Continental Army. The war drained the crown's resources and diminished public support. The scope of conflict expanded. The Southern Campaign was formulated by the British High Command, which hoped to end the rebellion and cease a costly war. At first their strategy seemed sound with many British victories. However, the British leaders miscalculated the level of Tory support in the Southern colonies. This course will

examine the commanders, commoners, logistics and operations of this important campaign in the American Revolution that culminated in the Allied victory at Yorktown.
Instructor: Michael Moore, Civil War Site Curator, Lee Hall Mansion

Course #15 – Continued: Integral Yoga
Tues., 1-2 p.m. & Thurs., 2:30-3:30 p.m.

Course #17 – Continued: French V
Tues., Thurs., 1-2:15 p.m.

Course #19 – Continued: Tai Chi
Tues., 2:30-3:45 p.m. & Thurs., 1-2:15 p.m.

Course #20 – Continued: French IV
Tues., Thurs., 2:30-3:45 p.m.

41. The Rise and Fall of the Luftwaffe
Tues., 2:30-3:45 p.m.

This class will cover the recovery of the German air force from the severe limitations imposed at the end of the first World War by the Treaty of Versailles to its growth into the strongest aerial weapon in the world at the start of World War II. We will look at the rise of Hitler and the Nazi Party and at the decisions they made as they built on the aviation developments that came before them. These decisions in the areas of technology, strategy and tactics would finally stretch the Luftwaffe beyond its capability to stop the allied onslaught against Germany.
Instructor: Ken Hampton, LLS

42. Renaissance Masterpieces
Wed., 9-10:15 a.m.

This course will expose students to five masterpieces that helped shape the Renaissance world: Giotto's *Scrovegni Chapel* (c. 1305); Jan van Eyck's *Arnolfini Wedding Portrait* (1434); Leonardo's *Last Supper* (1495-98); Michelangelo's *Sistine Ceiling* (1508-12) and Albrecht Durer's *Passion Cycles* (1497-1512). Each lecture will explore a different work of art and investigate how each of these artists brought innovation and invention to create a masterpiece.
Instructor: Dr. Michelle A. Erhardt, CNU

43. George Percy and the Starving Time
Wed., 11 a.m.-12:15 p.m.

At Jamestown during the period of George Percy's presidency, 1609-10, life degenerated into the most devastating interval in our colony's history. Leadership of the colony changed under succession of early presidents and governors. The course ends with the establishment of a more stable, if harsh, martial government.
Instructor: Aleck Loker

Course #23 – Continued: Intermediate Latin
Wed., Fri., 12:30-1:45 p.m.

44. Kings of Comedy
Wed., 12:45-2:00 p.m.

Professor of Theater George Hillow will examine the lives and times of several of America's most gifted comedians. After a discussion about their backgrounds and professional approach to creating comedy, film clips and recordings of their work will bring these kings into the classroom. They will include

the incomparable Victor Borge, whose comic tool of genius is a grand piano; Robin Williams, whose lightning wit could never be contained; Jeff Dunham, the master puppeteer of our time; and Jerry Clower, the funniest Southern storyteller of all time.
Instructor: George Hillow, CNU

45. A Storied Legacy, a Soaring Future – NASA Langley Research Center, 100 Years and Beyond
Wed., 2:30-3:45 p.m.

The NASA Langley Research Center will celebrate its 100-year centennial anniversary in 2017. NASA Langley has been a major contributor to the United States aeronautics and space exploration programs as we know them today. This lecture series will examine many of NASA Langley's contributions over the previous century and also highlight current and future directions.
Instructor: Walter C. Engelund, Director, Space Technology and Exploration Directorate

46. Creative Nonfiction Writing
Thurs., 9-10:45 a.m. Limited enrollment

For writers of all levels who enjoy writing nonfiction with a creative flair and wish to craft stories from real life.
Instructor: Heidi Hartwiger

47. Advanced Writing for "Historians"
Thurs., 9-10:45 a.m. Limited enrollment

Strengthen your skills in recording your experiences. Family stories always find an audience, with family, with community and sometimes in the wider world as social history.
Instructor: Doris Gwaltney

Course #27 – Continued: Classical Music Genres – The Symphony
Thurs., 9-10:15 a.m.

48. Topics in Ancient Roman Civilization
Thurs., 11 a.m.-12:15 p.m.

We will discuss diverse topics pertaining to ancient Roman civilization, including Latin Into Italian, the City of Pompeii, an overview of Latin Literature and the Religions of the Roman Empire.
Instructor: Dr. Alice Rubinstein, LLS

49. Watercolor Painting
Thurs., 11 a.m.-1 p.m. Limited Enrollment

Same as course #28. Register for only one watercolor class in session A and only one in session B.

50. Religious Women in Leadership
Thurs., 1-2:15 p.m.

Women bring a unique perspective in their positions of religious leadership, regardless of their religious affiliation. In this course students will examine what makes an effective religious leader. We will discuss leaders like Mother Teresa, Dr. Sakena Yacoobi, Rev. Dr. Katharine Jefferts Schori, Jetsunma Tenzin Palmo, Bishop Vashti McKenzie, Sister Carol Keehan, Jetsun Khandro Rinpoche and so many more!
Instructor: Dr. Dawn Hutchinson, CNU

51. Watercolor Painting
Thurs., 2-4 p.m. Limited Enrollment
Learn to select, mix and apply. Enhance your skill in composition.

If you are no longer a beginner, continue to develop your skills. Register for only one watercolor class in session A and only one in session B.
Instructor: Betty Anglin, Ret. CNU

52. Verizon Wireless
Thurs., 2:30-3:45 p.m.

A workshop to teach you how to use your wireless devices. This course includes Android beginner/advanced, Apple beginner/advanced as well as tools to enhance use of devices. There are exclusive discounts and promotions available to LLS members.
Coordinator: Verizon Wireless Personnel

53. Meanderings
Fri., 9 a.m.-3 p.m. Limited enrollment

We will carpool weekly to discover new museum exhibits from Norfolk to Williamsburg and lunch in delightful eateries nearby. Participants are responsible for expenses, such as lunch and admission fees.
Coordinator: Janie Dickson, LLS

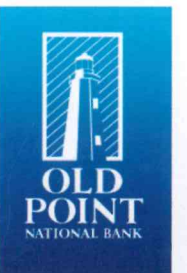
54. Politics Through Media: Propaganda Coming Through?
Fri., 11 a.m.-12:15 p.m.

This course will look at the vulnerability of the audience to American media political reports. It will examine issues portrayed in the media that border on propaganda being relayed to the American people. We will discuss the veracity of these media reports and why there is a discrepancy between what actually happened and what the media reported, including why the media reported as it did. We will cover both foreign and domestic media political reporting, along with both national security and non-national security-related issues. One session will look at media in other countries and attempt to ascertain if those audiences are as gullible as Americans are to their media political-related reporting.
Instructor: Dr. Corliss Tacosa, ODU

Course #34 – Continued: Riverside Doctors Series
Fri., 1-2:15 p.m.

55. Watercolor Painting
Fri., 1:30-3:30 p.m. Limited Enrollment
Same as course #35. Register for only one watercolor class in session A and only one in session B.

Thank You to Our Corporate Sponsors:



LIFELONG LEARNING SOCIETY

Christopher Newport University
Yoder Barn Theatre
660 Hamilton Drive
Newport News, VA 23602-6925



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**Register Now for
Spring Classes**

Visit the CNU-LLS home page: lifelonglearning.cnu.edu

LLS is an affirmative action/equal opportunity organization. Christopher Newport University does not discriminate in admission, employment or any other activity on the basis of race, color, age, religion, national origin, veteran status, physical handicap or political affiliation.

**FIELD TRIP
SCHEDULE**

"42nd Street"

February 4, 2017

New York City

March 8-11, 2017

Hanover Tavern/Barksdale Theater

March 26, 2017

Eastern Shore Garden Tour

April 29, 2017

French River Cruise

May 2017

For more information on trips, please
call the LLS office at (757) 269-4368.

CONFERENCES

The 35th Annual Community Forum on Aging

March 8, 2017 at The Freeman Center

The 36th Annual Writers Conference

May 5-6, 2017 at The Freeman Center

The 20th Annual Gardening Symposium

April 22, 2017 at The Freeman Center

**MONDAY-
AFTERNOON
LECTURES AND
PERFORMANCES**

January 30, 1:30 p.m.

Opening Lecture

Principal Oboe Sherie Aguirre

Virginia Symphony Orchestra

Peebles Theatre

February 6, 2 p.m.

CNU in Concert – Chamber Choir

Studio Theatre, Ferguson Center

February 13, 2 p.m.

"Working"

CNU Musical Preview

Peebles Theatre

February 20, 1:30 p.m.

VSO Principal Flute

Deborah Wendells Cross

Peebles Theatre

February 27, 3 p.m.

CNU in Concert – Opera

Peebles Theatre

March 13, 1:30 p.m.

VSO Principal Harp

Barbara Chapman

Peebles Theatre

March 20, 2 p.m.

CNU Dance – Preview

Peebles Theatre

March 27, 1:30 p.m.

VSO Flute and Harp

Duet – Special Recital

Peebles Theatre

April 3, 1:30 p.m.

Research Presentations

By CNU Students

Yoder Barn Theatre

April 10, 1:30 p.m.

VSO Second Trombone

David Bruestle

Yoder Barn Theatre