



Susan Barber <sbarber@cnu.edu>

Campus Announcements - February 1

1 message

Office of Student Activities <osa@cnu.edu>

Mon, Feb 1, 2016 at 9:42 AM

To: Association Office of Student Activities <osa@cnu.edu>

Bcc: students@cnu.edu

Campus Announcements: Daily Digest

Monday, February 1

[CAMPUS ACTIVITIES EVENT CALENDAR](#)

TODAY

- **Engagement Week: 11:00am-2:00pm**
- **Alpha Chi Sigma Rush Week Event - Meet and Greet: 5:00pm**
- **Black Student Union Meeting: 7:30pm**
- **UCM Meeting: 8:30pm**

Upcoming Events

- **Home Athletics This Week**
- **Signing Day Major Counseling**
- **African Student Union Meeting**
- **Join Ballroom**
- **SFC Bible Study**
- **"Miss Black & Gold" Scholarship Pageant**
- **Captain's Ball 2016 - Tickets on Sale Now**
- **Organizations: Volunteer with CNU's Food Fighters**

Campus Programs and Announcements

- **CNU International Photo Contest**
- **Study Abroad Fair**
- **#GetFitCNU Healthy Foundations**

Today

Engagement Week: 11:00am-2:00pm

The Office of Student Engagement presents the first ever Engagement Week! From Monday February 1st - Friday February 5th come out to learn about the services and resources available at CNU as well as why it is important to be engaged, how to get involved, and what to do next! Cookies and Hot Chocolate in the DSU on Monday, Wheel of Fortune in the freshman residence halls Tuesday-Thursday, and PRIZE CART all day on Friday.

Attachment

Alpha Chi Sigma Rush Week Event - Meet and Greet: 5:00pm

Come meet the brothers of Alpha Chi Sigma, CNU's Co-ed Professional Chemistry Fraternity, at our rush week events! We are CNU students of all years studying and advancing chemistry as a science and as a profession. Our meet and greet will be today, February 1st, at 5PM in Forbes 1022. Questions? Email us at alphachisigma@cnu.edu

Attachment

Black Student Union Meeting: 7:30pm

The Black Student Union will be having a meeting on Monday, February 1st in Freeman 101 at 7:30pm. Topic of discussion: Colorism. Also, all eboard applications are due by February 1st. Hope to see you there!

Attachment

UCM Meeting: 8:30pm

United Campus Ministries meets tonight, Monday, 2/1, at 8:30 p.m. in the DSU, Monroe Room. All are invited to join us in good discussion, fellowship, and fun tonight and every Monday at 8:30 p.m. For more information, contact ucm@cnu.edu OR Campus Minister, Donna, at donna.desarroyal@cnu.edu. Join us tonight!

Upcoming Events

Home Athletics This Week

- Saturday, February 6 - Track, Vince Brown Invitational
- Sunday, February 7 at 10:00am - Women's Tennis vs. North Carolina Wesleyan
- Sunday, February 7 at 10:00am - Men's Tennis vs. North Carolina Wesleyan

For more information, please visit cnusports.com.

Signing Day Major Counseling

Get some last minute advice on choosing your major before Signing Day on Tuesday, February 2nd. No appointment necessary - First come. First served.
Tuesday, February 2 11:30AM-1:30PM, CNH 305

African Student Union Meeting

Hello Everyone,
our next general meeting will be Tuesday, February 2nd in MCM 260 at 12:30pm. Come help us put together Valentine's Day Candy Grams for our sale next week!

On February 8th and 10th, we will be taking orders for Valentine Candy Grams and delivering them to various locations on campus. Come visit our table next week in the DSU and purchase something sweet for your loved ones!

Join Ballroom

Want to join a new club, or learn how to dance, love to dance, or just hang out with some really cool people?! Welcome to Ballroom! Come check us out every Tuesday at 7:30pm and Wednesday at 7:00pm! Locations vary week-to-week, and are posted weekly on facebook. Join us for fun, friends, and of course...DANCING! No prior dance experience needed.

Questions?

ballroomdancesocietycnu@gmail.com

Check us out for more info and cool news!

Facebook: The Ballroom Dance Society of CNU page, Ballroom Dance Society of CNU group
Twitter, Snapchat, Instagram: @ballroom_cnu

Attachment

SFC Bible Study

We hope everyone had a great weekend and are ready to start a new week! Bible study will continue Tuesday, February 2, 2016 in Freeman 101 at 7:30pm. Come join us as we learn how to be better people of God in our everyday lives! You don't want to miss it!

"Miss Black & Gold" Scholarship Pageant

Alpha Phi Alpha Fraternity, Inc. develops leaders, promotes brotherhood and academic excellence while providing service and advocacy for our communities. On behalf of the Upsilon Beta Chapter, we would like to invite your organization to attend our 1st Annual "Miss Black & Gold" Scholarship Pageant on March 17th at 7:30PM in the DSU Ballroom.

We are currently in the process of accepting applicants, in which our Miss Black & Gold could receive a \$250 scholarship. Applications are open to any female student at Christopher Newport University that maintains a minimum 2.5 grade point average. Applications are due by February 7th to CJ Stanford (calvin.stanford.11@cnu.edu).

Attachment

Captain's Ball 2016 - Tickets on Sale Now

Join Class Council & the Office of Student Activities for Captain's Ball 2016: A Night Aboard the RMS Titanic on Saturday, February 6 at 8 PM - 12 AM

in the DSU. The event is quickly approaching, so make sure you stop by the Office of Student Activities (DSU 3rd floor) or at the Welcome Desk (DSU 1st floor) to get your tickets before they run out! Tickets can be purchased for \$20 each or \$30 for two!

Check out the event page on Facebook for more details and follow Class Council on Facebook, Instagram, and Twitter for updates!!

<https://www.facebook.com/events/1526101937700168/>

Attachment

Organizations: Volunteer with CNU's Food Fighters

Sign up to volunteer with The Food Fighters this semester! The Food Fighters take leftover food from our campus dining halls and deliver them to Peninsula Rescue Mission, a local homeless shelter. We are looking for organizations to sign up for one week of deliveries. By volunteering your organization members would be in charge of delivering the food the nights that you are assigned. Deliveries require at least 2 people per night and only last from 8-9pm every weeknight. Weeks available: March 21-25, March 28-April 1, April 4-8, April 11-15, April 18-22

If you are interested in volunteering please fill out our form:

https://docs.google.com/forms/d/1ypoFqcsC3X8Q2Nuxb8BJwMWrvK5_oAnEc6_2MiK_gvE/viewform?usp=send_form

Attachment

Campus Programs and Announcements

CNU International Photo Contest

Students, Faculty and Staff may submit photos. Deadline to submit is Friday, Feb 26. More details for submitting photos can be found at <http://bitly.com/CNUphoto>

Study Abroad Fair

Thursday, February 4th between 11 - 2 p.m. in the DSU.

Join us in the Washington Room to meet program representatives. In the Jefferson Room, you will get details for Scholarship Funding and meet with CNU Ambassadors.

#GetFitCNU Healthy Foundations

February is American Heart Month

Did you know stress can affect factors that can lead to heart disease? <http://bit.ly/1nNb6su>

#GetFitCNU Healthy Foundations

Join us for a FREE, fun, engaging stress management series including the basics, fitness, mindfulness and nutrition. Bring your lunch and join us for one or all seminars, and learn strategies to better cope with stress!

Offered by the Office of Counseling Services, Dining Services, and The Freeman Center Trieshmann Health and Fitness Pavilion.

Dates: Tuesdays, February 2, 9, 16, 23

Time: 12:30 - 1:15 p.m.

Location: The Freeman Center, Room 202

Presenters: Del Rey Honeycutt, Kevin Joyce, Kevin Ososkie, and Lisa Wingfield Powell

For more information (i.e., schedule, seminar descriptions) or to register, please visit <http://bit.ly/1L9ewKP>, email fitness@cnu.edu or call (757) 594-7882.

We look forward to seeing you!

www.cnu.edu/freemancenter/fitness

like us on Facebook: <https://www.facebook.com/CNUFitness>

follow us on Twitter: @CNUFitness #GetFitCNU

"The mind, when housed within a healthful body, possesses a glorious sense of power." - JH Pilates

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Office of Student Activities

DSU 330

Christopher Newport University

757-594-7260

osa@cnu.edu

www.cnu.edu/studentactivities/

Follow us on Twitter @CNUOSA or like the [CNU Office of Student Activities](#) on Facebook!

7 attachments



Engagement Week
620K




Captain's Ball
120K



Black Student Union
108K

 **Alpha Chi Sigma**
141K

 **Ballroom**
94K

 **Food Fighters**
92K

 **Miss Black and Gold**
7K