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Campus Announcements - September 30

1 message

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To: Association Office of Student Activities <osa@cnu.edu>
Bcc: students@cnu.edu

Wed, Sep 30, 2015 at 10:14 AM

Campus Announcements: Daily Digest

Wednesday, September 30

CAMPUS ACTIVITIES EVENT CALENDAR

TODAY

- CNU Goes Teal
- "Black Is...." Define Your Blackness
- HerCampus Celebrity Change Wars: 11am-2pm
- Sigma Tau Gamma Mid Semester Rush Opportunity: 11am 1pm
- Alpha Phi Omega: Buffalo Wild Wings Fundraiser: 11am-1pm
- Fall 2015 Career & Internship Fair: 12-3pm
- Accounting Club JJ Edmunds, CPA, MSA PBMares 6pm
- Field Hockey vs Catholic University of America 7pm
- Sorority 101 7:30pm
- Compañia Flamenca José Porcel performing Flamenco Fire Ferguson Center for the Arts - 7:30pm
- CRU Large Group 8pm

Upcoming Student Events

- Thursday Night Team (TNT) Trivia
- CNU Hockey's Family Night
- · Kappa Kappa Psi Krazy Kool Party Week
- · Zeta Tau Alpha's Pinktober 2015: Pink the Campus Day
- PLP and Honors Event
- Capture the Crown: Chas' Castle
- CNU VeSPA Hearthstone Tournament
- RHA General Board Meeting- October 1st at 7:30
- Pre-Dental Club Interest

Campus Programs and Announcements

- Apply to be a Resident Assistant
- The Reiff Center for Human Rights and Conflict Resolution presents: The Persecution of Religious Minorities in Pakistan

- FREE Meditation and Yoga
- Trip to Israel

Today

CNU Goes Teal

Sigma Alpha Omega would like to invite all students, faculty, and staff to join us in wearing teal on Wednesday, September 30 to raise awareness for Ovarian Cancer. #TheRealTealSAO

"Black Is...." Define Your Blackness

On Tuesday, Wednesday, and Thursday of this week the Black Student Union will be in the DSU encouraging black students to define their blackness. We want to celebrate you! Stop by our table to get your picture taken to be added to our social media.

If you have any questions, please contact the BSU at bsu@cnu.edu.

HerCampus Celebrity Change Wars: 11am-2pm

Who should be CNU's next campus celebrity? Pick from some of your favorite Captains by dropping change into their jar while stopping by our booth in the DSU Breezeway September 28th through October 1st from 11-2. Winners will be featured on the Her Campus site and on social media, and will have the satisfaction of being a CNU Celebrity! The list of contestants are: Arlyn Thaler, Quinton Pace, Marie Connole, Brian Larson, and Frank Council!

Sigma Tau Gamma - Mid Semester Rush Opportunity: 11am - 1pm

Missed out on Fall Rush Week? Still looking for your group here at CNU? The brothers of Sigma Tau Gamma will be tabling in the DSU from 11AM-1PM today. Dating back to 1984, Sig Tau is the oldest fraternity at CNU. As a fraternity, we are looking to re-brand and reinvent ourselves, and in that spirit, new men that we recruit this semester will have the opportunity to make OUR chapter into YOUR chapter. We have a large network of successful, local alumni who are willing to lend a hand, both during your college years and afterwards. Come on by and talk to us, and learn about how you can become a part of something bigger.

For more information, please contact: Andrew Hamilton (757-719-4988) andrew.hamilton.12@cnu.edu

Alpha Phi Omega: Buffalo Wild Wings Fundraiser: 11am-1pm

Do you like wings? Then come on out to support Alpha Phi Omega, CNU's co-ed service fraternity, from 11:00 AM to 11:00 PM at Buffalo Wild Wings on Jefferson Avenue. 10% of your purchase will go to supporting APO, and all you have to do is mention you're there for Alpha Phi Omega's fundraiser or present the ticket attached below! We can't wait to see you there!

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Fall 2015 Career & Internship Fair: 12-3pm

DSU 2nd Floor

Don't wait to find your dream career or internship! No matter whether you are a Freshman or Senior, this is your chance to explore potential opportunities, network with employers, and research career options, all in one place.

At the Career and Internship Fair, students will have an opportunity to meet with employers and alumni of CNU. This event is FREE and open to CNU students of all majors and class years!

Accounting Club - JJ Edmunds, CPA, MSA - PBMares - 6pm

September 30th, 6pm, DSU Harrison

JJ Edmunds is a CNU Class of 2012 Alumnu, CPA, and MSA. After graduating from CNU, Edmunds went to ODU and graduated with a Masters and passed all four sections of the CPA exam shortly after. He worked for two different CPA firms before starting with PBMares where he is now a Senior Accountant. His work focuses on auditing Financial Institutions, Country Clubs, and Not-for-Profits. PBMares started an Internship Program last summer and is looking for interns and full-time employees.

Field Hockey vs Catholic University of America - 7pm

After extending its winning streak to five games last week, the Christopher Newport field hockey team moved up to 15th in latest NFHCA national rankings and will face a top-20 battle on Wednesday evening when CNU hosts No. 18 Catholic at 7 p.m. in a non-conference showdown at Captains Turf Field.

Entering Wednesday's match-up with Catholic, CNU sports a 7-1 record, including a pristine 2-0 mark at home. The Cardinals sit at 5-3 overall, including 2-2 away from Washington D.C.

For those fans unable to make it to Wednesday's action, Christopher Newport will provide live stats and a video stream at CNUsports.com/live.

For more information, go to the *match PREVIEW page*.

Sorority 101 - 7:30pm

Interested in learning more about Sorority Life at CNU?

Sorority 101 is an annual informational session regarding CNU Sorority Life, the process of recruitment, and how potential interested women can get involved in the community. Come on out and meet women from all seven sororities, hear there stories and ask your questions!

Sorority 101 is September 30th at 7:30PM in Freeman 202- Drinks, desert and a surprise gift will be provided!

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Compañia Flamenca José Porcel performing Flamenco Fire - Ferguson Center for the Arts - 7:30pm

Wednesday, September 30 at 7:30

Student Rush Price: \$5

Flamenco choreographer extraordinaire José Porcel makes a brilliant return to North America with Flamenco Fire, a thrilling performance of classical and traditional Flamenco dance and music guaranteed to set your soul afire! Porcel and his company of dancers and live orchestra present a spectacle of classic Flamenco as it was danced and performed by the great masters, including Antonio Gades and José Greco! The dancers in the company are first-rate: "lithe and accomplished." Porcel choreographed his first work in 1991 but has kept his dance spirit alive as mostly premier or lead dancer with numerous world-class companies. This breathtaking extravaganza represents the purity and authenticity of the golden age of Flamenco — it is Flamenco at its best!

For more information about this performance please visit the **EVENT PAGE**. Please call the Ticket Office for more information (8752).

Join us on *Facebook*Follow us on *Twitter*

CRU Large Group - 8pm

Looking for a community that loves Jesus and loves worshiping and loves people?

Come to CRU large group TONIGHT at 8PM in the Chapel!

A judgement free area that opens its doors to people of all stages in their faith-walk would LOVE to have you join us! Can't make it to large group?

Check out one of our small groups that meets during the week!

Women's Small Groups:

Monday: 7pm Wilson 321 -- Meet in the DSU (Peyton & Lindsey A.)

Monday: 7:30pm Wilson 431 -- Meet at Tropical Smoothie (Jodie & Michaela)

Monday: 9pm DSU Stairs (Melissa & Cara)

Tuesday: 7:30pm Warwick 4018 (Julia & Lindsey T)

Thursday: 7:30pm Wilson 431-- Meet outside Tropical Smoothie (Victoria & Haley)

Men's Small Groups:

Monday: 7:45pm DSU Stairs (Henrique & Grant) Tuesday: 7pm Rapp Courtyard (Graham & Jordan)

Thursday: 6pm Tyler Hall --Meet outside Moe's (Michael & Nathan)

Thursday: 8pm Harrison 101 (Tim & Tyler)

Upcoming Student Events

Thursday Night Team (TNT) Trivia

Thursday, 8pm, Crow's Nest - Hosted by Frank Council, Director of Student Activities

Come out for the chance to demonstrate your mastery of trivia. Compete with a team (up to 6 people) for a chance to win Captain's Cash and other door prizes!

It's going to be a lot of fun so we hope to see you there!

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CNU Hockey's Family Night

It's family weekend at CNU!!! If you're looking to spend some time with your families and show them how great CNU is, come out to the Ice Hockey game this Friday, October 2nd, at 10PM! We will be taking on Radford University and looking to extend our record to 5-0 this season! We can't do it without the support of our fans and their families so all CNU family members pay student admission prices! Hope to see everyone there!

\$3 admission for everyone!

Hampton Roads Iceplex 401 Village Ave, Yorktown, VA

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Kappa Kappa Psi - Krazy Kool Party Week

Come join the brothers of Kappa Kappa Psi as we have our bi-annual Krazy Kool Party Week! This week is non-obligatory and open and free to the public!

Monday: Krazy Kool Game Night 7:30 pm Freeman 101

Tuesday: Trivia Night 7:30 pm Ferg A-100 Wednesday: Decor-cake 7:30 pm Ferg Atrium Thursday: Game of Bros 7:30 pm 2nd Floor Ferg Friday: Info/Movie Night 7:30 pm Freeman 202

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Zeta Tau Alpha's Pinktober 2015: Pink the Campus Day

Wear Pink on October 1st to kick off National Breast Cancer Awareness Month! Also, make sure to check out Zeta Tau Alpha's Facebook Event Page for Pinktober and grab a flyer when we table on Wednesday to keep up with our activities throughout the month! We are excited to kick off another month of Pink!

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PLP and Honors Event

Hello, the Neuroscience Club will host its second speaker of the semester THIS Thursday, October 1st, from 12:30-1:30 pm in Forbes 2070E. Barbara Monteith will present on the topic of Alzheimer's Disease, including the 10 warning signs, advances in research and treatment, as well her own personal experiences of having a love one living with the disease. Light refreshments will be provided and feel free to bring your lunch! **This is an approved PLP and Honors Event!! Please direct any inquiries to neuroclub@cnu.edu.

Capture the Crown: Chas' Castle

This Friday October 2 in Freeman 202 CNU VeSPA will be hosting it's second bi-weekly Smash Brothers 4 Tournament. This weeks tournament will be run in the same format as the last one so come on out and try your hand, top placing contestants will win a cash prize. Doors open at 5 p.m. so make sure you get there in time to register.

Any questions should be directed to vespa@cnu.edu

CNU VeSPA Hearthstone Tournament

This weekend in Freeman 202 CNU VeSPA will be hosting another hearthstone tournament starting at 5 p.m. Players of all skills are encouraged to come out and participate, entry is free. Prizes will be given to the top placing contestants.

Questions should be directed to vespa@cnu.edu

RHA General Board Meeting- October 1st at 7:30

Come out to RHA's General Board Meeting on October 1st at 7:30 in McMurran 114

Anyone who is an on-campus student is allowed to attend. Give us input on what you would like to see changed in the residence halls as well as hear about RHA's upcoming events.

If you have any questions or concerns, please contact rha@cnu.edu

Pre-Dental Club Interest

The Pre-Dental Club here at CNU is committed to providing helpful information socially and academically for students interested in attending dental school in the future. Contact Ethan Sill at ethan.sill.12@cnu.edu about your interest in joining the Pre-Dental Club here at CNU.

Campus Programs & Announcements

Apply to be a Resident Assistant

The application for Resident Assistants for the 2016-17 academic year is now open! Applications are due Monday, October 26th by 11:59 pm. Visit www.CNU.edu/reslife/jobs for the application and more information.

The Reiff Center for Human Rights and Conflict Resolution presents: The Persecution of Religious Minorities in Pakistan

by Parvez Choudry Human Rights Lawyer, Legal Aid to the Destitute and Settlement (LADS)

Tuesday, October 6, 6:00 pm McM 101

The event is free and open to the public.

For more information, please contact Dr. Tina Kempin Reuter, Reiff Center Director, at tina.reuter@cnu.edu or757-594-7821.

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FREE Meditation and Yoga

Begin with 20 minutes of quiet meditation, and then flow from one yoga pose to another for an energizing yet relaxing practice.

Time: 5:30 - 6:30 p.m.

Location: The Freeman Center, Trieshmann Health and Fitness Pavilion, Multipurpose Room 2

Instructors: Kilee Kadrie Weiler and Kevin Joyce

For more information about CNU Fitness, contact fitness@cnu.edu or visit fitness.cnu.edu

like us on Facebook: https://www.facebook.com/CNUFitness

follow us on Twitter: @CNUFitness #GetFitCNU

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Trip to Israel

Presentation for those interested in a Spring Break, 2016, trip to Israel. On Thursday, Oct 1st, Dr. Kip Redick will be discussing the details of this study opportunity in Israel. There will be a special guest from Israel to answer questions. There are two sessions for this meeting, one at 4:30PM in McMurran 101 and another at 6PM in McMurran 101.

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Frank Council Director, Office of Student Activities

Christopher Newport University (757) 594-7260 franklin.council@cnu.edu

What you do speaks so loud, that I cannot hear what you say.
- Ralph Waldo Emerson

8 attachments



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Meditation is like a gym in which you develop the powerful mental muscles of calm and insight.

- Ajahn Brahm





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