



# LIFELONG LEARNING SOCIETY

## 2000 Spring Program

The LifeLong Learning Society of Christopher Newport University (CNU-LLS) is a membership organization dedicated to persons of retirement age who seek opportunities for learning in an environment of sharing and fellowship. There are no requirements as to previous educational experience; intellectual curiosity is the only admission requirement. Managed by and for its members, the LLS is a program of the Office of University Relations and is an affiliate of the Elderhostel Institute Network. Through a variety of activities – including lectures, courses, study and discussion groups, lunches, dinners and field trips – persons of diverse backgrounds come together to share a common interest in learning. There are no exams or grades in the courses, although some courses include assigned readings and the possible purchase of a text. All persons of retirement age are encouraged to join if they are interested in being challenged by new ideas in the company of other eager learners. The LLS shares its program with the community by participating in joint learning efforts with other educational and research institutions, retirement groups, industries and museums.

### Opening Session: Monday, Jan. 31, 2000

(All events in the CNU Student Center)

- |            |  |
|------------|--|
| 12:30 p.m. | New Member Orientation, Alumni Room, 150           |
| 1 p.m.     | All-Member Reception, Alumni Room, 150             |
|            | Course Registration, Gaines Theatre Lobby          |
| 2 p.m.     | Lecture by John V. Quarstein, Virginia War Museum  |
|            | Peninsula Planters and Plantations, Gaines Theatre |

### Program Overview

This semester's first LifeLong Learning event will be the annual New Year luncheon on Jan. 16. (See the enclosed registration form for details.) The six Monday afternoon lectures and four concerts are listed on page 4.

Session A and Session B courses will meet once or twice each week for five weeks at dates and times indicated on pages 2 and 3. In addition to field trips and concerts listed on page 4, several additional optional activities for all members will be announced during the semester.

### Membership Fee and Benefits

**For new enrollees:** Full membership for the 2000 spring and summer sessions is \$80. This includes spring and summer courses, the Monday afternoon lectures and concerts and the opportunity to participate in optional activities – such as field trips – by paying the activity fees.

An associate membership for new members is available for \$45. This includes the Monday events, group and other optional activities but no courses.

**For associate members:** The spring 2000 course fee is \$35, and the summer 2000 course fee is \$30.

A member may bring a guest one time to any of the Monday events or Tuesday through Friday class meetings or to an optional activity if there is space available.

### Refund Policy

Full refund of spring membership and/or course fees will be granted if requested before Feb. 1, 2000. After that date, no refund will be given for membership fees. Course fee refunds will be made in accordance with the established policies. A 10-percent handling charge will be deducted on all refunds.

### Economic Hardship

Fee waiver is possible and inquiries are invited. Please call the LLS Office at 594-7568 for details.

### NEW PARKING DECAL STICKERS REQUIRED

As of Jan. 17 a new 99-00 sticker must be placed on your parking decal. If you have not already bought the \$6 sticker, you may do so when you complete the enclosed spring 2000 registration form.

### Any Questions?

Call 594-7568 any time.

*LLS is an affirmative action/equal opportunity institution. Christopher Newport University does not discriminate in admission, employment or any other activity on the basis of race, color, age, religion, national origin, veteran status, physical handicap or political affiliation.*



# Session A Courses

Feb. 1 – March 3, 2000

## A1 and B1 Tai Chi Chaun – Yang Style

Tuesdays, 9 – 10:15 a.m.

Improve your posture, circulation, flexibility of joints and vitality through this exercise method.

**Instructor:** TBA

## A2 and B-2 – Computer 101

Tuesdays and Thursdays, 9:30 – 10:45 a.m.

Introduction to Windows 95, writing letters with Microsoft Word, surfing the World Wide Web, sending and receiving e-mail. Limited enrollment. \$10 lab fee.

**Instructor:** Dr. James R. Tarr, CNU

## A3 - Poetry Writing

Tuesdays, 11 a.m. – 12:15 p.m.

This course will concentrate on thematic tension, imagination, finding your own poetic voice, sliding on strong verbs, revision and submissions. Limited enrollment.

**Instructor:** Patricia Flower Vermillion

## A4 - Getting the Most from the CNU Library

Tuesdays, 11 a.m.- 12:15 p.m.

Learn to use our CNU Library resources, such as the online catalog and Pro-Quest indexes, and to locate books, articles, videos and research reports. Limited enrollment

**Instructor:** Amy Boykin, CNU Library Staff

## A5 and B5 – Computer 102

Tuesdays and Thursdays, 11:15 a.m. – 12:30 p.m.

Create and edit documents with Word, learn the basics of Excel spreadsheets and enhance your WWW and e-mail skills. Prerequisite: Computer 101. Limited enrollment. \$10 lab fee.

**Instructor:** Dr. James R. Tarr, CNU

## A6 – The American Revolution, 1776-1781

Tuesdays, 1 – 2:15 p.m.

This course will explore the causes, battles, myths and realities of the American Revolution.

**Instructor:** John Quarstein, Virginia War Museum

## A7 – Understanding our Multi-Level Judicial System

Tuesdays, 2:30 – 3:45 p.m.

Guest speakers will discuss their roles in our judicial system: the General District Court and the Circuit Court; the Federal Magistrate, Juvenile and Domestic Relations courts; and Commissioner of Accounts.

**Coordinator:** The Honorable James H. Harvell

## A8 and B8 – Fundamentals of Sculpture

Wednesdays and Fridays, 9 – 11 a.m.

A basic course in ceramics introducing a variety of methods, such as hand-building and wheel-throwing techniques, glaze materials, and processes used in the making of sculptures. Limited enrollment. Instructor will not be present on Fridays.

**Instructor:** Professor Gregory A. Henry, CNU

## A9 – Horticultural Therapy and More

Wednesdays, 9:30 – 10:45 a.m.

An eclectic tour of horticultural topics such as shade gardening, lawn maintenance, pesticide safety and the art of bonsai.

**Instructor:** Bob Moesch, master gardener

## A10 - Classical Greek Mythology

Wednesdays, 1 – 2:15 p.m.

A review of the main surviving Minoan, Mycenaen, Classic Period and Hellenistic myths, considering their origins, significance and relevance to us.

**Instructor:** George Tsirimokos, LLS

## A11 – Chapters of Southern History

Wednesdays, 2:30 – 3:45 p.m.

History and legends of the American South such as the development of river transportation and its influence in shaping Southern culture, unique trades and industries, Southern personalities and origins of the Lost Cause.

**Instructor:** Chris Barnett, education director, Mariners' Museum

## A12 – Writing Fundamentals

Thursdays, 9:30 – 10:45 a.m.

The basic tools for descriptive, narrative and expository writing, with your experiences as your source material. Limited enrollment.

**Instructor:** Professor June Soud, CNU

## A13 - Introduction to the Jefferson Lab

Thursdays, 9:30 - 10:45 a.m.

At the Jefferson Lab, five scientists will give presentations on super-conductivity, accelerator operations, free electron laser, computing and how experiments are conducted.

**Coordinator:** Linda Ware, public relations manager, Jefferson Lab

## A14 – Mystery as History

Thursdays, 1 – 2:15 p.m.

Analysis and discussion of the growing genre of detective fiction – the historical mystery. Examples include Steven Saylor's *Roman Blood*, Sharon Newman's *The Devil's Door* and Josephine Tey's *The Daughter of Time*.

**Instructor:** Dr. Theodore Bostick, CNU

## A15 and B16 – Approaches to Better Health

Thursdays, 1 – 2:15 p.m.

Alternative choices for preventing, treating and often reversing chronic health problems will be discussed.

**Coordinators:** Dr. Philip Murray, Norma Richburg, LLS

## A16 – Four Notable Composers and Their Music

Thursdays, 2:30 – 3:45 p.m.

We will examine the lives of four renowned composers – Beethoven, Mozart, Puccini and Verdi – and enjoy listening to examples of their finest music.

**Instructor:** Dr. Liana Fleming, CNU and ODU

## A17 and B18 – Watercolor Painting

Fridays, 2 – 4 p.m.

Learn to select, mix and apply. Enhance your skill in composition. If you are no longer a beginner, continue to develop your skills. Limited enrollment.

**Instructor:** Professor Betty Anglin, CNU

## A18 and B19 - Painting: Acrylic and Oil

Fridays, 2 – 4 p.m.

Learn to select, mix and apply. Enhance your skill in composition. If you are no longer a beginner, continue to develop your skills. Limited enrollment.

**Instructor:** Dr. David Alexick, CNU

# Session B Courses

March 14 – April 14, 2000

## B1 - Tai Chi Chaun – Yang Style

Tuesdays, 9 – 10:15 a.m.

Same as Course A1.

## B2 – Computer 101

Tuesdays and Thursdays, 9:30 – 10:45 a.m.

Same as Course A2. \$10 lab fee.

## B3 – Fiction Writing

Tuesdays, 11 a.m. – 12:15 p.m.

For writers who have completed the writing fundamentals course. Find your elusive personal fiction writing voice, sharpen your style and explore the elements of a good short story.

**Instructor:** Professor Heidi Hartwiger

## B4 - Victorians, Our Contemporaries, IV: Joseph Conrad

Tuesdays, 11 a.m. – 12:15

The 19<sup>th</sup> century witnessed the establishment of cultural and industrial imperialism, which required vast religious and ethical accommodations, ending in dividing power from values, as they had been known. Joseph Conrad's *Heart of Darkness* dramatizes the consciousness breaking tensions through which Western humanity has had to move to sustain the imperial journey.

**Instructor:** Professor Barry Wood, CNU

## B5 – Computer 102

Tuesdays and Thursdays, 11:15 a.m. – 12:30 p.m.

Same as Course A5. \$10 lab fee.

## B6 - Creation Versus Evolution: Why are They at Odds?

Tuesdays, 1 – 2:15 p.m.

Anti-evolutionary sentiment has become a serious risk to the teaching of evolutionary biology, as exemplified by recent legislation in Kansas. We will examine how modern creation science compares with creationists' views at the time of the 1925 Scopes trial.

**Instructors:** Drs. Mark Gray and Barbara Savitsky, CNU

## B7 – History and Culture of the Sea

Tuesdays, 2:30 – 3:45 p.m.

Five lectures on topics such as navigation in the age of exploration, the 1814 Battle of Plattsburg Bay on Lake Chaplain, women of the sea, and a history of the America's Cup race from 1850.

**Coordinator:** Vince Scott, LLS

## B8 – Fundamentals of Sculpture

Wednesdays and Fridays, 9 – 11 a.m.

Same as Course A8. Limited enrollment.

## B9 – Jamestown: Legends, Lies and Lives

Wednesdays, 10 – 11:15 a.m.

Consider England's motives for colonization of the New World and learn about settlers and Indians and recent archeological discoveries. The fifth session will be a visit to Jamestown.

**Instructor:** Professor Ed Bottoms, CNU

## B10 – Countdown 2000

Wednesdays, 1 – 2:15 p.m.

An in-depth examination of the upcoming presidential election which

will shape America's future in the new century, including the candidates, the issues and the media coverage.

**Instructor:** Richard McGowan

## B11 - Four Life-Forming Books

Wednesdays, 2:30 – 3:45 p.m.

An examination of four books that have been life-forming for the instructor. You will be invited to discuss your life-forming book during the final session.

**Instructor:** Dr. Richard Beauchamp, CNU

## B12 – Advanced Writing for “Historians”

Thursdays, 9:30 – 10:45 a.m.

For members who have completed the writing fundamentals course. Strengthen your skills in recording your experiences. Limited enrollment.

**Instructor:** Doris Gwaltney

## B13 – Advanced Writing

Thursdays, 9:30 – 10:45 a.m.

For members who have completed the writing fundamentals course. Strengthen your skills in recording your experiences. Limited enrollment.

**Instructor:** Professor Heidi Hartwiger

## B14 – The Three Classical Tragedians

Thursdays, 11 a.m. – 12:15 p.m.

An examination of the works of Aeschylus, Sophocles and Euripides, including a discussion of the themes, characterization, production values and the impact which the three had then and continue now to exert.

**Instructor:** George Tsirimokas, LLS

## B15 – Hemingway and the American Short Story Cycle

Tuesdays, 1 – 2:15 p.m.

American authors defined and developed the short story as a unique literary form and pioneered the short story cycle—a collection of related short stories. This course will focus on Ernest Hemingway's book, *In Our Time*.

**Instructor:** Dr. Roark Mulligan, CNU

## B16 – Approaches to Better Health

Thursdays, 1 – 2:15 p.m.

See Course A15.

## B17 – Astronomy II: Astronomy Past and Present

Thursdays, 2:30 – 3:45 p.m.

A survey of the Copernican revolution, the work of Kepler, telescopes of all types and current areas of astronomical research such as the life cycle of stars, variable stars, black holes and the evolution of the Milky Way galaxy.

**Instructor:** Dr. Kelly Herbst, Virginia Living Museum

## B18 – Watercolor Painting

Fridays, 2 – 4 p.m.

Same as Course A17. Limited enrollment.

## B19 - Painting: Acrylic and Oil

Fridays, 2 – 4 p.m.

Same as Course A18. Limited enrollment.



## FIELD TRIP SCHEDULE

**Friday, Feb. 18**

Washington, D.C.

Corcoran Art Gallery

Guided Tour and Lunch

Free afternoon to explore the Smithsonian Institution  
and/or the National Art Gallery

**Friday, March 31**

Mount Vernon

Lunch at Mount Vernon Inn

Gunston Hall

**Friday, April 28**

James River Plantation Cruise  
with lunch aboard the Annabel Lee

**Sunday – Saturday, June 4-10**

Baltimore – Peabody Institute of Music  
Elderhostel dedicated to CNU-LLS Members

Field trip registration forms and details on  
times and costs will be available at the  
Monday afternoon lectures or by calling  
the LLS Office at 594-7568.



## LIFELONG LEARNING SOCIETY

Christopher Newport University

1 University Place

Newport News, VA 23606

## MONDAY LECTURES and CONCERTS SERIES

**2 p.m., Jan. 31 - Gaines Theatre**

Peninsula Planters and Plantations

John V. Quarstein, Director, Virginia War Museum

**2 p.m., Feb. 7 – Gaines Theatre**

CNU in Concert

**2 p.m., Feb. 14 – Gaines Theatre**

A New Millenium Look at the Peninsula

Dr. Marshall H. Booker, CNU

**2 p.m., Feb. 21 – Location to be announced**

CNU in Concert

**2 p.m., Feb. 28 – Gaines Theatre**

The Impact of Tourism on the Maasai Culture of Kenya

Prof. Lea Pellett, CNU

**2 p.m., March 13 - Gaines Theatre**

To be announced

**2 p.m., March 20 - Gaines Theatre**

CNU in Concert

**2 p.m., March 27 – Gaines Theatre**

Settlement of the Mennonites on the Peninsula

Mr. Nelson Burkholder

**2 p.m., April 3 – Gaines Theatre**

*Porgy and Bess* with Lynn Summerall

**2 p.m., April 10 – Location to be annouced**

CNU in Concert

Nonprofit Org.  
U.S. Postage  
**PAID**  
Permit No. 2608  
Newport News, VA

# CNU-LLS SPRING 2000 MEMBERSHIP REGISTRATION FORM

Name(s) \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ SS# \_\_\_\_\_

Street: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Are you enrolling as a new member of the CNU LifeLong Learning Society? \_\_\_\_ yes \_\_\_\_ no

<input type="checkbox"/> A. Associate Membership, Jan - Aug. 2000 (lectures and optional activities, no courses) .....	\$ 45
<input type="checkbox"/> B. Full Membership (as above) plus spring and summer 2000 courses .....	\$ 80
<input type="checkbox"/> C. Spring and summer 2000 courses (if you paid \$60 in fall 1999) .....	\$ 65
<input type="checkbox"/> D. Spring 2000 courses only (if you paid \$60 in fall 1999) .....	\$ 35
<input type="checkbox"/> E. CNU parking decal sticker for spring and summer 2000 (\$6 each) .....	\$ ____
<input type="checkbox"/> F. Computer course lab fee (\$10 per course, each session) .....	\$ ____

## SESSION A: Feb.1 - March 3, 2000

- ☐ A1 - Tai Chi Chaun - Yang Style
- ☐ A2 - Computer 101
- ☐ A3 - Poetry Writing
- ☐ A4 - Getting the Most from the CNU Library
- ☐ A5 - Computer 102
- ☐ A6 - The American Revolution, 1776-1781
- ☐ A7 - Understanding our Multi-Level Judicial System
- ☐ A8 - Fundamentals of Sculpture
- ☐ A9 - Horticultural Therapy and More
- ☐ A10 - Classical Greek Mythology
- ☐ A11 - Southern History
- ☐ A12 - Writing Fundamentals
- ☐ A13 - Introduction to the Jefferson Lab
- ☐ A14 - Mystery as History
- ☐ A15 - Approaches to Better Health
- ☐ A16 - Four Notable Composers and their Music
- ☐ A17 - Watercolor Painting
- ☐ A18 - Painting: Acrylic and Oil

## SESSION B: March 14 - April 14, 2000

- ☐ B1 - Tai Chi Chaun - Yang Style
- ☐ B2 - Computer 101
- ☐ B3 - Fiction Writing
- ☐ B4 - Victorians, Our Contemporaries
- ☐ B5 - Computer 102
- ☐ B6 - Creation Versus Evolution
- ☐ B7 - History and Culture of the Sea
- ☐ B8 - Fundamentals of Sculpture
- ☐ B9 - Jamestown: Legends, Lies and Lives
- ☐ B10 - Countdown 2000
- ☐ B11 - Four Life-Forming Books
- ☐ B12 - Advanced Writing for "Historians"
- ☐ B13 - Advanced Writing
- ☐ B14 - The Three Classical Tragedians
- ☐ B15 - Hemingway and the American Short Story
- ☐ B16 - Approaches to Better Health
- ☐ B17 - Astronomy II: Astronomy Past and Present
- ☐ B18 - Watercolor Painting
- ☐ B19 - Painting: Acrylic and Oil

## PAYMENT OPTIONS

Check payable to CNU for \$ \_\_\_\_\_ enclosed. Charge \$ \_\_\_\_\_ to my \_\_\_\_\_ VISA or \_\_\_\_\_ MasterCard

Account # \_\_\_\_\_ Exp. date \_\_\_\_\_

Name on credit card \_\_\_\_\_

**WEEKLY GROUP ACTIVITIES - OPEN TO ALL MEMBERS.** \_\_\_\_ Lunch Bunch \_\_\_\_ Exploring our Diversities

## **LLS Committee and Volunteer Service - Spring Semester 2000**

The CNU LifeLong Learning Society is managed by and for its members. If you are willing to help, please check the committees in which you would be interested.

\_\_\_\_ Hospitality and Special Events \_\_\_\_ Membership \_\_\_\_ Program Planning \_\_\_\_ Telephone Tree  
 \_\_\_\_ Teaching a course \_\_\_\_ Course Assistant \_\_\_\_ Volunteering in the LifeLong Learning or Community Learning Office

You may register either by phone (594-7568) or by mail and pay by check or credit card (MC or VISA). If you register by Jan. 17, you will receive mail confirmation of your courses, their room locations and a receipt for your payment. For persons who register after Jan. 17, this information will be available in the LLS Office and at the first two Monday afternoon lectures.

## **PLEASE COMPLETE AND MAIL THIS FORM TO:**

*LifeLong Learning Society, Christopher Newport University, 1 University Place, Newport News, VA 23606*

## **For Office Use Only**

<input type="checkbox"/> Current Member	_____ Packet	Date Received: _____
<input type="checkbox"/> Reinstated Member	_____ Name Tag	Green Book: _____ Comp: _____
<input type="checkbox"/> New Member	_____ Decal	Confirmation: _____