



Susan Barber <sbarber@cnu.edu>

Campus Announcements - September 18

1 message

Frank Council <franklin.council@cnu.edu>

Fri, Sep 18, 2015 at 9:28 AM

To: Association Office of Student Activities <osa@cnu.edu>

Bcc: students@cnu.edu

Campus Announcements: Daily Digest

Friday, September 18[CAMPUS ACTIVITIES EVENT CALENDAR](#)

TODAY

- **Stroll to the Polls: The Information Session - 1pm**
- **No. 3 Captains Host CNU Volleyball Invitational - 3pm**
- **MBCH Graduate School Panel - 4pm**
- **FREE Zumba and Cycling - 5:30pm**
- **CAB Presents...Sweet and Salty Sensations: 7-9pm**
- **On Screen/In Person Film Series - 7pm**
- **SFC's Love and Basketball: 8-9:30pm**
- **CNU Hockey's Freshman Night - 10pm**

Upcoming Student Events

- **Home Athletics This Weekend**
- **CAB Presents...Fall Fest 2015 - Club/Organization Tables Sign Up**
- **NKE's Playing For Change Benefit Concert - Saturday**
- **3rd Annual Alpha Phi Day - Saturday**
- **Capture The Crown: Smash Bros. 4 Tournament - Saturday**

- **CNU VeSPA Hearthstone Tournament - Saturday**
- **Alpha Kappa Alpha Sorority, Inc., Nu Epsilon Chapter: Kar Wash - Saturday**
- **Delta Gamma's First Ever Anchorman Pageant and Anchor Splash - Saturday**
- **The Improvocateurs 1st Show: Drunk With Power - Saturday**
- **Alpha Phi Omega: Blood Drive Tabling**
- **E.A.S.T. Bamboo & Mini Pots Sale**
- **Miss Black & Gold Scholarship Pageant**
- **Honor Week Photo Challenge**

Campus Programs and Announcements

- **2015 Rape Aggression Defense (RAD) Classes - FREE - Sign Up NOW**
- **The Pirates of Penzance - Ferguson Center for the Arts - Sunday**
- **Mark Babbitt: Walker Internship Series**
- **Spring Break Trip to Israel**

Today

Stroll to the Polls: The Information Session - 1pm

The event is right around the corner! Alpha Phi Alpha's "Stroll to the Polls III" will be taken place on October 31st in the 1,700 Ferguson Concert Hall. Please be sure to come to our Information Session this Friday, September 18th, at 1:00PM in the DSU Madison room as we discuss the logistics of the event and criteria on how your organization may be a participant this year.

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No. 3 Captains Host CNU Volleyball Invitational - 3pm

The third-ranked Christopher Newport volleyball team will host the annual two-day CNU Invitational beginning on Friday with a twin bill against Averett and No. 4 Juniata at the Freeman Center.

The Captains will kick off the tournament with a 3 p.m. match-up against the Cougars, who were CNU's long-time USA South rivals. Then, at 8 p.m., Christopher Newport will take on the fourth-ranked Eagles in a top-five showdown to cap off the first day of action.

On Saturday, CNU will wrap up the weekend with a noon battle against DeSales and a 4 p.m. contest against Bethany. All

of Christopher Newport's matches during the weekend will feature live stats and a video stream for those fans unable to make it to the Freeman Center.

For additional information, go to the [PREVIEW PAGE](#).

MBCH Graduate School Panel - 4pm

Friday, September 18th, 4pm, Forbes 1022

Curious about graduate school?

Our faculty panel is ready to answer all your questions! There will be representatives for Chemistry, Biochemistry, Cell Biology, and Microbiology.

Join Drs. Cole, Patterson, Carney, Meighan, and Knies to learn if grad school is right for you.

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FREE Zumba and Cycling - 5:30pm

Fitness Happy Hour

Friday, September 18

5:30 - 6:30 p.m.

Cycling (Lacey) - MPR 1

OR

Zumba (Julie) - MPR 2

For more information, visit <http://bit.ly/1yA1qW4>, call (757) 594-7882 or email fitness@cnu.edu

CAB Presents...Sweet and Salty Sensations: 7-9pm

Come out to get tons of FREE, YUMMY desserts. Not only will there be sweet, but also salty this year! There will be a chocolate fountain, brownie sundaes, ice cream floats, cookie sandwiches, cupcake decorating, and much more! Bring your friends and relax and enjoy all the food you can eat. You will NOT want to miss this event! P.S. Come hungry!

Date: Friday, September 18

Time: 7-9pm

Location: Crow's Nest (2nd Floor of the DSU)

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On Screen/In Person Film Series - 7pm

Friday, September 18, 2015 at 7 :00 p.m.

Foreign Puzzle - Director: Chithra Jeyaram

Foreign Puzzle follows dancer and choreographer Sharon Marroquin as she endures intensive breast cancer treatments and explores her fear of death through the creation of a 90 minute dance titled, The Materiality of Impermanence. The dance becomes Sharon's only outlet, allowing her to escape the daily pressures of the disease and life as a single working parent, and shapes her perceptions about life as she fights to heal her body and mind.

For more information, go to the [EVENT PAGE](#).

SFC's Love and Basketball: 8-9:30pm

On Friday, September 18th, SFC will be having a Basketball Open Gym in the Auxiliary Gym from 8-9:30 pm. Come out

and fellowship with your fellow brothers and sisters as we have fun in the Lord ! See you there !

CNU Hockey's Freshman Night - 10pm

Hey CNU '19!!! If you didn't know already, CNU happens to have one of the best hockey teams in the region. Last season, we won our conference championship and finished 4th place in the entire Southern U.S. against huge SEC schools such as South Carolina, Alabama, and Ole Miss. The hockey team is excited to welcome the newest Captains to the CNU community. That's why we're making our season opener Freshman Night! Admission for all members of the class of 2019 is only a dollar! So come on out to the Hampton Roads Iceplex at 10PM on September 18th, 2015 to watch us take on the Old Dominion Monarchs! There will be a public skate at the rink from 7-10PM before the game. We are not associated with that but it is a great chance to have some fun with your friends before the game!

Friday, Sept 18th, at 10PM

Hampton Roads Iceplex - 401 Village Ave, Yorktown VA (10 minutes from campus)

Admission:

\$1 for all CNU Freshmen (with CNU ID)

\$3 for all other CNU students

\$5 for non-student tickets

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Upcoming Student Events

Home Athletics This Weekend

- Friday, 9/18, 3pm: Volleyball vs Averett University
- Friday, 9/18, 8pm: Volleyball vs. Juniata College
- Saturday, 9/19, 12pm: Volleyball vs DeSales University
- Saturday, 9/19, 2pm: Field Hockey vs Washington and Lee University
- Saturday, 9/19, 4pm: Volleyball vs Bethany College
- Saturday, 9/19, 7pm: Men's Soccer vs Greensboro College
- Saturday, 9/19: Tennis Men & Women - CNU Invitational
- Saturday, 9/19, 3pm: Women's Soccer vs Methodist University
- Sunday, 9/20: Tennis Men & Women - CNU Invitational

For additional information about athletics including match previews, go to <http://cnusports.com/>.

CAB Presents...Fall Fest 2015 - Club/Organization Tables Sign Up

Attention all clubs and organizations: CAB's Fall Fest 2015 is right around the corner and the theme this year is 'Around the World.' We are hoping each club chooses a different city to portray and would have a food/game/activity that goes along with that city. This year, Fall Fest is going to be on Friday, September 25th from 4-7pm on the Great Lawn. The sign up form for clubs is now available on The Compass (go to Campus Activities Board and look under the "Forms" tab). If you have any questions please email CAB at cab@cnu.edu.

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NKE's Playing For Change Benefit Concert - Saturday

Join the sisters of Nu Kappa Epsilon Beta Chapter in celebrating Playing For Change Day, a global event for social change through music in the DSU Ballroom from 4-6pm.

On September 19th, musicians and music lovers will gather on stages, street corners, schools, and via live-streams to participate in musical performances, concerts, and events that promote peace and positive social change. Nu Kappa

Epsilon would love to have your support in participation of this worldwide event.

Donations will be taken throughout the event in addition to a \$2 entree fee. Funds raised through PFC Day will support the Playing For Change Foundation, NKE Beta's newest philanthropy. This foundation holds a mission to create positive change through music and arts education.

Refreshments will be offered, we hope to see you there!

For more information or if you're interested in performing in this event, please contact Nu Kappa Epsilon's philanthropy chair Tori Rehder at victoria.rehder.13@cnu.edu.

3rd Annual Alpha Phi Day - Saturday

The sisters of Alpha Phi present the 3rd Annual Alpha Phi Day on September 19th, from 10-1 pm on the JR Courts. Gather some friends and register a team of 6-8 people for FREE in the DSU Breezeway September 14-16th! For any questions feel free to email aphi.thetaphi.vpca@gmail.com

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Capture The Crown: Smash Bros. 4 Tournament - Saturday

This Saturday Sept. 19th CNU VeSPA will be holding its first official Smash Brothers 4 Tournament in Freeman 202. Registration for the tournament begins at 5p.m. There will be a cash prize for the top players participating in the event. The room is reserved for us beginning at 1 p.m. so we also encourage people to come early and bring any other games they would like to play for an unofficial lan party throughout the registration time of the room.

Any questions can be emailed to vespa@cnu.edu

CNU VeSPA Hearthstone Tournament - Saturday

This Saturday September 19 CNU VeSPA will be holding its first Hearthstone tournament in Freeman 202 starting at 7 p.m. The top three participants will be given prizes provided by the VeSPA club. Players of all skill levels are welcome, sign up for the tournament can be found on this google docs link: <https://docs.google.com/forms/d/1HtNfud9wML8-Pw32PnBqbl7GH8btYrIFKJOSJnnbJuM/viewform?c=0&w=1>

Any questions should be submitted to vespa@cnu.edu

Alpha Kappa Alpha Sorority, Inc., Nu Epsilon Chapter: Kar Wash - Saturday

Come out and support the Nu Epsilon Chapter as we wash cars to raise money for our One Million Backpacks Project. All money raised will go to buying school supplies and healthy snacks for children in need!

When: Saturday, September 19th

Where: Auto Zone at 11033 Jefferson Avenue, Newport News, VA

Time: 11 am-3pm

Cars: \$5

Trucks: \$7

Any and all donations accepted!

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Delta Gamma's First Ever Anchorman Pageant and Anchor Splash - Saturday

Come out to the DSU between 11-2 p.m. and purchase tickets to take part in CNU Delta Gamma's first ever Anchor Splash! Teams will compete throughout the week for YOUR votes! Support your team in Penny Wars in the DSU to see

which team representative has the Most Beautiful Eyes, and cheer on your squad at our Anchorman Pageant this Thursday in the Studio Theater from 7:30 to 9 p.m., all ramping up to the main event! On Saturday on the JR Fields from 2-5 p.m., teams will compete in water relays for a \$100 gift card, our Golden Anchor Trophy, and the bragging rights of being crowned DG's first Anchor Splash Champion! Spectators can get involved by spraying team members and keeping them cool on the fields.

To get a FREE pair of croakies buy your ticket to both events for only \$5 total! Can only make one? Tickets for the Anchorman Pageant are \$2 and tickets for Anchor Splash are \$3. You won't want to miss this!

All proceeds go to DG's Philanthropy - Service for Sight!

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The Improvocateurs 1st Show: Drunk With Power - Saturday

The Improvocateurs, CNU's premiere all-female comedy group, will be having their first show of the semester Saturday, September 19th at 8:00PM in the Studio (Blackbox) Theatre. Performing improv, sketch comedy, and even stand up, these funny women will be sure to make your whole weekend. It's a show you won't want to miss because everyone will have something to post on Yik Yak about it. Admission is free to all. All of the estrogen, none of the drama, pure comedy.

Alpha Phi Omega: Blood Drive Tabling

September is Childhood Cancer Awareness Month, so come help save a life at Alpha Phi Omega's Blood Drive! One donation can save three lives. The Blood Drive will be Wednesday the 23rd and will be located in the Black Box Studio Theater in the Ferguson Center. Participants will receive a special t-shirt! Come to the DSU Breezeway for more information and to sign up!

E.A.S.T. Bamboo & Mini Pots Sale

Ever wanted a little plant in your room to keep thing lively? Want to enter a zen-like state? Come purchase your own mini desktop bamboo plant in its own pot from E.A.S.T Club for on \$5! Sold at the DSU Breezeway from 11am-2pm Monday-Friday the 21st-25th.

Miss Black & Gold Scholarship Pageant

The Upsilon Beta Chapter of Alpha Phi Alpha Fraternity, Incorporated encourages all ladies to submit an application to participate in the Miss Black & Gold Scholarship Pageant. The application must be due to CJ Stanford (calvin.stanford.11@cnu.edu) by Friday, September 18th at 5:00PM. If you were unable to attend the information session, please email him so he may provide you proper information regarding this scholarship opportunity. Attached below is the pageant application.

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Honor Week Photo Challenge

To celebrate Honor Week (Sept. 14-18), members of the CNU Student Honor Council will be tabling on the first floor of the DSU from 11-1pm ALL WEEK! Stop by, get some candy, participate in our photo challenge, and show us how you #NavigateWithHonor

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Campus Programs & Announcements

2015 Rape Aggression Defense (RAD) Classes - FREE - Sign Up NOW

Welcome back Captains, and a special welcome to the class of 2019!

On behalf of the Christopher Newport University Police Department, we would like to invite the young women of CNU to take part in our fall of 2015 Rape Aggression Defense (RAD) classes!

- Do you want to learn techniques to keep you safe, no matter what situation you find yourself in
- Have you ever wondered how you would fight off a person twice your size?
- Have you ever thought "I will not become a victim!"

If so, then CNUPD would like you to invite you to participate in this unique, state of the art program. You will be taught techniques for self-defense, identifying potential attackers, and how to avoid dangerous situations in your daily life.

Classes are completely **FREE** and our first two events are coming up fast:

September 22, 24, and 29 6pm-9pm and November 1, 8, and 15 1pm-5pm. For more information and to sign up for this FREE chance to empower yourself, or to schedule your very own class, contact CNUPD at 757-594-7053 or RAD@cnu.edu, and remember...

You are more powerful than you know!

The Pirates of Penzance - Ferguson Center for the Arts - Sunday

Sunday, September 20, 2015, 3pm

This New York Gilbert & Sullivan Players production is your chance to get carried away by Pirates. Join the band of swashbuckling buccaneers, bumbling British bobbies, frolicsome Victorian maidens and the delightfully dotty "model of a modern Major-General" for a rollicking romp over the rocky coast of Cornwall. This exuberant musical theater masterpiece, directed and conducted by Albert Bergeret with choreography by Bill Fabris, is performed in its original format. The rich sounds of full orchestra, chorus and legitimate vocal soloists resonate with classic elegance and power while the company's vibrancy, energy and contemporary sense of humor keep the show alive and exciting to a modern audience. The Pirates of Penzance — they'll steal your heart away!

For additional information, go to the [EVENT PAGE](#).

Mark Babbitt: Walker Internship Series

Tuesday, September 22, 6:00-7:30 PM, DSU Ballroom

Mark Babbitt, CEO of YouTern will speak on The Undeniable Role Internships Play in Your Career. A MUST for every college student. Special thanks to the Walker Family for establishing the Internship Speaker Series!

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Spring Break Trip to Israel

We will have an information meeting on Wednesday September 16, from 5:45-6:45 in the McMurrin 114 for those interested in a spring break trip, lasting about 10 days. Students have to be enrolled in a class associated with the trip. There are four possible classes that are associated with the trip. Each of these classes can be used to fulfill an Area of

Inquiry. The classes are: RSTD 361, Hebrew Bible, a Western Tradition; RSTD 232, Visions of Christianity, a Western Tradition; RSTD 321, Church and State, a Western Tradition; or RSTD 335, Primal Religions, a Global and Multicultural Perspectives course. If you decide to go, we will enroll you in the course of choice early. The program fee will be between \$2800 and \$3000, depending on how many students participate. It is 10 days, and the fee covers airline tickets, all hotels (which are some of the nicest in Israel), breakfast and dinner, as well as the bus all over the country.

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Frank Council

Director, Office of Student Activities

Christopher Newport University
(757) 594-7260
franklin.council@cnu.edu

What you do speaks so loud, that I cannot hear what you say.
- Ralph Waldo Emerson

10 attachments



markbabbittflyer.jpg
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CAB_Fall Fest 2015.png
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AKA_car_wash_flyer1.jpg
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CAB_Sweet&Salty.jpg
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Alpha Phi Field Day.jpg
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MBCH grad school panel.pdf
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