

# The LEAD Challenge

at Christopher Newport University



This is a **challenge** for all students interested in gaining the knowledge, awareness, and skills to successfully engage in campus life—regardless of previous involvement or leadership experience. Through participation in the program, students will learn more about themselves and the critical skills they need to become Captains who engage in lives of meaning and purpose.

## A call to learn, empower and define!



### LEARN

Gain the knowledge, awareness and skills to work and lead effectively in group and organizational settings



### EMPOWER

Acquire critical skills to become empowered role models and peer educators who foster a community of care and inclusion



### DEFINE

Apply your strengths, knowledge, and skills in roles of service and leadership on campus that help define how you lead

Any student may accept the challenge at any time during their college experience! Each student who starts the challenge will be assigned to a staff mentor who supports and tracks their progress throughout the program. Students who complete the challenge will be recognized at the Student Leadership Awards in April.

# Start your journey to learn, empower and define!



## A call to learn!

Select four LEAD Challenge programs focused on the following themes:

- **Group Development**—understanding how to effectively work with others in team/group settings toward common goals.
- **Character Development**—understanding how to align your values with actions and behaviors.
- **Diversity Education**—understanding how to successfully interact and work with variations of human difference.
- **CNU Insights**—showcasing different perspectives and experiences of how others lead and follow on campus.



## A call to empower!

All LEAD Challenge participants are a part of a two-day experience that will enable that to model and educate others on how to create and maintain a campus community of care, empowerment and inclusion.



## A call to define!

Apply what you have learned into a campus role by becoming a:

- Student organization leader
- Student orientation leader
- Resident assistant
- Student employee/staff



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# The L.E.A.D. Challenge

## Calendar of Events



### Learn Experiences

**September 13, 2016**

**StrengthsQuest**

6:00pm – 7:30pm

Freeman 202

*Students will complete the StrengthsQuest assessment to discover their top 5 talents. This session will then help students understand, strengthen, and apply their talents and help identify the strengths and talents of others.*

**October 5, 2016**

**Student Leader Panel**

6:00pm – 7:30pm

Freeman 202

*A panel of current Christopher Newport student leaders will share their leadership journey and how they continue to work to create positive social change in the CNU and local communities.*

**October 31, 2016**

**Peer Diversity Dialogue**

4:00 pm – 5:30pm

Freeman 202

*Participants will discuss the power and impact of language in an effort to promote conversation around identity, diversity, power, and privilege.*

**November 17, 2016**

**Shapeshifters**

12:15pm – 1:30pm

Freeman 202

*Every organization is only as strong as its members. This session will discuss ways to identify the strengths of membership. We will explore how empowerment and crucial conversations and confrontations can help shape an organization and shift an organization toward change.*



### Empower Experience

**November 11 – 12, 2016**

**Certified Peer Educator Training**

*CPE Training is a nationally recognized program that is bound to elevate our ability to become empowered role models who foster a community of care and inclusion at CNU. Students who complete CPE will gain critical skills to facilitate educational programs and events, teach teambuilding skills, provide awareness on health and safety risks, and understand the importance of diversity and social justice.*

## Additional **Learn** Experiences

Other programs provided by campus partners may also be considered and counted as Learn Experiences. A list of these opportunities is provided below.

- Aug. 30** Spoken Words w/ Sean “Mega” DeVignes  
and Safia Elhillo
- Sept. 14** 7 Habits of Highly Effective Voters
- Sept. 28** Get Out of Your Own Way with Dr. Joel Núñez
- Oct. 3** Defamation
- Oct. 13** Coming Out Day
- Oct. 21** Privilege & Pastries
- Oct. 21** Safe Zone Training
- Nov. 3** True Life Panel
- Nov. 18** Conversations on Racial Equity
- Nov. 19** Spoken Word with Lacey Roop

*Credit for “**Learn**” experiences is not limited to the events listed above. Please contact us if you wish to receive credit for a “**Learn**” experience at an event that is not listed. For questions or additional information about the program please email [osa@cnu.edu](mailto:osa@cnu.edu).*