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Campus Announcements - October 15

Association Office of Student Activities <osa@cnu.edu>

Thu, Oct 15, 2015 at 10:27 AM

To: Association Office of Student Activities <osa@cnu.edu>

Bcc: students@cnu.edu

Campus Announcements: Daily Digest

Thursday, October 15

[CAMPUS ACTIVITIES EVENT CALENDAR](#)

TODAY

- **Media Matter: Photoshop Refresher: 10:00am and 3:00pm**
- **Alpha Kappa Alpha Sorority, Inc. Bring What You Can Food Drive**
- **Marching For The Dimes: 12:00-2:00pm**
- **Plaza Prayer Station and ECM Meeting: 12:00-2:00pm**
- **Sigma Sundaes with Alpha Sigma Alpha: 12:00-2:00pm**
- **CNU Farmers Market: 3:00-6:00pm**
- **Volleyball vs. William Peace University: 7:00pm**

Upcoming Student Events

- **CAB presents...Kit Yan (Spoken Word Slam Poet)**
- **Hispanic Organization for Leadership Advancement-Hispanic Night**
- **Zeta Tau Alpha & CNU Hockey Present Open Skate Night/Pink the Rink Ice Hockey Game**
- **THRIVE Night of Unifying Worship**
- **African Student Union Weekend**
- **Volunteers Needed for CROP Walk Water Station**
- **Spirit Night with Alpha Kappa Alpha**
- **Living the Dream with Gamma Phi Beta**
- **"Library Resource Workshop" by the Black Student Union**
- **The Pink Room Documentary Screening**

Campus Programs and Announcements

- **FREE Zumba or Pilates!**
- **How Math Majors Can Find Internship**
- **Elaine Viel: A Retrospective**
- **#GetFitCNU Healthy Foundations**
- **Global Competency Workshops toward Certification**

Today

Media Matter: Photoshop Refresher: 10:00am and 3:00pm

Tribble Library Media Center

Media Matter - Photoshop Refresher (45 mins)

Need to brush up on your Photoshop skills? Forgot how to adjust photos? We can help! We'll go over the essentials of editing photographs and simple corrections.

October 15th at 10am and again at 3pm

Please register at:

<http://bit.ly/1jcmwmU> or at media.cnu.edu

Alpha Kappa Alpha Sorority, Inc. Bring What You Can Food Drive

The Nu Epsilon Chapter of Alpha Kappa Alpha Sorority, Incorporated® will be accepting any non-perishable food donations in the breezeway this week, 10/13/2015 until 10/16/2015. We will be giving all food donations to the Emmanuel Baptist Church Food Pantry for Childhood Hunger Awareness Day on Friday, October 16. Just stop by the two pink crates in the DSU breezeway with any donations you have!

If you have any questions please contact Janai Norman: Janai.norman.13@cnu.edu

Marching For The Dimes: 12:00-2:00pm

Have you ever wondered how many steps a Marching Captain takes during their halftime show? Well now's the time to find out! Kappa Kappa Psi is supporting the March of Dimes' mission of preventing premature birth, by partnering with the Marching Captains to march for the dimes! Our brothers will be tabling in the DSU & Ferguson Center on October 14-16, 19 & 20 @ 12pm-2pm. Stop by to guess how many steps our mystery marcher took during the Marching Captain's Evolution of Rock show.

\$1 per guess. First guess to be closest to the correct amount of steps wins 50% of the proceeds from the guesses. The other 50% goes to the March of Dimes in support of Kappa Kappa Psi's participation in Alpha Phi Alpha's Stroll to the Polls, which takes place October 31, 2015 @ 5pm

Plaza Prayer Station and ECM Meeting: 12:00-2:00pm

From 12:00-2:00 today Chaplain Lauren will be available at the Plaza Prayer Station. All are welcome to stop by for a prayer, blessing, or just to chat. Episcopal Campus Ministry will meet tonight at 7:30pm in the Chapel Conference Room.

Sigma Sundaes with Alpha Sigma Alpha: 12:00-2:00pm

Meet us in the David Student Union Washington Room on October 15th from 12-2 for Ice Cream Sundaes and conversation!

CNU Farmers Market: 3:00-6:00pm

Welcome back from break. Once again, the weather this Thursday looks perfect for a farmers market: dry, upper 60s, little wind. Please join us in the street behind the DSU between 3-6pm. Our vendors for the week:

Artisan Bakery
Broken Arrows Farm
The Bunny Hutch
CNU Sustainability
Crazy Pops Gourmet Popsicles
Creekside Catering
From the Hearth Pizza
Grumpy's Homemade Products
Irihana Arts and Yarnykins
Kettle King
Kip's Wild Honey
MAO African Arts
Of the Earth Body Care
Oberweis Dairy
Riverview Plantation Trading Co.

Shabby Pink Palm
Shelby Mingee NYR Organics
Sinful Treats
Smithfield Orchids
Southeastern Farms
STUFT
TJ's Homemade Treats

Volleyball vs. William Peace University: 7:00pm

The fourth-ranked Christopher Newport volleyball team will host a pair of mid-week matches at the Freeman Center as the Captains will take on Mary Washington in a Capital Athletic Conference bout on Wednesday at 7 p.m. before squaring off with William Peace in their Dig Pink Match on Thursday at 7 p.m.

Thursday's Dig Pink Match is part of a national movement by the volleyball community to educate people about breast cancer and raise funds to support research. At CNU's match, fans are encouraged to wear pink, and the Captains will be selling T-shirts and having a 50/50 raffle to help support the cause.

The Captains enter Wednesday with an 18-2 record, including a 3-0 mark in league action. Mary Washington, who is receiving votes in the latest AVCA rankings, sits at 16-5 overall with a 3-1 conference record. William Peace currently sports a 15-7 record and will battle Mary Baldwin on Tuesday evening before heading to Newport News.

For those fans unable to make it to the mid-week action, live stats and a video stream will be available at CNUsports.com.

For more information, go to the [PREVIEW Page](#)

Upcoming Student Events

CAB presents...Kit Yan (Spoken Word Slam Poet)

Kit Yan is a queer, transgender, and Asian-American Brooklyn-based slam poet from Hawaii. Kit performs theatrical slam poetry pieces about his life as a queer, transgender, and Asian American through stories about family, love, and social justice. Kit has been seen on television programs such as HBO's Asian Aloud, PBS' Asian America and MYX TV. His recent performances include headliner at the True Colors Youth Conference, headliner at the New England Queer People of Color Conference, and the Brooklyn Museum.

Some fun facts: Kit is the first ever Mr. Transman, and when he isn't performing, he is eating ramen, playing ukulele, and talking story.

Date: Friday, 10/16

Time: 8 PM

Location: Gaines Theater

Notes: PLP Passport Event and Cultural Plunge Event

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Hispanic Organization for Leadership Advancement-Hispanic Night

Join us in celebrating Hispanic Heritage Month on Oct. 16 at Washington room in DSU at 6:30pm. There will FREE FOOD and DANCING SHOWCASE!!!

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Zeta Tau Alpha & CNU Hockey Present Open Skate Night/Pink the Rink Ice Hockey Game

Zeta Tau Alpha and the CNU Hockey team are proud to announce our annual Pink-Out Hockey Game!

Friday, Oct 16th

Hampton Roads IcePlex

WEAR PINK!

There will be an Open Skate Night from 7-10 pm, and the hockey game starts at 10:15 pm. Make sure to pull up the flyer attached on your phone so part of the proceeds can go towards ZTA's philanthropy, Breast Cancer Education and Awareness! We are excited to see you there as we PINK THE RINK!

THRIVE Night of Unifying Worship

Please join us on October 16th at 8pm on the steps of Christopher Newport Hall for a night of unifying worship through song, art, dance and prayer. It does not matter whether you love God, hate God, or do not really care about Him, all are welcome! We hope to see you there!

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African Student Union Weekend

Saturday, October 17- ASU will be traveling to the College of William and Mary at 6pm for their 10th annual iREP Africa Showcase. If you are interested in going, please contact us ASAP (cnu.asu2014@gmail.com)

Sunday, October 18- ASU will be collaborating with BSU for an important discussion about the differences between being Black and being African. Come join us as we would love to hear your opinions on this issue. Location: DSU Jefferson Room at 4pm.

Volunteers Needed for CROP Walk Water Station

Volunteer with United Campus Ministries (UCM) and the CROP Walk! We will need volunteers on Sunday, 10/18/2015, to help pass out water to individuals running the race from 1:45 pm to 3:30 pm. This does count towards PLP and for any other program that requires volunteer hours. All are welcome. Please email ucm@cnu.edu if you are interested in volunteering or have any questions.

Spirit Night with Alpha Kappa Alpha

Join the Nu Epsilon Chapter of Alpha Kappa Alpha Sorority, Incorporated® on October 19, 2015 at Chick-Fil-A on Warwick Blvd from 5-8pm for their Spirit Night! Help raise money for the March of Dimes Social Service Organization. Make sure you let them know you are there for the spirit night so 10% of the proceeds will go towards the March of Dimes fundraiser! Eat more chicken for a great cause! See you there!

If you have any questions, please feel free to contact Janai Norman: Janai.norman.13@cnu.edu

Living the Dream with Gamma Phi Beta

Come join the sisters of Gamma Phi Beta on Monday October 19th from 6-8 pm in Freeman 201. We will be making bracelets and crafting for our local philanthropic partner Girls Inc. We are so excited to share with you why going Greek was a dream come true!

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"Library Resource Workshop" by the Black Student Union

Come to the Black Student Union's "Library Resource Workshop" on Monday, October 19th, at 7PM in the Library Instruction Room 170 to learn about the many resources the library has to offer and how CNU librarians can help you with research papers. There will be candy, a raffle, and awesome prizes. For any additional information, please contact BSU 2nd Vice-President, Antonia Comfort (antonia.comfort.14@cnu.edu)

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The Pink Room Documentary Screening

7:00 PM in Freeman 202

Mien grew up in Svay Pak, Cambodia, a small village notorious for one thing; child sex slavery. At a young age, Mien enters life in a brothel and her virginity is sold for a high price. She is forced to stay in the brothel, being raped daily, making her value less and less with each customer. Even when help is within reach, obstacles that appear too great to

conquer squelch her dreams of freedom... but this isn't a story about the problem. The Pink Room is a true story of redemption, ordinary people becoming heroes, Cambodians rising up with compassion to take back their country, and a town's process of rebuilding from the inside-out. In a world where it is estimated that there are over one million children held captive and sexually abused, a flower blooms in the heart of Cambodia

Presented by International Justice Mission @ CNU

Campus Programs & Announcements

FREE Zumba or Pilates!

Friday, Oct. 16

5:30 - 6:30 p.m.

Zumba w/ Maddie in MPR 1

OR

Pilates w/ Danielle in MPR 2

<http://bit.ly/1yA1qW4>

How Math Majors Can Find Internships

Presented by: Sarah Hobgood, CCP Internship Coordinator

Get connected to opportunities and resources for finding an internship, while also obtaining an outline of all steps to take now to line up an internship!

TUESDAY OCTOBER 20TH

LUTER 321 (ATRIUM)

12:30-1:20PM

PIZZA PROVIDED!!!!

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Elaine Viel: A Retrospective

Sept. 21 - Oct. 24

9 a.m. - 5 p.m., M-F

Artist Talk: Saturday, Oct. 24, 2 p.m.

Recent retiree from CNU, an alumni and the previous Falk Gallery Manager, Elaine Viel, is also an artist and activist. Her exhibition is a 'powerful visual statement about man's inhumanity to man' namely, the genocide in Rwanda and the Iraq war. Her work represents the multitude of humanity lost during these tragedies. Viel's monotype prints and watercolors are for sale.

For additional information about our art galleries, please contact our office at [\(757\) 594-7930](tel:7575947930).

#GetFitCNU Healthy Foundations

Got stress? Losing sleep? Feeling anxious? We are here to help! Join us for a FREE, fun, engaging stress management series including the basics, fitness, mindfulness and nutrition. Bring your lunch and join us for one or all seminars, and learn strategies to better cope with stress!

Tues./Thurs., Oct. 20, 22, 27, 29

12:30 - 1:15 p.m.

To register or for more info, visit <http://bit.ly/1L9ewKP>, email fitness@cnu.edu, or call (757) 594-7882

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Global Competency Workshops toward Certification

Join us for the Global Competency workshop series each Thursday in November (5th, 12th and 19th) from 12:15-1:15p. Free lunch provided, limited space available. Please email ben.cowman@cnu.edu to RSVP. We live and work in increasing diverse communities with people different than ourselves. How can we thrive and learn from each other? Our actions are interconnected with the actions of those in our immediate community and those who live around the world. What does it mean to be a global citizen?

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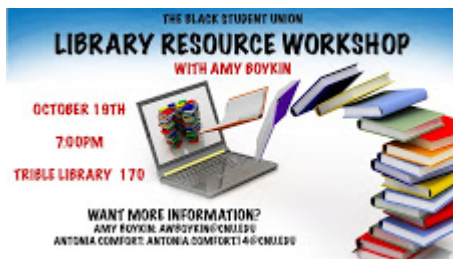
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8 attachments



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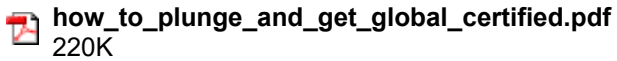
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