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Campus Announcements - February 2

1 message

Office of Student Activities <osa@cnu.edu>

Tue, Feb 2, 2016 at 9:27 AM

To: Association Office of Student Activities <osa@cnu.edu>

Bcc: students@cnu.edu

Campus Announcements: Daily Digest

Tuesday, February 2

[CAMPUS ACTIVITIES EVENT CALENDAR](#)

TODAY

- **Sophomore Signing Day: 12:00pm**
- **African Student Union Meeting: 12:30pm**
- **Alpha Chi Sigma Rush Week - Board Games and Trivia Night: 5:00pm**
- **RUF Large Group: 7:30pm**
- **SFC Bible Study: 7:30pm**

Upcoming Events

- **Home Athletics This Week**
- **CAB Presents...Ice Skating (at Hampton Roads IcePlex)**
- **TNT Trivia with the University Fellows**
- **Captain's Ball 2016 - Tickets on Sale Now**
- **Can I Kiss You**
- **Positions available in the Student Diversity & Equality Council**
- **Delta Sigma Theta Sorority, Inc. and L.A.D.I.E.S**
- **TheaterCNU Director's Showcase Auditions**
- **Black on Black Rhyme**
- **SVO Winter Club Fair Chipotle Drawing**

Campus Programs and Announcements

- **#GetFitCNU Healthy Foundations**

Today

Sophomore Signing Day: 12:00pm

Happy Sophomore Signing Day! Today, February 2, all academic departments will be present from noon - 2 p.m. in the Ballroom of the David Student Union. Come dressed for success, sign on the dotted line, and meet your professors and fellow students within your newly declared major!

For questions or for more information, please contact Coordinator of Academic Success, Brittany Grubb, at brittany.grubb@cnu.edu or by phone at (757) 594-0337

Attachment

African Student Union Meeting: 12:30pm

Hello Everyone,

Our next general meeting will be Tuesday, February 2nd in MCM 260 at 12:30pm. Come help us put together Valentine's Day Candy Grams for our sale next week!

On February 8th and 10th, we will be taking orders for Valentine Candy Grams and delivering them to various locations on campus. Come visit our table next week in the DSU and purchase something sweet for your loved ones!

Alpha Chi Sigma Rush Week - Board Games and Trivia Night: 5:00pm

Come meet the brothers of Alpha Chi Sigma, CNU's Co-ed Professional Chemistry Fraternity, at our rush week events! We are CNU students of all years studying and advancing chemistry as a science and as a profession.

Our board games and trivia night will be tonight, February 2nd at 5PM in Forbes 2070C. Come join the fun! Questions? Email us at alphachisigma@cnu.edu

Attachment

RUF Large Group: 7:30pm

RUF Large Group: Tuesday @ Chapel / 7:30 - 8:30pm

Come Tuesday and hear the word of God preached as we go through the book of James! Join us in worship! Reformed University Fellowship!

Attachment

SFC Bible Study: 7:30pm

We hope everyone had a great weekend and are ready to start a new week! Bible study will continue Tuesday, February 2, 2016 in Freeman 101 at 7:30pm. Come join us as we learn how to be better people of God in our everyday lives! You don't want to miss it!

Upcoming Events

Home Athletics This Week

- Saturday, February 6 - Track, Vince Brown Invitational
- Sunday, February 7 at 10:00am - Women's Tennis vs. North Carolina Wesleyan
- Sunday, February 7 at 10:00am - Men's Tennis vs. North Carolina Wesleyan

For more information, please visit cnusports.com.

CAB Presents...Ice Skating (at Hampton Roads IcePlex)

Come out and skate your heart out! Everything is free including skate rentals! The first shuttle will be leaving CNU at 8:45pm. The pickup and drop off station will be in front of the Freeman (facing Warwick Blvd.). There will be vans going back and forth from CNU to the Hampton Roads Iceplex all night. Once on the van, each student must sign a wavier. Students ARE allowed to drive themselves to the rink. However, each student must show their student ID at the Iceplex! We will have the Iceplex to ourselves from 10pm-12am. Don't pass up the opportunity! Spread the word.

Date: Friday, February 5

Time: 9pm-12am

Location: Hampton Roads Iceplex

Attachment**TNT Trivia with the University Fellows**

Join the Fellows for TNT Trivia this Thursday and every Thursday! Test your knowledge this week on Thursday, February 4th in the DSU Crow's Nest at 8 PM. The winning team (of up to 6 players) will go home with Captain's Cash and everyone in attendance will be entered in a CNU swag raffle!

Attachment**Captain's Ball 2016 - Tickets on Sale Now**

Join Class Council & the Office of Student Activities for Captain's Ball 2016: A Night Aboard the RMS Titanic on Saturday, February 6 at 8 PM - 12 AM

in the DSU. The event is quickly approaching, so make sure you stop by the Office of Student Activities (DSU 3rd floor) or at the Welcome Desk (DSU 1st floor) to get your tickets before they run out! Tickets can be purchased for \$20 each or \$30 for two!

Check out the event page on Facebook for more details and follow Class Council on Facebook, Instagram, and Twitter for updates!!

<https://www.facebook.com/events/1526101937700168/>

Attachment**Can I Kiss You**

Join Mike Domitrz, a nationally celebrated speaker, for a night of consent, laughs, healthy relationships, and fun. Learn how to ask the important question of "Can I Kiss You." Can I Kiss You will take place on Tuesday, February 9th at 8:00pm in the Gaines Theatre. For questions, please contact save@cnu.edu.

Attachment**Positions available in the Student Diversity & Equality Council**

The Student Diversity & Equality Council (SDEC) seeks candidates for Executive Board officers (5 positions) and Members-at-Large (4-6 positions). If you are looking to make a difference and positive impact on the CNU community, consider applying. SDEC aims to cultivate an inclusive and pluralistic campus environment through community building, leadership development, educational programming, advocacy, and recognition at Christopher Newport University. To learn more, open the attachment below.

Attachment**Delta Sigma Theta Sorority, Inc. and L.A.D.I.E.S**

The Omicron Tau Chapter of Delta Sigma Theta Sorority, Inc. along with L.A.D.I.E.S. invites you out to Tusk Talk: In Between the Sheets! Get ready for discussion about everything from sex, relationships, and all that goes down "in between the sheets". Come dressed in your onesies/pajamas, bring a pillow, and prepare for a fun evening. We will be meeting in the DSU Washington Room at 7:13, this Thursday. Hope to see you there!

Attachment**TheaterCNU Director's Showcase Auditions**

When: Thursday February 4 & Friday February 5; 5-7pm

Please sign up for a specific time by Thursday February 4 on the theatre callboard, outside the rehearsal hall.

Where: Theatre Rehearsal Hall, Ferguson, T107

All (majors, minors, non-majors) are invited to audition for the annual Director's Showcase! A dozen students will be presenting short scenes from Sarah Ruhl's repertoire; Ruhl is a versatile, and controversial playwright who draws audiences into her fantastical worlds.

Actors are encouraged to prepare a 60sec contemporary monologue (dramatic or comedic), however cold readings will

be provided. The selected monologues, and plays for the showcase, will be available in a binder in the Ferguson Theatre Library.

Callbacks will take place February 8-12, 5-7pm. Performance on Thursday April 21.
If you have any questions or concerns, please email caitlin.caplinger.12@cnu.edu

Black on Black Rhyme

The Upsilon Beta Chapter of Alpha Phi Alpha Fraternity, Inc. presents "Black on Black Rhyme". In honor of Black History month, we are hosting a performing arts showcase, which will allow individuals to display their talent through singing, poetry recital, spoken word, and musical instruments.

The event will be hosted February 5th, 2016 at 7:30pm in the Ferguson Center Black Box. Food will be provided at the event. Help us establish the mood for this classy event by arriving Dressed to Impress!

From January 25th, 2016 through February 4th, 2016 we will be tabling in the DSU Monday - Thursday so that you can make your reservations in advance.

It will cost \$3.00 in advance and \$5.00 at the door. However, spacing is very limited. Unfortunately, once we reach max capacity, we will not be able to accept entry at the door. We ask that you please reserve your spot in advance.

The Brothers of Alpha Phi Alpha Fraternity, Inc. truly appreciates the support that we have received from our surrounding community.

For more information contact Derick Stephenson Jr. using the following information:
Email: derick.stephenson.12@cnu.edu
Phone: 757-532-5731

We hope to see you there!

Attachment

SVO Winter Club Fair Chipotle Drawing

The Student Veterans Organization at CNU will be at the Winter Club Fair on Wednesday February 3rd from 4-6pm in the Freeman Aux Gym. Students will have 2 chances to win a \$10 Chipotle Gift Card. The first chance is by stopping by the Student Veterans Organization table and at the end of the Club Fair, a name will be drawn for the winner of 1 of 2 gift cards. The second chance to win a gift card goes along with the SVO Vietnam Commemoration display in the library. One item or trivia fact will be chosen from the display and students will have a chance to write down the correct item/answer. A winner for that contest will be chosen after the club fair. COME OUT WEDNESDAY FROM 4-6PM IN THE AUX GYM FOR A CHANCE TO WIN A CHIPOTLE GIFT CARD!

Campus Programs and Announcements

#GetFitCNU Healthy Foundations

February is American Heart Month

Did you know stress can affect factors that can lead to heart disease? <http://bit.ly/1nNb6su>

#GetFitCNU Healthy Foundations

Join us for a FREE, fun, engaging stress management series including the basics, fitness, mindfulness and nutrition. Bring your lunch and join us for one or all seminars, and learn strategies to better cope with stress!

Offered by the Office of Counseling Services, Dining Services, and The Freeman Center Trieshmann Health and Fitness Pavilion.

Dates: Tuesdays, February 2, 9, 16, 23

Time: 12:30 - 1:15 p.m.

Location: The Freeman Center, Room 202

Presenters: Del Rey Honeycutt, Kevin Joyce, Kevin Ososkie, and Lisa Wingfield Powell

For more information (i.e., schedule, seminar descriptions) or to register, please visit <http://bit.ly/1L9ewKP>,

email fitness@cnu.edu or call (757) 594-7882.

We look forward to seeing you!

www.cnu.edu/freemancenter/fitness

like us on Facebook: <https://www.facebook.com/CNUFitness>

follow us on Twitter: @CNUFitness #GetFitCNU

"The mind, when housed within a healthful body, possesses a glorious sense of power." - JH Pilates

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Office of Student Activities

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www.cnu.edu/studentactivities/

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10 attachments



Captain's Ball
120K



TNT Trivia
87K



RUF
3941K

Delta Sigma Theta/LADIES
81K



Black on Black Rhyme
123K



Ice Skating with CAB
66K

 **Can I Kiss You**
222K

 **Alpha Chi Sigma**
141K

 **SDEC**
296K

 **Signing Day**
169K