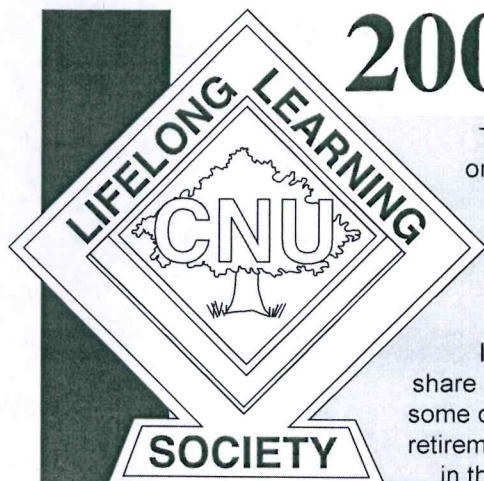


2007 Summer PROGRAM



The LifeLong Learning Society of Christopher Newport University is a membership organization dedicated to persons of retirement age who seek opportunities for learning in an environment of sharing and fellowship. There are no requirements as to previous educational experience; intellectual curiosity is the only admission requirement. Managed by and for its members, the LLS is a program of the Office of University Advancement and is an affiliate of the Elderhostel Institute Network. Through a variety of activities -- including lectures, courses, study and discussion groups, lunches, dinners, and field trips -- persons of diverse backgrounds come together to share a common interest in learning. There are no exams or grades in the courses, although some courses include assigned readings and the possible purchase of a text. All persons of retirement age are encouraged to join if they are interested in being challenged by new ideas in the company of other eager learners. The LLS shares its program with the community by participating in joint learning efforts with other educational and research institutions, retirement groups, industries, and museums and by co-sponsoring three annual conferences.

Program Overview

The three week program includes the dates and times for the nineteen courses listed on page 2 plus optional activities listed on page 4.

Membership Fee and Benefits

Full membership for the 2007 summer session is \$80. Registration for courses may be made by returning the enclosed registration form with a check.

LLS members who paid \$165 last September or \$120 in January have already paid their summer membership and course fee. For a current associate member to take summer courses, the fee is \$45. Current members may call the office at 594-7568 to register for summer courses.

A member may bring a guest one time to any of the class meetings or to an optional activity if there is space available.

Full refund of summer membership and/or course fees will be granted if requested before June 4, 2007. After that date no refund will be given. A 20 percent handling charge will be deducted on all refunds. Refunds will not be given for money paid for the year or spring/summer membership.

Economic Hardship

Fee waiver is possible and inquiries are invited. Please call the LLS Office at (757)594-7568 for details.

06-07 Parking Decal Sticker Required

A parking decal with current sticker is required to park in the CNU parking lots. If you have not already purchased the "06-07" sticker, you may do so when you complete the enclosed registration form.

Office location:

12420 Warwick Blvd., Bldg. 1-second floor
Newport News, VA 23606
Telephone: (757) 594-7568

Our office location is in Building 1, second floor. You may enter the building by the left front entrance facing Warwick Boulevard, and you must park behind Building 6 unless you have a handicap designation.

Mailing Address:

LifeLong Learning Society
Christopher Newport University
1 University Place
Newport News, VA 23606-2998



Ginny and Clint Stallard enjoying a summer afternoon.

Visit the CNU-LLS Home Page at <http://lifelonglearning.cnu.edu>

LLS is an affirmative action/equal opportunity organization. Christopher Newport University does not discriminate in admission, employment or any other activity on the basis of race, color, age, religion, national origin, veteran status, disability, sexual orientation or political affiliation.

2007 Summer Schedule

1. Clay: Wheel Thrown

May 16, 23, 30, June 6, 13, 20 Wed., 9-11:30 a.m.
Start with making basic wheel-formed pottery while returning students refine their skills and learn advanced techniques. Supplies may be purchased from CNU bookstore. Limited enrollment. \$20 course fee includes glazes.
Instructor: Marshall Turner, CNU

2. Computing 1

June 4-8 Mon., Tues., Wed., Thurs., Fri., 8:30-10:15 a.m.
This is the first course in a three-course progression. This beginner course is for anyone who wants to learn how to use a computer. The student will be introduced to the parts of a computer, the desktop and basic computing. Students should own or have access to a computer to practice their skills. \$15 course fee
Instructor: Susan Daimler

3. Noland Trail Nature Walk

June 4 Mon., 9:30-11:30 a.m.
Walk the Noland Trail with Harold Cones to the Gamble Cemetery and back, an approximate distance of 3 miles. Register for either June 4 or June 5.
Instructor: Dr. Harold Cones, CNU

4. Noland Trail Nature Walk

June 5 Tues., 9:30-11:30 a.m.
Walk the Noland Trail with Harold Cones for approximately 1½ miles. Register for either June 4 or June 5.
Instructor: Dr. Harold Cones, CNU

5. Microsoft Power Point

June 4-8 Mon., Tues., Wed., Thurs., Fri., 10:30-12:30 a.m.
Learn the basics of creating slide show presentations using Power Point software which enables you to organize and present information to audiences. \$15 course fee
Instructor: Susan Daimler

6. T'ai Chi

June 4, 6, 11, 13, 18, 20 Mon., Wed., 11 a.m.-12:15 p.m.
The class curriculum will include the practice of the postures, breathing, practicing the first section of the long form and soft self-defense applications. \$15 course fee
Instructor: Teresa Buckman

7. Is There a God?

June 4-8 Mon., Tues., Wed., Thurs., Fri., 11 a.m.-12:15 p.m.
We will explore some of the philosophical arguments or issues with the existence of God by means of ancient and modern texts. What proof is there? What kind of God?
Instructor: Dr. Jeffrey Carr, CNU

8. Studies in Contemporary American Drama

June 4-8 Mon., Tues., Wed., Thurs., Fri., 1-2:15 p.m.
Both Eugene O'Neill's Long Days Journey into Night and Tony Kushner's Angels in America, while stylistically distant, share themes that ask hard questions about the ego whether the setting be family or society.
Instructor: Prof. Barry Wood, CNU (Emeritus)

9. Aerobics

June 5, 7, 12, 14, 19, 21 Tues., Thurs., 9:30-10:45 a.m.
A conditioning program to improve your strength, balance, range of motion and muscular and cardiovascular endurance. \$15 course fee
Instructor: Kasey Cyr-Robert

10. Three Movies in the Afternoon

June 6, 13, 20 Wednesday, 2:30-4:30 p.m.
Come, enjoy and laugh at three movies on a hot afternoon.
Coordinator: Larry Smail, LLS

11. Beginning Chinese

June 4-15 Mon., Tues., Wed., Thurs., Fri., 2:30-3:45 p.m.
This course is designed for beginners who want to learn basics of travel and daily life conversations in Chinese. You are expected to study the basic skills of pronunciation, listening and reading. \$15 course fee. A two week course
Instructor: Zhao Qing Zhang, LLS

12. Watercolor Painting a.m.

June 11-15 Mon., Tues., Wed., Thurs., Fri., 9:30-11:30 a.m.
Learn to select, mix and apply. Enhance your skill in composition. If you are no longer a beginner, continue to develop your skills. Enroll in a.m. or p.m., not both.
Instructor: Professor Betty Anglin, CNU

13. Watercolor Painting p.m. (same as course #12)

June 11-15 Mon., Tues., Wed., Thurs., Fri., 1:30-3:30 p.m.

14. Approaches to Better Health

June 11-15 Mon., Tues., Wed., Thurs., Fri., 11-12:15 p.m.
Alternative choices for preventing, treating and often reversing chronic health problems will be discussed. Disclaimer: This course is not intended as medical advice endorsed by LLS. Any questions regarding this information should be discussed with your physician.
Coordinator: Dr. Philip Murray

15. Organizing Your Filing System

June 11-15 Mon., Tues., Wed., Thurs., Fri., 1-2:15 p.m.
A workshop on family important documents and the need for a well-designed and manageable system for organizing, updating and safekeeping of those documents.
Instructor: Guy Manchester, LLS

16. Hot Summer Fiction

June 18, 20, 22 Mon., Wed., Fri., 9:30-10:45 a.m.
Enhance your writing by giving your characters dimension and a sense of place in your writings.
Instructor: Heidi Hartwiger

17. Ancient Greek Science

June 18-22 Mon., Tues., Wed., Thurs., Fri., 9:30-10:45 a.m.
Natural science and western philosophy originated in the 6th century BC and spread all over the ancient Greek world. This seminal period introduced an entirely new way of looking at nature and the universe. These lines of inquiry developed into detailed explanations of natural phenomena, culminating with the views from Plato and Aristotle.
Instructor: Glenn R. Marcus, LLS

18. Basic Digital Photography

June 18, 20, 22 Mon., Wed., Fri., 11 a.m.-12:15 p.m.
This course will teach basic digital photography. From opening the box to taking great photographs, it all starts with the first few steps.
Instructor: Karen Albis, Motophoto

19. All About Watercolor

June 20, 21, 22 Wed., Thurs., Fri., 1-2:15 p.m.
At PFAC students will get an introduction to the challenging medium of watercolor. We will look at great watercolorists in history and focus on a few famous artists.
Instructor: Michael Preble, Program Director, PFAC

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

June 4 8:30-10:15 Computing 1 9:30-11:30 Nature Walk 10:30-12:30 Power Point 11-12:15 T'ai Chi 11-12:15 Is There a God? 1-2:15 American Drama 2:30-3:45 Chinese	June 5 8:30-10:15 Computing 1 9:30-10:45 Aerobics 9:30-11:30 Nature Walk 10:30-12:30 Power Point 11-12:15 Is There a God? 1-2:15 American Drama 2:30-3:45 Chinese	June 6 8:30-10:15 Computing 1 9-11:30 Clay: Wheel Thrown 10:30-12:30 Power Point 11-12:15 T'ai Chi 11-12:15 Is There a God? 1-2:15 American Drama 2:30-3:45 Chinese 2:30-4:30 Movie	June 7 8:30-10:15 Computing 1 9:30-10:45 Aerobics 10:30-12:30 Power Point 11-12:15 Is There a God? 1-2:15 American Drama 2:30-3:45 Chinese	June 8 8:30-10:15 Computing 1 10:30-12:30 Power Point 11-12:15 Is There a God? 1-2:15 American Drama 2:30-3:45 Chinese
June 11 9:30-11:30 Watercolor 11-12:15 T'ai Chi 11-12:15 Better Health 1-2:15 Filing System 1:30-3:30 Watercolor 2:30-3:45 Chinese	June 12 9:30-11:30 Watercolor 9:30-10:45 Aerobics 11-12:15 Better Health 1-2:15 Filing System 1:30-3:30 Watercolor 2:30-3:45 Chinese	June 13 9-11:30 Clay: Wheel Thrown 9:30-11:30 Watercolor 11-12:15 T'ai Chi 11-12:15 Better Health 1-2:15 Filing System 1:30-3:30 Watercolor 2:30-3:45 Chinese 2:30-4:30 Movie	June 14 9:30-11:30 Watercolor 9:30-10:45 Aerobics 11-12:15 Better Health 1-2:15 Filing System 1:30-3:30 Watercolor 2:30-3:45 Chinese	June 15 9:30-11:30 Watercolor 11-12:15 Better Health 1-2:15 Filing System 1:30-3:30 Watercolor 2:30-3:45 Chinese
June 18 9:30-10:45 Hot Fiction 9:30-10:45 Greek Science 11-12:15 T'ai Chi 11-12:15 Basic Digital Photos	June 19 9:30-10:45 Aerobics 9:30-10:45 Greek Science	June 20 9-11:30 Clay: Wheel Thrown 9:30-10:45 Hot Fiction 9:30-10:45 Greek Science 11-12:15 Basic Digital Photos 11-12:15 T'ai Chi 1-2:15 Watercolor Exhibit at PFAC 2:30-4:30 Movie	June 21 9:30-10:45 Aerobics 9:30-10:45 Greek Science 1-2:15 Watercolor Exhibit at PFAC	June 22 9:30-10:45 Hot Fiction 9:30-10:45 Greek Science 11-12:15 Basic Digital Photos 1-2:15 Watercolor Exhibit at PFAC

NOTE: The class, Clay:Wheel Thrown begins May 16 and continues on May 23 and 30 and June 6, 13 and 20.

Other LifeLong Learning Society Activities Summer 2007

Spring Dinner

April 17, 2007
Ballroom of David Student Union

Tour & Movie

with John Quarstein
June 25, 2007

Fourth of July Picnic

July 2, 2007
Freeman Center

Benefactors

Donors of \$1,000 or more to the LifeLong Learning Society

Anonymous
Mr. Gordon E. Barlow, Jr.
Mr. Louis C. Bryan
Mr. Richard Chandler
Mr. Robert Chappell
Mr. and Mrs. Doyle Eckert
Mr. and Mrs. Vance B. Field
Mrs. Florence Fiscella
Mrs. Anne W. Fullman
Mr. Gene Hardin
Mrs. Agnes M. Johnson
Mr. and Mrs. Robert P. Jones
Mr. Wylie C. Kirkpatrick
Mr. and Mrs. Robert Liverman
Minuteman Press
Mr. and Mrs. Lee Montgomery
Dr. James I. Moore

Old Point National Bank
Old Point Trust & Financial Services
Mr. William D. Parker
Mrs. Betty H. Peach
Dr. William F. Peach
LTC (ret) and Mrs. Charles W. Peters
Mr. and Mrs. Eugene J. Rackel
Mrs. Regina S. Raring
Mr. Vernon Reed
Mr. and Mrs. Richard W. Ruehe
Larry and Kitty Smail
Dr. Robert C. Smith
Dr. Quentin J. Smith
Mr. and Mrs. Curt G. Spear
Dr. and Mrs. Clinton Stallard
Mrs. Jane B. Sulzberger
Ms. Barbara Todd

Memorials

Donors of \$1,000 or more

Martin Cohen
Dr. Addison M. Duval
Rebecca Kirkpatrick
Cary E. McMurrin
Olive Moore
LTC (ret) Charles W. Peters
John and Arline Pierce
Libby Radus, Ph.D
Nellie Saunders

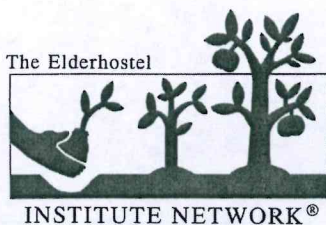
In Honor of

Donors of \$1,000 or more

Richard McMurrin
Nellie Saunders



LifeLong Learning Society
Christopher Newport University
1 University Place
Newport News, VA 23606



Register Now for
Summer Classes

CNU LIFELONG LEARNING SOCIETY

SUMMER 2007 COURSE REGISTRATION FORM

Name(s): _____ Phone: _____ SS#: _____

Address: _____
 Street City Zip Code

Are you enrolling as a new member of LLS? Yes _____ No _____ E-Mail address: _____

Emergency Contact _____
 Name Relationship Phone #

Summer Courses

Please number courses in order of preference. Indicate total number of courses you wish to take _____.

- | | |
|--|---|
| _____ 1. Clay: Wheel Thrown
_____ 2. Computing I
_____ 3. Noland Trail Walk (3 miles)
_____ 4. Noland Trail Walk (1 ½ miles)
_____ 5. Microsoft Power Point
_____ 6. T'ai Chi
_____ 7. Is There a God?
_____ 8. Contemporary American Drama
_____ 9. Aerobics
_____ 10. Three Movies in the Afternoon | _____ 11. Beginning Chinese
_____ 12. Watercolor Painting (a.m.)
_____ 13. Watercolor Painting (p.m.)
_____ 14. Approaches to Better Health
_____ 15. Organizing Your Filing System
_____ 16. Hot Summer Fiction
_____ 17. Ancient Greek Science
_____ 18. Basic Digital Photography
_____ 19. All About Watercolor at PFAC |
|--|---|

WEEKLY ACTIVITIES - OPEN TO ALL MEMBERS: _____ Bridge

Our Society is managed by and for its members. If you are willing to help, please check one or more of the following:

- | | | | |
|------------------------------------|------------------------|-------------------------|------------------------|
| _____ Hospitality & Special Events | _____ Membership | _____ Program Planning | |
| _____ Telephone Tree | _____ Course Assistant | _____ Teaching a Course | _____ Office Volunteer |

You may register either by mail to LLS, CNU, 1 University Place, Newport News, VA 23606, or in person at 12420 Warwick Blvd., Bldg. 1, 2nd floor, or by telephone 757-594-7568. Please park behind building 6. If you register by May 1st you will receive written confirmation of your courses and their room locations. If you register after May 1st, information will be available in the LLS office.

If you paid \$165 for a fall membership or \$120 for a spring membership, you do not owe any additional membership fee.

If you are not currently a LLS member, your summer membership and course fee will be (\$80) \$ _____

If you are not currently a LLS member and you want to be an associate member, the fee will be (\$35) \$ _____

If you are currently an associate member and you now want summer courses (\$45) \$ _____

Additional fees:

- | | |
|---|-------------------------|
| Course fee (\$15 per course) Aerobics, T'ai Chi, Chinese & Computer courses | _____ x (\$15) \$ _____ |
| Course fee (\$20) for Clay: Wheel Throwing | _____ (\$20) \$ _____ |
| CNU parking decal (only if you do not have a 06-07 sticker) | _____ x (\$22) \$ _____ |
| Syllabus (Glenn Markus' class on Ancient Greek Science) | _____ (\$3) \$ _____ |
| | TOTAL \$ _____ |

Payment Options: Payment may be made by cash, check, or credit card check. Credit cards are no longer accepted.
 Check payable to CNU for \$ _____ enclosed.

For LLS Office Use Only:

Processed by _____ on _____	paid by _____ for \$ _____
initials date	check/cash/cccheck total amount
_____ current member	_____ packet time recv. _____ date recv.
_____ reinstated member	_____ name tag blue book _____ computer
_____ new member	_____ decal _____ confirmation