



Susan Barber <sbarber@cnu.edu>

# The VA Running Festival is THIS weekend!

1 message

**Christopher Newport Alumni Society**

Tue, Nov 4, 2014 at 11:06 AM

<alumni@cnu.edu>

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It's not too late to sign up for this weekend's races! Whether you've been training for

half marathon or want to break your personal record time on the Alumni 5k, you can still sign up to join the fun. Head to [virginiarunningfestival.com](http://virginiarunningfestival.com) to sign up today. Remember, a portion of the proceeds from both the Massive Medal Half Marathon and the Alumni 5k go to the Christopher Newport Alumni Society!

**Massive Medal Half Marathon**

Sunday, November 9

7 a.m.

**Alumni 5k**

Sunday, November 9

7:45 a.m.

**Little Captains Half-Miler**

Sunday, November 9

10 a.m.

Outstanding academic programs, vibrant student life, traditions and friendships connect alumni to Christopher Newport for life. Visit [alumni.cnu.edu](http://alumni.cnu.edu) to learn more.

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