



## INTRODUCING OUR NEWEST CNU COLLEAGUES!



*Front row, left to right: Cheryl Green, Dining Services; Lisa Nichting, Ferguson Center for the Arts; Jimi Morris, ITS; Erin Gray, Business Office; Joyce Anne Koubaroulis, Athletics; Amber Johnson, Human Resources.*

*Back row, left to right: LaShand Coleman, HR Intern; Isaiah Cook, Dining Services; Jolene Simon, Business Office; Sarah Conte, Theater & Dance; Ron Lewis, Dining Services; Ashley Green and Cherish Johnson, CNU Police.*

***A Warm Welcome and Congratulations to All!***



*Bring Your Own Lunch!*

The Office of Human Resources and  
The Virginia Department of Health  
present

### **Diabetes 101 Lunch n' Learn Seminar**

Wednesday, January 16th  
DSU Harrison Room  
12:00pm to 1:00pm

Almost everyone knows someone who has diabetes. An estimated 23.6 million people in the United States have diabetes, a serious, lifelong condition. Of those, about 5.7 million people have not yet been diagnosed. Could that be you? Come join us for this informative and enlightening seminar to learn more about the risks, symptoms, treatment and management of this disease.

To register for the seminar, please call or email Human Resources at 594-7145 or [hr@cnu.edu](mailto:hr@cnu.edu). Bring your own lunch and HR will provide bottled water.

#### **Important pay information from the Business Office**

Effective January 1, 2013, the employee portion of the Social Security tax will increase from 4.2% to 6.2%. This will result in a reduction in your net wages beginning with the first check received in January.

The effects of this tax increase to your net pay can already be seen in Payline for hourly employees being paid on Friday, January 11th; and, by Monday, January 14th for full-time classified, AP and faculty employees being paid on Wednesday, January 16th.