



LIFELONG LEARNING SOCIETY

2002 Spring Program

The LifeLong Learning Society of Christopher Newport University is a membership organization dedicated to persons of retirement age who seek opportunities for learning in an environment of sharing and fellowship. There are no requirements as to previous educational experience; intellectual curiosity is the only admission requirement. Managed by and for its members, the LLS is a program of the Office of University Relations and is an affiliate of the Elderhostel Institute Network. Through a variety of activities — including lectures, courses, study and discussion groups, lunches, dinners and field trips — persons of diverse backgrounds come together to share a common interest in learning. There are no exams or grades in the courses, although some courses include assigned readings and the possible purchase of a text. All persons of retirement age are encouraged to join if they are interested in being challenged by new ideas in the company of other eager learners. The LLS shares its program with the community by participating in joint learning efforts with other educational and research institutions, retirement groups, industries and museums.

Opening Session: Monday, January 28, 2002

- | | |
|------------|--|
| 12:45 p.m. | New Member Orientation: Alumni Room, Student Center |
| 1:30 p.m. | All-Member Reception: Alumni Room, Student Center |
| 2:30 p.m. | Lecture: Mr. Bill Street, National Wildlife Federation
"Solace in Nature", Gaines Theatre |

Program Overview

The dates and times for the four, ten-week courses (A7 & B6, A8 & B7, A21 & B20 and A19 & B19) and 38 five-week courses are listed on pages 2 and 3. These courses will meet either once or twice per week. In addition to five field trips and an elderhostel, a number of optional activities will be announced during the semester. The Monday afternoon lecture series, three concerts and one drama presentation are listed on page 4.

Membership Fee and Benefits

Full membership for the 2002 spring and summer sessions is \$100. This includes Monday afternoon lectures and concerts, spring and summer courses and the opportunity to participate in optional activities — such as field trips — by paying the activity fees.

An associate membership for the 2002 spring and summer sessions is available for \$55. This includes the Monday afternoon lectures and the group and other optional activities, but no courses.

A member may bring a guest one time to any of the Monday lectures or class meetings or to an optional activity if there is space available.

Refund Policy

Full refund of membership and/or course fees will be granted if requested before Jan. 28, 2002. After that date no refund will be given for unused membership fees. Course fee refunds will be made in accordance with the established policies. A 10-percent handling charge will be deducted from all refunds.

Economic Hardship

Fee waiver is possible and inquiries are invited. Please call the LLS Office at 594-7568 for details.

New Parking Decal Sticker Required

A parking decal with current sticker is required to park on campus. If you have not already purchased the "01-02" sticker, you may do so when you complete the enclosed Spring 2002 registration form.

Any Questions?

Call 594-7568 any time

Visit the CNU-LLS Home Page at <http://users.cnu.edu/~lls>

LLS is an affirmative action/equal opportunity organization. Christopher Newport University does not discriminate in admission, employment or any other activity on the basis of race, color, age, religion, national origin, veteran status, physical handicap or political affiliation.

Session A Courses

Jan. 28 – March 1, 2002

A1 – Learning to Use Microsoft Word

Mon., and Wed., 9:30 – 10:45 a.m.

Members with basic computer skills will learn to create letters, newsletters, manuals, brochures, color graphics, labels, logos, greeting cards and more. Limited enrollment. \$10 lab fee. *Instructor:* Harry Gates, LLS

A2 – Play Ball

Mon., 9:30 – 10:45 a.m. & Thurs., 11 a.m. – 12:15 p.m.

A conditioning program to improve your strength, balance, range of motion and muscular and cardiovascular endurance. An exercise ball is required and may be ordered by calling the office. Limited enrollment.

Instructor: Roxanne Lord, CNU

A3 – Virginia Architecture and Historic House Mansions

Mon., 12 noon – 1:15 p.m.

Virginia's architecture as a response to social change from the 17th through the 19th century, with special emphasis on best known historic house museums. On April 13th we will enjoy a walking tour of Kenmore Plantation, home of Mary Washington, and historic Fredericksburg. *Instructor:* Dr. Belle Pendleton, CNU

A4 – Using E-Mail and the Internet

Mon., 12 noon – 1:15 p.m.

For persons with basic computer skills. Learn how to send and receive e-mail messages and use the Internet. \$10 lab fee. Limited enrollment. *Instructor:* Thomas E. Darby, CNU

A5 – Introduction to Computers

Tues. and Thurs., 9:30 – 10:45 a.m.

For persons with little or no computer skills. Learn the basics about hardware and software and develop fundamental hands-on computer skills. Limited enrollment. \$10 lab fee. *Instructor:* Susan Daimler

A6 – Poetry Forms

Tues., 11 a.m. - 12:15 p.m.

We will examine historical and contemporary examples of the “exuberant history” of poetry, as well as play with poetry in our writings. *Instructor:* Patricia Flower Vermillion

A7 & B6 – The Rise and Fall of the Roman Republic, Part I

Tues., 11 a.m. – 12:15 p.m.

The origins, rise to power and eventual disintegration of the Roman Republic and the emergence in its place of an even more powerful Imperial Rome under Augustus and his successors. Text at CNU Bookstore: *The Fall of the Roman Republic*, Penguin Classic, ISBN 0140440844. (10-week course, \$1.50 syllabus fee) *Instructor:* Glenn R. Markus

A8 & B7 – Etruscan and Roman Art, Part I

Tues., 1 – 2:15 p.m.

The art and architectural contributions of the Roman world, such as portraiture, sculpture, palaces, amphitheaters, monumental arches, houses, coins, mosaics and jewelry. (10-week course, \$1.50 syllabus fee) *Instructor:* Glenn R. Markus

A9 – Understanding our Multi-Level Judicial System

Tues., 2:30 – 3:45 p.m.

Guest speakers will discuss their roles in our judicial system: the General District, Circuit and Domestic Relations Courts, the Virginia Court of Appeals, the Federal Magistrate and Commissioner of Accounts. *Coordinator:* Judge James H. Harvell, III

A10 – Creations in Clay

Wed. and Fri., 9:30 – 11:30 a.m.

We will explore ceramic form using hand-building and wheel-throwing techniques, surface decoration and finishing processes, including glaze application. Instructor will not be present on Fridays.

Instructor: Beth Turbeville

A11 – Getting the Most from the CNU Library

Wed., 9:30 – 10:45 a.m.

Learn to use the CNU Library resources, such as the online catalog and Pro-Quest indexes, and to locate books, articles, video and research reports. Limited enrollment. *Instructor:* Amy Boykin, CNU Reference Librarian

A12 – Revolutionary America

Wed., 1 – 2:15 p.m.

We will survey the revolutionary themes of our nation's history beginning with the American Revolution and ending with the Civil War. *Instructor:* John Quarstein, Director, Virginia War Museum

A13 – Great Dramatists

Wed., 1 – 2:15 p.m.

A survey of the works and lives of five great playwrights: Sophocles, Shakespeare, Sheridan, Saw and Simon and how the society in which they lived affected their works. *Instructor:* George Tsirimokos, LLS

A14 – Great Films of National and International Events

Wed., 2:30 – 3:45 p.m.

We will explore the connections between great films and our collective memories of personal triumphs and tragedies.

Instructor: Dr. Mark Borchert, CNU, and Dr. Kip Redick, CNU

A15 – Mariners' Museum: The Monitor Returns

Wed., 2:30 – 3:45 p.m.

We will learn about the responsibilities of NOAA in protecting and recovering *Monitor* artifacts and see the conservation of the propeller and engine now underway at the Mariners' Museum. Held at the Mariners' Museum. *Coordinator:* Anne Marie Millar, Mariners' Museum

A16 – Writing Fundamentals

Thurs., 9:30 – 10:45 a.m.

The basic tools for descriptive, narrative and expository writing, with your experiences as your source material. Limited enrollment.

Instructor: Prof. June Soud, CNU.

A17 – The Geology of Eastern Virginia

Thurs., 11 a.m. – 12:15 p.m.

The concepts and materials of geology and Virginia's geologic landscape with emphasis on the Coastal Plain and the Chesapeake Bay Impact Crater. *Instructor:* Dr. Gerald Johnson, W&M, Emeritus

A18 – Aerobics

Thurs., 11 a.m. – 12:15 p.m.

A conditioning program to improve your strength, balance, range of motion and muscular and cardiovascular endurance.

Instructor: Laura Spencer, CNU

A19 & B20 – Approaches to Better Health

Thurs., 1 – 2:15 p.m.

Alternative choices for preventing, treating and often reversing chronic health problems will be discussed. (10-week course)

Coordinators: Dr. Philip Murray and Norma Richburg, LLS

A20 – The Mystery as History

Thurs., 1 – 2:15 p.m.

We will read and discuss the rapidly growing genre of detective fiction – the historical mystery-including Robinson's *Murder in the Place of Anubis*, Saylor's *Roman Blood*, Newman's *The Devil's Door*, and Tey's *The Daughter of Time*. *Instructor:* Dr. Theodora Bostick, CNU

A21 & B20 – NASA Science Speaks

Thurs., 2:30 – 3:45 p.m.

Distinguished scientists and engineers will describe the latest NASA research and development, new technologies and “headline-making” space adventures. Your questions will be welcome. (10-week course)

Coordinator: Harla Sherwood, CNU/NASA

A22 – Creating a Polychromed Relief Sculpture

Fri., 9:30 – 11:30 a.m.

After studying several great examples of relief sculpture, learn to create your own polychromed design which can be displayed either inside or out.

Instructor: Dr. David Alexick, CNU

A23 – Watercolor Painting

Fri., 1 – 3 p.m.

Learn to select, mix and apply. Enhance your skill in composition. If you are no longer a beginner, continue to develop your skills. Limited enrollment.

Instructor: Prof. Betty Anglin, CNU

Session B Courses

March 11 – April 12, 2002

B1 – Learning to Use Microsoft Word

Mon. and Wed., 9:30 – 10:45 a.m.

Same as course A1

B2 – Play Ball

Mon., 9:30 – 10:45 a.m. and Thurs., 11 a.m. – 12:15 p.m.

Same as course A2

B3 – Putin's Russia: From Chaos to Cohesion

Mon., 12 noon – 1:15 p.m.

A survey of the ever-evolving Russia under its former KGB leader who has managed to calm its societal and political spheres in order to move toward regaining the great power status it covets.

Instructor: Prof. Corlis Tacosa, AFSC and TNCC

B4 – Using E-Mail and the Internet

Mon., 12 noon – 1:15 p.m.

Same as course A4

B5 – Introduction to Computers

Tues. and Thurs., 9:30 – 10:45 a.m.

Same as Course A5.

B6 – The Rise and Fall of the Roman Republic, Part II

Tues., 11 a.m. – 12:15 p.m.

Continuation of Course A7.

B7 – Etruscan and Roman Art, Part II

Tues., 1 – 2:15 p.m.

Continuation of Course A8.

B8 – Astronomy 101, Continuation of Fall 01

Tues., 2:30 – 3:45 p.m.

The history of astronomy from 3000 BC, including the development of astronomical thought from archaeoastronomy to Kepler's theories; our understanding of light and the development of telescopes; stellar evolution; understanding neutron stars, black holes and galactic structure including the structure of our Milky Way galaxy.

Instructor: Dr. Kelly Herbst, Virginia Living Museum

B9 – The Diversity of Our Faiths

Wed., 10 a.m. – 12 noon

We will carpool weekly to learn about different religions including Unitarian Universalist, Hindu, Jewish, Pagan and Islamic.

Coordinator: Helen Mittelman, LLS

B10 – Creations in Clay

Wed., and Fri., 9:30 – 11:30 a.m.

Same as Course A10

B11 – Operas of the Nineteenth and Twentieth Centuries

Wed., 1 – 2:15 p.m.

Music from and discussions of five of the fifty currently most-performed operas: Carmen, La Boheme, Madame Butterfly, La Traviata and Aida.

Instructor: Dr. Liana Fleming

B12 – Mariners' Museum: Captive Passage – The Transatlantic Slave Trade and the Making of the Americas

Wed., 2:30 – 3:45 p.m.

We will examine slavery from its earliest forms in human history to the transatlantic trade from Africa to the Americas, to its abolition and the legacy created today by the collision of cultures in the past. Held at the Mariners' Museum. *Coordinator:* Anne Marie Millar, Mariners' Museum

B13 – Why the December 7, 1941 Pearl Harbor Attack - II

Wed., 2:30 – 3:45 p.m.

How geography, commerce, technology, alliances, racism, religion and wars in Europe, Africa and Asia led to the Japanese attack.

Instructor: Dr. James I. Moore, LLS

B14 – Advanced Writing for “Historians”

Thurs., 9:30 – 10:45 a.m.

For members who have completed the writing fundamentals course. Strengthen your skills in recording your experiences. Limited enrollment.

Instructor: Doris Gwaltney

B15 – Fiction Writing

Thurs., 9:30 – 10:45 a.m.

For writers who have completed writing fundamentals. Find your elusive personal fiction writing voice, sharpen your style and explore the elements of a good short story. Limited enrollment.

Instructor: Heidi Hartwiger

B16 – Aerobics

Thurs., 11 a.m. – 12:15 p.m.

Same as course A18

B17 – Othello and the Tradition of Tragedy

Thurs., 11 a.m. – 12:15 p.m.

As a Renaissance artist, Shakespeare inherited and extended the traditions of tragic literature. We will examine *Othello* in which he sets romantic love in the nets of evil. Text: Shakespeare, *Othello*, Applause Publishers. CNU Bookstore: ISBN 1-55783-386-9

Instructor: Prof. Barry Wood, CNU

B18 – Bush, Ballots and Bombs

Thurs., 1 – 2:15 p.m.

How terrorism changed America, the presidency, the Congress and the media.

Instructor: Richard J. McGowan

B19 – Approaches to Better Health, Part II

Thurs., 1 – 2:15 p.m.

Continuation of course A19.

B20 – NASA Science Speaks, Part II

Thurs., 2:30 – 3:45 p.m.

Continuation of Course A21.

B21 – Creating a Polychromed Relief Sculpture

Fri., 9:30 – 11:30 a.m.

Same as course A22.

B22 – Watercolor Painting

Fri., 1 – 3 p.m.

Same as course A23

B23 – Museum Meanderings

Fri., 9 a.m. – 3 p.m.

We will carpool weekly to discover new museum exhibits from Norfolk to Williamsburg and lunch in delightful eateries nearby. Participants are responsible for expenses, such as lunch and admission fees. Limited enrollment.

Coordinator: Jane Dickson, LLS

MONDAY AFTERNOON LECTURE SERIES

Jan. 28, 2:30 p.m. – Gaines Theatre
Mr. Bill Street
Solace in Nature
National Wildlife Federation

Feb. 4, 2:30 p.m. – Gaines Theatre
Dr. David Alexick, CNU
Landscapes and Cathedrals of South West England

Feb. 18, 3 p.m. – Gaines Theatre
Dr. Mark Reimer, CNU
CNU Jazz Ensemble

Feb. 25, 3 p.m. – Anderson Auditorium
Dr. Alan B. Flanders
USS Chesapeake: A Frigate in an English Flour Mill

March 11, 2 p.m. – Gaines Theatre
TBA

March 18, 3 p.m. – Gaines Theatre
Dr. Mark Reimer, CNU
CNU Jazz Ensemble

March 25, 2:30 p.m. – Gaines Theatre
Senator Fred Quayle, CNU
Actions of the Recent General Assembly Session

April 1, 3 p.m. – Anderson Auditorium
Dr. Mark Reimer, CNU
CNU Vocal Jazz Ensemble

April 8, 3 p.m. Anderson Auditorium
Prof. Steven Breese, CNU
Drama Presentation

FIELD TRIP SCHEDULE

Friday, Feb. 22
Washington, D.C.
Smithsonian Institute

Wednesday, March 6
Richmond, VA.
Virginia Museum of Fine Arts
Lunch and Theater Production
Conducted by Glenn Markus

Saturday, April 13
Fredericksburg
Architecture in Fredericksburg
Conducted by Belle Pendleton, CNU

Friday and Saturday, April 19 - 20
New Bern and Beaufort, N.C.
With Dr. Harold Cones, CNU

Sunday-Friday, May 12 - 17
Hilton Head, S.C.
Special Charter Elderhostel Charter
Program: Novels, Plantations and Gullah

Field trip registration forms and details on times and costs will be available at the Monday afternoon lectures, or by calling the LLS Office at 594-7568.



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Christopher Newport University
1 University Place
Newport News, VA 23606

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CNU LifeLong Learning Society – Spring 2002 COURSE REGISTRATION FORM

Name(s): _____ Phone: _____ SS# _____

Address: _____

Are you enrolling as a new member of LLS? Yes ___ No ___ E-mail _____

Course Registration:

Please put a "1" by your first choice, a "2" by your second, a "3" by your third for each Session A and B.

Session A Courses

- | | | |
|---|--|--|
| <input type="checkbox"/> A1 – Learning Microsoft Word | <input type="checkbox"/> A9 – Our Judicial System | <input type="checkbox"/> A17 – Geology of Virginia |
| <input type="checkbox"/> A2 – Play Ball | <input type="checkbox"/> A10 – Creations in Clay | <input type="checkbox"/> A18 – Aerobics |
| <input type="checkbox"/> A3 – Virginia Architecture | <input type="checkbox"/> A11 – Using the CNU Library | <input type="checkbox"/> A19 – Approaches to Better Health |
| <input type="checkbox"/> A4 – E-Mail & the Internet | <input type="checkbox"/> A12 – Revolutionary America | <input type="checkbox"/> A20 – The Mystery as History |
| <input type="checkbox"/> A5 – Introduction to Computers | <input type="checkbox"/> A13 – Great Dramatists | <input type="checkbox"/> A21 – NASA Science Speaks |
| <input type="checkbox"/> A6 – Poetry Forms | <input type="checkbox"/> A14 – Great Films | <input type="checkbox"/> A22 – Polychromed Sculpture |
| <input type="checkbox"/> A7 – Roman Republic, Rise & Fall | <input type="checkbox"/> A15 – Mariners' Museum | <input type="checkbox"/> A23 – Watercolor Painting |
| <input type="checkbox"/> A8 – Etruscan and Roman Art | <input type="checkbox"/> A16 – Writing Fundamentals | |

Session B Courses

- | | | |
|---|---|--|
| <input type="checkbox"/> B1 – Learning Microsoft Word | <input type="checkbox"/> B9 – Diversity of Our Faiths | <input type="checkbox"/> B17 – Othello |
| <input type="checkbox"/> B2 – Play Ball | <input type="checkbox"/> B10 – Creations in Clay | <input type="checkbox"/> B18 – Bush, Ballots and Bombs |
| <input type="checkbox"/> B3 – Putin's Russia | <input type="checkbox"/> B11 – Operas | <input type="checkbox"/> B19 – Approaches to Better Health |
| <input type="checkbox"/> B4 – E-Mail and the Internet | <input type="checkbox"/> B12 – Mariners' Museum | <input type="checkbox"/> B20 – NASA Science Speaks |
| <input type="checkbox"/> B5 – Introduction to Computers | <input type="checkbox"/> B13 – Why the Pearl Harbor Attack? | <input type="checkbox"/> B21 – Polychromed Sculpture |
| <input type="checkbox"/> B6 – Roman Republic, Rise & Fall | <input type="checkbox"/> B14 – Advanced Writing | <input type="checkbox"/> B22 – Watercolor Painting |
| <input type="checkbox"/> B7 – Etruscan and Roman Art | <input type="checkbox"/> B15 – Fiction Writing | <input type="checkbox"/> B23 – Museum Meanderings |
| <input type="checkbox"/> B8 – Astronomy 101 - II | <input type="checkbox"/> B16 – Aerobics | |

WEEKLY GROUP ACTIVITY – OPEN TO ALL MEMBERS ___ Exploring our Diversities

Our Society is managed by and for its members. If you are willing to help, please check one or more of the following:

- | | | |
|---|---|--|
| <input type="checkbox"/> Hospitality and Special Events | <input type="checkbox"/> Membership | <input type="checkbox"/> Program Planning |
| <input type="checkbox"/> Telephone Tree | <input type="checkbox"/> Course Assistant | <input type="checkbox"/> Teaching a Course |
| | | <input type="checkbox"/> Office Volunteer |

You may register either by phone (594-7568) or by mail to LLS, CNU, 1 University Place, Newport News, VA 23606. If you register by Jan. 15, you will receive confirmation of your courses and their room locations. If you register after Jan. 15, this information will be available in the LLS Office and at the first two Monday lectures.

Full membership for the 2002 spring and summer sessions. (\$100) \$ _____
Associate membership for the 2002 spring and summer sessions . . (\$55) \$ _____
Parking decal sticker (___ X \$12) = \$ _____
Computer lab fee (\$10 per computer course) (___ X \$10) = \$ _____
Syllabus Fee – Markus courses, (\$1.50 for each 10-week course) (___ X \$1.50) = \$ _____
TOTAL \$ _____

Payment Options

Check payable to CNU for \$ _____ enclosed. Charge \$ _____ to my _____ VISA _____ MasterCard Exp. _____

Card # _____ Name on credit card: _____

For LLS Office Use Only

Processed by _____ on _____	paid by _____	for \$ _____
initials	date	check/visa/mc/cash
_____ Current member	_____ Packet	_____ Time received
_____ Reinstated member	_____ Name tag	_____ Blue book
_____ New member	_____ Decal	_____ Confirmation
		_____ amount
		_____ Date received
		_____ Computer