



Susan Barber &lt;sbarber@cnu.edu&gt;

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## Senior Week 2015 - Alumni Opportunities

1 message

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**University Fellows** <universityfellows@cnu.edu>

Mon, Apr 13, 2015 at 3:16 PM

Bcc: sbarber@cnu.edu

Good afternoon!

As University Fellows, one of our main priorities is assisting in the transition of our senior Captains from students to alumni. We're currently working hard to prepare a fun and successful Senior Week for these seniors to celebrate their four years here at CNU, and give them a proper send off into their futures.

As fellow Captains for Life, we are inviting you to take part in this celebration with us through one particular event: **Grad Dash**, a 2.015 mile color run around campus. Though it's brief in distance, it certainly doesn't lack in nostalgia, as it's one of the last times these seniors will run around campus as current students. Having participated in this event the past year, we all loved being cheered on by fellow alumni and supporters of the University!

If you're curious about what this event might entail, here is a promo video from a similar event that takes place in the local area!

What might Grad Dash look like?

We're looking for interested volunteers for a variety of tasks for Grad Dash. The event will take place on Wednesday, **May 6th**, from **10:30** until **noon**. This will take place during the work day, so one option for volunteering is holding signs and cheering on our students - the signs will already be made for you to pick up on the day of the event.

However, if you're interested in taking a more active role in the event and don't mind getting colorful, we do have multiple color stations that are looking for volunteers to throw color at students! Be prepared to embrace the CNU blue, and dress appropriately for that day (we recommend clothes you wouldn't mind being tinted a little blue!).

**Please fill out the google form below to sign up for these volunteer opportunities:**

[Grad Dash Volunteer Form](#)

Additionally, if you have coworkers who would be very interested in participating in this event, or any event during Senior Week, please feel free to invite them as well!

Thank you so much for all you do for the University, and we're excited to welcome our newest Captains for Life in a few weeks!

Sincerely,

Lysie Hudson, Anna Mitchell, Zach Walseman  
University Fellows

**The University Fellows**  
**Christopher Newport University**

