



IT'S THE FINAL COUNTDOWN FOR OPEN ENROLLMENT!

Open Enrollment for health benefits, flexible spending accounts and Legal Resources ends Friday, May 24! Health benefits and flexible spending account changes can be made through the [Employee Direct](#) site online. Enrollment in Legal Resources will need to be completed in the HR office.

Human Resources will offer our final Open Enrollment Informational Meeting on Thursday, May 23, at 9:30am in our office. Call HR at 594-7145 or email hr@cnu.edu to attend the training or if you have questions about your benefits.



Confused about which Health Plan is best for you? Ask ALEX!

[ALEX](#) is an online plan decision assistant, to help you in making a plan choice. You will need to answer a few questions and ALEX will use the information to compare plan costs for you and your family.



Who doesn't like more money?

Save a minimum of \$17 a month on your health care costs! If you are enrolled in either COVA Care or COVA HealthAware as of July 1, 2013, you are eligible for [Premium Rewards](#) if you complete a health assessment before May 24th. You can do this either [online](#) or by calling 866-938-0349! Continue your Premium Rewards for another six months by completing a biometric screening between August 1 and October 31! Please refer to your [2013 Spotlight](#) for more details.



ALL ONLINE RECRUITMENT SYSTEM USERS

Online Recruitment System Training

Friday, May 24th, 10 am - 12pm, HR Office

Human Resource's Classification/Compensation and Recruitment Manager have new information about the Online Recruitment System! If you haven't been to the training recently, you may not be aware of all of the features. Come join us next week for a special training opportunity! Sign up by calling HR at 594-7145 or emailing us at hr@cnu.edu.

Click HERE
for answers to F.A.Q.s
about the new
Healthcare changes

Additional Group Meetings for Open Enrollment are available upon supervisor request! Supervisors, please contact Amber at 757-594-7810 to explain your departmental need and schedule a special meeting.



Did you Know?

May is Lupus Awareness Month

The Lupus Foundation of America estimates that 1.5 million Americans, and at least five million people worldwide, have a form of lupus. For more information, visit the Lupus Foundation of America [website](#).