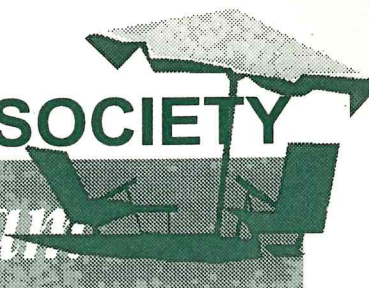


# LIFELONG LEARNING SOCIETY

## 2000 Summer Program



The 2000 LLS four-week summer program includes an opening lecture on Monday, June 5 for all LLS members and the 17 courses listed below. LLS Members who paid \$110 in September or \$80 in January have already paid their summer membership and course fee. Such persons may register for summer courses by phone (594-7568).

For persons not currently LLS members, the 2000 summer membership and course fee is \$50. The associate member summer course fee is \$30. Registration for courses, activities and summer membership may be made by returning the enclosed registration form with a check or by phone if a VISA or Master Card is used. Except for the limited enrollment courses, members may participate in as many courses as they wish, provided space is available. Each course will meet for the number of times designated.

### MONDAY, JUNE 5

Reception for all members at 1:30 p.m. in the Student Center Alumni Room

Lecture "Russia Update: Will the Cold War Return?" by Prof. Corlis Tacosa, ODU,  
for all members at 2:30 p.m. in Gaines Theatre

#### 1. **Tai Chi Chaun – Yang Style** June 6, 13, 20, 27 Tuesdays 9:30 – 10:45 a.m.

Improve your posture, circulation and flexibility of joints and vitality through this exercise method.

*Instructor:* Brad Tinon

#### 2. **Art of the Ancient World** June 6, 13, 20, 27 Tuesdays 11 a.m. – 12:15 p.m.

A study of the architecture, sculpture, painting and decorative art of ancient Mesopotamia, Egypt, Greece and Rome with a look also at the social context of their creativity.

*Instructor:* Dr. David Alexick, CNU

#### 3. **Introduction to Feng Shui** June 6, 13, 20, 27 Tuesdays 1– 2:15 p.m.

Basic Feng Shui principles: how to configure homes or work environments, including plants, to promote health, happiness and prosperity and ensure the harmonious energy flow.

*Instructor:* Diane Jordan

#### 4. **Watercolor Painting** June 12 - 16 Mon., Tues., Wed., Thur., Fri. 10 - noon

Learn to select, mix and apply. Enhance your skill in composition. If you are no longer a beginner, continue to develop your skills. Limited enrollment.

*Instructor:* Professor Betty Anglin, CNU

#### 5. **Jamestown: Legends, Lies and Lives** June 12-16 Mon., Tues., Wed., Thurs., Fri. 11 a.m. – 12:15 p.m.

Study England's motives for colonization of the New World, learn about settlers, Indians and recent archeological

discoveries. The Friday session will be a visit to Jamestown. Limited enrollment.

*Instructor:* Professor Ed Bottoms, CNU

#### 6. **Three Great Movies** June 14, 21, 28 Wednesdays 1 – 3 p.m.

Come see "Night at the Opera," "The Hound of the Bakervilles," and "The Good Earth" with an optional meeting for lunch on campus at 11:30.

*Coordinator:* Helen Mittelman, LLS

#### 7. **Summer Cooking in Style** June 14, 21, 28 Wednesdays 10 a.m. – 12:30 p.m.

Three fun cooking sessions (from soup to nuts) in Ginny's kitchen and then nosh. There will be a minimal charge for ingredients (\$2 - \$3) per session. Limited enrollment.

*Instructors:* Ginny Stallard and Bob Smith

#### 8. **Fly Fishing – Introduction** June 12, 14, 16 Mon., Wed., Fri. 9:30 – 10:45 a.m.

The techniques of fishing with a fly rod, including instruction on rods, reels, flies and lures as well as a brief overlook of the history, development and current status of the sport. Demonstrations and hands-on experience in casting a fly are included.

*Instructor:* Clint Stallard, LLS

#### 9. **Let Me Tell You About the Book I Read** June 12, 14, 16 Mon., Wed., Fri. 1– 2:15 p.m.

Brief reviews and discussions concerning books our members have read recently and highly recommend.

*Coordinators:* Irving and Ruth Berlin, LLS

LLS is an affirmative action/equal opportunity institution. Christopher Newport University does not discriminate in admission, employment or any other activity on the basis of race, color, age, religion, national origin, veteran status, physical handicap or political affiliation.

**10. Elderhostels Tried and True June 12, 14, 16**  
Mon., Wed., Fri. 2:30 – 3:45 p.m.

LLS members describe their recent Elderhostel experiences and give tips for enhancing your next vacation's experience.  
*Coordinators:* Marge West and Ginny Stallard, LLS

**11. What is This Thing Called JAZZ? June 19 - 23**  
Mon., Tues., Wed., Thur., Fri. 2:30 – 3:45 p.m.

An educational and entertaining journey through the world of Jazz, including historical and stylistic developments with videos, recordings and live performances by the CNU Faculty Jazz Combo.

*Instructor:* Professor William Brown, CNU

**12. Computer 101 June 19 - 30**  
Mon., Tues., Wed., Thur., Fri. 1 – 2 p.m.  
(two weeks, ten sessions)

Introduction to Windows 95, writing letters with Microsoft Word, surfing the World Wide Web, sending and receiving e-mail. Limited enrollment. \$10 lab fee.

*Instructor:* Dr. James R. Tarr, CNU

**13. Computer 102 June 19 - 30**  
Mon., Tues., Wed., Thur., Fri. 2 – 3 p.m.  
(two weeks, ten sessions)

Create and edit documents with Word, learn the basics of Excel spreadsheets and enhance your WWW and e-mail skills. Prerequisite: Computer 101. Limited enrollment. \$10 lab fee.

*Instructor:* Dr. James R. Tarr, CNU

**14. Computer: Word97 June 19 - 30**  
Mon., Tues., Wed., Thur., Fri. 3 – 4 p.m.  
(two weeks, ten sessions)

A hands-on approach to writing personal and business letters, newsletters, manuals, graphics, brochures, and more using Microsoft Word97. Easy-to-follow handouts will assist your leisurely-paced learning. Limited enrollment. \$10 lab fee.

*Instructor:* Harry Gates, LLS

**15. Wyeth Art: James, Andrew and N.C. June 19-23**  
Mon., Tues., Wed., Thur., Fri. 10 – 11:15 a.m.  
Peninsula Fine Arts Center

Your opportunity to compare techniques, themes and styles of three successive generations of one of America's most famous family of visual artists.

*Instructor:* Bobbi Hutchko, PFAC

**16. Mariners' Museum Treasures June 19 - 23**  
Mon., Tues., Wed., Thur., Fri. 1 – 2:15 p.m.  
Mariners Museum

Explore the museum through the eyes of its talented docents and volunteers who possess varying interests and extraordinary skills.

*Coordinator:* Vince Scott, LLS

**17. Ceramics June 26 - 30**  
Mon., Tues., Wed., Thur., Fri. 10 a.m. – 12 noon

An introductory course in ceramics with an emphasis on hand and slab building techniques as well as an understanding of clay and glaze materials and their proper use. Limited enrollment.

*Instructor:* Professor Gregory A. Henry, CNU

# Summer

**Other LifeLong Learning Society Activities – Summer 2000**

**Sunday, May 21 – 2:30 p.m.**  
Porgy and Bess  
Harrison Opera House, Norfolk

**Saturday, June 24 - Field Trip**  
National Art Gallery  
Washington, D.C.  
Exhibits: Georgia O'Keefe and the Impressionists at Argenteuil

**Monday, July 3 - Noon**  
Annual July Picnic  
Deer Run Pavilion  
Newport News Golf Club

**Guest Policy**  
A member may bring a guest one time to either the Monday lecture or a class meeting.

**Refund Policy**  
Full refund of summer membership and/or course fees will be granted if requested before June 5, 2000. After that date, no refund will be given for membership fees. Course fee refunds will be made in accordance with the established policies. A 10-percent handling charge will be deducted on all refunds.

**Economic Hardship**  
Fee waiver is possible and inquiries are invited. Please call the LLS Office at 594-7568 for details.

**CNU LIFELONG LEARNING SOCIETY SUMMER COURSES - JUNE 2000**

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|--|---|--|--|
| <b>5</b><br>1:30 - Reception for all LLS Members - Student Center, Alumni Room<br>2:30 - Opening Lecture   | <b>6</b><br>9:30-10:45 Tai Chi (1)<br>11-12:15 Ancient World Art (2)<br>1 - 2:15 Feng Shui (3)   | <b>7</b>  | <b>8</b>   | <b>9</b>   |
| <b>12</b><br>9:30-10:45 Fly Fishing (8)<br>10-12 WC Painting (4)<br><br>11-12:15 Jamestown (5)<br>1 - 2:15 Book I Read (9)<br>2:30-3:45 Elderhostel (10)         | <b>13</b><br>9:30-10:45 Tai Chi (1)<br>10-12 WC Painting (4)<br><br>11-12:15 Ancient World Art (2)<br>11-12:15 Jamestown (5)<br>1 - 2:15 Feng Shui (3)   | <b>14</b><br>9:30-10:45 Fly Fishing (8)<br>10-12 WC Painting (4)<br>10-12:30 Sumr Cooking (7)<br><br>11-12:15 Jamestown (5)<br>1-3 Three Great Movies (6)<br>1 - 2:15 Book I Read (9)<br>2:30-3:45 Elderhostel (10)         | <b>15</b><br>10-12 WC Painting (4)<br><br>11-12:15 Jamestown (5)   | <b>16</b><br>9:30-10:45 Fly Fishing (8)<br>10-12 WC Painting (4)<br><br>11-12:15 Jamestown (5)<br>1 - 2:15 Book I Read (9)<br>2:30-3:45 Elderhostel (10)         |
| <b>19</b><br>10-11:15 Wyeth Art (15)<br>1-2:15 Mariners' Museum (16)<br>1-2 Computer 101 (12)<br>2-3 Computer 102 (13)<br>2:30-3:45 Jazz (11)<br>3-4 Word97 (14) | <b>20</b><br>9:30-10:45 Tai Chi (1)<br>10-11:15 Wyeth Art (15)<br>11-12:15 Ancient World Art (2)<br>1-2:15 Mariners' Museum (16)<br>1 - 2:15 Feng Shui (3)<br>1-2 Computer 101 (12)<br>2-3 Computer 102 (13)<br>2:30-3:45 Jazz (11)<br>3-4 Word97 (14) | <b>21</b><br>10-12:30 Sumr Cooking (7)<br>10-11:15 Wyeth Art (15)<br>1-3 Three Great Movies (6)<br>1-2:15 Mariners' Museum (16)<br>1-2 Computer 101 (12)<br>2-3 Computer 102 (13)<br>2:30-3:45 Jazz (11)<br>3-4 Word97 (14) | <b>22</b><br>10-11:15 Wyeth Art (15)<br>1-2:15 Mariners' Museum (16)<br>1-2 Computer 101 (12)<br>2-3 Computer 102 (13)<br>2:30-3:45 Jazz (11)<br>3-4 Word97 (14) | <b>23</b><br>10-11:15 Wyeth Art (15)<br>1-2:15 Mariners' Museum (16)<br>1-2 Computer 101 (12)<br>2-3 Computer 102 (13)<br>2:30-3:45 Jazz (11)<br>3-4 Word97 (14) |
| <b>26</b><br>10-12 Ceramics (17)<br><br>1-2 Computer 101 (12)<br>2-3 Computer 102 (13)<br>3-4 Word97 (14)  | <b>27</b><br>9:30-10:45 Tai Chi (1)<br>10-12 Ceramics (17)<br>11-12:15 Ancient World Art (2)<br>1 - 2:15 Feng Shui (3)<br>1-2 Computer 101 (12)<br>2-3 Computer 102 (13)<br>3-4 Word97 (14)  | <b>28</b><br>10-12 Ceramics (17)<br>10-12:30 Sumr Cooking (7)<br>1-3 Three Great Movies (6)<br>1-2 Computer 101 (12)<br>2-3 Computer 102 (13)<br>3-4 Word97 (14)  | <b>29</b><br>10-12 Ceramics (17)<br><br>1-2 Computer 101 (12)<br>2-3 Computer 102 (13)<br>3-4 Word97 (14)  | <b>30</b><br>10-12 Ceramics (17)<br><br>1-2 Computer 101 (12)<br>2-3 Computer 102 (13)<br>3-4 Word97 (14)  |

**CNU LifeLong Learning Society  
SUMMER 2000 COURSE REGISTRATION FORM**

Name(s): \_\_\_\_\_ Phone \_\_\_\_\_

Address: \_\_\_\_\_

**Course Registration:**

Please put a "1" by your first choice, a "2" by your second choice and a "3" by your third choice.

- |   |   |
|---|---|
| 1. _____ Tai Chi Chaun – Yang Style     | 10. _____ Elderhostels Tried and True     |
| 2. _____ Art of the Ancient World       | 11. _____ What is This Thing Called Jazz? |
| 3. _____ Introduction to Feng Shui      | 12. _____ Computer 101                    |
| 4. _____ Watercolor Painting            | 13. _____ Computer 102                    |
| 5. _____ Jamestown: Legends, etc.       | 14. _____ Computer: Word97                |
| 6. _____ Three Great Movies to Enjoy    | 15. _____ Wyeth Art                       |
| 7. _____ Summer Cooking in Style        | 16. _____ Mariners' Museum Treasures      |
| 8. _____ Fly Fishing                    | 17. _____ Ceramics                        |
| 9. _____ Let Me Tell You About The Book |   |

If you register by May 9, you will receive by mail a confirmation of your classes and their locations. If you need to add or drop a course after you have submitted your registration form, please call the LLS office at 594-7568 by May 17.

If you paid either \$110 last fall or \$80 this spring, no additional payment is needed for summer courses.

If you are currently an associate member, and you now want summer courses, your fee will be .....\$30. \_\_\_\_\_

If you are not currently as LLS member, your summer membership and course fee will be .....\$50. \_\_\_\_\_

CNU parking decal sticker for summer 2000 (**only if you are paying \$50**) ..... \$ 6. \_\_\_\_\_

Computer lab fee (\$10.00 per computer course) ..... (\_\_\_\_ X \$10 = \$ \_\_\_\_\_)

TOTAL \$ \_\_\_\_\_

**Payment Options**

Check payable to CNU for \$ \_\_\_\_\_ enclosed: Charge \$ \_\_\_\_\_ to my \_\_\_\_ VISA \_\_\_\_ Master Card

Card # \_\_\_\_\_ Exp. \_\_\_\_\_

Name on credit card: \_\_\_\_\_

If no payment is needed, or you are paying by credit card, you are welcome to register by phone by calling the LLS office at **594-7568**. If not registering by phone, please return your completed form with your check to:

**LifeLong Learning Society, Christopher Newport University, 1 University Place, Newport News, VA 23606**

| ..... For LLS Office Use Only ..... |                |                    |                     |
|-------------------------------------|----------------|--------------------|---------------------|
| Processed by _____                  | on _____       | paid by _____      | for \$ _____        |
| initials                            | date           | ck/visa/mc/cash    | amount              |
| _____ Current Member                | _____ Packet   | _____              | _____ Date Received |
| _____ Reinstated Member             | _____ Name tag | _____ Green Book   | _____ Computer      |
| _____ New Member                    | _____ Decal    | _____ Confirmation |                     |



Annual July Picnic  
Fun, Fellowship, and Food

Monday, July 3, 2000, 11:00 A.M.

Pavilion at Deer Run Golf Club  
Newport News Park, Ft. Eustis Boulevard Entrance

Our annual July picnic is again being catered by Deer Run Grille and the event is inside the air conditioned "outdoor" pavilion. The menu is a traditional picnic with fried chicken, hot dogs, baked beans, potato salad, cole slaw, fresh fruit salad, assorted pies and iced tea.

Guy Manchester is arranging a program of music that will include an opportunity to sing along.

Plan to enjoy a time of fellowship and games prior to the noon lunch.

The price is \$11.50 per person; the reservation deadline is Monday, June 26 at 5:00 p.m.

Directions: At the intersection of Jefferson Avenue and Fort Eustis Boulevard, go north on Fort Eustis Boulevard approximately one mile. At the traffic light, turn left into the park on Clubhouse Way and follow it around to the Pavilion on your right. Club staff will be there to direct your parking.

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**Picnic Reservations, July 3, 2000**

Name(s) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Check (\$11.50 per person) made payable to CNU in the amount of \$ \_\_\_\_\_ is enclosed OR

Charge \$ \_\_\_\_\_ to \_\_\_\_\_ Visa \_\_\_\_\_ MasterCard

Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_

Your name as it appears on the credit card \_\_\_\_\_

GROVE

**Field Trip to Washington, D. C.  
Georgia O'Keeffe Exhibit and Impressionists at Argenteuil  
National Gallery of Art  
SATURDAY, June 24, 2000**

Board the chartered coach, with a Covington Tours escort, in the Student Center parking lot at 7:15 a.m. for a 7:30 a.m. departure to Washington, D. C. No breakfast will be provided; beverage and snacks will be served later in the day.

We will have lunch at 11:30 a.m. at Old Ebbitt Grille in D. C. Please make your menu choice below.

After lunch we will visit the National Museum of Women in the Arts for a brief guided tour. Then we will proceed to the National Gallery of Art to see two exhibits. These will both be self-guided. The first is "O'Keeffe on Paper." Approximately fifty of Georgia O'Keeffe's most stunning watercolors, charcoals, and pastels, assembled from public institutions, as well as rarely seen works from private collections are presented, including landscapes, still lifes, figures and portraits. There are also some of the most haunting abstractions of American modernism.

The second exhibit is "Impressionists at Argenteuil." There are more than 50 impressionist paintings by six influential artists – Eugene Boudin, Gustave Caillebotte, Edouard Manet, Claude Monet, Auguste Renoir and Alfred Sisley. The exhibit explores their fascination with the small town of Argenteuil just outside Paris, which became the inspiration for, and the subject of, many of the most lyrical, dazzling, and progressive paintings of the day.

We will stop at Pentagon City Mall for dinner or shopping on your own. Departure for Newport News will be at 7:00 p.m. with an anticipated arrival on the CNU campus of 10:00 p.m.

The price of the trip is \$75.00 and the deadline for registering is **Thursday, June 1, 2000**. During the return trip, the tour guide will accept tips for the driver.

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**National Gallery of Art Trip, Saturday, June 24, 2000**

Name(s) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Please attach payment in the amount of \$ 75.00 per person.

Check made payable to **Covington Tours** in the amount of \$ \_\_\_\_\_ is enclosed **OR**

Please charge \$ \_\_\_\_\_ to \_\_\_\_\_ Visa \_\_\_\_\_ MasterCard \_\_\_\_\_ Discover

Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_

Your name as it appears on the credit card \_\_\_\_\_

**Lunch choices:** \_\_\_\_\_ **Salad, Bacon Cheeseburger, Sorbet, Tea or Coffee**  
\_\_\_\_\_ **Salad, Grilled Chicken Sandwich, Sorbet, Tea or Coffee**