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Campus Announcements - January 13

1 message

Office of Student Activities <osa@cnu.edu>

Wed, Jan 13, 2016 at 9:46 AM

To: Association Office of Student Activities <osa@cnu.edu>

Bcc: students@cnu.edu

Campus Announcements: Daily Digest

Wednesday, January 13

[CAMPUS ACTIVITIES EVENT CALENDAR](#)

TODAY

- **Pi Lambda Phi Fraternity's Cardboard Village: 4:00pm**
- **IFC Fraternity Recruitment - Fraternity 101: 7:00-8:30pm**
- **Delta Sigma Theta Sorority, Inc. Founder's Day Dessert Reception: 7:13pm**
- **Cru Large Group Tonight: 8:00pm**
- **2015-2016 CNU Planners Available**

Upcoming Events

- **Alpha Kappa Alpha Sorority, Inc. Founders' Day Celebration**
- **Alpha Kappa Alpha 2016 Ivy Week: Phirst Klass**
- **TNT Trivia is Back**
- **Episcopal Campus Ministries Meeting and Prayer Station**
- **CNU Hockey's Senior Night**
- **African Student Union's Taste of Africa**
- **CNU Voices Auditions**
- **Thirteenth Annual Dr. Martin Luther King, Jr. Commemoration**
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- **Intramural Sport Sign Ups and Officials Call Out Meetings Start Today**
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• WiFi-CNU Security Compliance Changes - CLARIFICATION about the OnGuard Software

Today

Pi Lambda Phi Fraternity's Cardboard Village: 4:00pm

Come out and join in Pi Lambda Phi's Cardboard Village from 4pm Wednesday, January 13th to Thursday, January 14th. Brothers will be building homes out of cardboard boxes and spending the day and night outdoors in the dead of winter to get an idea of what our nation's homeless face every day. We will be collecting monetary and can donations for the VA Peninsula Food Bank, so it would be greatly appreciated if you are able to donate. Anyone can participate in this event and join our brothers in the freezing cold (just bring your own boxes and warm clothing). If you have any questions please contact us at brendan.player.13@cnu.edu. We look forward to seeing you!

IFC Fraternity Recruitment - Fraternity 101: 7:00-8:30pm

Looking to get more involved on campus and make a difference at CNU, in the local community and beyond? The Interfraternity Council (IFC) encourages you to consider joining a fraternity. CNU is home to eight outstanding fraternities which develop men of character: leaders within their chapters and the community, who are committed to advancing the principles of brotherhood, scholarship, service and leadership.

The IFC will be tabling this week on WEDNESDAY and THURSDAY from 11 PM to 1 PM, where you can learn more about IFC rush.

Join us, TONIGHT for FRATERNITY 101 from 7:00 PM - 8:30 PM in Forbes 1022
Door Prize includes the chance to win free dues for your new member semester!

IFC REGISTRATION LINK: <http://bit.ly/1S91IM3>

Delta Sigma Theta Sorority, Inc. Founder's Day Dessert Reception: 7:13pm

Join the Omicron Tau Chapter of Delta Sigma Theta Sorority, Inc. as we celebrate 103 years of sisterhood, scholarship, and service at our dessert reception on January 13th at 7:13pm in Freeman 101! Hope to see you all there!

Attachment

Cru Large Group Tonight: 8:00pm

Join us as we hear a message from Campus Intern James Walker about maintaining our resolutions to be closer with God.

Cru is a welcoming community that worships together, learns together, and laughs together!
Large group is at 8pm in the Chapel TONIGHT and we would love to see you there!

2015-2016 CNU Planners Available

Are you a transfer student looking to be organized? Or a returning student looking to start the semester off right? Come by the Office of Student Activities, DSU Suite 330, and grab a planner, courtesy of Alpha Kappa Psi!

Upcoming Events

Alpha Kappa Alpha Sorority, Inc. Founders' Day Celebration

Come help the ladies of Alpha Kappa Alpha commence their 2016 Ivy Week and celebrate 108 years of sisterhood, scholarship, and service by enjoying their candlelight vigil on Friday, January 15th at 7:08 pm in Luter, room 321. We'd love to see you there!

If there are any questions or concerns, please email Janai Norman at Janai.norman.13@cnu.edu.

Attachment**Alpha Kappa Alpha 2016 Ivy Week: Phirst Klass**

Get ready for the prettiest week of the year! The Nu Epsilon Chapter of Alpha Kappa Alpha Sorority, Inc. is excited to start their 2016 Ivy Week with everyone! Starting Sunday, January 17th there will be activities and events throughout the week to celebrate the 108 years of sisterhood and service to all mankind. So come soar with us to new heights as we take on Ivy Week 2016: Phirst Klass! Be on the lookout for the rest of the Ivy Week schedule to be posted.

If you have any questions or concerns, please do not hesitate to contact Janai Norman at Jana.norman.13@cnu.edu.

Attachment**TNT Trivia is Back**

The Office of Student Activities is back to host the first weekly TNT Trivia of 2016 on Thursday, January 14th at 8 PM in the DSU Crow's Nest. Form a team of up to 6 players and come out for your chance at taking home some Captain's Cash for each team member. Everyone in attendance will be entered to win some CNU swag!

Attachment**Episcopal Campus Ministries Meeting and Prayer Station**

Episcopal Campus Ministries will have its first meeting of the semester at 7:30 p.m. on Thursday, January 14, in Conference Room A of Pope Chapel. We will be checking in, discussing the schedule for the new semester, and eating chocolate! ECM will also be hosting the Prayer Station on Thursdays from 12-2 pm either in the Plaza or DSU depending on weather. Stop by for prayers or conversation in a safe space. All are welcome, including those with doubts or questions

CNU Hockey's Senior Night

Get the new year started off right by coming to see the Captains hockey team take on the VCU rams on January 15th! You don't want to miss this game as it is the LAST HOME GAME of the season!!! To say thank you for all the support you've given us over the past few years, we have reduced admission for all CNU seniors to just \$1!!! We will have a brief ceremony beginning at 10PM to recognize five of our senior players who will be graduating this year: Eric Dumas, Shane Kehl, Drew Cohen, Brad Kostrzebski and Alex Howell. The puck will drop immediately afterwards and you'll get to see them in action for the last time! Hope to see you there!

Jan, 15, 2016 at 10pm
Hampton Roads Iceplex
401 Village Ave, Yorktown, VA

Admission:
CNU seniors: \$1
CNU students: \$3
General Admission: \$5

Attachment**African Student Union's Taste of Africa**

ASU will host its first ever "Taste of Africa" event on JANUARY 23, 2016. This event will showcase cultural dances from other schools, our own CNU Afro-Caribbean dance group, food from different African countries, raffles and much more fun! Can't wait to see you there ! Admission is free! It will be in the Ferguson's M&T Hall. Doors open at 5:45pm and the show starts at 6:30pm sharp.

Attachment**CNU Voices Auditions**

Are you interested in choral singing but cannot fit choir class into your schedule, or you simply want to sing more? You are in luck! CNU Voices, the only student-run choral a cappella chamber ensemble on campus, is having auditions next Monday, January 18, from 8-10 pm in the Ferguson Center. You can view some of our past performances and videos on

our website. While there, you can also see audition requirements and sign up to audition (<http://thecnuvoices.weebly.com/auditions.html>). We hope to see you at auditions! If you have any questions or concerns, please feel free to contact us at cnuvoices@cnu.edu.

Thirteenth Annual Dr. Martin Luther King, Jr. Commemoration

Monday, January 18, 12 Noon - Pope Chapel

The Thirteenth Annual Dr. Martin Luther King, Jr. Commemoration
A Celebration of Freedom and Civil Rights in America

"Injustice anywhere is a threat to justice everywhere." Dr. Martin Luther King, Jr., 1963

Presented by the Department of Music and the Student Diversity and Equality Council

*Admission is Free

Register Now For The Conference on Leading Change

This Conference on Leading Change is about our students being better informed, feeling more energized, and having a higher level of confidence to influence change in their personal, local and global communities

The conference is designed to address contexts of change that are reflected in four tracks

- Individual Change
- Organizational Change
- Social Change
- Global Change

Change is an inevitable part of our lives. Come learn how you can successfully lead change and unleash your potential with over a dozen informative and educational sessions offered (visit <http://cnu.edu/leadingchange/sessions.asp> for more sessions information)

Join us Saturday, January 23rd 8:30 a.m. to 5:00 p.m. in the Freeman Center

For more information and to REGISTER visit cnu.edu/leadingchange

Attachment

African Student Union Events

Hello Everyone, we hope you had a great winter break.

Our first meeting of the semester will be Tuesday, January 19th @ 12:30-1:15 in MCM 260!

We will also have a Taste of Africa Information Table in the DSU breezeway on Thursday, January 14th from 12:30-2pm. Stop by and learn more about our awesome event. Admission and FOOD are free!

Captain's Ball - Get Your Tickets Now

Captain's Ball is quickly approaching and tickets are on sale NOW!! Get your tickets in the OSA or at the Welcome Desk in the DSU. Tickets are \$20 for one OR \$30 for two! This is an event you don't want to miss! So get them NOW! Check out the event page on Facebook for more details and follow Class Council on Facebook, Instagram, and Twitter for updates!!
<https://www.facebook.com/events/1526101937700168/>

Attachment

CNU Class of 2016 European Discovery - Post Graduation Trip

Class of 2016 ONLY! -- looking for a fun, European trip to end your college career with something special?! Class Council & The Office of Alumni Relations have been working to create an excursion of a lifetime for the Senior Class!

The trip will take place from June 1st through June 13th! Some of the countries we will be visiting include London,

Amsterdam, Germany, Austria, Italy & Paris!

This trip starts at \$2,535 and can be financed to ease any potential financial burdens of cost. Sounds like the perfect Graduation Present to us!

To sign up please go to: <http://www.contiki.com/allocations-cnu>

Please contact me, Brooke Thaxton (elisabeth.thaxton.12@cnu.edu) or Jeremy Taguding (jeremy.taguding.12@cnu.edu) with any questions you may have! Hurry, spots are limited and going fast!!

Campus Programs & Announcements

Spring 2016 Final Drop/Add Currently Ongoing

As a reminder please note the final drop/add schedule adjustment period for SPRING 2016 is currently ongoing and will end at 11:59pm, Friday, January 15, 2016. During this time, you are also able to make adjustments to your Summer 2016 schedule.

Additional schedule adjustment/final drop/add dates for Summer 2016 are available on our website at <http://cnu.edu/registrar/info/>.

Please remember that you are strongly encouraged to view your online degree evaluation to verify your course selections. Not sure how to conduct the evaluation? You can find step by step instructions within the Registration Guide For Students (<http://cnu.edu/registrar/info/registration%20guide%20for%20students1.pdf>).

Remember to check the Web Schedule of Classes often for course/section availability and prerequisites and/or registration restrictions. Please note: students who have override forms, or must obtain an override, should submit an Add/Drop form with appropriate signatures to the Office of the Registrar at their earliest opportunity.

If you need assistance, please don't hesitate to contact a staff member in the Office of the Registrar via email at register@cnu.edu, via telephone at 757-594-7155, or feel free to visit the office on the first floor of Christopher Newport Hall, Monday through Friday 8am and 5pm. And remember to follow us on Twitter @CNUregistrar for important information and deadlines!

CNU Orientation Leader 2016 Application

The application for Orientation Leader positions for the summer of 2016 is now available! Application information can be found on CNU Career Connect and the application will close on January 27th at 11:59pm.

If you're interested in learning more about the elite leadership roles of Crew Leader, SLAP Facilitator, Navigator, and Tide Rider please come out to one of our information sessions!

January 19th at 12:15pm in DSU Washington

January 20th at 7:30pm in DSU Washington

January 21st at 7:30pm in DSU Washington

Please contact us at orientation@cnu.edu with any questions!

Attachment

Intramural Sport Sign Ups and Officials Call Out Meetings Start Today

If you are interested in playing an intramural sport, sign ups begin today at Noon! They will only be open for week so be sure to get your team in now. Remember to sign up through IMLeagues.com. If you have not used IMLeagues.com before, please go to <http://cnu.edu/recreation/intramurals/> for more information on how to create an account and join a team. Don't miss out on your chance to win a shirt this semester!

Sign ups close: Wednesday, January 20th at 5pm

If you are interested in becoming an intramural official, dates, times, and location for the call out meetings are listed below. There is no experience necessary and we will teach you what you need to know!

Today and tomorrow at 9pm in the Freeman Center's President's Reception Room

If you have any questions, please contact the Office of Recreational Services at intramurals@cnu.edu or call 757-594-8815.

Call for PLP Passport Destinations

The PLP Passport Program is designed to create opportunities for students to participate in various out-of-class experiences such as lectures, seminars, and workshops. Its purpose is to expose students to a range of new issues, experiences, and ideas that help them see leadership from a variety of perspectives.

If you or your campus club will be coordinating an event that you would like to be considered as a Passport Destination, please fill out this Google form or contact preslead@cnu.edu with questions: <http://goo.gl/forms/xxsmZxDMbL>.

Upcoming RAD Classes

With the interest in R.A.D continuing to grow, we have planned more classes this semester.

For those of you who are not familiar, the R.A.D. Program is a self-defense class specifically designed to help women protect themselves against abduction and sexual assault. All R.A.D. techniques are easy to learn and are designed for individuals who have no previous self-defense experience. The program requires a 12 hour time commitment for instruction. You must attend all sessions for an instructor to certify your training.

Our first offerings will be held in January, with two different course instruction options from which to choose:

Four (4) days, with three (3) hour sessions
January 19, 21, 26, & 29
6:00-9:00 p.m.

Three (3) days, with four (4) hour sessions
January 17, 24, & 31
1:00-5:00 p.m.

What you can expect from participating in the R.A.D. classes:

- 1) To learn the profile of a potential attacker, as well as various crime prevention strategies.
- 2) To learn and develop numerous techniques used to defend against an attacker and ways to escape when presented with a threat.
- 3) To apply the learned self-defense techniques through a dynamic simulation, in which the student will complete scenario based exercises to escape a simulated attack.

These classes are open to all female students, of any physical fitness level, and they are completely FREE. Please email RAD@cnu.edu and indicate which course you would like to attend. If you cannot attend either of these, but are interested in scheduling a course (and have at least 10 women), please email us; we will attempt to accommodate your group or organization.

Respectfully,
RAD Instructors

Attachment

Free Fitness Classes

Join us for FREE Fitness classes the week of January 18 - 24!

Kickbox, strike a pose (yoga), cycle, strengthen, etc. your way to a fit you! Mark your calendar...classes will begin Monday, January 18! All classes are held in the Trieshmann Health and Fitness Pavilion, multipurpose rooms (MPR) #1 and #2 off Week

During this week, a fitness pass is not required, so come try the classes out! It's a great opportunity to try new fitness programs and meet new people, and.... win some cool fitness prizes (including a fitness pass or personal training session)! Be sure to arrive early because space is limited.

#GetFitCNU!

<http://cnu.edu/freemancenter/fitness/classes/>
(757) 594-7882

WiFi-CNU Security Compliance Changes - CLARIFICATION about the OnGuard Software

There has been some confusion about changes to the WiFi-CNU security compliance and the request from CNU for all students to run the OnGuard client software.

The overall message is still the same. Students accessing WiFi-CNU will need to have an anti-virus software on their computer that meets the standards/expectations of CNU. This is needed to protect the network for all who use/access it. At this time, CNU is not limiting student choice of (appropriate) anti-virus software.

In order to determine if your computer has an appropriate anti-virus software installed, CNU has instructed all students to use the OnGuard Security Scanner software.

The OnGuard client software scans/checks a computer to verify certain parameters are met by the computer's software.

CNU Informational Technology Services has provided additional information at <http://cnu.edu/its/infrastructure/security%20compliance.asp>.

Here is specific information about the OnGuard Security Scanner.

What is the OnGuard Security Scanner?

The security scanner is a small file that checks a computer to verify certain parameters are met by the computer's software. It can be configured to verify the operating system and to detect whether or not most common anti-virus and firewall systems are running on a computer.

Why is CNU using this procedure?

It is best practice for the safety of all students, faculty and staff to keep their computer protected against viruses and malware. Since we all share the same network, CNU ITS requests that students help out by maintaining up to date operating systems and anti-virus on their computers.

To upload the OnGuard (scanning) software through the LINK provided, you must be on campus, using the CNU WiFi network.

When do I have to have what?

By January 4th, all students should download and run the Security Scanner on their computers. By March 1st, your computer should have an anti-virus program installed and running in order to access the network. If you already have it, your existing anti-virus program should report back healthy. CNU is not limiting student choice of anti-virus at this time.

Questions can be sent to helpdesk@cnu.edu. Thanks for your efforts in keeping our network safe for everyone.

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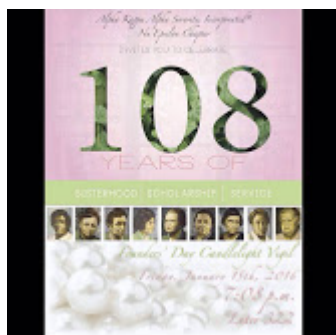
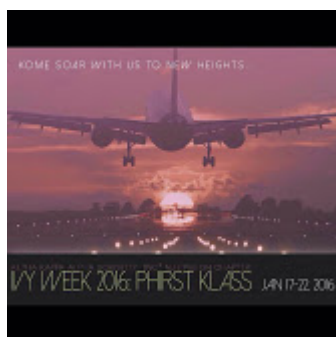
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10 attachments

AKA Phirst Klass
52K



AKA Founders' Day
85K



TNT Trivia
87K



Delta Sigma Theta
146K



CNU Hockey Senior Night
797K

Captain's Ball
120K



RAD Announcement
85K



ASU- Taste of Africa
310K



Orientation Application Flyer
146K



Conference on Leading Change
7452K