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Campus Announcements - March 10

1 message

Office of Student Activities <osa@cnu.edu>

Thu, Mar 10, 2016 at 9:21 AM

To: Association Office of Student Activities <osa@cnu.edu>

Bcc: students@cnu.edu

Campus Announcements: Daily Digest

Thursday, March 10

[CAMPUS ACTIVITIES EVENT CALENDAR](#)**TODAY**

- **2016-2017 Class Council Executive Board Application Deadline: 12:00pm**
- **Prayer Station: 12:00-2:00pm**
- **Anxiety, Depression, & Academics Workshop: 12:20pm**
- **Dean William Parks Colloquium: 3:00pm**
- **Girl Scout Cookie Booths: 5:00-8:00pm**
- **Rebel Film Screening: 7:00pm**
- **Episcopal Ministry and Lutheran Ministry Meeting: 7:30pm**
- **Test your Knowledge with TNT Trivia: 8:00pm**

Upcoming Events

- **The Improvateurs Present Comedy Open Mic Night**
- **Kigacon 2016**
- **E.A.S.T. Henna Party**
- **Kinja's "Re-creation Encounter" Interactive Theatrical Experience - 20 Free Tickets from CAB**
- **Captain's Ball Survey**
- **E.A.S.T. & TNU Present Cultural Tea Tasting**
- **CNU Senior Class Brickhouse Fundraiser**
- **Potterwatch Meeting**
- **THRIVE**

Campus Programs and Announcements

- **Lecture Given by Assistant Secretary of Homeland Security, Alan Bersin**
- **Love LinkedIn**
- **Cap and Gown**
- **Free Yoga**

Today

2016-2017 Class Council Executive Board Application Deadline: 12:00pm

Interested in being a leader on campus? Want to help create and maintain CNU traditions? Well you're in luck! Class Council still has a few spots to fill for the 2016-2017 school year! The available positions are:

Class of 2017: Executive Vice President and Vice President of Public Relations

Class of 2018: Vice President of Operations and Vice President of Finance

Class of 2019: Executive Vice President, Vice President of Operations, Vice President of Public Relations, and Vice President of Finance

If you're interested in applying applications are due through the compass by Today at NOON!

<https://thecompass.cnu.edu/form/start/95707>

Prayer Station: 12:00-2:00pm

The Prayer Station will be back in the Plaza today from 12-2. The Station is sponsored by Episcopal Campus Ministry and welcomes all students who desire a prayer or conversation about faith and spirituality or a listening ear. It's going to be a beautiful day to sit outside and pray!

Anxiety, Depression, & Academics Workshop: 12:20pm

Is Anxiety or Depression affecting your academics?

The Center for Academic Success and the Office of Counseling Services are hosting:

"How to Deal with Being a College Student: Anxiety, Depression, and Academics"

TODAY, March 10th from 12:20-1:00pm in the Tutoring Center (Christopher Newport Hall, Suite 124).

For more info, go to:

<https://www.facebook.com/CnuCAS/>

<https://thecompass.cnu.edu/organization/academicsuccess>

Attachment

Dean William Parks Colloquium: 3:00pm

You are cordially invited to attend a talk in the Dean William Parks Colloquium, the subject of which is Thomas Jefferson's views on public education. Please see the following for information, and e-mail Dr. Brent Cushner (brent.cushner@cnu.edu) with questions.

"Can a Liberal Education be a Civic Education?"

Stephen Wirls, Department of Political Science

Rhodes College

Thursday, March 10 -- 3:00-4:15 pm -- DSU Ballroom

Girl Scout Cookie Booths: 5:00-8:00pm

Girl Scout Cookie Booths are back again! The local Girl Scout Troops will be in the DSU Breezeway from 5-8pm from March 7-10

Rebel Film Screening: 7:00pm

REBEL

Director: Maria Agui Carter

THURSDAY MARCH 10, 2016, 7PM Music and Theater Hall

On Screen/In Person Film Series

One of the thousand women said to have fought in the Civil War, Loreta Janeta Velazquez altered her sex, ethnicity, and identity in order to become a Confederate soldier spy and double agent for the Union, only to be dismissed as a hoax after revealing her story in her scandalous 1876 memoir, *The Woman in Battle*. REBEL is a detective story about a woman, a

myth, and the politics of national memory. Director Maria Carter will discuss her film with the audience after the screening. Contact Dr. John Nichols, Director of Film Studies, jnichols@cnu.edu for more information.

Episcopal Ministry and Lutheran Ministry Meeting: 7:30pm

UCM and Lutheran Campus Ministries will join Episcopal Campus Ministry tonight at 7:30 p.m. in Conference Room A of the Chapel for fellowship and conversation. And candy.

Test your Knowledge with TNT Trivia: 8:00pm

Join the OSA for TNT Trivia this Thursday and every Thursday! Test your knowledge this week on Thursday, March 10th in the DSU Crow's Nest at 8 PM. The winning team (of up to 6 players) will go home with Captain's Cash and everyone in attendance will be entered in a CNU swag raffle!

Upcoming Events

The Improvocateurs Present Comedy Open Mic Night

The Improvocateurs, CNU's premiere all-female comedy group, will be hosting an open mic night for all of the funniest people at CNU on Friday, March 11th at 8:00PM in the Ferguson Studio Theatre. Come out and perform stand up, sketch comedy, improv, or any other comedy stylings, or just come watch other CNU students take part! Sign ups to perform can be found on our Facebook page or at the event. Performance slots are open to all members of the community, regardless of comedy experience. The crowd's favorite performer(s) will win a prize! All of the estrogen, none of the drama, pure comedy.

Attachment

Kigacon 2016

Kigacon 2016 has finally arrived! Held this year from March 11-13, CNU Anime will host a convention with music, workshops, special guests and, new for this year, a "Chibi Kiga" room for children 10 and under. It is \$15 for all three days and the entrance fee covers all events. Kigacon 2016 has full run of the Freeman Center this year so get ready for fun! Also new this year- Open Mic Night Saturday Night March 12 from 7-9pm in the Gaines Theater. If you are interested in performing, please contact CNU Anime at anime@cnu.edu for further details.

E.A.S.T. Henna Party

This Friday (3/11) start the weekend off right with a henna party! The Eastern American Student Triumvirate (EAST) is hosting this event in the Jefferson Room in the David Student Union between 3 and 4 pm. The henna is free, on a first come, first serve basis.

Attachment

Kinja's "Re-creation Encounter" Interactive Theatrical Experience - 20 Free Tickets from CAB

Named 2013's Best Salesperson in the World, Kinja Dixon has found his true passion in life--speaking and life coaching--and wants to share it with you through his world-touring one-act performance this SUNDAY, MARCH 13 at 5:30 PM at the NEWPORT NEWS MARRIOTT AT CITY CENTER!

"What are 3 areas that we all deal with that determine our current and future direction in life? The answers will be the same regardless of current age, race, ethnicity, employment history, size, shape or sexual preference. Self-management, relationships and parenting. Based off of our background each area has had a different level of influence, but a mixture of the 3 areas determine what we believe to be true or false in every area of our life. During these days and times it seems like our financial status, health, emotional intelligence, thought process and overall view of life is being put to the test on a daily basis. In the GAME OF LIFE, what grade would you give yourself? And most importantly, is your overall LIFE GPA getting higher, lower or just staying the same? The Re-creation Encounter is an interactive, theatrical performance that takes a deep look into the core of the 3 key areas of life like never before and will help deliver some very important answers to these questions. . ."

In collaboration with CAB, Kinja is offering 20 FREE tickets to the first 20 CNU students who "purchase" their tickets (valued at \$35 per ticket). To redeem the free ticket simply go to re-creationencounter.eventbrite.com and type in "CNU" in

promotional code and that will discount the ticket. This is one of the few colleges that are in the area that have gotten this benefit and the college does so much for the community so this is a way for Kinja to give a little something back.

Captain's Ball Survey

Enter for a chance to win \$15 Captain's Cash by giving us your feedback on this years Captain's Ball! Fill out the quick survey this week and enter to win! Brought to you by Class Council.

https://docs.google.com/a/cnu.edu/forms/d/1Bfl-88u-33tUyu4aI_i0ljqNlpF3AfqoubgKoc5GODc/viewform?c=0&w=1

E.A.S.T. & TNU Present Cultural Tea Tasting

On Sunday, March 13th EAST and Tea & You are joining together to offer a cultural tea tasting. Stop by Jefferson (In the DSU) from 3pm to 4pm to experience teas from different cultures! Please contact jeni.taskesen.13@cnu.edu with any questions you may have.

CNU Senior Class Brickhouse Fundraiser

ATTENTION SENIORS: Class Council is hosting our first fundraiser of the year at Brickhouse! Join us on St. Patrick's Day, which happens to fall on CNU Day, for a night full of fun. We will have happy hour specials starting at 8pm until 10pm. We will be asking for donations at the door, which will automatically make you a senior donor, and you will also get some free stuff courtesy of Class Council.

We cannot wait to see everyone there and do not forget to wear green!

Join our Facebook event page for more information and updates!

<https://www.facebook.com/events/1033492113390516/>

Potterwatch Meeting

Want a great way to start the week?

Who: Potterwatch, CNU's only Harry Potter fan club

When: Monday, March 14 at 8 PM

Where: MCM 162

What: We will be playing games, watching videos, and discussing all things Harry Potter.

All are welcome! See you there!

THRIVE

Come join us in the chapel at 8pm Friday night for a time of unifying worship through prayer, song, art and fellowship. We encourage all to come and praise the one true God!

Attachment

Campus Programs and Announcements

Lecture Given by Assistant Secretary of Homeland Security, Alan Bersin

Please join us for Lines and Flows: the Beginning and End of Borders, a lecture given by Assistant Secretary of Homeland Security for International Affairs and Chief Diplomatic Officer for U.S. Department for Homeland Security, Alan Bersin.

Date: Friday, March 11

Time: 4 pm

Place: MCM 101

Contact: shannon.combs@cnu.edu

Attachment

Love LinkedIn

Monday, March 14, 2:00 PM—3:00 PM, DSU Monroe

Rescheduled due to snow day—Come learn how to use LinkedIn for networking and job searching! Whether you're

https://mail.google.com/mail/u/0/?ui=2&ik=283ac54fb8&jsver=z8_jB6tB0LQ.en.&view=pt&cat=*Announcements*%2Ffrank%20council%2FOSA&search=cat&th=1536

looking for a career opportunity or building your professional reputation, LinkedIn connects you to jobs and ideal business partners.

Cap and Gown

Tomorrow is the last day to order your cap and gown! Payment is due after they arrive in store around April 20th. Order by clicking the link below.

<http://www.jostens.com/apps/store/customer/1119698/Christopher-Newport-University/>

Questions or concerns please call or stop by the Captains Locker located in the DSU.

Phone: 757-599-5170

Free Yoga

Feeling stressed? Feeling anxious or overwhelmed? Feeling lethargic? Then come to Yoga Flow this Friday!

A mind/body practice focusing on breath, intension and poses. Flow from one yoga pose to the other for an energizing yet relaxing practice. Novice and experienced yogis welcome!

Date: Friday, March 11

Time: 5:30 - 6:30 p.m.

Instructor: Graham

Location: The Freeman Center, Trieshmann Health and Fitness Pavilion, Multipurpose Room 2

For more information, visit <http://bit.ly/1yA1qW4>, email fitness@cnu.edu or call (757) 594-7882. We look forward to seeing you!

like us on Facebook: <https://www.facebook.com/CNUFitness>

follow us on Twitter: @CNUFitness #GetFitCNU

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Office of Student Activities

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5 attachments



Improvovateurs Open Mic Night
288K

Anxiety, Depression, and Academics
80K

How to Deal with Being
a College Student:
Anxiety, Depression,
& Academics

Offered by:
The Center for Academic Success
& Office of Counseling Services

When?
Thurs. March 10th, 12:20-1 pm

Where?
Center for Academic Success
(Newport Hall, Suite 124)


THE CENTER FOR ACADEMIC SUCCESS
AND OFFICE OF COUNSELING SERVICES
NEWPORT HALL, SUITE 124 - 2ND FLOOR - NEWPORT, VIRGINIA 23603
757-221-2222 (EXT. 2222) - WWW.CNUPACADemics.EDU



THRIVE
736K

 **Alan Bersin Lecture**
3207K

 **EAST Henna Party**
158K