



## INTRODUCING OUR NEWEST CNU COLLEAGUES!



*Front row, left to right:* **John Labowskie**, ITS; **Tynika Risher**, Plant Operations; **Meoshya Hobbs**, Dining Services; **Shaaron Wright-Russell**, University Housing.

*Back row, left to right:* **Andrew Rotzin**, Catering; **John Swinborne**, Grounds; **Larry Odom**, Plant Operations; **Lafayette Brown**, ITS; **Anthony Jackson**, Dining Services.

*A Warm Welcome and Congratulations to All!*



### **ONLINE RECRUITMENT 101 REFRESHER TRAINING** **Friday, March 15th 2:30pm - 4:00pm** **Office of Human Resources**

This training is a refresher course for supervisors and hiring managers who want to more fully understand the online recruitment system and process. Come join us for an insightful course that offers step by step instructions on how to conduct a smooth, fair and successful search. Learn the reasons why certain steps and documentations are so important. Learn new strategies to assist you in the applicant screening process. Get helpful tips on how to navigate through the online recruitment system.

To sign up for this training, please call HR at 594-7145 or email at [hr@cnu.edu](mailto:hr@cnu.edu).

### **COMING TO A LOCATION NEAR YOU....**

The Virginia Retirement System (VRS) will be at Tidewater Community College, Virginia Beach Campus in the Advanced Technology Center, on Wednesday, March 13th to provide the seminars listed below. All members of the VRS and their guests are welcome to attend.

#### **Retirement Education Seminar II 8:00am - 12:00pm**

(This session focuses on short-term financial planning, long-term care, Social Security and Medicare)

#### **Are You Ready to Retire? 1:30pm - 3:00pm**

(This session walks you through retirement decisions such as choosing when to retire, choosing a defined benefit payout and whether to carry long-term care insurance and optional life insurance into retirement)

**To register, visit** <http://www.varetire.org/members/education/index.asp>

(You can register via e-mail - just click on the link provided)

